



Singing through the Decades

Song List Guide

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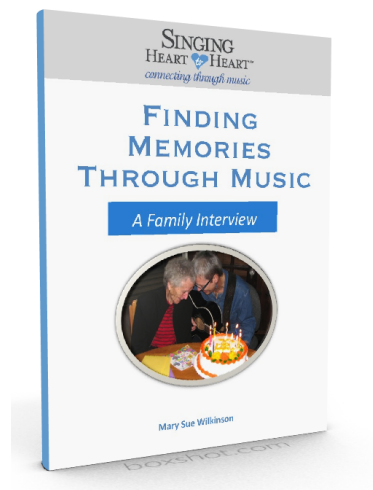
Looking for just the right song to help you awaken memories and connect? These song lists will get you started as you harness the power of music in dementia care. For more song lists go to Singing Heart To Heart.com and check out the Resource Library where you'll find: Favorite Sing alongs from the Young at Heart Music Program; Cowboy and Country Standards; Funny, Family and Folk Songs; Patriotic Songs and more!

- ◇ **Hits from the 1930s**
- ◇ **Hits from the 1940s**
- ◇ **Hits from the 1950s**
- ◇ **Hits from the 1960s**
- ◇ **Songs You Know By Heart CD Song List**

Would you like help developing a personalized playlist?

Download “Finding Memories through Music: A Family Interview”.

It's FREE and available in the Resource Library on the Singing Heart To Heart website.



Hits from the 1930s

- ◇ Alexander's Ragtime Band – Bing Crosby/Boswell Sisters
- ◇ All of Me- Louis Armstrong
- ◇ Beer Barrel Polka – Andrews Sisters
- ◇ Begin the Beguine – Artie Shaw
- ◇ Brother Can You Spare a Dime – Bing Crosby/Rudy Vallee
- ◇ Dream a Little Dream of Me – Ozzie Nelson
- ◇ God Bless America – Kate Smith
- ◇ Happy Days Are Here Again – Ben Selvin/Benny Meroff/Leo Reisman
- ◇ I Got Rhythm – Red Nichols/Ethel Waters/ Louis Armstrong
- ◇ I'm in the Mood for Love – Louis Armstrong
- ◇ If I Didn't Care – Ink Spots
- ◇ In a Shanty in Old Shanty Town – Ted Lewis/Ted Black
- ◇ It's a Sin to Tell a Lie – Fats Waller
- ◇ Moonlight Serenade – Glenn Miller
- ◇ Pennies from Heaven – Bing Crosby
- ◇ Somewhere Over the Rainbow – Judy Garland
- ◇ The Glory of Love – Benny Goodman
- ◇ Wabash Cannonball – Roy Acuff
- ◇ When You're Smiling – Louis Armstrong
- ◇ You Must Have Been a Beautiful Baby – Bing Crosby



You may find the original versions of many of these songs on You Tube and Spotify. Many are also available to purchase through iTunes. Most artists referenced here had multiple hits. So once you start searching for the songs listed here you will no doubt find many others to enjoy.

Hits from the 1940s

- ◇ Boogie Woogie Bugle Boy – Andrews Sisters
- ◇ Chattanooga Choo Choo – Glenn Miller
- ◇ Cool Water – Sons of the Pioneers
- ◇ Don't Fence Me In – Bing Crosby/Andrews Sisters
- ◇ Don't Get Around Much Anymore – Ink Spots/Duke Ellington
- ◇ Don't Sit Under the Apple Tree – Glenn Miller/Andrews Sisters
- ◇ I Love You (For Sentimental Reasons) – Nat King Cole/Dinah Shore
- ◇ I'll Be Seeing You – Bing Crosby/Liberace
- ◇ I'm Looking Over a Four Leaf Clover – Art Mooney
- ◇ Jingle Jangle Jingle – Kay Kysor/Gene Autry
- ◇ Peg O' My Heart – Harmonicats
- ◇ Sentimental Journey – Doris Day/Les Brown
- ◇ Star Dust – Artie Shaw
- ◇ Stormy Weather – Lena Horne
- ◇ Swinging on a Star – Bing Crosby
- ◇ Take the "A" Train – Duke Ellington
- ◇ The White Cliffs of Dover – Vera Lynn/Kay Kysor/Glenn Miller
- ◇ This Land is Your Land – Woody Guthrie
- ◇ When You Wish Upon a Star – Cliff Edwards/Glenn Miller/Guy Lombardo
- ◇ You Are My Sunshine – Gene Autry/Bing Crosby/Lawrence Welk



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Hits from the 1950s

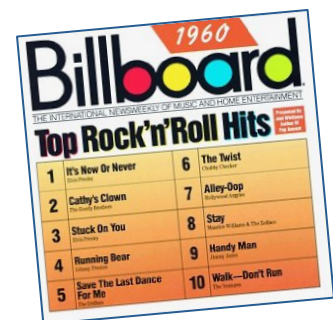
- ◇ All Shook Up – Elvis Presley
- ◇ Autumn Leaves – Roger Williams
- ◇ Ballad of Davy Crockett – Fess Parker
- ◇ Blueberry Hill – Fats Domino
- ◇ Bye, Bye Love – Everly Brothers
- ◇ Don't Be Cruel- Elvis Presley
- ◇ Harbor Lights – Sammy Kaye/The Platters
- ◇ Heartbreak Hotel – Elvis Presley
- ◇ If I Knew You Were Comin' I'd Have Baked a Cake – Eileen Barton
- ◇ Mack the Knife – Bobby Darin
- ◇ Mr. Sandman – Andrews Sisters
- ◇ Music, Music, Music – Teresa Brewer
- ◇ Que Sera Sera – Doris Day
- ◇ Rock Around the Clock – Bill Haley and His Comets
- ◇ Singing the Blues – Guy Mitchell
- ◇ Sixteen Tons – Tennessee Ernie Ford
- ◇ Tennessee Waltz – Patty Page
- ◇ Walkin' After Midnight- Patsy Cline
- ◇ Yellow Rose of Texas – Mitch Miller and His Orchestra
- ◇ You Belong to Me – Jo Stafford/Patty Page



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Hits from the 1960s

- ◇ Ring of Fire- Johnny Cash
- ◇ My Girl- Temptations
- ◇ Stop in the Name of Love – The Supremes
- ◇ Runaway – Del Shannon
- ◇ Crimson and Clover – Tommy James and The Shondells
- ◇ Yellow Submarine – The Beatles
- ◇ Crazy – Patsy Cline
- ◇ The Sounds of Silence – Simon and Garfunkle
- ◇ Dance to the Music – Sly and the Family Stone
- ◇ Summer in the City – Lovin’ Spoonful
- ◇ What a Wonderful World – Louis Armstrong
- ◇ (I Can’t Get No) Satisfaction – Keith Richards
- ◇ Bad Moon Rising – Creedence Clearwater Revival
- ◇ People Get Ready – Curtis Mayfield
- ◇ Jumpin’ Jack Flash – Rolling Stones
- ◇ I’m a Believer – The Monkees
- ◇ (Your Love Keeps Lifting Me) Higher and Higher – Jackie Wilson
- ◇ Stand By Me – Ben E. King
- ◇ Wichita Lineman – Glen Campbell
- ◇ Louie, Louie – The Kingsmen
- ◇ Sittin’ On the Dock of the Bay – Otis Redding
- ◇ She Loves You – The Beatles
- ◇ California Dreamin’ – The Mamas and the Papas
- ◇ Like a Rolling Stone – Bob Dylan
- ◇ Good Vibrations – Beach Boys



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“Songs You Know By Heart” CD Song List

“Songs You Know By Heart” is a collection of well known and well loved favorites from the Young at Heart Music Program. The CD features Mary Sue’s crystal clear vocals. She accompanies herself on guitar and is joined on the CD by fingerstyle and lead guitarist Roger Brown and by Frank Youngman on string bass.

“I hope you will enjoy listening to this collection of favorites from my Young at Heart Music program. But what I hope most of all is that you will sing along”
~ Mary Sue

Song List:

1. I Got Rhythm (George and Ira Gerswhin)
2. Let Me Call You Sweetheart (Friedman, Whitson)
3. Don't Sit Under the Apple Tree (Stept, Brown, Tobias)
4. Always (Irving Berlin)
5. My Little Margie (Conrad, Robinson, Davis)
6. My Bonnie Lies Over the Ocean (Scottish Folk Song)
7. Peg Of My Heart (Bryan, Fisher)
8. Bicycle Built for Two (Dacre)
9. Four Leaf Clover (Dixon, Woods)
10. Five Foot Two, Eyes of Blue (Lewis, Young, Henderson)
11. Shine on Harvest Moon (Bayes, Norworth)
12. (Put Another Nickel In) Music! Music! Music! (Weiss, Baum)
13. Take Me Out to the Ball Game (Norworth, Von Tilzer)
14. My Wild Irish Rose (Olcott)
15. On the Sunny Side of the Street (McHugh, Fields)
16. Side by Side (Woods)
17. You Are My Sunshine (Davis)
18. When You're Smiling (Shay Fisher, Goodwin)



Get your copy of the CD or the Download at SingingHeartToHeart.com.

**Lyrics for these songs may be found in the Resource Library on the Singing Heart to Heart website.*

SONGS YOU KNOW BY HEART

A Simple Guide for Using Music in Dementia Care



Has dementia, including Alzheimer's, touched your life or that of a family member or friend? Are you a caregiver, family member or activity director caring for someone with dementia?

Are there days when you are short on time and energy and wish your job could be easier? Do you prefer to focus on what people can do instead of only focusing on the support they need? **Would you like to awaken memories, bring happiness, and truly connect? THIS GUIDE IS FOR YOU.**

Try one idea or try them all. Turn on the music, follow the simple directions and get ready for some joy!

"Mary Sue Wilkinson's guide truly offers ways to sustain or regain connections that we thought were lost or impossible."

-Teepa Snow, Leading Advocate and Educator on Dementia Care, Founder of Positive Approach™ to Care, Book Contributor

"The music is like a chisel that chips away the exterior of the dementia. Every song opens more light to Jean's real true being"

-Kim Spencer, Caregiver

"Every Life Enrichment Coordinator will benefit from having Mary Sue's 'Songs You Know by Heart' CD and easy to follow guidebook as a resource. This is my go to, especially when I need to lift spirits. It works every time."

-Karen Bell, Life Enrichment Coordinator, Bay Ridge Assisted Living Center

"The message of Mary Sue's book touched my heart deeply. Music is truly miraculous in how it continues to bring sunshine even to the darkest days. I encourage you to read and learn from this wonderful inspired book. No matter what your circumstances are, this book dramatically shows how music can enrich your life."

- Bob James, Grammy Award Winning Musician

INCLUDES MARY SUE'S RECORDINGS OF . . .

I Got Rhythm
Let Me Call You Sweetheart
Don't Sit Under the Apple Tree
Always
My Little Margie
My Bonnie Lies Over the Ocean
Peg O' My Heart

Bicycle Built for Two
Four Leaf Clover
Five Foot Two, Eyes of Blue
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My Wild Irish Rose
On the Sunny Side of the Street
Side By Side
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Available at SingingHeartToHeart.com and Amazon.com



Contact: Mary Sue Wilkinson
MarySue@SingingHeartToHeart.com
www.SingingHeartToHeart.com

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