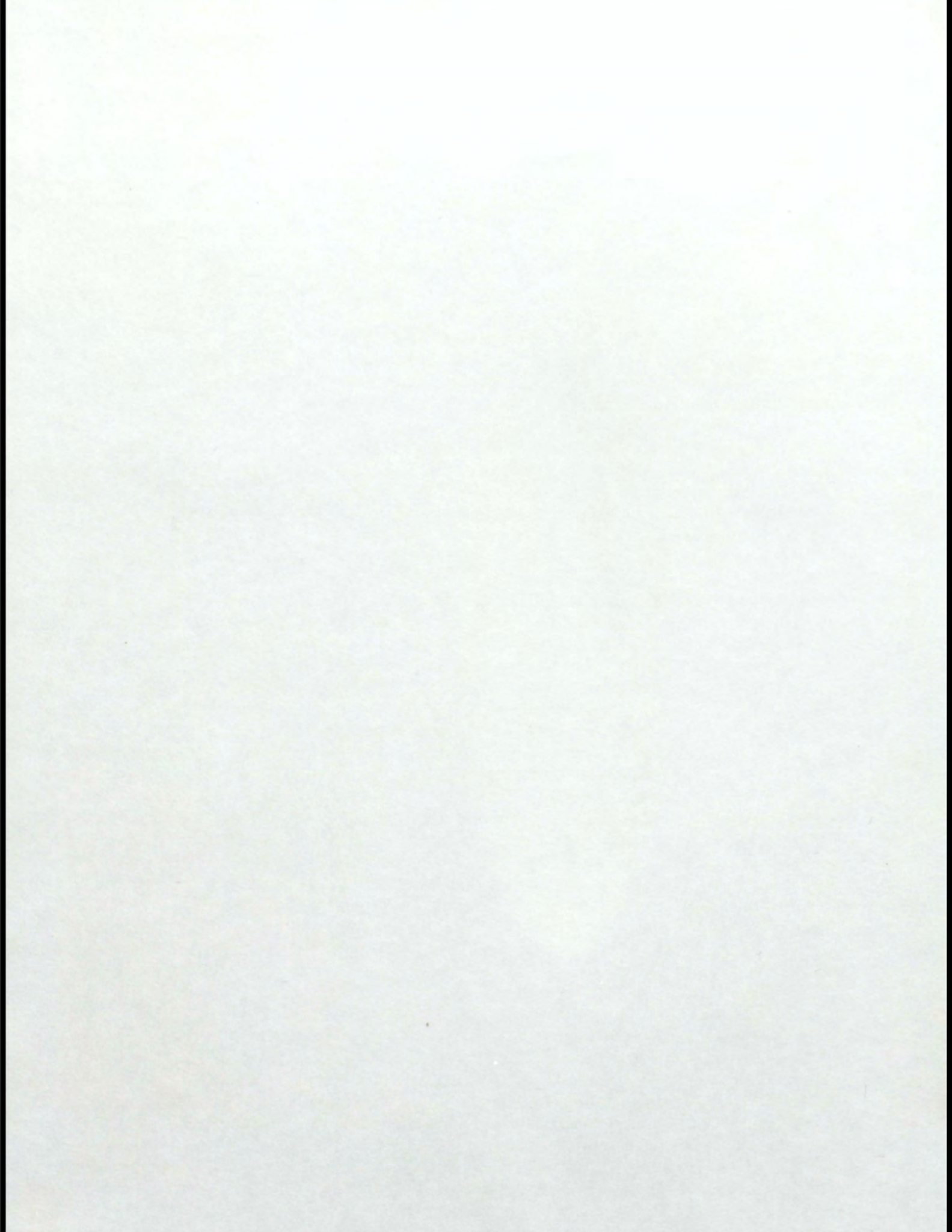


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Our Spirit



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Our Future



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Our Excellence



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Our Champions



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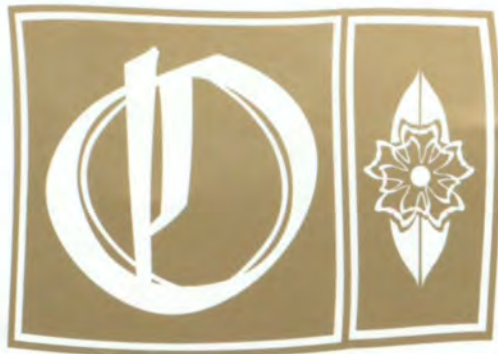
Our Identity



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Forest Lake Area High School
6101 Scandia Trail North
Forest Lake, Minnesota 55025
651-982-8400
<http://hs.forestlake.k12.mn.us>





nce upon a time... sixteen hundred students walked the same halls, ate the same food, and loved the same

teachers. Each student had his/her own unique story, each individual tale making up the whole novel: Forest Lake High School. 2011-2012 began as every other year had, with the exception of new characters, a new theme to strive for, and new challenges facing these students. "A Nation of Champions" was plastered throughout their kingdom, FLHS,



motivating each

separate identity to strive to be champions, in every aspect. The year started out full of Ranger spirit, as each student set out with their

own future



in sight. New teachers greeted the students, and veteran faculty reminded our Rangers that,

as students, they had dreams to strive for. Each sophomore was anxiously anticipating the new school year and what it would bring, each junior was waiting for their turn at the top, and the graduating class was trying to understand their high school 'happily ever after', reaching for the next beginning.



bal4.tv/3pyyp6zm



The theme with every *Ranger* team seemed to be fighting for their wins, strength through their losses, and a unity that the rest of the students marveled at. The students involved in activities made it clear that they had passion, not only for their cause or club, but for *excellence* and precision. Academic groups showed an overwhelming amount of dedication to their studies and a focus on their *future*. Even the students who weren't involved in extra-curricular activities found a way to keep the *Ranger spirit* alive, and made their own identities evident through the *entire* year.



As the year progressed, each student began to understand that this was just the beginning of their own 'happily ever after'...

each individual made up *our story.*



Student Life

The Link leaders have an important role in the school, they help sophomores adjust to the high school and they are always available to answer questions. "In that picture we were at Link training learning a game. You had to sit down keeping your backs touching," said Rachel Bastrum (12). The Link leaders did a good job helping the new sophomores be more comfortable at school.



The Field and Forensics Biology class is a great alternative to the regular biology class. "We collected water samples to find the parasites in it," exclaimed Amanda Williamson (11). It was the perfect day for an experiment outside.

The juniors are ecstatic! "My favorite memory was Jonathan Schmidt (11) and Ellen Heidel (11) switching shorts at practice," laughed Philip Sauer (11). The junior team won the Powder Puff game!



bal4.tv/6n4pt6v7





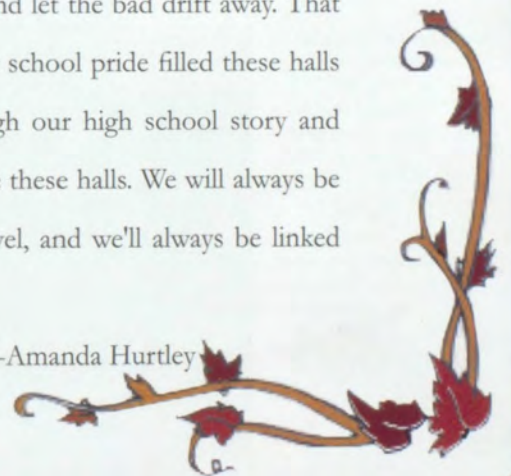
Seniors Jacqueline Ohman, Emily Groeneweg, Mackenzie Kroll, Jordan Clauson and Joshua Weed dance in the bed of Jordan Jams truck. "We blew up Jordan's suspension dancing!" said Groeneweg. They later helped cheer on the Rangers at the Homecoming Game.

Our Spirit



High school is a major chapter in our lives; it is one filled with memories of friends and laughter. Although conflicts were bound to arise, the good always shone through, bringing us together. The memories made will keep us connected and we'll always have our school spirit with us as we head out into the world. We will share the memories of dances, parties, sports games and studying, but our connection goes further than the memories. We're connected by the experiences we have shared and the spirit we all have toward our school. We will remember the good times, and let the bad drift away. That is what will keep our high school days alive. Our school pride filled these halls to the brim as we supported each other through our high school story and into the next chapters of our lives, after we leave these halls. We will always be Forest Lake Rangers, no matter how far we travel, and we'll always be linked together through these experiences.

-Amanda Hurtley



A group of students on the Spirit Bus come together for a picture during their lunch break at Columbus. Holly Winberg (12) shared, "I loved being able to see all of the kids excited to see us!" They enjoyed the rest of their lunch break and got back on the bus for some more excitement.



Spirit Bus

Wednesday morning, groups of students, including the Bleacher Captains, captains of sports/clubs, the dance team, Pep Band, and of course the royalty nominees, loaded the buses for a long day ahead of them. Carrying on the tradition they went from school to school throughout the district. Seven of the elementary schools and both junior high schools.

Joel Olson the activities director stated, "We have been doing Spirit Bus for about ten years now. Before that, they used to do parades for homecoming and then decided to stop doing them. That's when they came up with the idea of doing a Spirit Bus." They shared their pride and got everyone pumped up for the big game on Friday against Cretin-Derham Hall.

Bleacher captain Cody Valley (12) leads Southwest Junior High in the roller coaster cheer. Valley added, "My favorite part of being on the Spirit Bus is doing all of the cheers." The bleacher captains led many other cheers at the schools throughout the rest of the day.



Jacqueline Ohman (12) and Michael Rivard (12), our announcers for the day, informed everyone about tailgating before the game and the game itself. The dance team performed their Kick and Jazz routines at the majority of the schools. Many cheers were led by the bleacher captains. They also taught the junior high students the year cheer, which is where they chant their graduating year. A variety of songs were played by the Pep Band, including the school song, to show our pride.

The students had a great time interacting with the younger students. It brought back many memories to the high school students, remembering when the spirit bus came to their school.

~Angela Nesler



These students are ready to wrap up their long day of sharing spirit with the elementary and junior high schools, posing for a picture at Scandia. Korynn Newville (12) added, "I enjoy the fun bus rides in between going to the other schools." The students got back on the bus and headed home after this eventful day.

Continuing the tradition of introducing Royalty on the Spirit Bus, Hailee Coboos (12) runs through the tunnel as she is introduced to the school. Coboos added, "All of the people are fun to be with and I had a good time." The rest of the Royalty nominees ran through the tunnel and were introduced as well.

Amy Enrooth (11) stated, "My favorite part of the Spirit Bus was seeing how all the kids were excited, and how we were pumping them up for the game." These students are cheering and getting the kids excited.



Spirit Week

The school was loaded with tons of spirit throughout the entire week. The halls were overflowing with excitement as people dressed up according to the days planned by Student Council. The days consisted of Concert T-Shirt/Jersey Day, Twin Day, Western Day, 80's Day, and Ranger Day. Taylor Shortly (10) stated, "I look forward to seeing the different types of outfits and to what extent people go to with them." Many students went all out with their outfits, wearing crazy things to stand out amongst their fellow classmates. Samantha Anderson (12) shared, "I get involved in Spirit Week because it's really fun! My favorite part about the week is Ranger Day because it

is the day that most students get into."

Not only were students participating, but the teachers, custodial staff, and cafeteria ladies joined in on the fun during the week. It was interesting to see which teachers dressed up and showed their school spirit.

Ranger day was a favorite to most of the students. Maroon and gold filled the school showing the students excitement for Homecoming. You could tell that the students were anxious for Friday's game.

~Angela Nesler



Shania Nienow (12), Damiano Giannanti (12), and Morgan LaBelle (12) are starting off our Spirit Week with Concert T-Shirt/Jersey Day on Monday. Several students were wearing their favorite band or singer's shirt from a concert they went to. LaBelle stated, "I'm wearing the Blink 182 T-Shirt, I really like that band and I went to their concert." Also many students wore their favorite sports jersey with their favorite players number on it, or even one of their own jersey's from a sport they are in.



English teachers Ms. Corrigan and Mr. Waldron, took a second out of their day to pose for a picture. They joined in on the fun of the week by dressing up for Twin Day, matching from head to toe. Ms. Corrigan said, "I participated in Spirit Week because it is the best ever, there is nothing better than dressing up in a crazy way for work."



Joshua Weed (12) and Sarah Hagen (12) dress up in western wear for Western Wednesday. The school was covered with plaid shirts and cowboy hats. Hagen shared, "I love plaid so it was fun to dress up on Western Day!"



A group of students stop in the hall to get their picture taken on Ranger Day. All of them are dressed up in maroon and gold to show their Ranger Pride. When Mackenzie Galleberg (12) was asked why she likes Ranger Day, she responded, "Because it's fun, colorful, cheerful, and there is lots of glitter!"



Thursday brings us back in time to the 80's. This seems to be a favorite among the students. Raegan Jaeger (11) and Hayley Waldoch (11) dress up in bright neon colors and add their own style to their 80's outfits. When asked if 80's day is a good addition to Spirit Week, Waldoch responded, "Yes, because I would have loved to live in the 80's!"



It's Friday, and it's Ranger Day! Zachary Maciej (10), Drew Svendson (10), Colten Kaiser (10), and Holly Fink (10) show their spirit by wearing maroon and gold. They add maroon and gold necklaces and football lines to show even more pride. Maciej said, "I like seeing all the maroon and gold and all of the spirit throughout the school."

Royalty 2011

Seniors, juniors, and sophomores showed their support with applause and encouragement. The class of 2012 welcomed their new King, Neil Peterson (12) and Queen, Haley Huberty (12) by clapping uncontrollably. Winners sat tall in their thrones. They managed to stop the excitement for a moment, lasting long enough to snap a few pictures. The smiles lit up the gymnasium as the crowd cheered. The day was full of excitement, nerves, and a pinch of pixie-dust. When all six contestants entered the room, no one knew who was going to win.

The candidates were all very popular on the social ladder, and they had the support from everyone. Samantha Dimmerman (12) responded with "The anticipation was killing me when Kevin Nelson was putting the crowns on the royalty, when it finally ended the king and queen were glowing on stage!" The call was close but it came to an end. The crowns were placed on the king and queen and in the end everyone was a winner.

Neil Peterson (12) and Haley Huberty (12) sit in their throne as the crowd goes wild. Neil rambled "This was definitely a great experience, I felt so loved!" Haley replied with "It was an indescribable feeling, I was so glad to be up there with Neil!"



As senior Neil Peterson has the crown placed on his head and is announced king, he is overwhelmed with excitement. He exclaimed "I was happy, it just felt right!" The crown and cape captured the look of a king and Neil finished the day off with a smile.



Haley Huberty (12) was crowned before the emcees announced the king. The look of astonishment covered her face. She exclaimed "I was nervous, but it was so darn exciting!" She enjoyed the rest of the day as it ended with pictures, laughter, and being Queen.



"My favorite part of the whole thing was when I got to see the kids and run through the tunnel, it was like a dream!" said David Flaberty (12).



"I kept thinking I was going to fall, I was so nervous!" cried Hailee Cobos (12).



"I was honored to be nominated. Standing up there with everyone watching was so over-whelming," said Bennen Bierman (12).



"I loved when we were all together just having fun and enjoying the time with each other!" exclaimed Alexandria White (12).



"It was so much fun to work with the football boys, even though they only had so much time to learn the dance. They pulled through and made the dance very original!" says Angela Nessler (12).



"The year cheer is a tradition, and as Seniors we finally got the chance to beat the underclassmen! Go seniors!" shouted Shaley Bagan (12).

Pepfest 2011

Pepfest is a tradition here at Forest Lake Senior High School. This year, the sounds of shouting, clapping, and excitement filled the gym. Emcee's Jacqueline Ohman (12) and Michael Rivard (12) entertained the crowd along with the dance team giving an exquisite performance. The game musical chairs was played during the pep fest, followed by another one of the student council's

choice games. This was a game that included whipped cream pies with a piece of bubble gum found at the bottom. Whoever was the first to find the gum, chew it, and blow a bubble was a winner. This activity was played in every lunch as well. Smiles were slapped on everyone's face, this definitely was a good time.

- Celeste Pereira

With little time to learn, the football players showed off their dance moves at the Pepfest. Joseph Jurasin (12) said "It was so much fun, just being there with FLDT was like one of my fantasies!"

"It was a really fun! When I first agreed to emcee for the pepfest, I was really scared and nervous. In all, it was a great experience and I would love to do it again!" shouted Jacqueline Ohman (12).

The pie filled tins covered chins, noses, and cheeks as students tried to win the bubble blowing game. Joe Jackson (12) rambled "It was a blast! I had cream all over my face, but I would do it again!"



Students gorge in awe as they watch the pep fest explode with entertainment. Kellie Welch (11) exclaimed "There was alot of people but it was way better than last year. The year cheer was my favorite!"

"The dance itself was hard but performing was the best, it was a wonderful dance to end the fall season," stated Captain, Ashley Moore (12).

The Sopomore team was working hard for a win. They ended up winning their first game against the Seniors. Jennifer Pollard (10) said "I had a lot of fun playing front line. Blocking girls out was my favorite, and I'm looking forward to next year."



The Sithlord Seniors painted their faces, and got all dressed up to represent their team name. They came out to the field with the toughest reputation. "I felt like I was really in Star Wars, and having light saber fights was the best. I will always remember dressing up as Darth Maul." Sadie Nelson (12)



Hailey Humbery (12) was lined up to catch the ball for the Smooth Seniors. She stated "The games were very intense this year, and our team worked well together which made it very exciting." The Smooth Seniors overall had successful games leading to the championship.



Girls lay it all out

The sun was setting, and it was a perfect night for some flag football. The girls were all getting warmed up and practicing their plays. It turned out to be in the high 60's which was very warm for this time of year. This all started two weeks before with the unorganized and humorous practices, where the boys had to teach the girls all about football. The Just Do it Juniors worked extremely hard during their practices. Abigail White (11) expressed "We had a dozen coaches during practices who pushed us through the blood, sweat, and tears to come out our first game and lose."

When game time arrived the girls were sweating, and taking off layers of clothes because it was a lot warmer than they had expected.

Many parents and students filled the stands to cheer on their favorite teams. As the games started the competition was hot. Two senior teams took charge at the beginning, winning games, hoping to play each other in the championship. For the first time in a decade a junior team, The Boss, came out with a win in the championship game against the Smooth Seniors. Powder Puff was extremely unpredictable this year, but overall very entertaining and exciting.

~ Rachel Hartshorn

The junior team won during the championship game against the Smooth Seniors. As Ellen Heidel stated "The Sithlord Seniors were our biggest competition because it was a tough game, and I thought they were going to win the whole tournament. It was exciting to win and it was so unexpected! I had the best time." A junior team took the championship for the first time in decade.



One of the senior teams pose for the camera. "This year was my first year participating, and I was excited to experience this school spirited event" Stated Jacqueline Ohman (12). Unfortunately this team lost their first game, knocking them out of the tournament.



The Smooth Seniors all pose on the field to take their team picture. Bailey Nelson (12) said "It was fun teaching the girls how to Irish Hard Shoe during practices. We had a lot of team bonding that I will never forget." The Smooth Seniors ended up losing in the championship game, but all together had a successful time.



The Sithlord Seniors worked hard to look intimidating. They practiced a lot, and were very excited for their last year. Unfortunately they had a tough loss to The Boss. "My favorite memory was when Mr. Forsythe told us girls to be careful and not hurt our faces... He thinks we are cute." Stated Samantha Dimmerman (12).



The Sopomore Swag came out to the field for the first time to show their talent. Emily Eleffron (10) said "My team and I were very nervous to play, but overall we had a fun and exciting experience." They ended up beating their first team, but lost their second knocking them out of the tournament.



The Just Do It Juniors were all warmed up and ready to play. Brittney Grant (11) said "My favorite part was when Hannah Valento knocked a girl to the ground." It was a tough challenge, but they lost to the Smooth Seniors.





All the fans were cheering for the home team and decked out in maroon and gold. Kayleen Carlson (12) said "I was excited to finally be the oldest ones there cheering in the stands, but sad that it was my last game." This year the fans were very spirited and a lot of people attended.

This year we had some very spirited fans come to the game. They painted their chests and showed their inner ranger. Clinton Franklin expressed his feelings by saying "My friends and I decided to represent the Rangers by painting our chest and cheering loud for our boys."



Game Time

The long awaited Homecoming game finally arrived and everyone was decked out in maroon and gold. Students and fans waited anxiously for the bright lights, night sky, and the field to come alive. Cretin Derham Hall came to our field to show off their talent. We had some true fans invite a few of the Cretin kids to come over and tailgate with us. Preston Stevens (12) stated "First we stole their flag with confidence, and then we nurtured the young Cretins by inviting them over to eat." Another Ranger, Titus Yang (12), also said "we felt sorry for the Cretins, so we invited them over to show them how friendly Forest Lake is."

brought cozy chairs, turned up the bass on their trucks, and kicked back while they cooked hotdogs and hamburgers. It was a chilly day but everyone stuck through it for the big game. The first quarter started the game off suddenly with Cretin taking the lead. Thomas Tyson (12) scored our only touchdown the entire game with the final score being 6 to 35. The fans stuck out the super windy, cold weather to cheer on the boys.

~Rachel Hartshorn



After school tailgating was a success. Everyone was hanging out pre gaming for the football game. "I love tailgating because I get to eat food before the big game, and be with all my friends!" stated Kelin Castillo (11)

A super fan was cheering loud and proud for the Rangers. "The best part about tailgating was grilling out with everyone, it was really fun!" exclaimed Mackenzie Schultz (12). We had a good turn out for tailgating.

During the first half the boys were down, and kept fighting to come back. Philip Sauer (11) quoted that "during half time we talked about working as a team more and not giving up, and to come back strong." The Rangers ended up playing better, but still couldn't pull out a win.

Tailgating was a huge success before the game. Students

The Rangers fought hard for the ball during the second quarter. Thomas Tyson (12) said "We had an off game, but we all tried hard to keep on going to finish the game strong." The final score ended up being 6 to 35. The Rangers had a tough loss but they never gave up.



Guys and Dolls

Guys and Dolls represents the late 1940's with gamblers, missionaries, and show girls. The story follows the gambling promoter, Nathan Detroit, as he attempts to elude the police and put on a big crap game for some very high rollers. However, Nathan's long engaged fiancée, Miss Adelaide, does

not approve of his crap games. She would rather him stop and settle down with her for they have been engaged for 14 years and time is ticking. Nathan must find a way to keep the crap game going, without Miss Adelaide finding out.

The other main character, Sky Masterson, a very skilled gambler, enters the picture. He is from out of town

and many other gamblers look up to him. He accepts a bet with Nathan and tries to get Sergeant Sarah Brown to go with him on a date. As time passes, Sky falls more and more in love with Sarah.

Miss Adelaide works at the local Hot Box and is the main show girl. She tells her mother about all the children her and Nathan supposedly have because in Rhode Island, it's unheard of to have a small family.

strong minded woman who lives her life doing missionaries. She currently is in New York trying to save the sinful gamblers. While trying to save Sky's sinful ways, she falls in love with him. Sarah finds out that Sky bet on her and tells him to stay away. Also, Miss Adelaide finds out that Nathan plans to host another crap game and tells him to go away. However, love renews them together once again and both couples end up getting married.

Sarah Brown is a very

-Jacqueline Ohman



A. Domitz, E. Kerrigan, G. Shea, S. Behrends, A. Lofgren, J. Bowers, M. Grzemski, A. Eugene, E. Kachinske, N. Peterson, M. Vincent, I. Maier, J. Rudman, R. Sudó, J. Schlenker, K. Grundmeier, C. Green, D. Smith, M. Neeck, K. Lzrono, L. Schubwerk, K. Wilke, S. McIntosh, N. Hanson, A. Ritchie, G. Westphal, H. Ament, H. Mack, B. Greene, M. Boland, D. Nelson, L. Hoppe, L. Thomas, E. Palmer, J. Anderson, M. Palo, D. Kezar, C. Murray, A. Iverson, A. Mibelich, M. Steinberg, E. Raphael, C. Hanton, J. Otto, S. Koast, K. Schwister, K. Close, K. Sloneker, M. Kasl, Z. Geisen, P. Distler



Matthew Vincent (11) plays Sky Masterson. His character is an out of town gambler and likes to think of him self as a "cool guy". Sky believes he is better than a lot of people and walks with his nose high in the air. "I think Sky acts as a cool guy but is really a softy at heart; just like a lot of people in this world." Vincent explained.



Molly Boland (11) plays Sarah Brown, a stuck up yet passionate mission worker. Sarah starts out in the play as a stuck up snob, but throughout the play, she falls in love and starts to soften up. "I can relate to Sarah because I, too, am very passionate about the things I love the most." Boland said.



Neil Peterson (12) plays Nathan Detroit who is a mastermind of gambling and nothing seems to phase him. He hates the idea of being tied down, but has been engaged to Miss Adelaide for 14 years. Nathan defines slyness. "I can't exactly relate to Nathan, but I do love making a New York accent!" exclaimed Peterson.



Erica Kachiske (11) plays Miss Adelaide who yearns to get married and to live a rich full life. She is also a show girl who shows her sassy side. "My favorite part about being in the play is all the good memories that come with it. I love the cast and the time era. The 50's is where it's at!" said Kachiske.



Adam Domitz (11) plays Lt. Brannigan who is a strict Lt. that loves to crash and arrest gamblers for hosting crap games. "It was my first time doing a play at the High School and I absolutely loved it! It was exciting to be with others from the play and to learn from play veterans." Domitz announced.



Garrison Shea (12) is Rusty from the play. "I thought it was really cool how everyone could come together in times of need. Although certain hard situations happened, we all pulled through it." She exclaimed.

This picture shows the amazing 50's era. Throughout the play, the characters performed their best New York accents and thrived to get the complete 50's look. Aspen Lofgren (11) plays a New York citizen and is also a Hot Box girl. "It was fun to play with different accents to fit my part in the play. It was a little tricky to get a hold of the New York accent, but in time I perfected it," explained Lofgren.



Jarod Bowers (10) is a sneaky gambler in the play who encourages Nathan to throw the crap game throughout the play. "It was fun to be a nicely nicely Johnson. I had a lot of fun getting into my character," exclaimed Bowers.

Katie Wilke (10) plays a peppy Hot Box girl in the play. "I met a lot of new friends and formed some great relationships with my fellow cast members. It was also really fun to hangout with my fellow Hot Box girls!" Wilke said.

Samantha McIntosh (12) plays another Hot Box girl character. "I was a Hot Box girl and it was an amazing experience! I also love the 50's style with the dresses, etc." said McIntosh.



Michael Grzegski (12) is one of the gamblers in the play. "It was so fun! However, I under estimated how much time it would take. I was always tired, but it was worth it because I made a lot of new friends. It's hard to meet people at a new school, so this made it easier for me." said Grzegski.

Activities

Mr. Zannwalde directs the band during a rehearsal. "Playing in the school band is awesome. It's a super positive and fun environment," stated Weston Hanson (11). Many students have advanced in musical skill through Mr. Zannwalde's teachings.



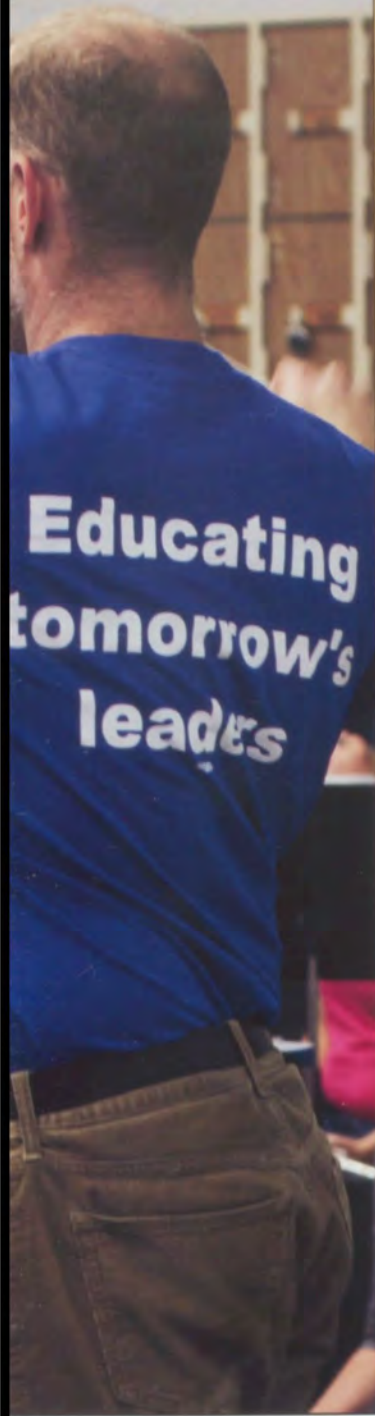
Members of the Debate team pose for a picture after arguing over mock bills during a tournament at the State Capitol. "Debating at the Capitol was exciting. It was cool to actually debate in the House Chamber" shared Samuel Doten (12). The team enjoyed an intense day of learning and participating in the political process.

Margaret Forsell (12) and Sarah Lenz (12) proudly wear their National Honor Society t-shirts in class. "I love being in a group with such a good reputation. Every member is positive and loves volunteering. We get to help the community and have a great time doing it," Lenz exclaimed. NHS members have the opportunity to earn scholarships through the club.



bal4.tv/8up62fnj





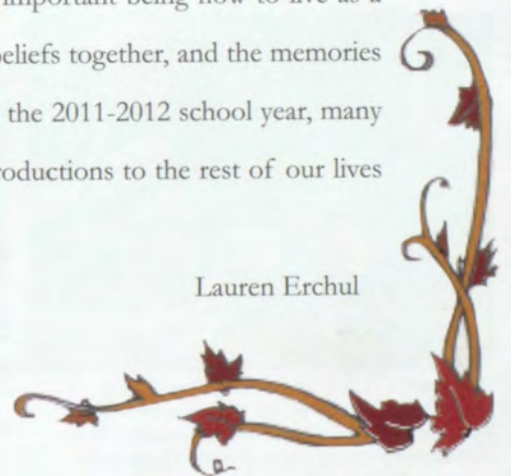
LJNK leader members put on fun activities for incoming Sophomores during Orientation. "The LJNK orientation was really fun because we got to introduce all the Sophomores to Forest Lake High School," says Shaley Bagan (12). The upperclassmen took advantage of the opportunity to show the new students what FLHS is all about.

Our Future



Throughout time, Forest Lake High School has offered many different programs and activities for students to partake in. With every graduating class, there have been many successful chapters written into the history of our school. Our combined efforts through these activities have taught us how to succeed in every aspect of our lives. Our student body has taken advantage of the many clubs and causes presented to us, through which we have shaped our stories and futures. Here we have learned skills that will be taken with us throughout our lives; the most important being how to live as a champion. We've fought for our causes and beliefs together, and the memories made will forever be with us. With the end of the 2011-2012 school year, many chapters have been closed. However, new introductions to the rest of our lives have begun.

Lauren Erchul





Scott Kramer

Dannielle Ihfe

Benjamin Green

Jacob O'Neill

Instrument:
Tuba

Instrument:
Flute

Instrument:
Tenor Drum/
Quads

Instrument:
Drumset

Year: Junior

Year: Junior

Year: Junior

Year: Junior

Importance:
Harmony

Importance:
Melody

Importance:
Beat

Importance:
Rhythm

Would you consider pep band necessary in sports and why?

I would consider Pep Band necessary in sports because they keep the crowd pumped, and when the crowd is pumped we play better. When the Pep Band leaves at third quarter, so does most of our crowd, and we start losing our incentive to play.

Kevan Dudley

With students from grades 9-12 playing together in their instrumental groups, the sound comes out to the crowd as smooth as it possibly can, showing that placement of the instruments is just as important as the players themselves.

The Pep Band proudly wears the maroon and gold colors as they play their songs, pumping the crowd up, and supporting the football team at the Homecoming game.



Cole Hanton (12) is a proud musician. He has participated in Pep Band all four years (9th-12th grade) lettered, and even built the reputation of the loudest and proudest player throughout the years.

Pep band is one of the few arts where students can get together and have fun while cheering on their fellow Rangers in their games. But it is not all fun and games. They practice consistently, keep positive even when nobody else is, and give Forest Lake all the school spirit they can, going above and beyond to represent what it means to be a Ranger. "Pep Band is a really fun way to support the school and have a good time. We are a really fun and goofy group that always has a good time" stated Halie Ament (12). Zumwalde claimed "Since I started conducting the Pep Band here, there has been more student involvement over the years and more enthusiasm from the general student population".

Nikolaus Ernst



Jacob Schwans (11) is enjoying being part of the club. "My favorite part was working at the food shelf and helping all the families." The members volunteered at the local food shelf and helped serve food to many needy families.

Rotary Club



The club poses for a picture after visiting Birchwood, the local nursing home. Cody Paggen (12) commented, "The best part is helping out the community" The club participated in many projects that benefited the school as well as the community.

Providing Services to Benefit the Community



Jessica Ramberg (12), club president, rings the bell for charity outside the local Wal-Mart collecting donations for the community. Ramberg stated, "My favorite part of Rotary Club is being part of a group that helps others." The club gave their donations to the Salvation Army in order to help many soldiers as well as their families.

Rotary club is a group of eighteen students that participate in fun, meaningful service projects, while developing leadership skills as well as making new friends. Anyone who wants to be apart of the club can become a member. They will be a part of getting to know the rotary club, attending the meetings, and be a part of the services they provide. They need to have an understanding of the role they play and the discussions aimed in finding out how they can best help out others. These students provide many services throughout the community. These services include; the Salvation Army bell ringing, working at local food shelves, creating blankets for Gillette Children's Hospital, helping with the Feed My Starving Children program, and much more. This program highlights the Forest Lake student body in efforts to help others and the students enjoy helping the community for the pure joy of it.

-Brittany Hestekin



The members laugh as they wrap presents at the local nursing home. Haleigh Gulden (11) said, "My favorite experience was visiting and meeting new friends when we went to the nursing home. The members gave the gifts to the residents, making their day a little brighter, one gift at a time.

- Rotary Club Members
 J. Ramberg, E. Finley, K. Lee, C. Paggen, B. Beynon, J. Schwans, H. Gulden, C. Ruby, J. Rice-Carlson, S. Liu, E. Matti, L. Estes, L. Selby, S. Vang, A. Lofgren, C. Beckstrom, M. LaPlante, C. Biesner,



"My favorite part of the club was getting involved with the AIDS walk, volunteering with different causes, and getting the word out about issues by approaching them in a non-judgmental way," voiced Brian Gausman (12).



"I really liked working with the Invisible Children stuff. Being active in that fundraiser reinforces my belief that the Open Minds Club really makes a difference in peoples' lives," stated Emily Waldron (12).



"The poster contest was pretty fun. We teamed up with human rights committees around the community, and put a lot of effort into planning it," said Peyton Distler (12).



Open Minds Club

What is your favorite effort the Open Minds Club has been a part of?

Q & A

Titus Yang (12) plays his guitar for one of the morning music presentations put on by the Open Minds Club. "The music presentations are a great way to brighten students' mornings and make them feel welcome," explained Rachel Dupree (12). The performances took place in the cafeteria as high schoolers arrived for classes.

Members of the Open Minds Club discuss acceptance and diversity during one of the weekly meetings. "The discussions we have are my favorite part of the club," stated Dorothea Olson (12). Students could talk about any issue important to them.



Emily Haylock (11) chuckles during an Open Minds Club meeting. "I love being around people in a friendly environment where you can learn new things from other cultures or point of view, and not hear people laughing and making fun of it as it is being taught," said Haylock. Meetings took place in Mrs. Nelson's room right after school on Wednesdays.



Emily Meyer (12) writes inspirational thoughts and ideas on the Smartboard as the Open Minds Club invents poster ideas that promote diversity. Students were able to enjoy the posters hung up in areas around the school.

The Forest Lake High School Open Minds Club is a club centered around making the school a more open and accepting place. Members of the organization meet every Wednesday under the helpful guidance of advisors Daniel Koch and Angela Nelson, thinking up many new and creative ways to promote equality and diversity in the school. The efforts made in this club reach out to the student body as well as the community. It generates many different fundraisers and presentations as well as other organized efforts to help the world at large. So far this year students in the Open Minds Club have participated in the Rangers Care effort, putting on morning music presentations, and are planning a series of art competitions that promote acceptance.

-Lauren Erchul





Jessica Lindemyer (12), president of DECA exclaimed, "This year has been great! Our chapter has grown and the school store is a hit! At competition we have given the larger schools a run for their money. Overall we have had a successful year, and I'm proud of our chapter for all we have achieved."

Preparation is Our Business

FL DECA

Keepin' it Classy

2012



Row 1: C. Giesner, K. Lee, S. Lenz, D. Mollet. Row 2: L. Pierce, J. Juutilainen, R. Renard, J. Lindemyer. Row 3: J. Swanson, W. Hanson, J. Frank



DECA prepares students for careers in marketing, finance, hospitality and management in high schools. Forest Lake is one of those high schools.

This club prepares students for the real world. It also gives students the experience of leadership, responsibility, and the requirements needed for business in our society today.

Students compete at a district level each year in several events. There are over forty-five different events they can choose, including Sales Demonstration, Public Speaking, Job Interviews and Role Plays. Many events are national events and when a student places in the top 3 at the State Conference, they have the opportunity to compete at the National level which is held in many cities throughout the United States including Orlando, Florida and Anaheim, California.

In addition to competition, DECA runs the Ranger Station, which is the school store offering many spirit items and Ranger Gear.

-Desiree' Ambourn



Sarah Lenz (12) qualified for State her first year of DECA. She said, "DECA has been a lot of fun this year. It was my first time being involved and I learned a lot of valuable skills for the real world!"

Daniel Mollet (11) and Weston Hanson (11) posing for this year's DECA shirts. "Well this was my first year and I made it to State!" Hanson stated proudly.



Ethos Never Sleeps

The team spent many weekends together while bonding over group dinners. Samuel Doten (12) stated, "I can feel myself becoming a better student and person overall." Speech is a very beneficial for anyone and everyone.



Speech is all about stepping outside of your comfort zone. Sarah Gould (10) said, "Don't be afraid to go crazy!" The team members learned to be comfortable with themselves and their abilities.



Being able to speak well in front of people is an important skill for everyone to have.

Being a part of the Forest Lake Speech team gives students the chance to showcase their amazing speaking ability. These brave and dedicated students love getting up in front of the crowd to deliver their speeches. Samuel Doten (12) put it best when he said, "Speech gives me an opportunity to explore skills of mine that I never thought I would use." It is clear that Doten and many other speech members are passionate about what they do.



Members of the team put on their biggest smiles to pose for a photo on their way to the Duluth tournament. Jeanette Spanjers (11) said "I will always remember those 'stashes in a tub from the Duluth trip." This tournament was a great success as well as a fun experience for these students.

Speech opens students to a whole new type of activity. Erin Kerrigan (12), who is new to the team this year, stated, "It is a great opportunity to get to know people from our school and become closer as a team. It is a fun and crazy group." Many friendships were created among speech members.

Participating in competitions every Saturday teaches these students dedication and commitment. Being able to speak well in front of people is an important skill for everyone to have. However, for most people public speaking is a terrifying task and most high school students would not want to spend every Saturday doing so. This shows how much these experiences mean to them. Members of the team have developed the skills needed to be successful public speakers which will surely be useful in their futures.

~Rachel Drewlo



Row 1: R. Lecy, G. Shea, A. Mihelich, N. Peterson, T. Weed Row 2: Coach Luke, G. O'Gorman., M. Neek, S. Meier, K. Lagen, C. Osterbauer, J. Degennaro, S. Doten, R. Piersdorf, S. Gould, K. Wambold, H. Mack, R. Sudo, A. Koneczny, Coach Piersdorf Row 3: Coach Haven, E. Weiger, S. Thomas, A. Eugene, S. Keja, J. Spangers, B. Hilla, S. Schminski, K. Grundmeier, A. Hobson, E.Kerrigan, Coach Newcomb, Coach Waldron





Debate

Q & A



"It helped me to improve my public speaking skills."
-Jobhua Mester (11)



"I learned about philosophy and just being able to speak my mind comfortably."
-Lindsay Estes (12)



"Being apart of Debate helped me learn how to speak more confidently."
-Jennifer Dylkowski (11)



The Debate team had a very successful year. Aidan Hobson (10) exclaimed, "It was a lot of fun to be with all of the people on Debate!" Hobson won 8th place at a tournament at the State Capital.



Debate is all about giving these daring members the opportunity to argue against other students from around the state and even around the country. Each student is assigned a topic to argue. They are responsible for researching arguments, for and against the topic. They then debate one side or the other at tournaments. Learning how to defend themselves during arguments is just one main focus in debate. The Debate team did an activity called "Occupy Sesame Street," where they petitioned just like Wall Street. Maxwell Hall (11) said, "It was a fun activity based off the Occupy Wall Street Crisis." Debate is a great activity for students looking to improve their speaking skills while bonding with classmates.

-Rachel Drewlo

The Debate coaches and assistant coaches are very involved in the team. They are all very proud of how well the team did this year and are excited for the years to come.



This year the students got the opportunity to go to congress. "We got to learn a lot about how the government works," stated Garret Swanson (10). The students thought this was a great learning experience.



Is there anything you would like to do in Student Council?
 "I would love if we did more things with the community, and not just our school," exclaimed Christina Witzel (10).



What is your favorite part about of student council?
 "I love planning fun events for our school!" smiled Katelyn Palo (11).



What is your favorite thing student council has done so far?
 "The blacklight dance was pretty bomb!" said Haleigh Gulden (11).



Student Council

Q & A

"Example is Leadership"
 -Unknown

A few student council members pose for a picture at the Halloween dance, as they work concessions. Student Council member Zachary Decker (12) rocks his construction worker costume. "The Halloween dance was the most exciting one we've had in years," stated Decker.



Members help set up the gymnasium for the fall Pep Fest, while sporting their festive Ranger wear. Katie Lenz (11) said, "I liked setting up and getting into the spirit of the Pep Fest!"



The presidents this year for Student Council are Amy Mihelich (12), Jenna Fischer (12), and vice president Jeanette Spanjers (11). Mihelich stated, "I love being one of the presidents, I mean, what is there not to love? I also like making the school a better place and working with Jenna and Jeanette is super fun!" Fischer added, "Being president is a big responsibility, but I enjoy the challenge. I too, enjoy working with Amy and Jeanette." Spanjers also added, "I really like being the vice president because it is a great opportunity and all of the student council members are super fun to be with!"



Student Council is an organization where certain students are selected to represent their school. They plan and organize events for the school and their community. Some events for 2011-2012 that they've done include: Halloween dance, fall Pep Fest, Homecoming dance, blood drives, winter Pep Fest.

Members of this group are suppose to represent their school and make decisions based off of what they think will be best for their community. To ensure this, they often meet in the mornings to discuss issues and events.

-Jacqueline Ohman

Student Council

A. Koneczny, A. Taylor, A. Stroeing, A. Gross, C. Bethke, G. Galvez, G. Starr, G. Swanson, J. Forsell, J. Bush, J. Colling, J. Hagen, K. Smith, K. Wilke, M. Gemuenden, R. Nordenstrom, R. Xiong, T. Kasprzak, C. Witzel, A. Motz, A. Frericks, A. Riedeman, C. Boyd, D. Taylor, e. Heidel, E. Proulx, E. Weiger, H. Gulden, H. Swanson, J. Spanjers, J. Reller, K. Palo, K. Lenz, K. Thole, K. Castillo, N. Pothen, O. Norman, R. Sudo, A. Mihelich, A. Brennhofner, C. Burgoyne, D. Kezar, E. Kerrigan, J. Ohman, J. Fischer, K. Schwister, K. Close, L. Hoppe, M. Hume, M. Forsell, M. Gaddois, N. Riedeman, R. Bostrom, R. Yang, T. Brockman, R. Xiong, S. Lenz, Z. Decker





New this year, the school hosts a "Red Out" night for the American Heart Association. This event will continue on for many years to come at Forest Lake High School.

A few of the members get together at the Mall of America for the Walk to End Hunger. Joshua Weed (12) commented, "I chose to be in NHS because I enjoy helping others and being with my friends. So in NHS, I can do both." Our school raised over \$5,000 dollars to help place Thanksgiving dinners on tables of the less fortunate.



Two of the officers in the Forest Lake Chapter take a moment before the Walk to be interviewed. Annamarie Brennofer added, "Being an officer has been a wonderful experience. I've been able to work side by side with the other officers and I've truly seen what it takes to run a successful organization!" Our group brought ninety two walkers to the Walk to End Hunger on Thanksgiving morning.

Our Leaders

National Honor Society

"Life's most urgent question is what are you doing for others." - Martin Luther King



A group of NHS members deliver over 3,000 pounds of food collected during the Trick or Canning event. Alexander Iverson (12) stated, "Being an NHS officer has been a very rewarding experience. It has taught me how to be an effective leader and has been tons of fun. I will never forget my time as an officer." This was a major contribution to our local food shelf.

The National Honor Society contributes to the Forest Lake community tremendously. They participate in many activities that take place in town and around the cities, such as The Walk to End Hunger, Feed My Starving Children, Trick or Canning, and caroling for the elderly. The activities that this group engages in affects them directly and the community members. Officer Sarah Lenz (12) added, "I knew being an officer would be a challenge. I was willing to lead this great group of students, and it sounded like fun. I'm so happy I've had the opportunity and I'm proud to be an officer." NHS also hosts school events in the building.

Again this year they put together the Rangers Have Talent show, sucker sales, and entertaining the student body in lunches during Spirit Week. New this year, they held the first "Red Out". The event was partnered with the American Heart Association in support of heart disease. They sold t-shirts at both a wrestling match and a basketball game, where each student could get in free wearing their shirt. These events raised a sufficient amount of money towards the cause.

~Katelynn Pearson & Ashley Moore



The whole NHS group gathers in the parking lot to take a quick snapshot. Zachary Decker said, "I really enjoyed collecting food for the food shelf and having fun at the same time." This is the biggest group of students that the Forest Lake National Honor Society has ever had.



Writing Our Story

Making memories permanent, creating the yearbook.

All year round a small group of individuals dedicate time in their day to creating the yearbook. They work hard editing, interviewing, and taking pictures to make deadlines. Through all of the stress and hard work there is the priceless reward of turning the intangible memories of high school into a book that will be cherished forever.

With one common goal, the members of the staff have bonded together. They have made new friends and have worked as a team to create a diverse and memorable yearbook. The class teaches more than just making yearbooks. It allows students to work with computers teaching them how to design pages and use their writing skills and imagination to bring the publication to life. Through interviewing, the yearbook staff learned how to be social with all different classes and students. They got to know people outside of their friend group, and bring the school closer together as a whole.

-Madeline Carey



Kendra Eggestein (12) edits her page, checking everything, and making sure it is perfect. "It brightens my day to be in a class full of all of my friends. This room gives me inspiration," said Eggestein.

Ashtley Hallberg (12), Rachel Drewlo (12), Lauren Erchul (12), and Emma Snyder (12) hang out at their computers thinking up new ideas. "Yearbook is a really fun class to be in, and there are a lot of fun people," stated Hallberg.



Shania Nienow (12), Marah Campobasso (12) and Amanda Hurlley (12) pause for a picture while making their pages. "I love being able to see what goes on behind the scenes of the yearbook!" stated Campobasso.



Jacqueline Ohman (12) and Celeste Pereira (11) are having fun while working on their pages. "I love Yearbook, it's so much fun!" said Ohman.



Shaley Bagan (12) and Madeline Carey (12) are hard at work brainstorming with the yearbook crew. "Yearbook is the best class that I have taken all year!" said Bagan.



Drumline

Would you consider
Drumline a sport or
art? Why?

&
A



Cole Hanton (12)
Cymbal Section Leader
Battery Captain

Answer: Both
Arts: Choreography and music
Sport: Heavy lifting, fast moving



Ashley Thamer (11)
Snare Section Leader
Battery Captain
Center

Answer: Both
Arts: Rhythm, beat, staying in time
Sport: Works your legs and wrists



Emily Johnson (11)
Mallet Section Leader
Pit Captain

Answer: Both
Arts: Perform and even act
Sport: We compete with others and practice for hours just like other sports

Michael Oster (11) and Emily Johnson (11) performing it up on their first show, with the base line in back keeping a steady tempo. "Without the base line, the flow of the beat would be lost" stated Jakob Ernst



The Homeshow is not scored, however it was executed as it would have been in competition. "Even with the harsh competition this year, we will still come in first!" stated David Rapbeal. Without a minor malfunction in the set up, Forest Lake Drumline would have placed second in the competition.

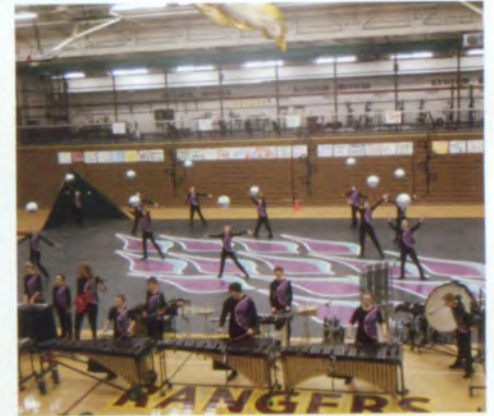
- Eagan-1st place
- River Valley-1st place
- Home Show- Unjudged
- Minnesota Brass Indoor-3rd place
- River City Rhythm-3rd place
- WGI Semifinals- 2nd place
- WGI Finals- 4th place
- MPA Finals- 3rd place



Forest Lake Drumline is upholding last year's title, scoring phenomenal in every category. In the very first show, scores were high and stayed there throughout the rest of the season. With competition re-arranged this year, tougher competition has come against the Drumline, but with their heads up high, they continued placing in the top three throughout the season. "When we practice people kept thinking that what we do is easy, but when you put them behind the drum, their attitude quickly changes," stated Ben Green (11).

-Nikolaus Ernst

The drumline this year decided to shoot for the highest possible scores in every category, including the Visual Performance category. During the middle of the show, the drumline drops their drums and picks up silver orbs, and moves as one with them. "Although most of the crowd doesn't get it, these orbs symbolize the freedom of their actions," stated one of the roadies Robert Ernst



Row 1: B. Olman J. Bracht L. Mousa D. Rapbeal E. Johnson A. Thamer M. Hommes
Row 2: K. Larson E. Rapbeal M. Ernst D. Ifje P. Lindberg E.J. Runio N. Oster D. Fleckinger R. Shuma B. Rubio
Row 3: J. Otto M. Inon M. Maurer B. Green M. Oster J. Ernst M. Steinberg C. Hanton J. Bracht K. Adams





"Not having homework."
- Tate Seeler (10)



"Being able to express yourself
through music."
- Josina Banta (11)



"Rehearsing my favorite parts of the
piece of music that we are playing."
- Cynthia Meyer (12)



Concert Band, Jazz Band,
Symphonic Winds

What is the best part
about being in Band?

Q
&
A

Korey Olson (10) plays the baritone saxophone in Concert Band, "I like that the low notes surprise people most of the time, they don't expect that kind of a sound to come out of this instrument when playing" stated Olson.

Cynthia Lund (11) "I like playing all of the notes and all the ways my fingers move by themselves. It's all based on memorizing notes and scales," stated Lund about playing the flute.



Samuel Schminski (11) strums on a guitar during a guitar class. "I like the sound of some of the notes on the guitar and playing really fast," commented Schminski. Students have been able to improve their skills throughout the course.



Cole Hanton (12) plays a silver trumpet in our school band, "I'm always photographed because my instrument is a different color than everyone else's. I like that it stands out," stated Hanton.

There are many skills one can learn from being in a musical group. Not only do you learn how to play an instrument but you learn responsibility, discipline, and teamwork. You get to do all of this with your friends and you get the opportunity to meet new classmates. Depending on what band you are in, you may only practice one day a week or everyday. No matter what your musical interests are, you are sure to find a class that fits your ability.

-Brenna Achtien



Playing Our Song



Julia Wallner (12) "I love to play music so I really enjoy being able to do that with my classmates," stated Wallner. She has participated in band for several years.



Benjamin Green (11) plays the drums in Jazz Band. "I joined Jazz Band because I thought it was really radical and cool, and I like to play music in an organized group," commented Green about his experience playing with the group.

Daniel Nelson (11) plays a guitar in band, "I like to play the electric guitar because of all the different sounds it can have," stated Nelson. It takes a lot of practice to be able to play an instrument well.



Erica Rapheal (11) comments, "I love to learn new songs on the piano, especially when it's a challenging new song." Pianos aren't always the most exciting instrument to play.



Halie Ament (12) plays the piccolo in Symphonic Winds. "The piccolo is a very fun and different instrument to play," stated Ament. She has played that instrument multiple times and is confident in her ability.

"Music is the pain killer to the stresses of life".

-Brandon Weigel

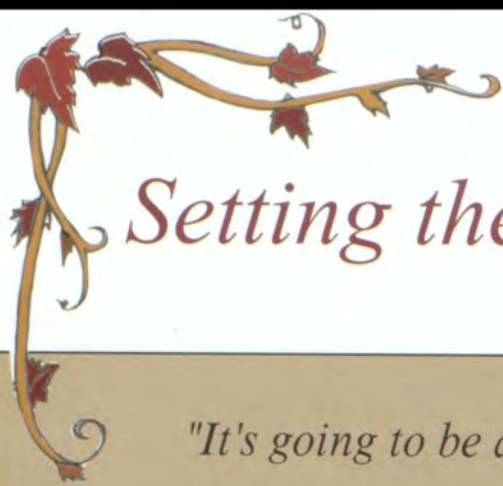
Here we have many musical groups anyone can join. There is Concert Band, Symphonic Winds, and Jazz Band. The most prestigious of those groups is Symphonic Winds. In order to earn a coveted seat in this musical group you need to be one of the best at your chosen instrument.

Jazz Band provides a more upbeat and fun style of music for students. "Music is the pain killer to the stresses of life," stated Brandon Weigel. (11) Even though Jazz Band practices early in the morning, the loud energetic music is sure to wake anyone up, and it's a great way to start off your day.

For all the people in between, there is Concert Band. This band provides students with the opportunity to play in a musical group no matter how involved in music you are. If the other bands aren't your style there is no doubt that you will fit in with the Concert Band.

-Brenna Achttien





Setting the High Note

"It's going to be a great day!"

-Mr. Livermore

Preston Huddleston (10) and Kayla Auts (12) working hard to hit just the right notes. "It helps to stand next to someone when we play, so that way we can kind of play off each other and keep on the same notes," said Huddleston. The two work well together making a perfect pair.



String Orchestra all play a part in different musical pieces. "I work on the parts that I can't get and work on the 3rd position in tune," said Jennifer Zider (11). Everyone has a different strength that makes the orchestra better.



Kyle Tagg (12) concentrates, remembering all the skills he has learned in his orchestra practice. "I like making music, but sometimes my fingers hurt from going really hard," said Tagg. The orchestra ended up doing a fantastic job at the Midwinter Clinic.

Throughout the halls of the Forest Lake High School sweet music can be heard from any of our three orchestra groups. Hard work and dedication are common characteristics that these music lovers share, and when they all come together, a work of art is created.

Sinfonia Orchestra is high intensity orchestra where practice and years of experience is a necessity. After an intense try-out only the best make it in. "We work really hard to make music as best sounding as it can" Says six year Cello player Christian Newman (12). The young musicians work to make their music pieces perfect.

String Orchestra works hard to perfect tone and togetherness. Mr. Livermore works hard to lead the orchestra and to teach the proper skills necessary to prepare them for Sinfonia Orchestra. "This orchestra is more laid back just to work on listening to one another," said Kristen Dellwo (10) They all work extremely hard on a difficult piece and by the end of the year are all better players overall, with most of them intending to go onto Sinfonia Orchestra.

-Kendra Eggstein



Zachary Morris (11) and Aryn Ritchie (10) both watch the music and look for further instruction and guidance from Mr. Livermore. "A lot of my friends were already in this class, and I also made a bunch of new ones," said Ritchie. The class spends time getting to know each other and the wide range of abilities in their class.

Intense practices go into improving future performances. Sinfonia orchestra goes beyond the basics. "We work really hard in practices but it's always really fun," said Amy Enrooth (11). Extra practice outside of class is expected from all of the orchestra members.





*Sinfonia Orchestra
String Orchestra*

*What is your favorite
memory from
orchestra?*

Q & A



Skylah Rachel (10) "My favorite memory was going on the Chicago trip because we did a lot of cool site seeing and I got to be with all of my friends."



Kelsie Ann Close (12) "Walking around in public places with our witch dresses on and seeing the reactions of the people."



Ben Long (12) "It was pretty funny when I dropped my Chello and it broke, at the time it wasn't too funny but looking back it was a pretty funny memory."



Triston Barness(10) reads his music carefully paying close attention to rhythm. "Playing music never gets old to me, I love it!" exclaimed Barness. The orchestra practices individually and as a group to better themselves as a player.



Maxwell Hall (10) plays on his unique violin. "I love my electric blue violin, I named him blue lightning!" said Hall. His instrument adds some originality to the String Orchestra group.



Lauren Cooley (12), Amber Tuomla (12), and Rachel Bostrom (12), sitting side by side as they play their favorite piece. "Everyone in orchestra is like a big family," said Bostrom. The trio kept each other on task while having a good time.



The orchestra and choir work together to perform and take part in a presentation at the Minnesota Music Educators Association at a Midwinter Clinic. Issac Maier (12) concentrates during their performance. "There weren't that many people there but another orchestra teacher came up to ours and complimented our performance and music department. Other schools wish they could be like us; we're awesome!" said Rebecca Piersdorf (10). It is a huge honor for the department to perform at the Convention Center.





I enjoy singing and the feeling of accomplishment after a good concert!
-Morgan LaBelle (12)



I really enjoy singing and I feel like having music in my life daily really enhances my educational experience.
-Autumn Beirais (12)



I grew up singing since the third grade when I joined the school play and wanted a place to continue my music.
-Nathan Tetrault (12)

Varsity, Treble, Concert, and Cantorei Choir

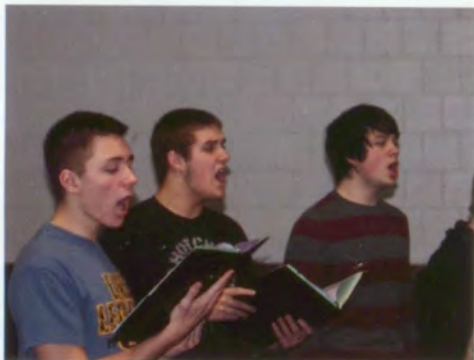
Q & A

What made you want to join choir?

The 2012 Conference Choir was held at Cretin Derham High School. All the high schools in the State participating in SEC, gathering at a different school each year to show off their voices.



Above is Andrew Leatherman (12) who enjoys to sing along with his good friends and classmates. "I took choir because I love to sing," he said.



When asked what his favorite thing about choir is, Jacob Taylor (11) responded, "My favorite thing is when Mr. Sletta can admit he is wrong because it shows he's only human and we can relate to him better." Singing along with him are Matthew Vincent (11) and Jason Skoglund (11).

Choir is like a family. They're all there for each other and work hard to prepare for concerts. They need to work on themselves individually in order to better the whole group. Some of the favorite parts of choir are going to Suburban East Conferences (SEC) and Bethel College to perform in front of an audience. They have many concerts during the year, and perform with the FL bands and orchestras. Some choirs carol during the holidays, and they practice diligently and with fervor.



For some students such as Isaac Maier, it can be tough fitting all the classes he/she wants into his/her schedule, however, "Moving forward I realized just how much music meant to me and my future, and I joined the choral program halfway through tenth grade. When it comes to my music, I have never looked back."
- Isaac Maier (12)



Adam Domitz (11) tells us that, "I am in choir because I need to be surrounded by things as beautiful as I am, like our singing."

Morgan LaBelle (12) Reagan Distler (10) and Abigail Meyer (11) are warming up their voices. Alexandra Mester (12), behind them, says that "The songs we sing are my favorite part of choir. We sound heavenly together as a group!"



Cassie Buehler (11), Kellie Wambold (11) and Rebecca Piersdorf (11) rehearsing one of the many songs they will soon perform. These students are part of Cantorei Choir, and their songs are more advanced than songs performed by other FL Choirs.

The Cantorei Choir warms up at the beginning of choir. They usually practice for about ten minutes at the beginning of each class, doing a variety of vocal exercises. Mr. Sletta leads the group from behind his piano, directing the vocalists each morning.



Note Worthy Choir

"Choir is a family!"
-Morgan LaBelle

Choir is just one element of the Forest Lake High School music department. However, there are many different aspects to the choir itself; control of voice and quality, the range of voice, matching pitch, and learning how to sing within a group.

The students also meet with Mr. Sletta, the choir director, privately for voice lessons during school. During these lessons, Mr. Sletta works one-on-one with students on their technique, areas in which the individual student needs to improve, and the student's tone and pitch, among other things.

The choirs have annual concerts, and they also perform in the SEC and at Bethel University, as well as with the entire FLHS music department throughout the year.

Forest Lake High School offers many different types of choir such as Varsity Choir, Treble Choir, Concert Choir, Chamber Choir and Cantorei Choir. Concert Choir is mostly for sophomores, and is less challenging than the others. Cantorei is for the upperclassmen, and is filled with more difficult vocal pieces, as well as having more performances. Treble and Varsity Choir are elective classes that students must try out for, and Mr. Sletta decides who is eligible for them. Chamber Choir is also a choir that students must try out for, and it is for the most dedicated music students; they meet very early before school, and they have their own concerts and carol during the holidays.

-Shania Nienow



Emily Haylock (11) who is the Junior President, states "My favorite event has to be the Ghost Out. It provides a realistic example of what happens in the real world. It's extremely impactful."



Joy Lida (12) Senior Vice President, believes "It's not difficult to be a leader of SADD. Everyone in the group is really motivated. They feel passionately about what SADD stands for."



Dorothea Olsen (12), Senior President of SADD, believes that the mock car crash has the most influence out of all the activities SADD does. "It really seems to get to people. It makes a difference," states Olsen.



Students Against Destructive Decisions

"Not that kind of sad"

Pictured at the right, SADD members count jeans collected at the end of the day for 'Jeans for Teens'. "I was surprised at the amount of jeans we have collected so far," states Erieka Bildeanoc (12). "I think people are really pushing to make a difference."



SADD members discuss fundraising possibilities at one of their weekly meetings. "Selling root beer floats is definitely the best fundraiser SADD does," states Marab Campobasso (12). "They are a fun and successful way to raise money."



Cody Valley (12) participates in a SADD organized event that raised awareness about drunk driving. Playing Mario Kart, the students attempted to stay on the road while wearing goggles that impaired their vision. "It was extremely difficult," reveals Valley. "You'll never find me driving under the influence."



SADD's mission is "To provide students with the best prevention tools possible to deal with the issues of underage drinking, other drug use, distracted driving, and other destructive decisions." SADD shows their commitment to this statement by organizing a variety of events throughout the year such as Forest Lake's annual Ghost-Out, the Mock Car Crash, selling root beer floats, suicide prevention programs, Red Ribbon Month, Yellow Ribbon Month, and much more. One of SADD's newest projects this year was Hats for Hats. The group sold stickers to students to put on their hats, and used the profits to buy hats for kids with cancer who were in the hospital. SADD members do their best to encourage their classmates to make good choices throughout their high school career and beyond.

-Emma Snyder



At the Sophomore Orientation the sophomores and Link Leaders did a get-to-know-you game on the gym floor. Karilyn Ristrom (11) said "It was fun getting to know new people while doing activities." It was also fun for many of the sophomores.

The Link Orientation is this biggest event that Link does. Luke Morgan (12) said, "I had a lot of fun at the orientation showing around the sophomores and playing games!" This event is very beneficial to the sophomores because it is their first impression of Forest Lake High School.



Some of the Link Leaders went on a retreat at Chaska High School with Link Leaders from around the state and did lots of fun activities. Clinston Franklin (12) said, "The Link Retreat was a lot of fun and I got to meet a lot of really cool people, and we got to go to Buffalo Wild Wings which made it even better."



The Link Leaders teach the sophomores valuable lessons. Samantha Dimmerman (12) said, "I like to have an impact on the sophomores' lives, even if it is a minor one."

Row 1: L. Cooley, R. Bastrum, L. Hoppe, K. Vu, J. Skogland, J. Huesmann, M. Rivard, C. Johnson
 Row 2: M. Neek, K. Thoh, K. Welch, K. Clate, D. Scott, K. Beck, C. Larson, C. Getting, T. Yang, T. Mraz
 Row 3: A. Nelson, L. Heidel, R. Shaw, A. Monachenpou, H. Huberty, J. Clauson, Q. Lei, J. Ohman
 Row 4: G. O'Gorman, M. Heiling, A. Nolden, D. Bernier, K. Magnuson, K. Palo, C. Kirchner, S. Motz, K. Bramley, H. Galden
 Row 5: J. Taylor, J. Swanson, J. Hogan, A. Hanson, A. Meyer, J. Jackson
 Row 6: M. Schultz, B. Paulson, R. Hartsborn, D. Keagar, J. Ketchel, B. Hudak, Z. Decker, N. Rindeman
 Row 7: H. Coboes, S. Dimmerman, K. Newville, S. Nelson, K. Eggstein, S. Preston, R. Feidt, T. Eggert, M. Labelle
 Row 8: B. Morgan, T. Rosenberger, A. Charest, C. Buehler, T. Gullikson, A. White, H. Waldoch, S. Bagan, E. Pronc
 Row 9: M. Urban, C. Franklin, C. Valley, C. Miller, L. Morgan, A. Torgerson, Z. Fuller, E. Heide, K. Ristrom



Connecting the school, one link at a time

"Link Crew brings the whole school together."
 -Angela Nelson, Link Advisor



Link Crew is an organization whose main goal is to make Forest Lake High School a more friendly place. They want to make all students feel welcome and comfortable at school. Link Crew is a group of about 80 juniors and seniors who help the sophomores to feel welcome. Korynn Newville (12) exclaimed, "I love being in a club with so many people. It makes it so much more fun!"

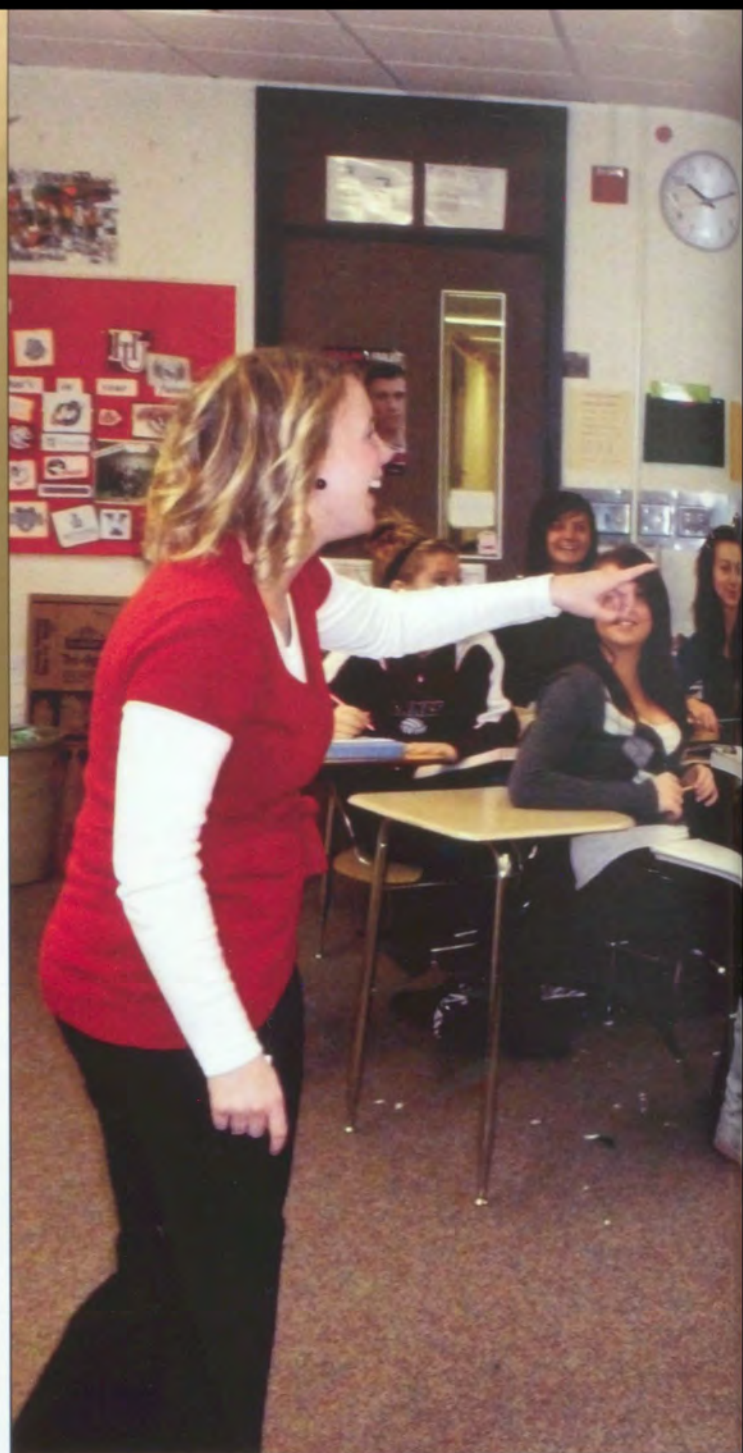
At the beginning of the year, Link Crew welcomes the sophomores to High School by doing many fun activities with them at orientation. After the initial orientation each sophomore homeroom is assigned 3-4 Link Leaders, who go into their homerooms once a month and lead an activity and discussion. "Leading the sophomores is a great experience and I loved getting to know them, while doing fun activities," said Kendra Eggstein (12). These activities usually seem obscure and fun at first, but they all have a deeper meaning. The Link Leaders explain the deeper meaning and hopefully teach the sophomores a life lesson. Link Crew is a great way to integrate the grades and help everyone feel welcome when they come to FLHS.

-Shaley Bagan



Academics

Mrs. Nelson tries to make class fun while teaching them about American History. Nepra Batic (10) said "I like sophomore year because I have had the chance to be involved in a lot of activities." Forest Lake High School's teachers try to make class fun and educational everyday.



Emily Proutz (11) and Michael Urban (12) help Samuel Lundstrom (12) on a tricky assignment. "I really like working together with other students it is really fulfilling and it helps me learn," Said Proutz. A lot of the classes F.L.H.S offers are mixed grade level giving students a chance to know a lot of people.

A group of students in Mr. Elliot's AP World History class study hard. Hailey Swanson (11) said, "High school is a lot of work, but I think it will all be worth it!" Ap World History is just one of the many AP classes Forest Lake High School Offers.



bal4.tv/5mgamafc





Ms. Sisson helps art student Emily Statchel (11) on an art project. "I've learned a lot from Ms. Sisson, she is great at art. Art is really fun!" stated Statchel. Art gives students a way to creatively express themselves.

Our Excellence

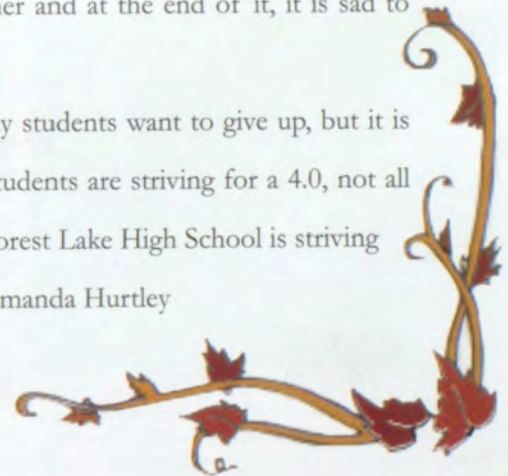


the main reason we all go to Forest Lake High School everyday is to learn, but the academic part is just the base of our story. Everything else just builds upon it. Learning brings students and staff together. The first day of classes can be scary, but little do we know we could be sitting next to our new best friend!

We have educational memories that will stand out in our minds forever like, playing Survivor in Spanish or dancing in sophomore gym. We also have memories from the more difficult parts of high school like learning how to factor polynomials and trinomials in math!. We will always have the memories of late night studying, early morning coffee runs, rilling in information for the ACT and the music concerts we practice so hard for. Classes bring everyone together and at the end of it, it is sad to leave them, but it is part of the story.

Sometimes classes are a struggle and many students want to give up, but it is the teachers who help them to pull through. All students are striving for a 4.0, not all will achieve it, but all will be successful. After all, Forest Lake High School is striving

-Shaley Bagan and Amanda Hurtley

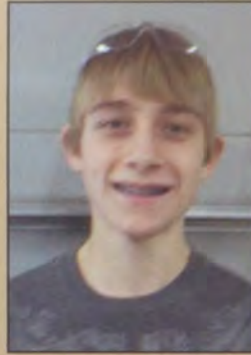




"Ferrari, because they're fast and hot and that's what I got," says Clinston Franklin (12).



"Optimus Prime from Transformers because I could change into whatever I want," comments Amanda Kubert (12).



"Chevy, because it keeps running," said Shane Moore (10).



Industrial Technology & Auto Mechanics

If you could be any kind of car, what would you be and why?

Q & A

Jacob Lynch (12) takes a break from working hard to take a picture, "My favorite thing is laughing at people when they screw up," laughed Lynch. He enjoyed making a wood splitter.

Michael Knyphausen (12) looks under the hood of a car in the auto class. "I enjoy balancing the tires on cars," said Knyphausen. He said he wanted to become an auto mechanic someday.



Chase Trowswick (12) poses in front of a truck during Auto. "My favorite thing to do is put the car up as high as it can go and sit in it," he laughs. Trowswick has taken a number of auto classes.



Mark Anderson (10) and Luke Shaw (10) work hard on a dirt bike in Industrial Tech. "This class helps you know what could be wrong with your vehicle and it gives you good knowledge about them," commented Shaw. He said he planned on taking Metals and Auto Mechanics next year.

The Industrial Technology department has many options for students. Mr. Kelly Nichols said, "We devote time to disassembling, examining, reconditioning and assembling two and four cycle engines. I think it's a good thing for students to fix their own personal property." The Auto department has both basic and advanced classes. The basic class includes everything you can do by yourself at home or in a gas station; the advanced is three hours everyday for college credit. You work on the engine and computer systems. Mr. Rivard said, "Drafting is the way the industry speaks to each other. Engineers design and speak with other engineers and people building designs." CAD stands for Computer Aided Drafting and it is now done in 3D and it is another option students can take.





Built Forest Lake Tough



Alexandrea Bechner (11) and Beau Phinney (11) are working hard on their projects in Woods. "It's hands on, so you're not sitting in a class doing boring work," commented Bechner. She admits her favorite project so far was making a tavern mirror.



Austin Wagner (11), Matthew Johnson (11), and Cody Larson (11) pose for a picture during Industrial Tech. "I've learned how to use a compression tester and put it to good use," added Johnson. The boys learned a lot in class, that they took with them into the world.

"I think it's a really good experience for kids to get out and use their hands to build things that need to be built." Cella Osterbauer (11).



Kurtus Dhaene (12) builds a night stand in his Woods class. "I like to make things out of wood," said Dhaene. He admits to have already taken 6 industrial tech and auto classes.

Aaron Rossman (12) looks up from working hard on a lawn mower. "I love to work on things that I'll actually use," added Rossman. His favorite project was the one he brought from home, the lawn mower.



The new FLAAA building at Fenway Fields is under construction this year. "I thought it was a good experience to build a real building," commented Michael Pleski (12). Building it was a lot of work.



Brooke Johnson (12) shows the tools in the auto room. "It's fun learning the basics of my truck so if anything happens, I know what to do," exclaimed Johnson. She has already applied some skills she has learned in class on her truck. She has changed her oil, rotated and balanced tires, and checked her suspension.

The Auto Mechanic and Industrial Technology department is a growing part of our school. It gives students the chance to get out of the typical classroom setting and work more hands on. It becomes more popular every year as students sign up for classes like Woodworking, Metals, Architecture and Engineering, Cabinetmaking, Carpentry, Welding technology, Machine Tool Technology, Electricity/Electronics, Power Mechanics, Automotive Technology, Drafting or CAD. "I like that we can get to bring in our own projects and fix them," commented Samantha Back (11). Students learn important skills that they can take with them into the world. Mr. Jurasin always says, "It's always important to measure twice and cut once." Safety is always the number one concern in this department.

-Amanda Hurtley and Nicole Parsons



We Back the Blue and Gold

*It's not the things you did that
you remember, it's the people
you've met.
-Nathan Daninger*

*Matthew Lennon (10) and
Zachary Christenson (11) hold open
the high schools doors to welcome the
veterans to our school. "My favorite
part of FFA is learning life skills
that can be applied outside of school,"
exclaimed Lennon.*

*Students in FFA help little kids
make cheeseburgers out of candy at
the Family Farm Fest at Waldock
Farms.*



*Seniors Kelli Sova, Emily
Groeneweg, and Jordan Clauson
pose for a picture before the
Veterans Day assembly. "I've
been a part of this celebration for
the past four years and it is always
successful," stated Groeneweg.*

FFA has been part of our school since 1938 and has been going strong ever since. FFA is a student leadership organization that uses agriculture education to teach leadership career skills. This year FFA was 2 star National Chapter award winners.

FFA is in charge of many of the activities that take place at Forest Lake High School including the Veterans Day Assembly, Adopt a Family, FFA week events, Open House, the horse show and many more events. "I joined FFA because it has been in my family forever, both my dad and grandpa were in it" states Rachael Anderson..

Anyone can join FFA it's not just for students who are interested in agriculture. They always have fun activities that anyone can try.

Brenna Achttien



Nathan Daninger (12) president of FFA introduces the key note speaker and retired Ag teacher, Mr. Robert Marzolf, at the Veterans Day assembly. "Meeting new people from all over the state and country is the best part of being in FFA", exclaimed Daninger.

A walk way in Indianapolis, Indiana reads FFA Way where the FFA National Convention was held this year. "The thing I enjoyed the most was the Blake Shelton and Little Big Town concert and dancing with my best friend" exclaimed Jordan Clauson (12) about the trip to the convention.



Agriculture

Out of all the Agriculture classes which one is your favorite and why?



"Companion Animal Science because we get to bring our pets in."
- Sydney Parks (12)



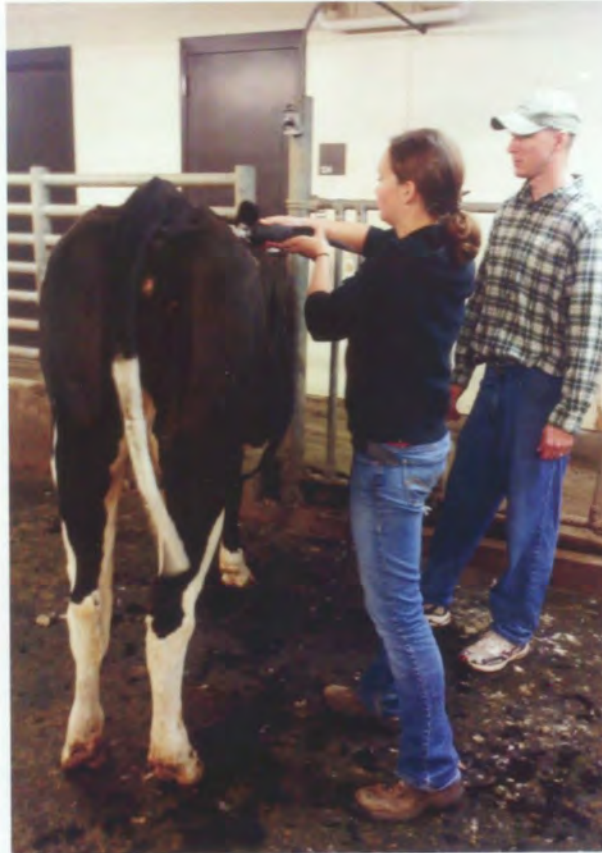
"Student Leadership classes because it teaches you things you need to know for the future."
- Luke Niemczyk (10)



"Wildlife Management because you get to build a fishing pole."
- Anthony Rivard (11)



Valerie Friend (11) is properly holding a sheep's head for showing. "I had a lot of fun in CIS Animal Science. I loved sleeping in and it was a fun class." This class showed us how to handle the sheep and what the judges look for when showing.



Dakota Quimby (11) demonstrates how to shave a cow on a field trip for CIS Animal Science to the college of Food, Agriculture, and Natural Resource at the University of Minnesota Twin Cities. "It's not a typical class, it's something different. The teachers not only try to help you learn, they act as friends," stated Quimby.

Here at FLHS we have many agriculture classes offered to us. It ranges from Agriculture Economics to Companion Animal Science and many many more. No matter what you are interested in there is always an Agriculture class that appeals to everyone.

Mr. Miron shows the Senior Agriculture class how to properly trim bushes at the District Office. "Ag is a wonderful and helpful opportunity to bring outdoor experiences into the classroom," stated Nicole Poeschl (12).



Students from FEA, National Honor Society, Student Council, SADD, Open Minds, and LINK joined together to collect food and other items for families in need for the holiday season.



*"You get to experience different things and do what you want to do."
-Benjamin Tenney (12)*



*"It can help their creativity!"
-Rebecca Feidt (12)*



*"It's a life lesson"
-Britnie Tbornell (11)*

Family and Consumer Science

How do you think students can benefit from F.A.C.S.?

"They can gain skills that they can use throughout their lives and can use in them in different areas."

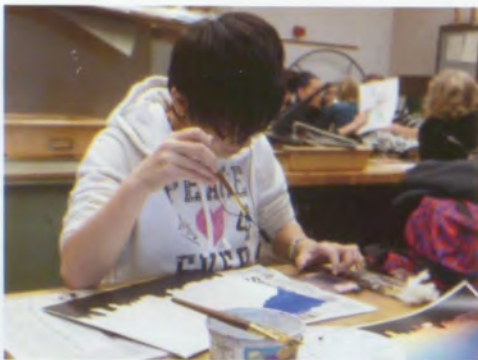
-Ms. Laura Feyma

Colin Schlaeger (12) works on copying an image to a larger picture with colored pencils. When asked what he likes about art he said, "I see if I can make human beings look like reptiles." Many students have different techniques in the way they draw and like art for different reasons.

Jack Juutilainen (12) tells us "Washing your hands and cleaning up is one of the most important parts of Food Choices."



Alyshia Trost (11) works carefully on getting her stitches perfectly straight in sewing. "Sewing can be hard at first, but it was really easy to get the hang of," Trost answered. She was excited to finish her bag.



Inspiration comes from many different aspects of life. Students use creativity to bring it into their art work. Ruby Chu works on her latest painting, "I like art and I like this class but I don't think I'm very good at art so some of the things we do is a little hard for me."

The FACS department provides many classes that are sure to spark your interest. They offer culinary classes where students learn to prepare food and the historical background of where it comes from; culture classes where students investigate family structures, housing and clothing; Sewing and Quilting, in which students learn the fundamentals of creating easy to advanced garments; Fashion Design, Interior Space and Design, which teaches how to read and draw floor plans; Independent Living, which provides skills needed for personal and family management for the future, Psychology of Childhood, Family Dynamics, and much more.



Painting Your Story



When asked what her favorite art class was, Skye Finley (11) replied with, "Drawing and Painting because you get to choose what you get to draw in your artwork."



The Psychology of Childhood class gathers around the table for a picture, while hosting a baby shower for Mrs. Courtney Gbolo.

*Freedom to express creativity
and to learn more about
subjects that truly peeks
interest of students.*



While working carefully on a masterpiece Sarah Hagen (12) said she chooses art classes because, "It's something that I enjoy doing, and something I'd like to further pursue in college."

Jordan Lasewski (12) helps his fellow peer, Kyle Tagg (12) as they work together on a sewing project. Lasewski said, "We love to sew together!"

Kayla Nelson (10) stated that her favorite part of art class was, "Anna Norman, Abby Farry, Kelli Sova, and Adam Berndt. They are my BFF's!"

Many students choose Art and Family and Consumer Science classes because of the freedom to express their creativity and to learn more about subjects that truly interest them.

Students who wish to further pursue art in their future take art classes to get a better understanding and learn more techniques. The classes sharpen students' artistic skills and let their imaginations run free. "Teaching art at this age level is rewarding because of all the creativity and expression," said Art teacher Ms. Maria Kaiser.

Forest Lake offers many art related options such as basic art classes, Ceramics, Drawing and Painting, Photography, Digital imaging, Printmaking, and Yearbook. They are offered at all different levels to match your ability.

Ashley Hallberg
Shania Nienow



World Language

"Learning another language helps you learn your own language better," Mrs. Coleen Colton

Maggie Jeans (10) and Natalie Wright (10) pose for a picture while waiting for their teammates to come back asking to repeat the sentence during Spanish Survivor. "Some people get really get into Survivor and they get hurt, but I like how competitive it is," stated Wright.



Rebecca Renwick (10) and Lea Steele (10) race down the stairs to win the challenge. "Trying el Mate is nasty, and it is a leafy like drink," stated Steele (10).



Sean Purcell (12) and Jack Ebel (10) race against Karina Larsen (10) and Caitlin Freer (10), to see who can win the Crab Walk game. "It is really exciting and there is always something new," said Larson.

J In the Language Department this year there is only Spanish and French courses available to students. These classes give the students opportunities to learn new languages and to learn about different cultures.

Not every student is interested in taking a language, so it is not required for high school, but some colleges require a certain amount of a language. The way that they teach the students is by having them be in partners so they can concentrate more on the one on one communication. They do many creative activities to make the classes more fun and interesting. Ryan Renard (12) stated, "In French class, we learn French songs and it helps us memorize the French words quicker." Learning another language helps you learn your own language better. Understanding English can be hard sometimes but by learning a new language you can benefit from it.

Next year they will be offering a Chinese course. There will be only Chinese I offered at the High School and at the Junior High Schools.

Bailey Nelson



Taylor Lindquist (12) Hailey Swanson (11) and Nathan Merrier (12) read the dictionary to brush up on their French vocabulary. "French class is a blast, it is hard work, but we are like a mini family," exclaimed Swanson.

The class does their daily warm-ups to get their minds set on French. "It is fun, and is a comfortable environment because you know everyone. The class is a challenge yet not stressful," exclaimed Kelli Lukkonen (11).





Foreign Exchange Students

1. What are you going to miss most about the United States when you go back home?

2. What made you want to come to the United States?

3. What is your favorite food from the United States?

4. What surprised you about the United States?

5. Was it hard learning the slang that we use?



Aline Eugene

1. People I met here
2. To make English better, and can only do it once in a lifetime
3. Ice cream
4. People making small talk in shops
5. Yes, I haven't caught on to it yet



Damiano Giannanti

1. The People
2. Make dream come true and to communicate with other people in the country
3. Whopper
4. The people are nice
5. No not at all



Michael Grzemeski

1. The shops and friends
2. It was my biggest dream
3. Muffins and chocolate chip cookies
4. People are more intelligent
5. No, but I hate the word "like"



Jan Schlenker

1. The people and how to communicate with them.
2. Wanted to learn the English language better and practice a different lifestyle
3. Don't like American food only home cooked meals and French toast
4. Talking to everyone and the small talk
5. Very hard



JiaJia Liu (Sophia)

1. Host family and friends and food
2. Improve speaking English and to go to a university in America
3. Hot dish and lemine
4. Shopping and hunting
5. Writing it is hard



Jan Hackmann

1. Football
2. It is a nice country and I was interested in learning English.
3. Triple Baconator at Wendys.
4. That Ben and Jerrys are \$2
5. Some words, but it is not too hard.



Tia Stranius

1. Cheapness of clothes
2. Just for the experience
3. Burgers
4. People are more intelligent and friendly. Lots of small talk
5. No, I love it



Ruby Chu

1. Family and friends
2. Learn English and American culture
3. Everything
4. To make friends
5. Very hard



Amador Arturo

1. The people
2. Improve English and make new friends
3. Buffalo wings
4. People are friendly
5. No



Zhenbang Liu

1. Friends
2. College and the education
3. Lasagna
4. Nothing
5. No, it was fine



Patrick Murphy (10) said that "I believe that it is good prep for college, and you can earn credit; but if you don't, you still expand your educational opportunities."



Ariana Babcock (11) said that "It benefits because it helps you prepare for college and possibly save you money in the future."



Lauren Newbauer (12) said that "CIS classes hold the students to higher standards, preparing them better."

College in the Schools and Advanced Placement

What is the benefit of having CIS and AP Classes?

When a sophomore, junior and a senior were asked, their answers showed one thing: The benefits are clear.

Students in CIS Advanced Public Speaking laughing at a speech given by a peer. The CIS Speech class is available to juniors and seniors, and if students receive a passing grade, the class replaces college speech. Tim Newcomb, the instructor for the class, has been teaching CIS Advanced Public Speaking for the past two years; this is the third, and the kinks are almost all worked out.

Nicole Wyandt (12) is practicing for her impromptu speech. "These classes make me look at things in a completely different way. I think they're the classes that are helping prepare me for college the most and make me even a little more excited to move on!" Stated Wyandt.



Student Angela Frericks (11) in CIS 1880 checking over her assignment. "It's a hard class, but I feel like it's preparing me for college, and my future. Being a junior makes it more beneficial for classes next year," she said, when asked about the CIS 1880 Class.



Ms. Heidi Link, one of two AP Psychology teachers, has her students taking a test. AP Psych is a very popular class with seniors and juniors. The tests are notoriously hard, but the students enjoy it.

CIS and AP Classes offer students the chance to earn credits without paying. This makes the classes extremely attractive to students who want to save money on college later. Knowing that there are credits and money on the line is not the only thing that drives these AP and CIS students to achieve good grades; the high expectations of the teachers and trying to do well plays a huge part in maintaining high grades.



Mr. Joseph Mueller, who teaches AP English, said that "while all English department classes are rigorous, our CIS and AP classes give students a chance to take that rigor to a whole new level."

Mr. Dan Koch is an AP Psychology teacher said "While the AP courses can be very challenging, for those that are willing to put forth the necessary effort, they can do a great job of preparing them for college. And if they can also earn college credit - bonus!"



In CIS US History 1880, they have common assignments, essay questions, quizzes and group work assignments. Many of these activities are great learning experiences to prepare students for college.

Where Credit's Due

Sue Stennes-Rogness, teacher of CIS Political Science, says she believes the greatest benefit of CIS classes is "the opportunity to earn college credit in high school... the freedom and responsibility to take your own education by the horns."



Titus Yang (12) in AP Psychology, during an experiment about senses. "If you want to be well prepared for college, I recommend you take an AP class. It disciplines you to study and take good notes," this AP Psych senior said about the class.

Students in CIS US History 1880 discussing an assignment. Bennen Bierman (12), a student who has taken more than one CIS courses said, "They're great challenging courses that can get you free college credits."

AP English and Language Composition students during a lesson. The AP English class is available for sophomores and new this year, freshmen. When asked about their class, these three boys had some interesting things to say. Patrick Murphy said "By the time college rolls around, I will be academically amazing because I took AP English." Cody Lund just said "Impossible is nothing!" And Tucker Ingalls said "Just do it," in relation to the AP classes

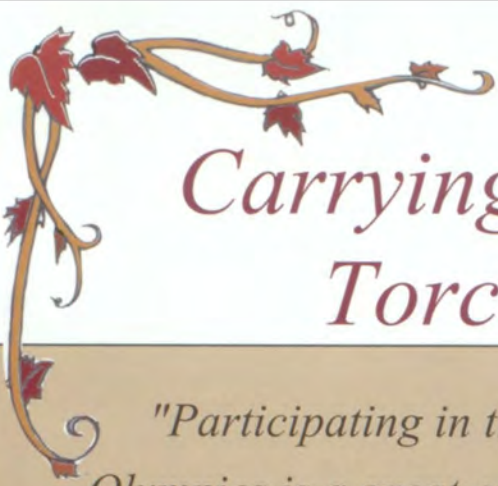


Why AP and CIS? The opportunity to earn college credit and take certified college classes is an excellent chance to save money. College credit through AP courses is earned by taking the College Board Advanced Placement test in May, and earning a score of 3 or higher. The difference between AP and CIS is that a CIS class is run through the University of Minnesota, so it is a college class but is taught by high school teachers.

This year, freshmen from the junior highs were permitted to start taking AP classes at the high school. AP Psychology is extremely popular, due to the experiments and studies the students do. Brooke Ewert (12), an AP Psych student, said, "it is a challenging class but you also learn a lot of things that can make your everyday life better." The newer CIS Microeconomics and CIS Macroeconomics are full to the point of being crowded. Ann Wilke (12), one of the Micro students, said that CIS Microeconomics is "a good opportunity for students who are doing well in school to get a bit of a challenge in their class and because Cameron rocks!"

AP English and U.S. History are extremely popular among the sophomores, and now freshmen. The AP science classes are always filled, and you can feel the excitement as all students near the testing dates. Alexander Iverson (12), a student in AP Chemistry said he believes that, "Chem is like one big puzzle. Every time you have a feeling of joy and you feel like you're a better person." Thane Meier (12), a student in AP Calculus and AP Statistics said that, "AP Calc and Statistics can be challenging at times but I know it's preparing me for the challenges to come in the next step in my life. That's why I like the course." The students are eloquent about why they enjoy their college credit in high school, and the benefits are clear. These students take the saying "credit where credit is due" to a whole new level.

Anastasia Bergquist
Desiree Ambourn



Carrying The Torch

"Participating in the Special Olympics is a great opportunity for these students".

The Special Olympics is all about giving the students the opportunity to get together and work as a team. In the spring of 2011, the students formed a track team and gathered together after school to improve their skills on the field. The students worked on running, jumping, and throwing. Their hard work and dedication to practice paid off when they competed at White Bear High School.

In the Fall of 2011, students from the high school, the junior high, and the transitional program (STEP) got together to form a bowling team. The team would practice after school with each other at Stars and Strikes Entertainment Center in Wyoming.

The skills the students learned from this will not only help them inside and outside of school, but also after they graduate. The Special Olympics gave the students the chance to not only work as a team but to improve their athletic abilities, learn dedication and commitment, and to just have fun doing something different.

Rachel Drewlo



The Special Olympics has been going on for many years. Aaron W.'s (10) favorite part of bowling was going to Stars and Strikes. Aaron, along with the other students, coaches, and volunteers, had so much fun getting together as a team.

The track team combines students from the high school, the junior highs, and the transitional program. Students really enjoyed going to White Bear High School for the meet and are looking forward to participating again this year.



Row 1: Coach Klawitter, Coach Paulson, Garrett B. (STEP), Coach Tinklenberg. Row 2: Brandon C. (8), Bridget M. (STEP). Row 3: Michael S. (9), Andrew S. (STEP), Dylan B. (7), Aaron W. (10), Sam K. (STEP), Brady K. (9). Row 4: Volunteer Ashlee Peterson (12), Hayden B. (9), Eric S. (STEP), David B. (STEP).



Chad S. (11) is an active member of the Special Olympics team. He said that he liked the standing long jump the most. Chad and the rest of the team did an awesome job at the meet at White Bear High School.



Ashlee Peterson (12) has been volunteering for Special Olympics for 2 years. "My favorite part is the competition day when you see all the kids coming together and having fun doing something they worked so hard for." Peterson and the other volunteers enjoyed watching and helping the students.





Intro to Health Care

Q & A



What was your favorite memory from this class? Alissa Ralph (12) said, "Making friends with all the mannequins."



What was your most embarrassing moment during this class? Kasey Hansen (11) said, "My most embarrassing moment was during clinicals. I was changing a woman's depends and she pooped on my arm."



Do you plan to continue your health care career? Kenzie Erickson (12) said, "This class made me realize that I want to have a career in the medical field."



The students get to experience the life of a pharmacist and get to make lotion from scratch at the local hospital. Hailee Coboes (12) said, "I really enjoyed the class because of the teacher, Barbara Hunt, and all the girls made it really fun." The girls loved getting the chance to become certified in CPR.



The students practice their daily living skills. Cassie Thobe (12) said, "This was by far my favorite class because we got to go on many field trips and experience many things." The girls really enjoyed improving their new skills on the mannequins in order to prepare themselves for clinicals.



This class is designed to give students the feel for what it's like to work in the medical field. These students get to experience all aspects of the hospital; including gowning up and going into the surgery room. Practicing with surgery utensils, analyzing x-rays, and giving shots to mannequins. These students get to experience hands on learning. Throughout the course the students practice daily living skills that they will be performing at their end of the class in clinicals, where they get to work at Parmly, as nursing assistants. Megan Thompson (12) said, "I loved this class; it was such a great experience. It reassured me that I want to be a bilingual neonatal nurse".



Intro to Health Care students experience the life of a surgeon. Marah Campobasso (12) said, "It was really cool to see all the tools and gowns you use during surgery." The students really enjoyed all the field trips to the hospital.



Athletics

Tyler Rosenberger (12) hitting a key shot. "Everyone on the team is fairly close, and that makes it easier for us to succeed as a team," Rosenberger stated. His dedication contributed to a number of games throughout the season.



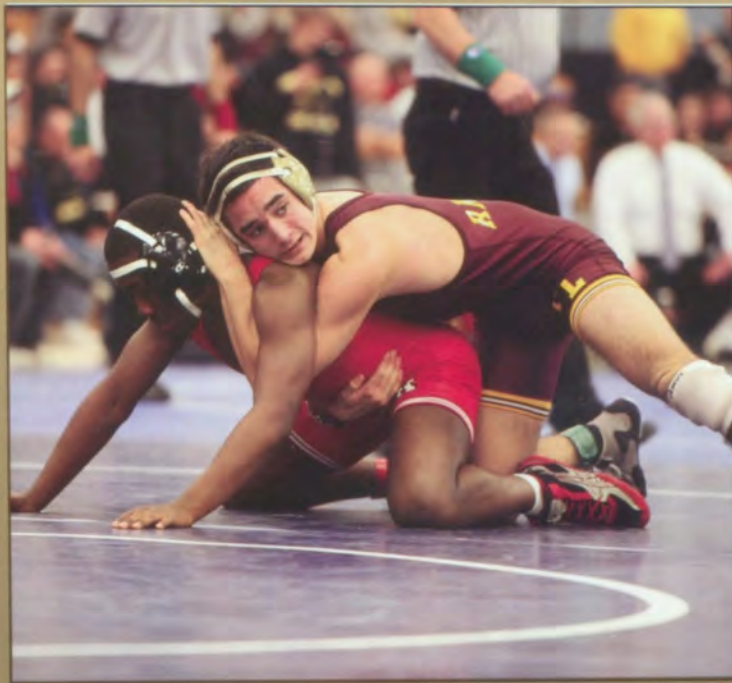
Kellie Welch (11) clears the gate at the first meet of the season. "The team's like a family to me, it's always very fun to go out and compete with others. My favorite part is going fast and hitting all the gates," stated Welch. She hit all the gates on her first run, and achieved her personal best.

Goalie Abby White (11) skating out during a home game with her teammates cheering her on. "No matter how many games we win or lose we always have a good time together," stated White. She showed off her talent during the Duluth Northern Stars game.



ba14.tv/6d6q5tbf





Ben Morgan (12) going up against an opponent from Coon Rapids. "Always being dominant, and not winning by just one or two points," Morgan stated. He won his match and took third place in the Christmas tournament.

Our Champions



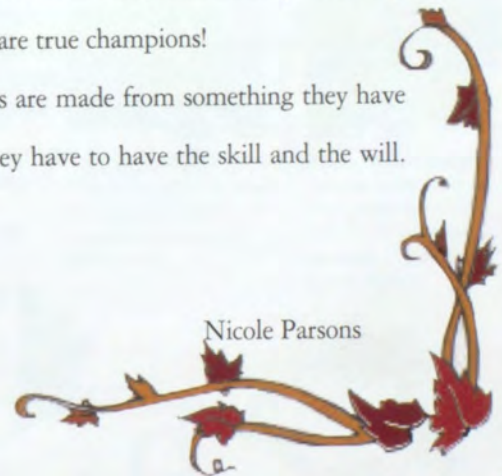
We all have a passion. In order to excel, we must be completely dedicated to our chosen sport. We must also be prepared to work hard and be willing to accept constructive criticism. Without 100% dedication, we wouldn't be able to do this. Sports are a big part of our daily lives, we practice everyday after school just to become that much closer to achieving our goals for the next game.

Forest Lake has always been very competitive. The students have always been there to help support their friends in sports and try to encourage them to do their best. We are all part of a team, we all have dreams, and we treat our teams as if they're our family. Working hard has paid off, and it has proven to others that we are true champions!

"Champions aren't made in gyms. Champions are made from something they have deep inside them - a desire, a dream, and a vision. They have to have the skill and the will. But the will must be stronger than the skill."

-Muhammad Ali

Nicole Parsons





Spencer Cowing (12), playing defense, kicking the ball away from their own end. "I would like to play Duluth East again, to show them the real team," Cowing said. This game was good but difficult game against Mounds View.



Daniel Mollet (11) heading a ball away from the goal. "Dans bouse," Mollet states while laughing.

Kickin' it

The Forest Lake Boys Soccer team started off this year missing some of their star seniors of last year. With Cale Gaffy (12), Collin McGrath (12) and Daniel Mollet (11) leading the team. Hopes were high and the goals this season were set even higher with their head Coach Matt Koehn. The passion in these players is crucial and although they had a tough season, they fought all the way through. With the end result to be a 3-12-2, they kept their heads high and still did fantastic.

David Herman (12) said, "Above all, it was the people involved that made soccer such a memorable experience. The

fatherly charisma of our coach and the unbridled passion of our players added bits and pieces to the mold of the manly adolescent which I have become." With all eleven players on the field at once and 45 minute halves, they need to be able to work together and play as one. With some new added players this year, like Wesley Marsh (12). They had some fresh meat. With all thirteen seniors leaving, they have all become close friends and as David Herman (12) also stated "Here's to you, Forest Lake Soccer, and to friendships that will last a lifetime. Cheers!"

-Korynn Newville





(Row 1) R. Xiong, T. Hickerson, D. Mollet, C. Gaffy, C. McGrath, S. Cowing, T. Loch, T. Meier, J. Palomino (Row 2) Coaches: C. Conley, D. Wassan, M. Keith, B. Paulson, D. Herman, V. Eck, J. Rappa, J. Downs, W. Marsh, M. Eiden, J. Witzel Coaches: M. Kocha, R. Tunjseth

TEAM STATS

- vs. Duluth Denfeld 1-1
- vs. Duluth East 1-4
- vs. Centennial 1-9
- vs. Saint Francis 6-3
- vs. Mounds View 0-3
- vs. Somerset 9-2
- vs. East Ridge 3-8
- vs. Park 0-3
- vs. Woodbury 2-4
- vs. Cretin-Derham Hall 3-3
- vs. Blaine 1-3
- vs. Stillwater 0-2
- vs. Roseville 0-3
- vs. Andover 0-6
- vs. White Bear Lake 0-2
- vs. Hastings 6-2
- vs. Coon Rapids 0-1



Joseph Downs (12), punting the ball after saving a goal. "It relieves a lot of stress knowing that I did my job at the end when I save goals," Downs said. Downs later saved many goals that season.

Austin Rizzo (11), is stealing the ball away from a Mounds View player. "When I get the ball away from a different player, I feel like I did a good deed for my team and that I'm doing my job," Rizzo said. Rizzo also helped out his team in a tough game against Mounds View.



Brian Paulson (12) waiting for a pass by Matt Keith (11), "When you get a pass, you don't think about anything, you just react." Paulson also said that his favorite game was when he scored with seven seconds left.



Captain Collin McGrath (12)
"Being a captain means leading the team, staying calm and getting everyone fired up for the game."



Captain Cale Gaffy (12)
"The trip up to Duluth, because of the bus ride with the boys," he said was his favorite part about the year.



Captain Daniel Mollet (11)
"I went for a bicycle kick and missed, landed right on my back," he said was one of the most embarrassing things he has done this year.



TEAM STATS

- vs. Stillwater High School
9-1
- vs. Woodbury High School
4-0
- vs. Hastings High School
2-1
- vs. White Bear Lake High School
4-3
- vs. Park High School
1-0
- vs. Mounds View High School
3-2



Row 1: R. Elliot, H. Lehrke, K. Marchese, L. Newbauer, S. Swanson, K. Newville, K. Eggestein, J. Rivard, L. Kempnich, E. Paulson, A. Hansen, S. Johnson Row 2: M. Peterson, B. Patent, H. Mample, L. Steinhoff, A. Krell, A. Steinhoff, E. Litecky, B. Hestekin, S. Finley, O. Norman



Goalie Loren Kempnich (10) makes an astonishing save at one of the home games. "I was nervous the first couple of games but once I got close to my team and it started to just come natural," stated Kempnich. She led the team to many close games through her hard work, dedication, and determination.



Hayley Mample (10) pressures St. Francis at a home game. "My favorite memory would have to be W.W.J.D because no one else knew what we were talking about." The girls played a great game.

Lauren Newbauer (12) trapping a high ball. "BUTTER HEAD!" yelled Newbauer. Lauren played a key midfielder role as she created many scoring opportunities throughout the season.



Captain Jessica Rivard (12)
"I'm gonna miss our whole team because by the end of the season we were like a family."

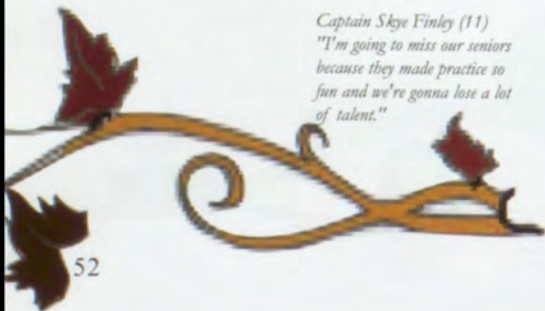


Captain Lauren Newbauer (12)
"My favorite memory was the Duluth trip, I will never forget the fight."



Captain Olivia Norman (11)
"I'm going to miss all of our pre-game pictures because they got us so pumped for the game."

Captain Skye Finley (11)
"I'm going to miss our seniors because they made practice so fun and we're gonna lose a lot of talent."



Captain Jessica Rivard (12) aggressively controls the middle of the field. "My most embarrassing moment would have to be in Duluth when I tripped over the ball and then got back up, and it happened again two seconds later." The Rangers held Park with forty-seven seconds left and lost 1-0.

The girls huddle together before their game against Cretin Derham Hall in the Metrodome. "Oh my gosh it was so much fun, everytime I fell down I just thought of all the famous people who also fell right where I did" laughed Korynn Newville (12). The girls played tough to the end.



Working the System

Looking back at the 2011 Girls Soccer Team, it was apparent that the girls had high hopes for the season that lay ahead of them. The girls went into the season with a good attitude and remarkable companionship, both on and off the field. With seven returning seniors, the future was looking bright. Everybody on the team had been working hard over their summer break and the level of talent was greater than ever. "It was kind of disappointing that some girls from last year quit, but the girls we ended up with this year had really good chemistry and we complimented each others skills really well." Said Kayla Marchese (12). The girls showed off their skills and commitment

when battling one of the toughest conferences in the state. Confidence was another quality that shined through the darkness when playing top ranked teams, often trailing by only one goal. "I knew it was going to be a close season when we went into overtime against East Ridge, which was a big confidence booster early in the season" said Lara Steinhoff (11). Although the girls aimed for a better record than the previous year, they worked their hardest barely falling below it with a record of 4-12. Four-year varsity Coach and the 2011 Coach of the Year, Hanz Lehrke states, "The 2011 team took a big step forward and was competitive with the top teams in our state. They played hard and never quit. We will miss our seniors as they move on but are excited for the next season." The team left the season with their heads held high.

- Kendra Eggestein and
Brittany Hestekin



Jake Peterson (9) and Jack Ebel (11) starting off in Suburban East Conference race (SEC) One of the biggest races of the season, and one of the most complex courses as well.

Candido Sanchez (9) runs 17:48, placing 36th in Sections. Sprinting ahead in the freak ice storm, Candido surpasses the boy following him by just seconds, crossing the finish line at a full on sprint.



10 Straight

The Rangers Cross Country team started off their season by placing third in River Falls, and didn't look back. Their next few meetings they placed first, keeping their heads high and their wills strong. Two varsity runners were injured halfway through the fall, the only things that salvaged what could have been a season of empty promise were the solid veteran leadership and the emergence of a few junior high runners. "If it weren't for those select few who stood up and filled in, we wouldn't have made it as far as we did" states Jacob O'Neill (11). They pulled through the rest of the season even stronger than they started. They placed second in Sections, even with

a freak ice storm in their path. The race started off looking bad, but by the third quarter of the race Forest Lake came from behind and overtook the track. Benjamin Long (12) took fifth in 16:22, with Joe Jackson (12) only four seconds behind him placing seventh. "They're just rock-solid," Coach Johnson stated. "The team wouldn't be where it is without their guidance". Jack Ebel (11), the steady third scorer for Forest Lake, came in nineteenth with a time of 17:18. "A lot of teams don't have a guy like that who can close the gap and hold it tight" Johnson stated, referring to the team's pecking order. The team later went on to attend the State Meet. This year was the team's 10th appearance, placing sixteenth.

-Nikolaus Ernst



Riley Schilling (7) followed by John Reilling (9), keep a closed gap in Shakopee leaving no room for opponents to slip through.



Row 1: A. Gould, R. Hume, T. Babcock, Q. Duffy, A. Richert, B. Weigel, J. Peterson, L. Hipp, J. Reilling, J. Ebel, H. Redden.
 Row 2: Coach Johnson, E. Jackson, S. Nielsen, E. Herbert, A. Kelley, J. Jackson, N. Merrier, B. Long, J. Jankowski, D. Long, B. Mahonen, B. Nielsen, C. Sanchez, Coach Smith

TEAM STATS

- River Falls Invite 3rd place
- Hudson Invite 1st place
- St. Francis Invite 1st place
- Blaine Invite 3rd place
- Shakopee Invite 1st place
- Prior Lake 1st place
- SEC 6th place
- Sections 2nd place
- State 16th place



Alexander Kelley (12) races ahead of the group of Shakopee students on their home ground, proving that it does not matter how well you know a course, but how well you run it. Pacing himself throughout the race until he has the end in sight, Alex then makes his move, ending at a dead sprint. He states that "The most enduring part of the race is the finish line. When it is in your sight you push past the steady-paced run into a dead sprint, going beyond all that you have."



Benjamin Long (12) Joe Jackson (12) and Jacob Jankowski (12) race to the finish line in Prior Lake. The race turns into a friendly competition with Jackson in the lead, then Jankowski, followed by Long. The three cross the finish line in that exact order, placing 1st, 2nd, and 3rd. "The boys hardly ever leave a gap between one another. It is almost like the race is between them no one else" states Coach Johnson.



Captain Eric Herbert (12)
 "The hardest part of the race has to be the end, where you run full speed."



Captain Joe Jackson (12)
 "With this season over, all I can do is wait for track to begin."



Captain Nathan Merrier (12)
 "When I run all I focus on is pushing myself past my limit."



Captain Benjamin Long (12)
 "The things I will miss most are the friendly races."



Captain Alexander Kelley (12)
 "Cross Country may be over, but I will never stop running."

TEAM STATS

River Falls
4th out of 18

Egan
4th out of 10

Cambridge
1st out of 7

Lakeville
5th out of 17

Swain
1st out of 28

Blaine
4th out of 18

Conference
3rd out of 10

Sections
1st out of 15

State
10th out of 16



GIRLS CROSS COUNTRY

Row 1: H. Lipp, A. McIntosh, K. Magnusen, M. Mead, D. Mogren, K. Palo, M. Halley, J. Spanjers, K. Tietje, M. Payerd, R. Blech Row 2: K. Ristrom, E. Benner, S. Garber, A. Benner, M. Valentin, C. Giesner, M. Mackey, M. Schmidt, T. Mahnke, A. Richard, J. Greeley, H. Thomas, M. Reis Row 3: B. Boerum, F. Allen, A. Vanbergen, M. Manke, M. Overland, S. Rouse, A. Bartlette, K. Schaaf, M. Anderson, Row 4: M. Galleberg, A. Mogren, S. Nelson, H. Winberg



Andrea Mogren (12), Allison Bartlette (7), Abigail Vanbergen (9), Holly Winberg (12), and Emma Benner (8) looking determined at the start of a race. "The beginning of the race is very important. You need to be focused," stated Abigail Vanbergen (9). Vanbergen went on to do very well at that meet.



Senior captain Andrea Mogren "This year has been so fun. The team is like a family, and that's the main reason why I'm on it. We get all along so well."



Senior captain Holly Winberg "Mr. Kaluza is so intense. Him and my teammates are the things that motivate me the most to push harder and beat the others when I'm in a race."



Senior captain Shannon Nelson "I have a few pre-meet superstitions. I don't eat a lot the day of, and when I do, I eat healthy. I also make sure to wear my lucky spandex during the meet."



Andrea Mogren (12), Allison Bartlette (7), and Maria Manke (11) warming up for a meet. "Before a meet Kaluza has us walk the course, run, and do some warm up drills. We make sure to cheer each other on and support one another." States Mogren (12).

Pictured at the right, Andrea Mogren (12), and Emma Benner (8) race to the finish line. "I was so fortunate to become a Section 7AA champ," gushes Benner. Not only did she do well at Sections, but Benner will continue on to State with her team.

At bottom right, the group huddles and pep talks each other before the big meet. "We like to get each other excited and pumped up before the race begins," exclaims Karlyn Ristrom (11). She had a good season but hopes to improve her time next year.

Maria Valentin (7) focuses on passing by her competition in a race and improving her time. "My teammates are what motivates me the most. Everyone stands at the sidelines and does a really good job being supportive," she smiles. Due to all of her hard work, Valentin became one of the nine 2011 Section 7AA champions.



Passion Runs Through Their Veins

Running, endurance, and hard work are all characteristics of the cross country girls, but they're not the only things that the season is about. The girls are all very close and love spending time with one another. If you ask, most will tell you that the team is like a family. Everyone gets along and has fun together. "I joined cross country for all the friends. We hang out so much and have many sleepovers together. We're like a family," says team captain Shannon Nelson (12). The team travels all over the state to participate in Cross Country meets. "The most memorable team meet was in Duluth. The team had so much fun together and it was definitely one of my favorite meets," says Jeanette Spanjers (11). While the team enjoys spending time with friends, they also take

their sport very seriously. They practice night and day, never stopping until they are satisfied with their time. "All of our hard work in practice must have paid off because we won!" continues Spanjers. Duluth was only one victory of the team's this season. Because of all their hard work, the team did outstanding at sectionals. The 2011 Section 7AA champions include, Miranda Overland (8), Abbie Van Bergen (9), Holly Winberg (12), Maria Valentin (7), Jeanette Spanjers (11), Emma Benner (8), Allison Bartlett (7), Andrea Mogren (12), and Kallie Liston (8). Because of their success, the girls have made it to State. They hope to do very well, but they're happy to have just made it there.

-Emma Snyder



Jenna Fischer (12) is pictured on the left spiking the ball past Woodbury competitors. "Finding the open spots on Woodbury's side was essential to keeping us in the game" worded Fischer. Jenna had a stirring Senior Night and an assortment of points was made from her tricky tips.

Nicole O'bryan (12) digs the ball. "The Libero is a defensive specialist, it comes pretty natural to me since I've been doing it for so long. Staying low and anticipating where the ball is going are probably the hardest things." O'bryan had a total of 448 digs throughout the season.



Ya Dig?

Expectations were high going into the 2011 Volleyball season. Building Blocks to Success was this year's slogan and there was no doubt the team worked hard all year pushing to improve and get to the top.

Senior captains Kayla Sues and Jenna Fisher along with Junior captain Miranda Haug led the team in an overall record of 8-20-0 with playing at their best defeating St. Francis in the first section match! During the season varsity coach Sherri Alm focused on bringing the girls together to be one. Everything such as hanging out at team dinners, having pre-game meetings in the locker room and

praying before games all helped them move forward. "Pulling together as a team to figure out how we can improve upon each other was a key factor to succeed."

stated Brenna Blake (11). Although the season didn't go as planned, the girls all improved their skills and learned valuable lessons. Chelsea Lautigar (11) quotes, "I had such a fun time getting to know the girls this year, we didn't win as many games as we wanted but we never gave up on each other and that's what truly matters."

-Samantha Dimmerman



RANGERS

TEAM STATS



Row 1: A. Johnson, J. Fischer, S. Dimmerman, K. Suess, C. Lautigar, M. Haug, N. O'Bryan, Row 2: Coach M. Marr, Coach N. Tetrault, A. King, H. Morris, R. Shumaker, K. Kruger, Coach S. Alm.

vs. Chisago Lakes	2-3	vs. Hill-Murray	0-2
vs. Cambridge Isanti	1-3	vs. Deer River	2-0
vs. Centennial	0-3	vs. Chisago Lakes	1-2
vs. Bethlehem Academy	0-2	vs. Park	3-0
vs. Duluth East	3-0	vs. Hastings	3-1
vs. Jackson County Central	0-2	vs. Roseville	0-3
vs. Anoka	0-3	vs. Woodbury	2-3
vs. Stillwater	1-3	vs. Eastview Lightning	0-2
vs. Mounds View	0-3	vs. Woodbury	0-3
vs. Cretin Derham Hall	0-3	vs. Totino-Grace	1-2
vs. East Ridge	0-3	vs. Richfield	2-1
vs. White Bear Lake	3-0	vs. Legacy Christian	3-0
vs. Anoka	0-3	vs. Saint Francis	3-2
vs. Grand Rapids	0-2	vs. Duluth East	0-3



Samantha Dimmerman (12) and Rachel Shumaker (11) block as one against outside hitter from Chisago Lakes. "There is no better feeling than when you can stuff the competition" quoted Dimmerman. The team had a great amount of blocks during the season.

Rachel Shumaker (11) sets the ball up to the optional hitters. "There's a lot to think about while setting, I have to figure out where the block is, decide who the best hit is, and make sure my footwork is always correct!" Shumaker had many successful sets during the Woodbury conference game.



The team huddles above and listens attentively to the coaches. Outside hitter Alyssa Johnson (12) quotes, "This year was really fun! We came together and truly played as a team against St. Francis, that was one of the coolest things I've ever experienced." The girls won after five electrifying games and went on to play Duluth in their second section match.



Captain Kayla Suess. (12)
"Overall it was a good year. All the girls are fun to be around and we know how to have a good time on and off the court."



Captain Jenna Fisher. (12)
"Being captain was an amazing opportunity that let me connect with all of my teammates. We finally came together as a team at the end and that was the perfect way to finish my volleyball career. I'm so glad I got to spend it with these girls!"



Captain Miranda Haug. (11)
"It was surprising to have found out that I was chosen to be captain my junior year, it's a huge honor! It was truly an amazing year."



TEAM STATS

- vs. Park
53-36
- vs. East Ridge
10-28
- vs. White Bear
26-35
- vs. Stillwater
7-27
- vs. Roseville
43-42
- vs. Cretin Derham Hall
6-35
- vs. Mounds View
0-28
- vs. Woodbury
31-62



VARSITY FOOTBALL

Row 1: B. Bierman, T. Tyson, J. Jurasin, L. Lennon, Row 2: S. Moore, A. Maciej, N. Peterson, D. Johnson, J. McDowell, P. Moran, M. Urban, R. Wedger, A. Peterson, K. Dudley, J. Berg, Row 3: S. Dahlke, B. Plumney, M. Kohler, J. LaNasa, S. Stokes, B. Kinder, A. Mansmith, A. Egelkraut, A. Montean, K. Evert, Row 4: Coach B. Dahines, H. Olsen, N. Severson, D. Raab, C. Flemming, D. Murdock, C. McGrath, J. McLaughlin, J. Schmidt, Row 5: Coach B. Pierce, A. Calhoun, N. Severson, D. Raab, C. Flemming, D. Kubiszewski, K. Sowers, T. Rabel, C. Drobnick, Coach A. Horbach, Row 6: Coach J. Buck, Z. Dilling, M. Chertney, M. O'Brien, A. Reed, R. Carr, S. Schminski, P. Sauer, R. Larson, J. Thill, Coach N. White, Row 7: B. Mueller, Z. White, A. Pollard, C. Stewart, G. Miron, A. Connolly, N. Arnevik, D. Blanchard, R. Banken, Coach S. Swendiman, Row 8: Coach B. Porter, J. Bryant, Z. Reyes, J. Xiong, A. Schurrer, M. Meyers, S. Mattheisen, C. Neumann, T. Nelson, C. Morgan, Coach K. Callahan, Row 9: Coach R. Gamble, Coach G. McGlaughlin, Coach J. DePoint, Coach L. Matzdorf, Coach P. Kendrick, Coach J. Wilson, Coach J. Jurasin, Coach N. Ward.



In the first game of the season the boys make their starting line up. Trenten Rabel (11) added "My biggest achievement this year was being able to start for varsity." Rabel was a great addition to the team this year.



Jacob LaNasa (12) makes the catch and runs to the endzone. LaNasa stated, "I bring versatility and speed to the team." In the end of the White Bear game the Rangers played a good game.

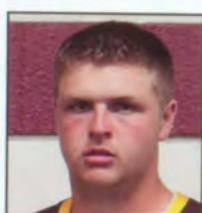
Collin McGrath (12) kicks the fieldgoal. He added, "This team was a great group of guys and I was honored to be able to play with them." McGrath brought a lot to the team in his high school years.



Captain, Luke Lennon (12) commented, "I was glad the coaches saw me as a leader, I know guys look up to me."



Captain, Thomas Tyson (12) advised incoming players "Don't go with the persona that we are bad and will lose, believe you can win."



Captain, Bennen Bierman (12) stated, "My favorite part about captain is being able to lead the team in games and practice."

Captain, Joseph Jurasin (12) added "I bring leadership to the team and I like to have fun with the players."



Chris Morgan (12) makes a tackle in the game against Roseville. Morgan stated, "My favorite part about football is that it is a team sport, which makes it more fun to play." This was an exciting game, as the boys won in overtime.

Coach Kendrick takes a moment out of the game to talk with Anthony Peterson (12). Peterson gave advice to future players by saying, "Work hard, but have fun with it, it goes by fast." As a senior, Anthony Peterson will be missed on the Ranger football team.



A New Beginning

The football season might not start until September, but for the boys on the team it starts as soon as the previous year is completed. They are in the weight room everyday trying to stay in shape over the long summer.

The football season started off wonderful with their first win against Park. The Rangers scored a touchdown on their first offensive play. By then the crowd was already roaring. And two hours later the boys walked away with a 53-36 win. This was a great way to start the season off, giving all the students an exciting start to the school year.

From then on, their fan club continued to cheer them on, not only at home games, but also at away games. Although there were a few rough patches along the way, the Rangers took another win against the Roseville Raiders in overtime, on a cool October night. It was an exciting game and was the team's favorite. They came back from a 0-14 start of the game.

Glendon Miron (12) added "My biggest achievement this year was probably contributing 150+ yards at the Roseville game."

They Rangers continued to stay positive throughout the entire season. They always found a way to have fun with one another. Aaron Egelkraut (12) stated, "My favorite part of football was just being with the guys and teambonding, we are all pretty close." This demonstrates that the boys were not only focussing on the game itself. What mattered most to the team was forming new friendships and having fun together off the field.

The football season came to a close with many of the team's seniors moving on. Jonathan Schmidt (11) and Reid Larson (11) added, "Thank you for everything, it was fun working with all of you. Good luck with your future plans." Although the seniors will be missed, there are still many seasons to come for the Ranger football team.

~Katelynn Pearson and Ashley Moore



Bailey Norby (10), celebrates with a high five at her partner, Chase Shortly (9), when receiving the point after a tough volley. Norby states, "My favorite part about tennis is playing with my partner, she is encouraging and fun." The duo then went on to win the match together in a tournament against Chisago High School.

Taylor Angelo (10), hits the ball with a smooth forehand swing in a match against Park High School. "my favorite part of the tennis season was being with all of my teammates because we had a lot of fun together." Angelo went on to win 13 out of her 24 matches.



Giving it Our All

These girls started the season with a racquet, and never slowed down; they worked hard with practice four days a week and hit the weight room every Friday to improve their strength. Winning all of their games besides one in the conference matches, hard work and devotion lead them all the way up to being second in the conference and a trip to Duluth for sections. In Duluth the girls had tons of fun laughing and hanging out together. They worked really hard in their matches, but lost in the finals to go to state as a team for sections against Elk River. The girls lost the match at a close 3-4, but played their best this season giving it everything they had.

Captain Jaclyn Unger (12) and Taylor Shortly (10) went to State as a doubles team. They made it to the second round, giving it everything they had, but lost in a tough match to the other team. In the end the girls never gave up. They

made goals for themselves and achieved them.

These girls became a family over the season. There were many friendships made, and no one was left behind. The support from each other as teammates lead the girls to be the best team that they could be. Amy Mihelich (12) states, "I will miss spending time with all of the girls on the court after the season is over."

Most of the girls on varsity started playing in 7th grade, and some will continue on in college. Captain Rachel Bostrom (12) plans to play tennis at Northwestern, and Jade Haseltine (11) also plans to continue playing in college.

This season will never be forgotten, and the girls will look back and be proud of what they accomplished. Taylor Emly (10) states, "The best part of this season was making new friends and getting to experience new tennis techniques." Though they are losing a few seniors, the girls are sure to come back next season ready for the competition.



-Madeline Carey



Row 1: J. Unger, R. Bostrom. Row 2: N. Wright, M. Anderson, L. Olson, J. Haseltine, L. Tilton, T. Emily
Row 3: R. Anderson, A. Mihelich, T. Angelo, R. Anderson, B. Norby, E. Riermann, C. Shortly, T. Shortly,

TEAM STATS

- vs. Centennial High School 1-6
- vs. Cretin Derham Hall 4-6
- vs. Maple Grove High School 4-3
- vs. Andover High School 4-3
- vs. Chisago High School 6-1
- vs. Andover High School 5-2
- vs. Hibbing High School 6-1
- vs. Elk River High School 3-4
- vs. Stillwater High School 4-3
- vs. Roseville High School 4-3
- vs. White Bear High School 6-1
- vs. Mounds View High School 3-4
- vs. Park High School 7-0
- vs. Hastings High School 4-3
- vs. East Ridge High School 7-0
- vs. Woodbury High School 7-0



Emily Riermann (11) takes a fierce swing at the ball when playing in a set against White Bear High School. "Going to Duluth was the best part of the season because we almost made it to state and we all played really well," states Riermann. Riermann ended the season winning a majority of her matches.

Taylor Shortly (10) approaches the net with confidence and takes a swing at the ball. Shortly states, "My favorite part about tennis is the meetings before matches and Jackie's pep-talks!" Shortly went on to win the match and 26 others.



Natalie Wright (10), reaches for the ball in a tough volley versus Elk River High School. "My favorite part about this tennis season was beating Elk River", states Wright. Wright and partner Lyndsey Tilton (10) went on to win the match, but as a team the girls lost 3-4.



Captain, Rachel Bostrom (12) "I will miss the people on the team, prank phone calls, and memories with my friends."



Captain, Jacyn Unger (12) "My favorite part about the tennis season is getting to hang out with my team and going on the bus rides."



TEAM STATS

Conference Relays: 7th out of 10
 Park: 95-81
 Hastings: 76-86
 White Bear Lake Invite: 4th out of 8
 East Ridge: 85-93
 Cretin-Derham Hall: 82-98
 Ranger Invite: 2nd out of 8
 Roseville: 90-93
 Blaine Invite: 5th out of 10
 Stillwater: 79-99
 Woodbury: 81-97
 True Team Sections: 1st place
 White Bear Lake: 83-103
 True Team State: 12 out of 12
 Mounds View: 80-100
 JV Conference: 1st out of 4
 Varsity Sections: 1st out of 8
 AA State: 19th place



SWIMMING AND DIVING

Row 1: O. Olesiak, M. Moravec, A. Bey, J. Ramberg, B. Ewert, M. Sperry, R. Brockman, A. Brennhofer, M. Baker, K. Anderson, A. Waskey, A. McMillen Row 2: B. Rangitsch, K. Lawrence, M. Harris, T. Vaillancourt, A. Sievers, C. Zusan, H. Reily, A. Edwards, K. Waskey, K. Eggersgluss, M. Perkins, K. Munt, A. Whitson, I. O'Neil, M. Humble, M. Peterson, S. Kroska, R. Wohlk Row 3: T. Brennhofer, A. Pariseau, E. Osterkamp, E. Stockinger, M. Anderson, C. Liljedahl, M. Kelber, C. McCollough, G. Meyer, S. Vos, R. Chatwin, J. Templeton, S. Rachel, K. Welch, E. Luscomb, K. Jones Row 4: E. Moris, A. Brett, E. Weiger, E. Nelson, C. Albright, E. Mendoza, P. Wesbrook, J. Walker, C. DeWitt, S. Glancy, H. Schoonover, B. Dreher, K. Wambold, J. Dhaene, D. Welch Row 5: M. Grahek, K. Aho, K. Koening, G. Baklund, G. Paugel, J. Dison, S. Brenk, J. Hudoba, A. Cogar, E. Dolby, A. Dunrud, K. Hawthorne, B. Bey



Sarah Kroska (11) swims the 100 fly. "I have dropped a lot of time this year and worked really hard on my technique," Kroska said. She later helped earn the team points at sectionals.



Annamarie Brennhofer (12) cheers on her teammate swimming the 500. "You hold the red counter to let the swimmer know she is on her last lap," Brennhofer explains. She always cheers on her teammate when she isn't swimming herself.

Olivia Olesiak (12) executes a beautiful 301a Reverse Dive Straight. "I love the thrill of accomplishing a big dive," said Olesiak. She was one of four divers to make it to state this year.



Captain Brooke Ewert (12) "As a captain, effectively communicating with our teammates can be challenging."



Captain Teresa Brockman (12) "I look up to Dara Torres, because she is older but she got an Olympic medal and that is really inspiring."



Captain Annamarie Brennhofer (12) "My favorite memory was watching Karlee swim for a cookie."

Captain Morgan Sperry (12) "Before a meet I five-star usually, it makes your hands tingly so I can feel the water better."



Jessica Ramberg (12) poses after she earns her first place medal at State. "State was really fun, it was an awesome experience and I can't wait for collegiate diving." Ramberg is signed to dive next year with the University of Minnesota team.

Marissa Moravec (12) congratulates her teammate Alexandra Bey (12) on her first place finish at True Team State. (Below). "This was the first time coming to True Team State since 8th grade," exclaims Alexandra Bey (12). Later she cheered on her other teammates at True Team.



Dive into Swimming

The girls cheered on their teammates with water bottles in hand. "Something you wouldn't really know about swimming is that you can get dehydrated," said Captain Anna Brennhofer (12). This year the girls worked hard in preparation for sections. They had an extremely difficult conference, but still managed to be section champions this year! The swimmers also went to state for true team, another very big accomplishment.

The divers had made many accomplishments. Jessica Ramberg (12) broke three records, one being a college invite record. She broke the eleven dive meet record at our high school, the Blaine invite, and the St. Kate's College invite. Ramberg has made it to state four times, each time placing higher than the last year. This year she managed to leave state with a first place

medal! Alexandra Bey (12) and Olivia Olesiak (12) have also made it to state more than once. This year all three divers placed in the top ten.

Not only did the seniors do well this season, but the underclassmen are expected to accomplish much in the coming years. "I really look forward to next year's team," Sarah Kroska (11) commented. One of the managers this year, Madeline Gemunden (10), who planned on swimming but was not able to due to an injury. "I saw this years team make many improvements, and next year we will see even more improvements," Gemunden promised. She is excited to hopefully swim next year with the team.

-Marah Campobasso



Erik Klein (12) performs the backstroke. "I hope I can swim throughout college," explains Klein. He has been on the Forest Lake team for four years now.



Brad Youngquist (8) performs the butterfly stroke. "I plan to stay on the team when I am in high school because I love swimming," exclaimed Youngquist. He improved over the season.

Into the Deep

Make a splash with the Forest Lake Boys Swim and Dive Team! Boys Swim and Dive is a winter sport that has been around for many years. Practice is everyday after school and meets are usually once a week. Timothy Siebert (10) exclaimed, "It's my fourth year and every year it just keeps getting better and better!"

They were hard working and had wonderful determination. The seniors on the team agreed they would do it again if they could. "My favorite part is eating after practices and meets with the team," admitted Jan Schlenker (12). The boys competed in individual competition for personal best times, but they also competed together as a team. They put forth their best efforts all season, and their hard work paid off. They have all improved their last year's times.

Swim and dive is a great experience. It helps nurture sportsmanship and creates a sense of pride. Alex Wahlin (11) explained, "It's my first year on the team, but I am looking forward to next year." Many of the boys agreed that swim and dive is a fantastic way to meet new friends and participate in a team sport.

-Celeste Pereira



TEAM STATS



Conference Relays 7th place	vs. Park 101-79
vs. Roseville 102-79	vs. Woodbury 102-84
Blaine Invite 5th place	vs. Minneapolis South Laker Invite 2nd place
vs. White Bear Lake 101-80	vs. RWB 5th place
vs. Moundsview 79-99	vs. Hastings 79-86
vs. Stillwater 85-96	JV Conference 5th place
vs. East Ridge 81-95	Sections 2nd place
TT Sections 2nd place	

Row 1: Cruch B. Vallovlash, V. Odrich, Coach K. Jones, T. Bruchman, C. Jepsen, E. Klein, S. Albright, J. Schlenker, Manager B. Drobaz, Manager A. Cogar, T. Stober, Coach B. Anderson. Row 2: A. Wahlm, M. Clayton, M. Pals, B. Fleming, D. Thompson, J. Goossens, A. Krummi, E. Woehl, A. Kelley, C. Baht, G. Flover. Row 3: Z. Scholl, J. Gregersen, J. Roberge, C. Patrucci, P. Brennhofer, Z. Burger, D. Johnson, N. Merrier, T. Brennhofer, J. Stomberg, N. Landherr, A. Stober, N. Burger, E. Herzog, B. Youngquist, R. Bildantz, A. Bewas, G. Mayfield, R. Wagner

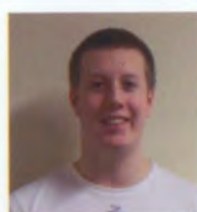


Evan Woehl (11), Nathan Merrier (12), Corey Babr (9) and Gunner Ewert (9) stand on the blocks after their race. "Our relay team got fourth at True Team sections," exclaimed Merrier. It was their third year swimming together.

Adam Krummi (10) performs the breast stroke. "After a long day at school, a nice swim with my buds is all I need," stated Krummi. He planned on swimming again next year.



Joel Stomberg (11) performs the front stroke. "I love being in the water. Hands down, it's my favorite place to be," laughs Stomberg. He was one of the captains of the team and made a good role model for the younger boys.



Captain Nathan Merrier (12) has been on the swim and dive team for 6 years, longer than anyone else on the team. "Swimming isn't just a sport to us, it's a lifestyle," explained Merrier. He planned on swimming at St. Cloud State next year.



Captain Joel Stomberg (11) quoted, "We had an exciting season in our section and a lot of the guys made it onto our team's fastest 25 list in their events."



TEAM STATS

- vs. Coon Rapids
32-31
- vs. Park
51-12
- vs. Roseville
55-12
- vs. Cretin Derham
78-3
- vs. Apple Valley
44-22
- vs. Ellsworth
27-27
- vs. Stillwater
54-9
- vs. East Ridge
70-0

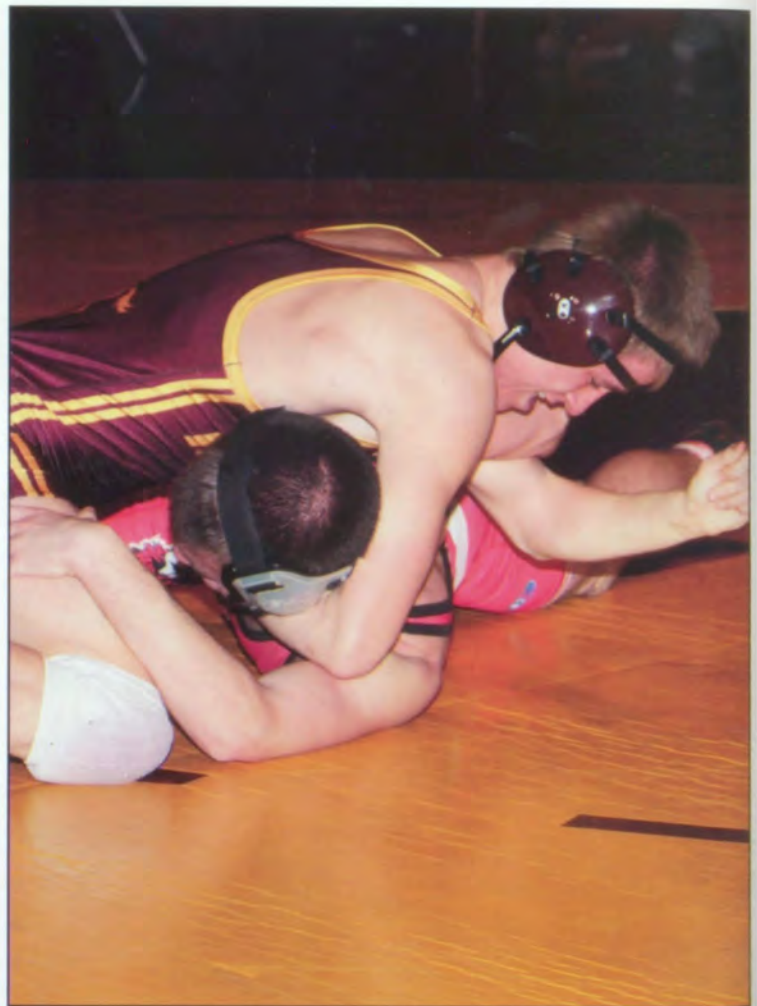


Row 1: A. Hanson, C. Paggen, T. Isaacson, B. Morgan, M. Pleski, R. Paggen, E. Paulson. Row 2: O. Natanson, J. McLaughlin, A. Boniface, B. Phinney, R. Wedger, K. Winberg, M. Urban, S. Urban. Row 3: E. Marhuinen, Coach J. Krilson, J. Pleski, A. Rizov, A. Meyers, D. Beggs, L. McCord, A. Charest. Row 4: Coach B. Dahmer, Coach B. Pierce, L. Niemczyk, A. Calhoun, T. Longfellow, B. Paulson, Coach T. Harris, Coach G. Morgan, Coach J. Kumbier.

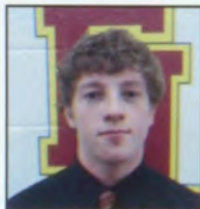
WRESTLING



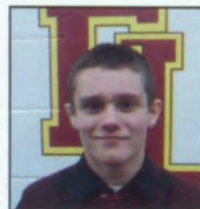
Captain Tyler Isaacson (12) leads the team out on to the mats at the start of the meet. "I'm proud of how we have competed so far this year, and I like being able to help lead our team to victory," exclaimed Isaacson. He has been nominated captain for the last two years.



Captain Ben Morgan (12)
"Wrestling is like a legalized street fight, every inch is a battle."



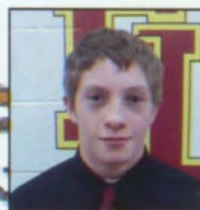
Captain Ryder Paggen (12)
"You go out scared, but with lots of confidence."



Captain Tyler Isaacson (12)
"Pride is the driving force."



Captain Michael Pleski (12)
"More enduring than any sport, wrestling teaches self control and pride."



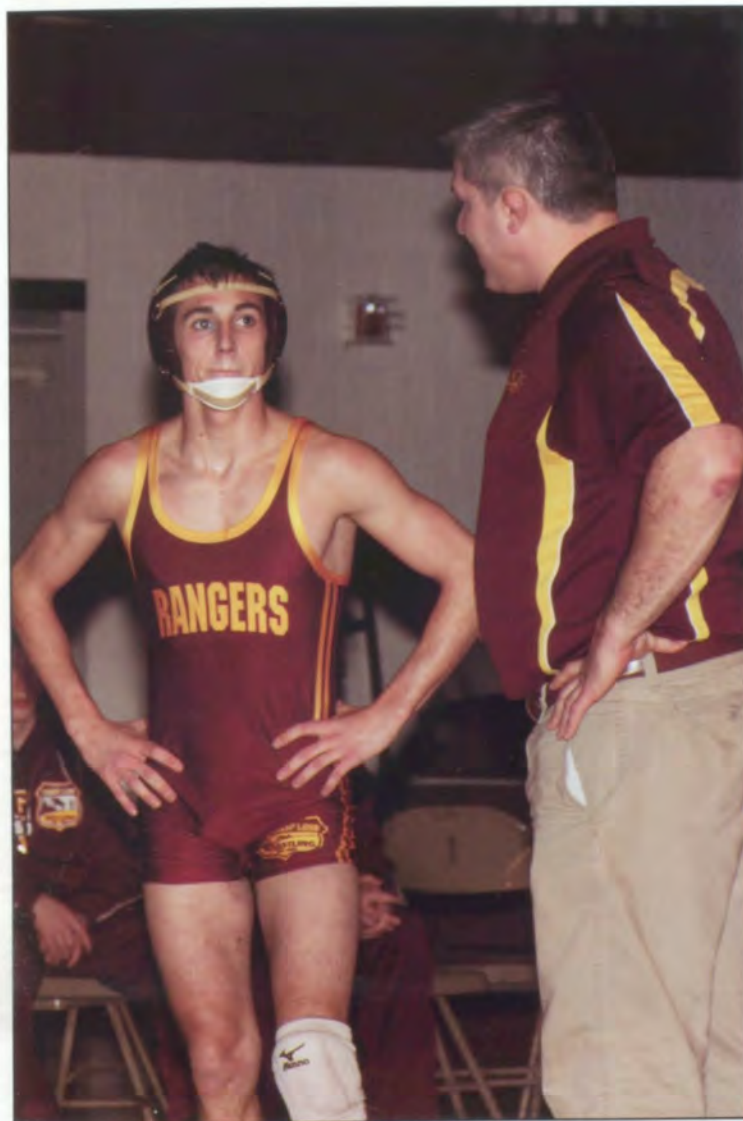
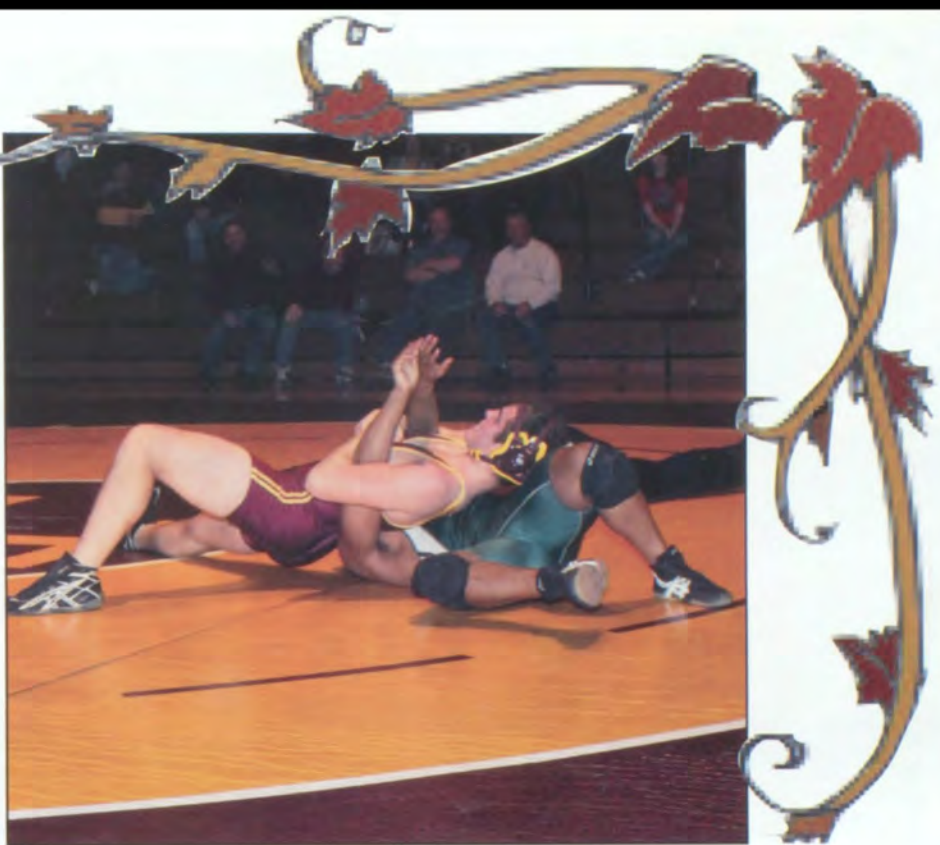
Captain Cody Paggen (12)
"Once you've wrestled, everything else is easy."

Austin Boniface (11) pins his opponent. "I'm very proud of how my team competed in the Clash this year," Boniface said. He is currently ranked ninth in State.

Coach Billy Pierce gives words of encouragement to Andrew Myers (11). "My favorite part of this year was majoring my St. Michael kid during the Clash," Myers stated. He later won his match against Park.

Aaron Calboun (11) pins his opponent from Park. "My proudest moment of the year so far was taking out and pinning the number three guy from Virginia State," exclaimed Calboun. He has improved alot over the last year.

Michael Urban (12) taking down his opponent from Coon Rapids. "Put it all on the mats," said Urban. He is now ranked eighth in State.



Above the Competition

Coach Kunshier said, "I think this season has been special because of the leadership put forth by our seniors. They have come to realize that this season is their last opportunity to reach the State Tournament as a team."

The Varsity team consists of eight seniors; six of them are ranked in State. Many of the boys have completed the State Tournament as individuals but this year will be their best chance at going to State as a team.

Everyone on the team has had to put forth the effort, time, and focus to achieve their goals to get to where they are today.

One of the major accomplishments of this season would be taking ninth place at the Clash in Rochester. The Clash is one of the most competitive and aggressive tournaments in the country where teams from all over the country come to compete and try to beat the best teams.

Manager Emily Paulson (10) stated, "This year has been the best year that I have experienced since I started managing three

years ago. It has been so much fun getting to know everyone on the team and being able to watch everyone put forth the hard work to get better as a team and as individuals. I'm going to miss all the seniors so much next year. They make the team better and they make everything that we do more fun. It's been awesome watching them all work hard to achieve their goals."

Senior Thomas Longfellow said "I came on to the team last year and didn't know many of the guys well. I put hard work into all the practices and that was something that we all had in common. All the time that we spent together brought us closer together and now I wouldn't trade them for anything. They're my family now."

The Varsity team ended their season bringing four seniors Ben Morgan, Tyler Isaacson, Michael Urban, Michael Pleski, and freshman James Pleski all to State for individuals. Ben Morgan ended up taking first place for the 132 pound weight class.



The Rangers huddle against the boards celebrating their goal. "My first year on this team was amazing. We practiced our cellies hard for when we score in a game," exclaimed Brittni Kelbe (12). The Rangers ended up losing in overtime against Proctor.

Rachel Hartshorn (12) shoots the puck with Alexis Bremer (11) close behind for the rebound. "This was one of our first games of the season and we were very excited to start our season off with a win," stated Bremer. The Rangers went on to beat St. Francis 3-0.



A New Season

Forest Lake Girls' Hockey team had six returning seniors, but also had a lot of new faces. The team had to work together to create a strong successful season. Although they haven't had the best season they have been working on progressing their skills and becoming a winning team. "We had a personal trainer come in every Wednesday and Thursday to do the workout video Insanity with us. We tried to make it as fun as we could without dying!" stated Rachel Skoglund (10).

The Rangers also took a trip up to Rosseau, Minnesota over winter break and ended up taking second place in the tournament. It was a great experience for the girls to play northern teams. The team became closer than ever and according to Sadie Nelson (12), "We got to stay in a hotel and share a great bonding experience with all of the girls and made great memories".

As the season continued the girls team worked even harder, striving for success. Even though their overall season was not the

best, the girls' team became a family.

The new coach Ryan Sauter stated, "The 2011-2012 girls hockey season was another season of new beginnings with a new coaching staff taking over. If it weren't for the dedicated leadership of captains Rachel Hartshorn (12), Sadie Nelson (12), Katie Boleen (12), Alexis Carpenter (11) and their supporting senior classmates the results would not have been as positive. Although their record mimicked that of their prior season, the growth that the Ranger girls showed throughout their 4 month season was a solid foundation upon which the future of girls' hockey at FLHS will be solid because of. The future looks bright for these ladies as the younger players show hope and promise as they look to improve on strong performances against top-ranked teams residing in their conference."

It was an emotional time for everyone as they lost their section game up in Duluth, but are going to continue to work hard for the next season.

~Rachel Hartshorn





Row 1: A. White, H. Huberty, R. Hartsborn, A. White, S. Nelson, B. Kelbe, K. Boleen, K. Magnuson. Row 2: A. Taylor, P. Schmidt, A. Brennan, N. Langer, K. Vantassel, A. Bremer, S. Rappa, R. Shoglund, S. Vukich, A. Long, K. Crever. Row 3: K. Bruis, A. Cron, A. Enrooth, A. Pitts, Z. Lobefko, L. Carpenter, B. Neumann, C. Ristrom, B. Fugle, M. Munifering, D. Vannest.

TEAM STATS

vs. Cloquet/Esco/Carlton 1-1	vs. North Field 3-0
vs. St. Francis 3-0	vs. Mounds View 1-3
vs. Proctor/Hermantown 2-3	vs. Hastings 5-5
vs. White Bear 0-2	vs. White Bear 1-2
vs. Park Cottage Grove 1-4	vs. Park Cottage Grove 2-5
vs. Stillwater 1-6	vs. Stillwater 0-9
vs. Duluth 2-5	vs. Roseville 2-6
vs. Woodbury 2-0	vs. East Ridge 3-2
vs. East Ridge 2-2	vs. Woodbury 3-2
vs. Roseville 1-5	vs. Cretin-Derham Hall 0-3
vs. Cretin-Derham Hall 0-3	vs. Mounds view 6-2
vs. Lake of the Woods 6-1	vs. Cloquet 0-3
vs. Roseton 2-4	



Sisters Abigail White (11) and Alexandria White (12) defend the net at our home arena. "I'm going to miss Alex always backing me up in the net! She'll always be my bash sister," commented Abigail White.

The girls line up at the face off against White Bear. Kaitlyn Vantassel (8) stated "My first year on Varsity was really exciting! White Bear is our biggest rival so this was a very competitive game." The Rangers ended up losing 0-2 but it was a good match up.



The Senior girls all pose together for the last time. Haley Huberty (12) stated "Growing up playing hockey with these girls has been the best. I'm going to miss them all so much!" These girls have all been playing on the same team since U10's besides the newcomer Brittini Kelbe (12) who has fit right in with the other seniors.



Capatin Rachel Hartsborn (12) said "Starting my jacket on fire in Roseton will be one of my funniest memories of hockey!"



Captain Katie Boleen (12) commented "My senior year flew by and I'm never going to forget the wonderful memories that were made."



Junior captain Alexis Carpenter (11) said "I am going to miss the seniors so much. They made this season so enjoyable!"



"My favorite memory of this season was singing Taylor Swift in the locker room," stated Captain Sadie Nelson (12)



TEAM STATS

vs. Roseville 4-2	vs. Stillwater 2-3
vs. Grand Rapids 0-6	vs. Roseville 1-4
vs. St. Michael-Albertville 10-0	vs. Park 4-1
vs. Park 4-1	vs. Duluth East 0-9
vs. Woodbury 4-2	vs. Woodbury 4-1
vs. Mounds View 6-4	vs. Mounds View 0-6
vs. White Bear Lake 2-5	vs. Cretin-Derham Hall 6-4
vs. Cloquet 3-4	vs. East Ridge 2-4
vs. Bemidji 6-1	vs. White Bear Lake 2-3
vs. Roseville 2-2	vs. Hastings 4-2
vs. Breck 1-5	vs. Stillwater 1-6
vs. East Ridge 4-1	vs. Grand Rapids 3-2
vs. Cretin-Derham Hall 3-6	vs. Andover 6-7
vs. Hastings 3-1	



Boys Hockey

Row 1: D. Baker, B. Leverson, K. VanTassel, J. Jurasin, C. Valley, L. Kohls, T. Tyson, C. Franklin, T. Bisbee, E. Herbert, C. Peterson, K. Parker, Row 2: P. Burkhalter, J. Hickie, T. Marx, L. Resler, W. Kilpela, A. Koppys, T. Thompson, J. Schmidt, B. Hess, A. Langer, C. Rogala, B. Gravelle, R. Herbert, B. Rogers, C. Scout, Row 3: M. Fenno, J. Loo, D. Forsythe, A. Murray, G. Wohlberg, A. Egle, N. Brown, J. Garcia, L. Pikala, K. Bryan, T. Boldt, A. Forsythe, C. Parrucci, B. Coleman, Row 4: C. Marsh, J. Rappa, Not Pictured: C. Dahly



The team gets a chance to play in a tournament at the Xcel Energy Center. Assistant Captain Lucas Kohls (12) said the teams rivals were "White Bear and Roseville". Playing at the Xcel will be a memory the boys will cherish forever.

What is the best part about playing hockey?



"The feeling you get after an intense game and just banging out in the locker room," said Captain Cody Valley (12).



"Getting to enjoy the sport and having fun," said Captain Theodore Boldt (11).



"Having fun with the team and enjoying the games," said Captain Jesse Garcia (10).



Captain Tommy Tyson (12) leads the team through a strong season. Tyson said the thing he will miss most about hockey is, "Gang battles after practices and games! (B4L.)"

Assistant Captain Clinton Franklin (12) bits the ice. Franklin said, "My favorite hockey memory was winning the conference sophomore year." That is a huge accomplishment for any team.

The boys gather around to congratulate each other on another win. Taylor Bisbee (12) stated, "Winning a game is the best feeling and shows us that our hard work pays off."

Cody Rogala (11) scores a nice goal against Roseville. Rogala said, "The team stayed close with locker room bonding and talks." Rogala ended his junior year with a successful season.



This is Our Ice

The Ranger boys hockey team started off this years season with eight returning seniors and seventeen new players. With an almost entirely new foundation, they had to figure out the dynamics of their new team and establish their strengths and weaknesses.

The team worked together and became a family. The locker room bonding, talks, and "gang battles" kept the boys closer than ever. There is no doubt that they support eachother on and off the ice.

The team gave the boys a chance to prove their skills. Their hard work and determination showed as they consistently improved throughout the season. With such a dedicated coach and group of willing boys, the team had nowhere to go but up.

Whether they were playing at home with their boisterous cheering section or at a rivals arena, the team was sure to give it their all. Fans were sure to show up and support the team.

Coach Aaron Forsythe stated,

"The best part about coaching the boys' hockey team is having fun working with a great group of kids and competing with other teams. It's great to see the boys game improve as the season goes on."

As the seniors' last year of high school hockey ends, it is clear that they will miss more than just the game of hockey. They celebrated one of their last home games with the annual senior night, honoring all of the hard working seniors, and their supporting parents.

There is no doubt that this year's boys have prepared next year's team for another great season.

-Ashley Hallberg



Micah McGuiness (12) fakes out a Mounds View defender as she dribbles. "Not to self; Keep it low;" quoted McGuiness. Micah ran the play and the Rangers got the point.

Rianna Eckert (10) soars above competitors to win the fight for the ball, "Not in my house," stated Eckert. Eckert won the battle and went on to score the shot against Mounds View.



Swish!

A new level of competition has been turned up from the 2011-2012 Girls Varsity Basketball team. "It was a great season with all the girls. We all got really close with one another and will surely miss the seniors next year," quoted Angela Frericks (11).

The girls had an outstanding record of 16-12-0 and were overall ranked 64th in the state. Being an athlete requires you to not only deal with pressure, but thrive under the stress of competition. They worked hard in long practices to help conquer some of those feelings and to play their best every single game.

"It was an exciting year where the girls were able to be very competitive playing their best at the end of the season. With only three seniors graduating, there will be a lot of talent and experience coming back next year," stated head coach

Jen Wagner. The Forest Lake Rangers finished off the season traveling to Cambridge-Isanti High School to take on the #2 seed in Section 7. They fought with their hearts and endless determination coming out with a loss of only 65-71.

Relentless determination around the ball has been displayed; the girls should certainly look back at this season and be extremely proud.

-Samantha Dimmerman





Row 1: A. Frericks, H. Vidlund, A. Moeller, C. Welch, R. Boström, S. Anderson, M. McGuiness, L. Tilton, E. Peters, H. Knoob, S. Jaeb. Row 2: Coach Laqua, Coach Keller, Coach Kubieck, A. Wöhlk, K. Palo, B. Norby, R. Eckert, M. Rice, Coach Wagner, Coach Frericks, Coach Ropar.

TEAM STATS

vs. Cambridge 65-71	vs. Hastings 64-30
vs. Blaine 47-32	vs. Stillwater 67-57
vs. Hastings 74-36	vs. Duluth East 59-68
vs. Stillwater 64-59	vs. Woodbury 56-48
vs. Woodbury 69-61	vs. East Ridge 59-43
vs. East Ridge 54-42	vs. Park 42-51
vs. Park 23-64	vs. Cretin-Derham Hall 59-51
vs. Cretin-Derham Hall 50-48	vs. Anoka 56-48
vs. Roseville 39-54	vs. Rodgers 55-46
vs. White Bear 47-52	vs. Cambridge-Isanti 60-46
vs. Mounds View 38-58	vs. Roseville 49-59



Emily Peters (10) goes up for a lay up to score the point while playing White Bear. "My favorite part of the season is traveling up to Duluth. Staying over night with the whole team gets pretty crazy," laughed Peters. She played with heart and enthusiasm throughout the whole game.



Bailey Norby (10) fights through Mounds View rivalry to complete a lay up. Norby scored her 1,000th point this year being only a sophomore. "This year was amazing; it felt great to meet a high accomplishment as a sophomore. I was really lucky to have had so many fans come to support me and they have always been there for me," quoted Norby. What a tremendous accomplishment on her part.



Captain Samantha Anderson (12) "Being a captain is such an honor, it's just so fun to be a part of this team."



Captain Rachel Bostrom (12) "The best thing about having the role as a captain is being a leader and helping the team develop and succeed."



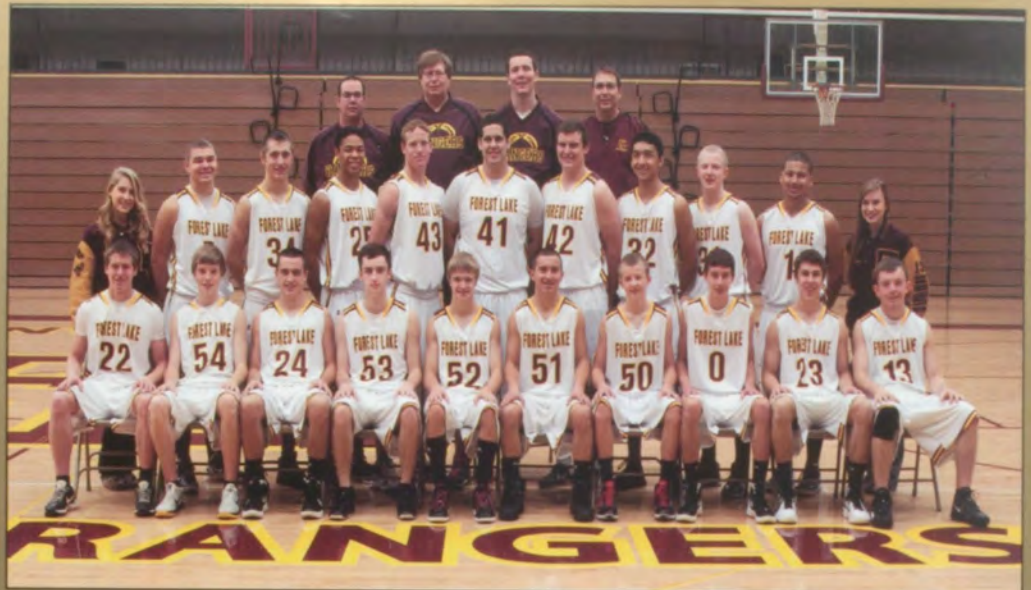
Captain Micah McGuiness (12) "It's an amazing feeling knowing that the team looks up to you and wants you to lead them."

Samantha Anderson (12) jumps high to block the shot. "I've been playing basketball for ten years now in Forest Lake but I'm excited to continue my career at the University of Wisconsin Eau Claire," quoted Anderson. Overall she had a great season with many remarkable shots and clever plays.



TEAM STATS

vs. Centennial 76-81	vs. White Bear Lake 62-73
vs. Cambridge-Isanti 65-50	vs. Roseville 46-72
vs. Roseville 57-64	vs. Cretin-Derham 49-71
vs. St. Francis 61-50	vs. Big Lake 75-73
vs. Triton 72-34	vs. Park 72-41
vs. Albert Lea 67-54	vs. Duluth East 52-77
vs. Cretin-Derham 49-66	vs. East Ridge 55-49
vs. Park 72-30	vs. Woodbury 50-85
vs. East Ridge 54-56	vs. Stillwater 45-62
vs. Blaine 50-59	vs. Hastings 62-55
vs. Woodbury 65-85	vs. Mounds View 48-51
vs. Stillwater 60-71	vs. White Bear Lake 67-59
vs. Hastings 50-58	vs. St. Francis 57-46
vs. Mounds View 50-58	vs. Duluth East 39-77



Row 1: J. Rosenberger, B. Baumgartner, P. Sauer, J. Reller, W. Lawson, H. Smith, T. Boyer, M. Dugandortey, A. Wright, T. Gullikson
Row 2: Manager T. Moore, M. Hultgren, T. Lane, A. Tyler, C. Watson, N. Davis, J. McDowell, M. LaPlante, D. Brown, T. Rosenberger, Manager E. Thordson
Row 3: Coach Katz, Coach Jacobs, Coach Sewall, Coach Crumrine



Taylor Gullikson (11) stands with the rest of the team before the game for the National Anthem. He stated that his favorite memory is, "Hunter Smith (12) tried to slam dunk at the girls half time and missed!"



Senior captain Hunter Smith exclaimed, "I liked how the team looked up to me and was a positive leader on and off the court."



Senior captain Tyler Rosenberger stated, "It feels nice to be the leader after being on the team for three years."



Senior captain Jackson McDowell said, "Knowing that the underclassmen will follow in my footsteps is a good feeling with being a captain."



Matthew Hultgren (12) goes up to block the St. Francis player. He stated, "My favorite game was against Duluth East when I destroyed a seven foot player." The game against St. Francis was a close one.

"There is nothing in my mind other than the desire to win," stated Mistaki LaPlante (12) while dribbling around the defense. This was their very first game of the season against Centennial.

Hunter Smith (12) dribbles down the court against Stillwater. Smith stated that his favorite part of the season was, "Shower bonding time with the boys." Playing Stillwater later resulted in a loss.

Matthew Degendorfer (10) makes a three point shot against White Bear Lake. He exclaimed, "I feel honored that I got to play with the seniors, but they joked around with me a lot because I was the baby on the team."



Ballin'

Playing with only five people on the court at a time, the boys had to work as a team. With having seven seniors on the team, the boys are going to leave with big shoes having to be filled. The team was lead by Hunter Smith (12), Jackson McDowell (12) and Tyler Rosenberger (12). They all have a big heart for the team and for the game of basketball.

They all had the experience of State. "It's not how many hours you put in it's what you put in the hours," exclaimed Rosenberger. The boys had established some goals at the beginning of the season; working hard at every practice and always going into games with their head held high. Smith exclaimed that, "the team is working really

hard this year to get to their goals." They wanted to work really hard for their biggest rivalry, Centennial. The game ended in a loss, but the boys worked even harder for the following difficult games. Through the tough losses Cody Walton (11) exclaimed, "Jackson's laugh could always keep the team upbeat." Even through the injuries they still worked hard and had a good season.

Every boy had a different personality that brought good chemistry on and off the court. Most of the players have been playing for more than eight years and have grown to be not only teammates but also friends.

-Korynn Newville



Kellie Welch (11) carves around the gates. "Skiing fast gives you a rush of adrenaline, and it really pumps you up," Welch commented. She placed well among the girls individually and is looking forward to next year.

Melissa Mackey (11) and Krista Kirchner (12) sitting in their very large chair at meet. "We bring the chair to some of the invites because we are the princesses of the team," Mackey laughed. Mackey and Kirchner loved to watch the meets from their chair.



Skiing on the Edge

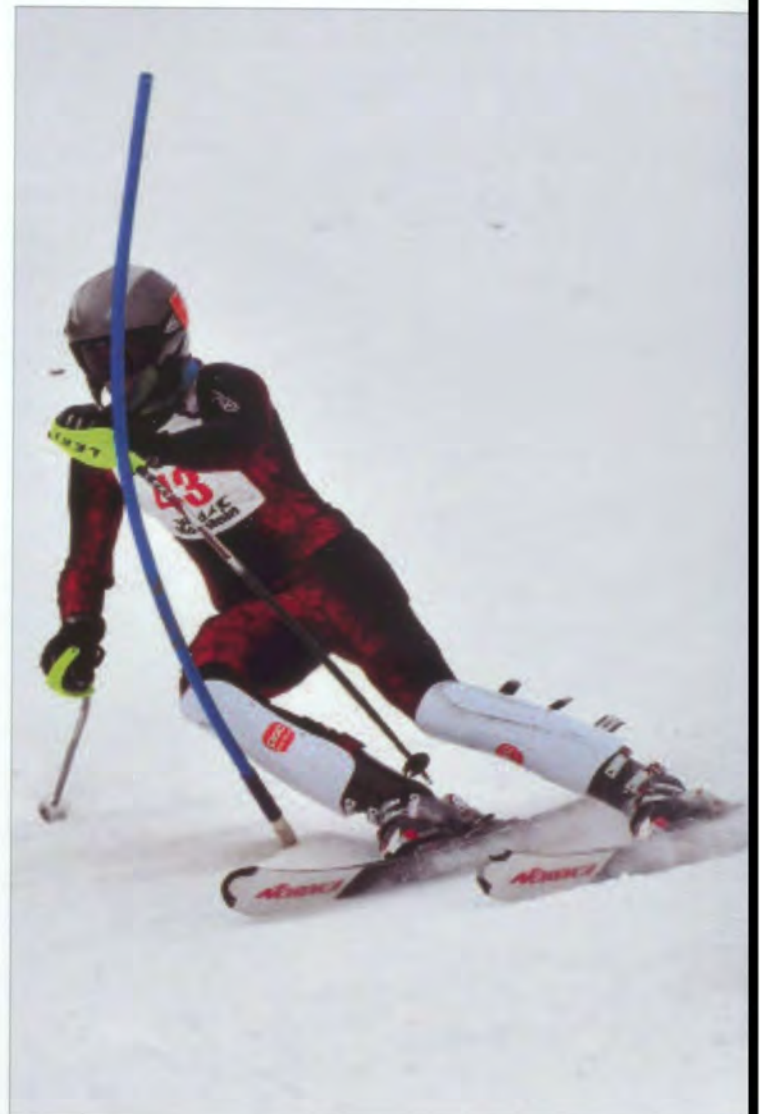
Turn right, turn left, then repeat as necessary. The Forest Lake Alpine Ski Team hit the slopes in early December. Although there was hardly any snow, the team made due with all they had. Many skiers on the team were veterans; they have been racing since junior high. Jacob Bush (10) has been racing for Forest Lake for three years now. "I love being able to go fast; it is my favorite part of being on Alpine." There are so many other good things to say about the team. They have consistently placed well at SEC meets, with individuals placing among the top ten or twenty individual spots.

The team got along with one another so well. They had great times on the bus going to and from meets. Everyone supported each other, and

cheered them on when they were racing. When asking the team about their favorite memories, almost all came to the agreement that the section sleepovers are their favorite. Kellie Welch (10) said, "We are like a family, we do fun and stupid things together; that is what I will always remember." As the season came to a close, a few members from the team participated in the Polar Plunge, raising a significant amount of money for next year's team.

The underclassmen will miss the graduating seniors, but there is great anticipation awaiting the team next year.

-Marah Campobasso





Row 1: S. Kramer, C. Swenson, C. Eggers, K. Kirchner, D. Herman, J. Dunaski Row 2: Z. Ochsenbauer, M. Longsdorf, M. Mackey, N. Goulding, N. Patterson, K. Welch, J. Bush, E. Rodjso, S. Halley, M. Gemuenden Row 3: B. Jeske, K. Goulding, N. Peltier, B. Beynon, M. Stangler, M. Longsdorf, J. Alberg, R. Schilling, J. Schwanz, R. Fountain Row 4: Coach K. Oberg, M. Herman, E. Rodjso, Coach G. Lindemer

TEAM STATS

Wild Mountain Invite Boys: 15th Girls: 8th	Wild Mountain Boys: 6th Girls: 4th
Afton Alps Boys: 6th Girls: 4th	MLK Invite Boys: 15th Girls: 8th
Welch Village Boys: 5th Girls: 4th	Sections Boys: 10th Girls: 8th
Afton Alps Boys: 6th Girls: 5th	Centennial Invite Boys: 5th Girls: 2nd
Wild Mountain Boys: 6th Girls: 4th	Frostbite Invite Boys: 2nd Girls: 5th



David Herman (12) knocks a gate out of the way as he races down the hill. "I find motivation in finishing races from my idol, General George Patton, who spoke of dedication and the will to beat competitors." Dedication was key to his success this season.

Cody Eggers (12) weaves between the closely set gates near the bottom of the run. "The most embarrassing thing you could do during a race is fall, everyone sees it," Eggers commented. He had lots of success in the boys categories this year.



Maggie Longsdorf (8) races down the hill to get the best time. "For me, skiing is the best part of winter," Longsdorf commented. She looks forward to next year's team.



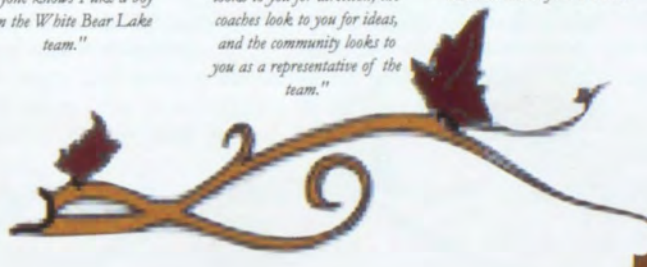
Captain Kellie Welch (11) admits, "The most embarrassing thing is that everyone knows I like a boy from the White Bear Lake team."



Captain Krista Kirchner (12) says, "The best part of being a captain is that the team looks to you for direction, the coaches look to you for ideas, and the community looks to you as a representative of the team."



Captain Cody Eggers (12) states, "I love the responsibility of being a leader and role model for the team."



TEAM STATS

Forest Lake Invite
Girls- 1st
Boys - 1st

Ranger Double Pursuit
Boys-1st
Girls-1st

SEC Skate
Boys-2nd
Girls-2nd

SEC Classic Race
Boys-2nd
Girls-2nd

Forest Lake Holiday Classic
Boys-1st
Girls-1st

MLK Race Pursuit
Boys-2nd
Girls-3rd

SEC Sections
Boys-1st
Girls-2nd



NORDIC SKIING

Row 1: M. Humble, K. Shaffe, J. Greeley, C. Thobe, J. Reiling, L. Babcock, M. Mead, H. Winberg, R. Wolke, M. Anderson
Row 2: Coach D. Johnson, Q. Duffy, B. Mahonea, A. Kelley, J. Jankowski, J. Jackson, D. Long, S. Nielson, B. Nielson, A. Richert, J. Ebel, Coach D. Johnson



Joe Jackson (12) flies by on his skis towards the finish line. Jackson added, "My favorite memory of this year was the first snowfall because we have been skiing on man made snow, which feels different from the actual snow." Jackson continues on to finish the race.



Jacob Jankowski (11) skis towards the camera making his way through the crowd. Jankowski stated, "I bring my happiness to the team. I always am able to put a smile on someone's face," Jankowski kept the team in a positive mood no matter what.

A group of the girls come together for a photo. Cassandra Thobe (12) stated, "I accomplished all of my goals for Conference, Sections, and State! I also accomplished my goal of getting better overall in the classical technique." The girls get on their gear and head out to the snow.



Captain Cassandra Thobe (12) stated, "My favorite part about being captain is knowing my teammates look up to me and see me as a leader."



Captain Alexander Kelley (12) stated, "When I was announced captain I felt cool, and proud that everyone voted for me."



Holly Winberg (12) ends her year on a good note. Winberg added, "My favorite memory from this year was the Wesabi Invitational because there are lots of tough competitors there and I had a goal of getting in the top 25 and I got 18th place!" Winberg made it to State by taking tenth in her section meet.

Jessica Greeley (10) skis ahead of the rest. Greeley stated, "My favorite meet was the Ranger 10k Pursuit because it felt like a good race, and everyone was having fun." Greeley and the rest of her team finished that race in first place.



A group of the Nordic girls stopped to take a picture during one of their meets. After, they head off to get their equipment and get ready for the race.

Skiing to Victory

The Nordic Ski team was off to a great start this year getting first place for both boys and girls in their first two meets; The Forest Lake Invitational and Ranger Double Pursuit. Coach Deno Johnson stated, "The athletes have done a stellar job with their training and discipline this winter. It's shown in the results. No teams train harder and in this difficult winter and great attitudes were maintained." Their coach is very proud of the team they became this year and is looking forward to next year.

This team was a hard working bunch, both on and off the snow. Clearly shown when half of the team recieved SEC All Conference. Their persistence helped them to do great at all of their meets and accomplish some personal and team goals.

The team had great goals set out for them this year, captain Cassandra Thobe (12) added, "We want to make it to State as a team this year. We also wanted to win our Conference and Sections meets." They

strived to accomplish all of these goals the entire season. Their goals became a success when 50% of the program qualified for State 2012. This was a huge accomplishment for the team and they were so proud.

The seniors will be missed by all. When asked what he wanted to say to the seniors, Jack Ebel (11) added, "Thanks for the great year!" These seniors have worked hard to get themselves and the team to where they are now and they have high hopes for the future.

The teams overall success this year made great goals for the team next year. They brought so much to the team this year, everyone will remember it. Joel Olson said, "A big congratulations to the boys and girls Nordic teams!" Everyone is super proud and can't wait to see what next year's team brings.

-Angela Nesler



The team groups up for the team cheer. The older girls sit on the floor in the middle while the younger girls circle around them. "The team was really young this year but it made it a lot more fun," laughed Amanda Williamson (11). They performed this cheer before every meet.

Katherine Dison (10) executes a difficult move on bars. "Gymnastics is more than just flips and going fast, it takes endurance and hard work," explained Dison. She worked hard to improve over the season and was a role model.



Defying Gravity

They run like girls. They jump like girls. They swing like girls. They do six foot high somersaults on a four inch wide beam, like girls. Gymnastics is a sport unlike any other. The gymnasts need to be strong. They might make flipping and swinging around look easy, but it takes a lot of hard work, determination, practice and strength. They need every muscle to be in working condition. No one muscle is more important than the next. It takes not only physical strength, but mental strength as well. Sierra Barfield (10) admitted, "The hardest thing about gymnastics is trying new things and being afraid of falling and getting hurt."

The team worked hard to achieve their goals. They were in the gym all week, along with both Friday and Saturday practices. With every meet they strived to do better than their last. The team has become very close

over the years. They had many team sleepovers at the captains' house. They had team spaghetti dinners every Thursday before meets. "My favorite gymnastics memory was our team sleepovers and going to Sky Zone together," exclaimed Caitlin Freer (10). They also all jumped in the Polar Plunge together as a team.

While some of the girls had been on the team for years, they also welcomed many new young faces, including seven girls from the junior highs. Although the age gap is large, the girls work together as a team, always cheering for, and supporting each other. When you put fifteen teenage girls together, day after day, there is bound to be conflicts, but the gymnastics team has overcome them all and came out of this season better, stronger and more united than ever.

-Amanda Hurtley





Row 1: E. O'Neil, C. Downing, C. Thomas, D. Sarason, K. Hamblen; Row 2: S. Corvay, J. Pina, C. Baker, C. Freer, K. Olson, Z. Trogerson; Row 3: A. Rabbers, J. Downing, M. Lenz, A. Williamson; Row 4: Coach J. Tinkenberg, Coach A. Biers, Coach H. Olson, Coach C. Smith

TEAM STATS

vs. Mounds View 122.9-130.375	vs. East Ridge 127.075-136.3
vs. Roseville 127.375-138.975	vs. Woodbury 133.65-127.4
vs. Hastings Win	vs. Minnetonka Invite 3 of 4
vs. Stillwater 129.525-128.25	vs. Cretin Derham Hall 131.625-127.8
vs. Faribault Invite 7 of 16	vs. JV Conference 6 of 10
vs. White Bear Lake 128.9-131.375	vs. 7AA section 5 of 8
vs. Park 130.45-131.8	
vs. RPHF 130.0-133.175	



Jessica Dhaene (11) competes a release move on bars. "A quote that keeps me going is from my favorite gymnast Nadia Comaneci, she said 'I know how to smile, I know how to laugh, I know how to play, but I know how to do these things only after I have fulfilled my mission.'" Dhaene was a wonderful captain and role model for the younger girls.



Lyndsey Anderson (9) does a split jump on floor. "My favorite thing about competing is seeing old friends again because I knew some of them before," exclaimed Anderson. She competed varsity and was an important part of the team.

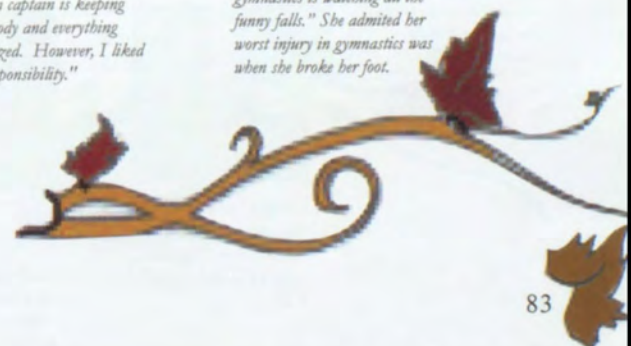
Merina Lenz (11) performs a perfect half off twist on vault. "My favorite team memory was when the team qualified for State in 2009," exclaimed Lenz. She worked hard every year to do her part to achieve that same goal.



Captain Merina Lenz (11) said, "The hardest part about being a captain is keeping everybody and everything organized. However, I liked the responsibility."



Captain Jessica Dhaene (11) said, "My favorite part about gymnastics is watching all the funny falls." She admitted her worst injury in gymnastics was when she broke her foot.



TEAM STATS

- Conference Meet at Cretin Derham Hall
Kick: 1st Jazz: 1st
- Conference Meet at Mounds View
Kick: 1st Jazz: 1st
- Invitational at Eastview
Kick: 12th Jazz: 10th
- Invitational at Rochester John Marshall
Kick: 1st Jazz: 1st
- Invitational at Henry Sibly
Kick: 7th Jazz: 3rd
- Invitational at Blaine
Kick: 17th Jazz: 15th
- Invitational at Wayzata
Kick: 17th Jazz: 16th
- Invitational at Mounds View
Kick: 9th Jazz: 6th
- Conference Championships at Home
Kick: 1st Jazz: 1st



DANCE TEAM

Row 1: S. Nelson, T. Emily, A. Heiman, S. Fuerst, E. Murphy, K. Newville, L. Thesen, A. Fechner, C. Drobnick, S. Boyd, E. Hansen
 Row 2: J. Hunt, R. Lasch, E. Proulx, C. Kluge, M. Jeans, A. Nesler, J. Olman, H. Quiggle, L. Bartlett, E. Navara, L. Opsahl, N. Wright, S. Moore
 Row 3: A. Clausen, Manager B. Nelson, E. Goblich, C. Evgen, K. Lukkonen, M. Leeson, S. Bagan, R. Rue, C. Boyd, A. Proulx, S. Benson, H. Waldoch, E. Issacson, A. Moore



Jazz is all about turning and leaping. Karlee Kluge (10) said, "Dancing makes you feel free and express yourself." The girls worked really hard to achieve uniformity.



The dance team performed their first conference performance at Cretin Derham Hall. Mia Leeson (10) said, "Dancing is a huge part of my life and it is really important to me." FLDT went on to win this meet.

The dance team likes to start off their performance with lots of energy and spunk. "The team has worked really hard this year to keep up their energy and smile through the whole dance," said Angela Nesler (12). Part of the dance team scoring sheet includes presentation.



"It has been a great experience to be captain and I am so proud of everything the team has done this year. I am excited to see what the team will do in the future," said captain Angela Nesler (12).



"I have been honored to be captain and I am very proud of everything FLDT accomplished this year," said captain Shaley Bagan (12).



"Being a captain this year brought a different level to dance team this year for me. It was a challenge, but totally worth it," said captain Ashley Moore (12).



"Being a captain has made me a better person and a better dancer," stated captain Hannah Quiggle (12).



"This year was a blast and I am very proud to say I was a captain. I am excited to see the growth of FLDT in the future," stated captain Jacqueline Obman (12).

FLDT won Conference Champions for the first time this year. Emily Proulx (11) exclaimed, "Winning was super exciting and I was really proud of everyone!" The girls hope to maintain the title next year as well.

The dance team has girls from 8-12th grade on the team. Emily Issacson (10) said "Being a sophomore on the dance team made me feel really welcome when I got to the high school." It is fun for the girls to know people in a variety of different grades.



Racing to Victory

The 2011-2012 season was one to record in the history books for the Forest Lake Dance Team. They came out with a bang winning first place at their first Conference meet at Cretin Derham Hall. Winning first place in all four categories Varsity Kick, Varsity Jazz, JV Kick and JV Jazz, the team started off with a confidence that they had never had before. The Varsity Kick team had a very inspirational theme of Nascar. The energy of the them helped to perform their best. From the very start of the season the team knew this would be a season to remember.

Dance Team is more than just a sport it is a lifestyle. The girls start training the second week of summer and don't stop until the middle of February. The true dedication is shown at the 5:30am practices every Thursday morning which can be a struggle, but they are very productive and build character. Hayley Waldoch (11) said, "Morning practice is

really efficient and always makes my day better." Since the girls are together so much the team becomes a second family.

FLDT won Conference Champions this year for the first time in history. "One of the main goals this year was to win Conference and it felt so good to meet our goal and win!" exclaimed Hannah Quiggle (12). This accomplishment seemed unachievable, but the team made it happen due to all of their hard work and persistence.

-Shaley Bagan

People

Many students love going on the Spirit Bus to pump up the whole district for the big game. Miranda Huang (11) said, "I loved being able to go on the Spirit Bus as a junior and have the opportunity to go twice." Spirit Bus brings students of all ages together.



Homecoming is a memorable time for all high school students and the activities during the week are what they enjoy most. Many of the students participate in tailgating before the game, where they get to hang out with friends and barbecue in the parking lot.

Senior year is something that all students look forward to. Joseph Jurasin (12) said, "Senior year has been everything that I have hoped for and will cry when I graduate." Being a senior is a crazy and stressful time for most students.



bal4.tv/8zeqewhm





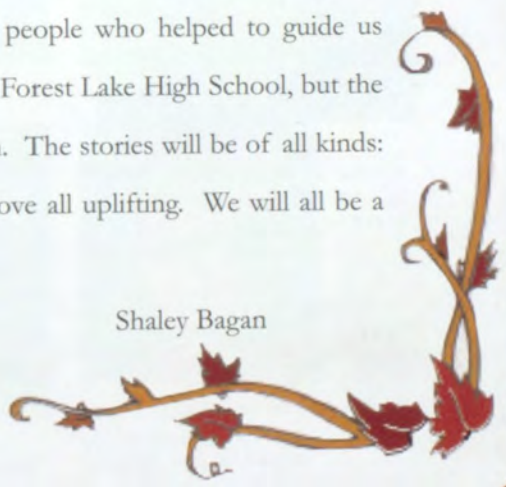
Maggie Jeans (10) gathers her friends around for a spontaneous picture during passing time. Jeans says, "My friends are what make high school so much fun. I love being able to see them everyday." Most sophomores adjust to the switch of schools very well.

Our Identity



Everyday at Forest Lake High School we are forming our story. Each person's identity may be different, but they all work together by surrounding and supporting each other. They help to form unique memories and will be the faces that we all remember in years to come. Everyone's story is different, but the people here sculpt it to be the one it is today. Students and staff combined have helped to create each individual's story to become one. Lifelong friendships and mentorships begin here, but do not end here. Our stories together are just beginning. When we look back to this time we will remember the people who helped to guide us through. Everyone has had their ups and downs at Forest Lake High School, but the positive spirit and encouragement get us all through. The stories will be of all kinds: comedies, dramas, romances, some horrors and above all uplifting. We will all be a part of the final story.

Shaley Bagan



Faculty & Staff



Alan Anderson
Business



Mary Anderson
Special Education



Elizabeth Asch
Special Education



Ann Astrup
Mathematics



Matthew Beukema
Industrial Technology



Lee Anne Brockman
Media Specialist



John Buck
Mathematics



Stephanie Buffington
Special Education



Jamie Bullock
Business



Julie Busby
Special Education



Angela Butler
World Languages/Spanish



James Caldwell
Assistant Principal/Dean



Sara Cameron
Social Studies



Julie Cartford
Special Education



Connie Carufel
Special Education



Matthew Clay
Psychologist



Matthew Cleary
Social Studies



Dawn Clyne
Parking Security



Michael Coffee
Industrial Technology



Trevor Cole
Social Studies



Coleen Colton
World Languages/French



Katie Corrigan
English



Benjamin Dahmes
Special Education



Laura Davison
Art/Photo



Amy Dickenson
Special Education



Patrick Ellias
Special Education



Richard Elliot
Social Studies



Megan Espe-Och
World Languages



Matthew Fenno
Special Education



Laura Feyma
Family Consumer Science



Aaron Forsythe
Social Studies



Daniel Forsythe
Physical Education



Kelli Frericks
Science



Renee Frericks
Mathematics



Courtney Gbolo
Family Consumer Science



Math teacher, John Buck, shows his students an Algebraic example on his Smart board. Students in his class say that they learn better with Smart boards because it is a great way to have hands on learning.



Math teacher, Renee Frericks, helps student Tiffany Owens (12) with her math homework. Frericks enjoys her second year of teaching here at the FLHS.

What's your favorite dance move to your favorite song?



Laura Feyma

"Tiny Dancer" by Elton John



Timothy Newcomb
"Let me see you move"

from the Do Groove commercial



Andrew Waldron

"Bye Bye Bye" by N'Sync



Theresa Gibson
Special Education



Travis Gjerner
Dean



Jon Glader
Police Liaison



Elizabeth Haven
English



Leslie Heidel
Dean



Judy Hill
Science



Susan Jarrett
Mathematics



Lynda Johnson
Special Education



Joseph Jurasin
Industrial Technology



Maria Kaiser
Art/Photo



Heather Karstens
Health Office



Paul Kendrick
Physical Education



Deborah Kniebush
Administrative Assistants



Daniel Koch
Social Studies



Joseph Kunshier
Physical Education



Lisa Larson
Administrative Assistants



Bruce Leventhal
Science



Jeffrey Lewis
Science



Heidi Link
Social Studies



David Livermore
Music



Laura Livermore
English



Robyn Madson
English



Valdie Magstadt
Special Education



Jenny Marshall
Mathematics



Tamara Marshall
Audio/Visual/Media



Steven Massey
Principal



Larry Matzdorf
Mathematics



Karen McCurdy
Registrar



Michael Miron
Agricultural Education



Susan Mitchelson
Art/Photo



Vicky Monzel
Administrative Assistants



Joseph Mueller
English



Jeffrey Neidt
English



Kristen Nellis
Business Education



Angela Nelson
Social Studies



Caroline Nerhus
Science



Timothy Newcomb
English



Kelly Nicholls
Industrial Technology



Joel Olson
Activities Director



William Olson
Mathematics

Is there a song that you absolutely love to sing/dance to while you're driving?



"I love the song Born to Run by Bruce Springsteen! It's a very exciting and upbeat song!" exclaims Spanish teacher Megan Espe-Och, as she busts a move.

What is your favorite class to teach?



"I love Weight Training because I enjoy seeing my students improve over time." states Physical Education teacher Paul Kendrick.

Do you have any advice for students after high school?



"Be open to new experiences and don't let your past define you." said Social Studies teacher Heidi Link.



"The best excuse I have ever heard from a student would have to be a dog ate my homework. I actually believed them". Richard Elliot



Laura Palke
English



Jennifer Paulson
Special Education



Kimberly Peterson
Activities Director



Tim Peterson
English



"250 desks break a year, and it is my job to fix each one". Tim Tarantino



William Pierce
Special Education



Cynthia Riesgraf
Science



Nicole Ristow
Mathematics



Clare Ritchie
Special Education



Kevin Rivard
Industrial Technology



Dawn Rossman
Special Education



Brian Roy
Mathematics



Lynda Rupp
Science



"The funniest excuse I have heard for a student to go home has to be that they were potty training their puppy and they had to go let him out." Vicky Monzel



Barbara Schellinger
Family Consumer Science



Sonja Seim
Special Education



Nancy Sonnen
Art



Donald Spears
Special Education



Suzanne Stennes-Rogness
Social Studies



Carolyn Suess
Special Education



Scott Swendiman
Mathematics



Larry Tietje
Mathematics



Kathryn Ungerecht
Assistant Principal/Dean



Katherine Vasil
Dean



Jennifer Wagner
Physical Education



Andrew Waldron
English



Bradley Ward
Science



Nick Ward
Science



Stephanie Ward
English



Veronica Ward
Agricultural



Mary Wightman
Technology



Jeffrey Wilson
Physical Education



Sharon Wilson
Audio/Visual Media



Kelly Wing
World Languages/Spanish



Barry Zumwalde
Band



Back Row: Shonda Hartung, Susan Cerwinske, Corrine Wald, Penny Johnson, Teresa Svendsen, Tracy Friton
Front Row: Louanne Murphy, Deborah Welch, Laura Walesheck, Betty Nelson, Virginia Carney, Ann Chamberlin, Gina Rivard



Back row: Gail Theisen, Karen Morehead, Kathy Bystrom, Erin Turner, Julie Corcoran
Front Row: Rob Rapheal, Linda Madsen, Dan Kieger



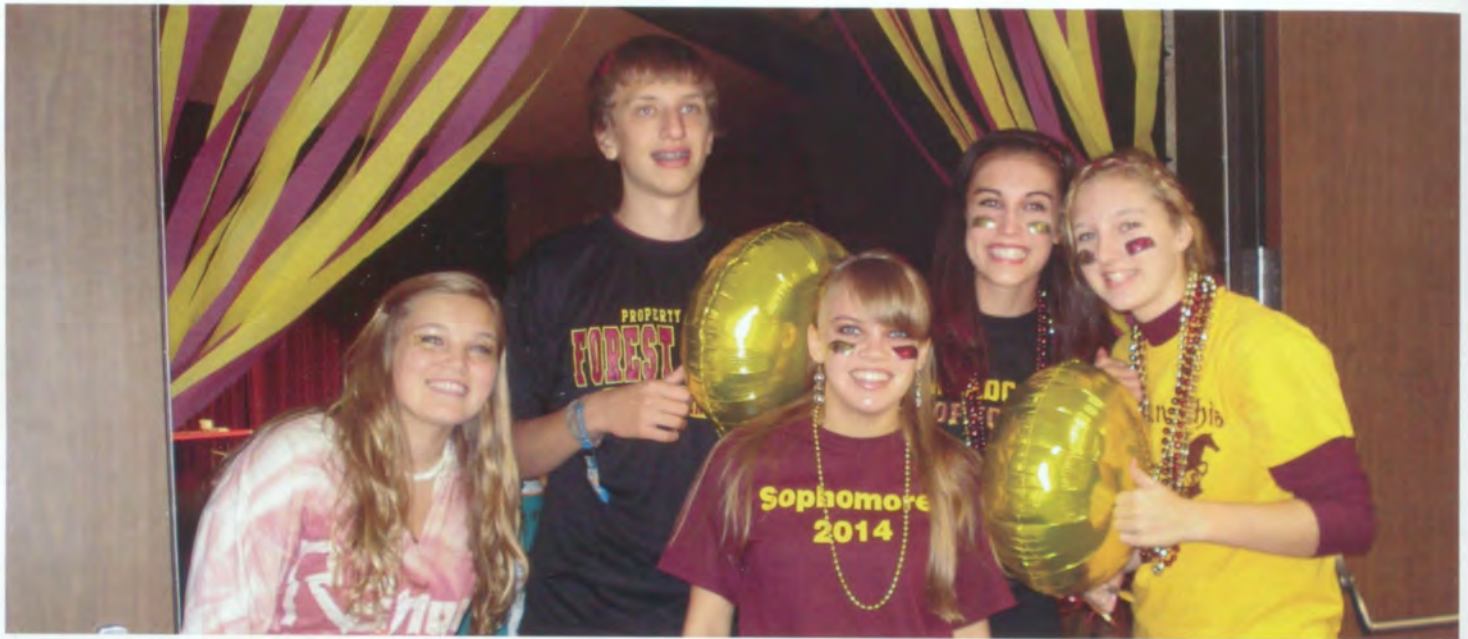
Terry Benson, Perry Peterson, Bill Schwartz, Tim Tarantino, Ed Ball

Fun Facts: Roughly 50 gum pieces are picked up every day, from just about anywhere. It takes 4 weeks for only 2 people to change combos and fix lockers during the summer
Top dirtiest bathrooms: Cafeteria. Top cleanest bathrooms: Math Hall.
Top pet peeves: Jello, lettuce, fortune cookie rappers, chewing tobacco.



Sophomores

Christina Witzel (10), Garret Swanson (10), Angela Stroeing, (10) Rachel Nordenstrom (10), and Chelsie Bethke (10) help student council prepare for the pep fest. "Homecoming was so much fun this year, except it was kind of cold and windy," states Swanson. The gym looked so good after all the decorations were up.



Cody Abel
Ryan Ahern
Michael Aho
Stefan Albright
Matthew Allen
Trevor Anafarta



Mark Anderson
Natasha Anderson
Risa Anderson
Taylor Angelo
Edenilson Arevalo
Lucas Arnevik



Kailyn Avery
Alaura Babcock
Mikayla Backley
Rachel Baniecke
Jennifer Banta
Sierra Barfield





Tristan Barnes
Augustus Barron
Nejra Batic
Andrew Beach
Heather Beard
Austin Beecher



Dylan Bechler
Kaitlyn Beimert
Ngenyi Beja
Brendon Bennett
Mackenzie Bennett
Jordan Berg

Luke Childers

Matthew Lennon

Rebecca Neumann



"Johnny Cash, because he is the best country singer."



"Charlie Sheen, because he is dumb."



"Sandra Bullock or Allan Rickman, because they are my favorite actors."

If you could hear what someone famous was thinking for a day, who would you choose? Why?



Hannah Bergan
Samuel Bergman
William Berndt
Chelsie Bethke
Jonathan Betts
Emma Betz



Leighton Bierman
Conner Boleen
Jessica Borgwardt
Jarod Bowers
Andrew Bowes
Tyler Boyce



Jennifer Bracht
Corey Bratsch
Sam Bredenbeck
Margaret Breitbach
Alexa Bremer
Haley Briggs

Aaron Brinkner
William Bruner
Blake T. Brunner
Kyle Bryan
Mikayla Buckley
Allison Buelow



Christian Burns
Trevor Burrington
Jacob Bush
Zachary Cady
Mariah Campbell
Danielle Carlson



Project Hallway

Allison Koneczny
Style: Laidback



Fashion Must:
Cute Purse

Jacob Bush
Style: Beachy



Favorite Brand:
Free World Pants

Maggie Jeans
Style: Sophisticated



Most Useful Accessory:
Cardigan

Jordan Carr
Branden Cartier
Bobbieann Cartwright
Tayler Charais
Trisha Chastek
Luke Childers



Amy Christianson
Corrinne Clark
Mitchell Clemens
Alexis Cogar
Jacob Colling
Mary Cordell



Trevor Cowen
Preston Cowing
Charles Cronwell
Gabrielle Culley
Danielle Cusick
Madisyn Czarnecki





Clayton Dahly
 Jared Dalluhn
 Beza Daniel
 Nathan Danielson
 Mariah Daninger
 Anna Davis

Damon Day
 McKenzi Day
 Alexa Deford-Mason
 Matthew Degendorfer
 Jennifer Degennaro
 Kristen Dellwo

Ryan Herbert
 Style: Athletic



Favorite Store:
 Letterman Sports

Hannah Peterson
 Style: Preppy



Fasion Must:
 Earrings

Jordan Glancy
 Style: Scene



Most Useful Accessory:
 Hat



Steven Dietz
 Cody Dillon
 Katherine Dison
 Reagan Distler
 Danielle Doerr
 Eric Downs

Casey Drexler
 Carter Drompp
 Adnan Dzubic
 Mallory Eberspacher
 Rianna Eckert
 Matthew F Edwards

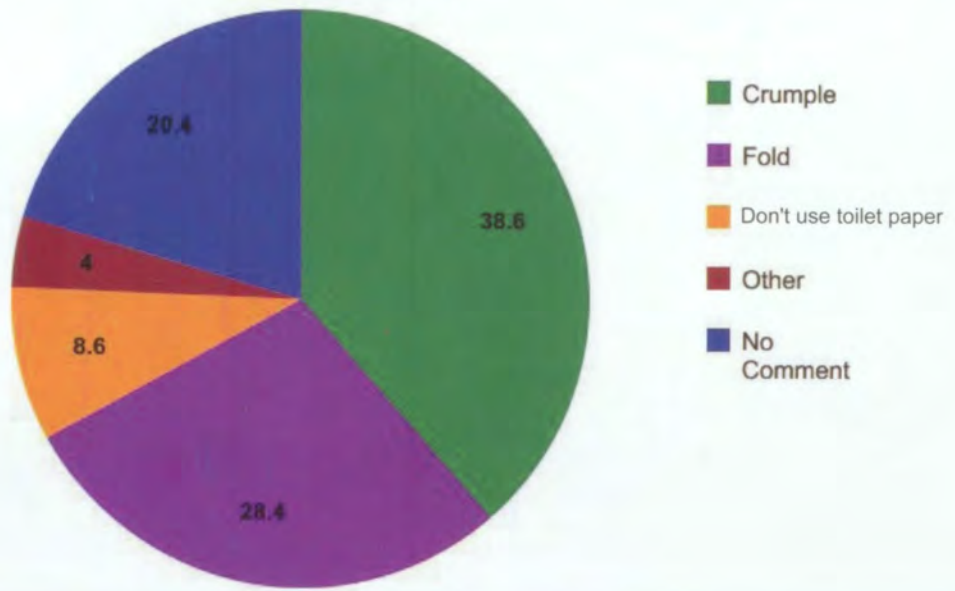
Alex Egle
 Emily Ellefson
 Andrew Elliott
 April Emery
 Taylor Eml
 Kathryn Evert

Cody Farver
Devin Feidt
Kayla Filbert
Holly Fink
Anthony Fischer
Ashlyn Fitch



Laura Fleischhacker
Bryan Fleming
Jack Forsell
Colton Forsythe
Joseph Frank
Cassandra Franson

Do you crumple or fold your toilet paper?



Caitlin Freer
Samantha Friel
Sarah Friton
Kaitlyn Froelke
Emily Frost
Abigail Furry



Devan Gabrielson
Sadie Gadberry
Thomas Gadbois
Riley Gallagher
Gabrielle Galvez
Jesse Garcia



Christian Gee
Zachary Gee
Madeline Gemuenden
Josie Germundson
Cameron Ghost
Derek Giesner





Lukas Gilbert
 Sarah Giorgi
 Kamp Gislason
 Jordan Glancy
 Christian Goers
 Danielle Gorrell



Ben Gottsman
 Sarah Gould
 Cameron Gramse
 Brett Gravelle
 Jessica Greeley
 Conner Green

Tyler Kibbel



"Everytime I take 3 1/2 squares and fold it into fourths then 3 times then repeat."

Stephanie Shields



"I crumple."

Matthew Savage



"You don't know me... origami."



Jacob Gregerson
 Adam Groppoli
 April Gross
 Hannah Gulden
 Logan Gustafson
 John Hagen



Terry Hagle
 Sydney Halley
 Samuel Hamilton
 Blake Hansen
 Miranda Hansen
 Nicole Hansen



Alexis Hanson
 Rachael Harrington
 Tiffany Harrington
 Jasmine Harris
 Cole Haseman
 Jacob Hawkinson



Sarah Hayden
 Michael Henning
 Ryan Herbert
 Tyler Hess
 Aidan Hobson
 Nicholas Hoeykens



Kaycee Holt
 Kirsten Holzschuh
 Jacob Hoppe
 Preston Huddleston
 Rachel Huset
 Tucker Ingalls

Araianna Tyler

Elijah Opsahl

Bailey Norby

**What is your
 favorite pick
 up line?**



"Do you like lollipops?
 Because I'll take you to my
 candyshop!"

"Are we in Tennessee?
 Because your the only ten
 I see."

"Let's make like a fabric
 softener and snuggle."



Emily Isaacson
 Micah Ison
 David Jaqua
 Peter Jasmer
 Maggie Jeans
 Ashley Jedlicki



Christopher Joelson
 Joel Johnson
 Larissa Johnson
 Adam Jungwirth
 Colten Kaiser
 Billy Kasel



Taylor Kasprzak
 Tyler Kawlewski
 Kallie Keller
 Marcus Kelly
 Loren Kempenich
 Addison Kenny





Tyler Kibbel
Devantay Kilian
Monique Kilian
Weston Kilpela
Bradley Kjenstad
Emily Klapperich



Nickolas Klein
Karlee Kluge
Bobbie Koenig
Jordan Kohs
Allison Koneczny
Andrew Koppy

Lara Steinhoff

Zachary Rosenthal

Karlee Kluge



**Make a
sentence
with the
words: squid,
shoes and
running.**

"I was running like a squid with pink and purple high heeled shoes."

"It looked like a squid so I threw on my shoes and started running."

"The squid has purple shoes and was running to his castle."



Charles Korlath
Ciera Kost
Chantel Krebs
Adam Krummi
Micah Kryzer
Sammuel Kullander



Katherine Lagen
Wolfgang Lalli-Stolts
Amanda Lancaster
Alexander Langer
Mason Laplante
Karina Larsen



Alexis Larson
Emily Larson
Jennifer Larson
Karlee Lawrence
Mikayla Lee
Maria Leeson

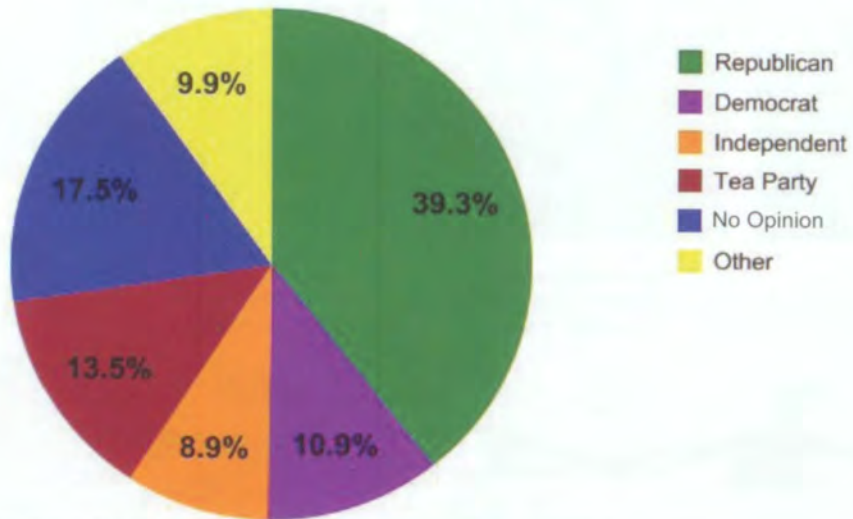
Jacob Lemke
 Matthew Lennon
 Storm Lenz
 Katrina Leroux
 Alexander Letch
 Triston Letourneau



Thomas Lillquist
 Joseph Linz
 Paul Litecky
 Zachary Lobejko
 Mackenzie Lopp
 Jocelyn Lourey



If you voted in the next election, which party would you vote with?



Cody Lund
 Cynthia Lund
 Brianna Lundstrom
 William Luscomb
 Andrew Lutz
 Matthew Maassen



Zachary Maciej
 Hannah Mack
 Teresa Mahnke
 Hayley Mample
 Alexander Manske
 Madison Marier



Cole Marsh
 Taylor Marx
 Daniel Massey
 Nicole Massey
 Emma Mattheisen
 Jack Mattson





Thomas Mattson
Alexis Matuke
Cole Mayer
Kaylee McCollough
Brooke McGraw
Angelica McIntosh



Cody Mehsikomer
Savanna Meier
Erin Mendoza
Maxwell Merila
Jessica Meyers
Christopher Michalek

Joseph Frank



"Vote for the person whose views I agree with the most."

Alexander Langer



"I would vote Democrat."

Brooke McGraw



"I would vote for Johnny Depp."



Cody Michals
Ryker Michel
Tyler Mielke
Travis Mike
Marley Miron
Anna Mockenhaupt



Nicholas Moe
Shane Moody
Shane Moore
Jennifer Moran
Nicole Moreno
Anna Morgan



Colin Moriarty
Shelby Morley
Alexander Morris
Jacob Moryn
La Moua
Ronald Moyer

Triston Mulford-Christianson
 Dylan Murphy
 Patrick Murphy
 Andrew Murray
 Taylor Myers
 Allen Nalipinski



Bailey Neeser
 Kayla Nelson
 Rebecca Neumann
 Wyatt Newby
 Kristin Newland
 Luke Niemczyk

Maria Leeson

Adam Krummi

Taylor Schmidt

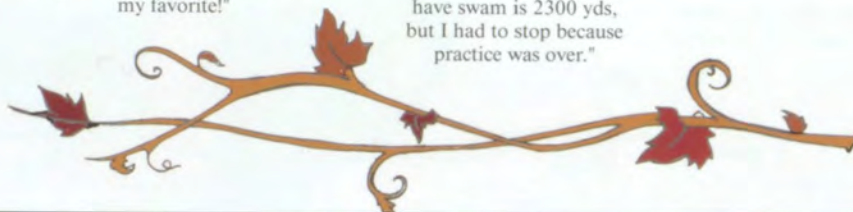
**Do you have a
 hidden talent?
 What is it?**



"Yes, I can bake cookies and pie really well. Apple pie is my favorite!"

"Yes, I am a long distance swimmer. The longest I have swam is 2300 yds, but I had to stop because practice was over."

"Yes! I can lick my elbow!"



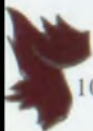
Bailey Norby
 Rachel Nordenstrom
 Derek Nordling
 Timothy O'Brien
 Alexis Olson
 Gunnard Olson



Kayla Olson
 Korey Olson
 McCayla Olson
 Elijah Opsahl
 Sarah Ostlund
 Tana Ostman



Jonathan Palomino
 Zachary Paradis
 Megan Parenteau
 Quade Pariseau
 Keenan Patterson





Emily Paulson
 Kayla Pepin
 Alexandra Perron
 Emily Peters
 Robert Peters
 Garret Petersen

Hannah Peterson
 Erik Pham
 Joshua Phillips-Westrum
 Benjamin Plautz
 Jennifer Pollard
 Jonah Poynter

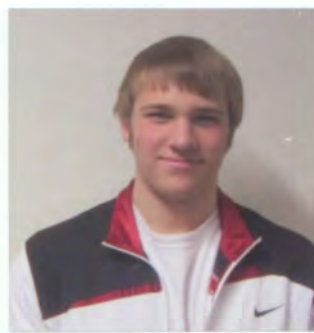
What are the top ten worst things about being a sophomore?



Rachel Rue



Emily Ellefson



Drew Svendsen

- Being the youngest
- Looked down upon
- Babied by teachers
- Getting chopped
- Getting pushed in the hallway
- Getting pranked
- Being new and having to start over
- More homework than last year
- Back spot at the football games
- No year cheer



Amy Proefrock
 Rylee Prokosch
 Brianna Raabe
 Kyle Raarup
 Skylah Rachel
 Emily Ramberg

Brittney Rangitsch
 Joseph Rappa
 Jessica Reed
 Randy Rehbein
 Austin Reid
 Cossondra Reinsch

Rebecca Renwick
 Luke Resler
 Cameron Reynolds
 Miranda Rice
 Lauren Riedeman
 Aryn Ritchie

Shawn Ritchie
 William Rivard
 Matthew Robidou
 Blake Robinson
 Miranda Robinson
 Nicole Rodriguez



Jacob Roff
 Rachel Rosa
 Travis Rosauer
 Zachary Rosenthal
 Alisha Rossman
 Alexandra Roth



Stephanie Beja



"Spilling your tray on your-
 self at lunch."

Cody Lund



"Tripping in front of your
 crush."

Micah Ison



"Being called on in class when
 you don't know the answer."



Belen Rubio
 Jack Rudman
 Rachel Rue
 Danielle Rybak
 Nate Saari
 Shelby Sandstrom



Matthew Savage
 Jacob Sayre
 Joseph Scharenbroch
 Nicholas Scheffer
 Alex Schiefelbein
 Miranda Schmidt



Taylor Schmidt
 Kody Schommer
 Megan Schroeder
 Charley Schultz
 Noah Schultz
 Riley Schwanz

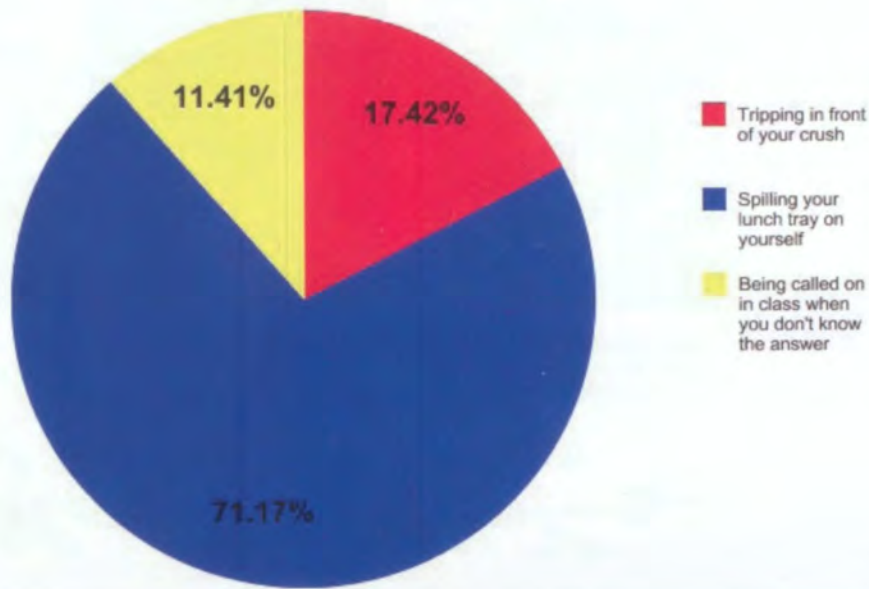




Mackinley Schwartz
 Sarah Scott
 Tate Seeler
 Luke Shaw
 Tawni Shelton
 Stephanie Shields

Taylor Shortly
 Tim Siebert
 Jaden Sigstad
 Bailey Sivanich
 Zackary Skalsky
 Dominic Skipon

What is most embarrassing?



Rachel Skoglund
 Patrick Slattery
 Kiersten Sloneker
 Kalcie Smith
 Andrea Solheid
 Ryan Sorrem

Lydia Springer
 Hayley Stanina
 Gabriel Starr
 Lea Steele
 Allison Steenblock
 Chelsea Steffensen

Paul Stehr
 Mackenzie Steinberg
 Lara Steinhoff
 Joseph Steinmann
 Sebastian Stephenson
 Gina Stiles

Grayson Stout
 Jasmine Stout
 Daniel Stream
 Angela Stroeing
 Austin Sullivan
 Drew Svendsen



Emily Swanson
 Garret Swanson
 Savannah Swanson
 Carl Syverson
 Mary Taurick
 Alyssa Taylor



What TV. show
 is your secret
 pleasure?

Cynthia Lund



"Winnie the Pooh!"

Mitchell Clemens



"16 and Pregnant. I love that show!"

Luke Niemczyk



"The Mentalist... I think it's super interesting but a lot of my friends don't agree."



Vanessa Tenney
 Nichole Tessier
 Taylor Tessier
 Jacob Thomas
 Samuel Thomas
 Angie Thompson



Dominick Thompson
 Jerred Thomson
 Daniel Tice
 Lindsey Tilton
 Madison Tkachuck
 Eva Tolmie



Erik Torgerson
 Jake Tretsven
 Karissa Tricas
 Haley Tripp
 Tucker Truax
 Tucker Tschida





Araianna Tyler
Miciala Tyler
Kaitlyn Uhl
Mitchell Umland
Joseph Vacinek
Mariah Van Heel

Mackenzie Vanbuskirk
Abbigail Vance
Jack Vanelsberg
Reid Vanelsberg
Richard Vang
Alex Vangen

Paul Litecky



"You're shorter than everyone else in the hallway."

Jessica Reed



"You get booed in the hallway."

Michaela Wassman



"You're walking around the school carrying a map for the first few weeks."

**You know
you're a
sophomore
when...**



Kevin Vanneste
Maddison Venberg
Austin Vogland
Stephanie Vos
Zachary Voss
Chee Vue

Douchi Vue
Eric Vue
Julia Walton
Daniel Wassman
Michaela Wassman
Mikayla Waters

Bette Wathen
Brandon Welte
Ashly Westerman
Graham Westphal
Russell Wicklund
Andrew Wieland

Aaron Wiese
Katie Wilke
Samuel Willard
Ty Williams
Kyle Winberg
Skyler Winning



Christina Witzel
George Wohlberg
Arne Woinarowicz
Natalie Wright
Bryce Wyandt
Linda Xiong

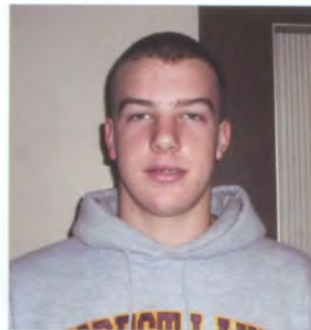
What problems would you have if you had to tell the complete truth for a whole day?

Sarah Giorgi



"My friends would get mad at me, I would get in trouble at home, and I would get sent to the office during class."

Kyle Winberg



"I would have problems keeping secrets and possibly losing friends."

Holly Fink



"Telling people what I really think about them would get me in trouble."



Rhodia Xiong
Geeshia Yang
Peter Yang
Yoko Yang
Timothy Yarithz
Barbara Yates



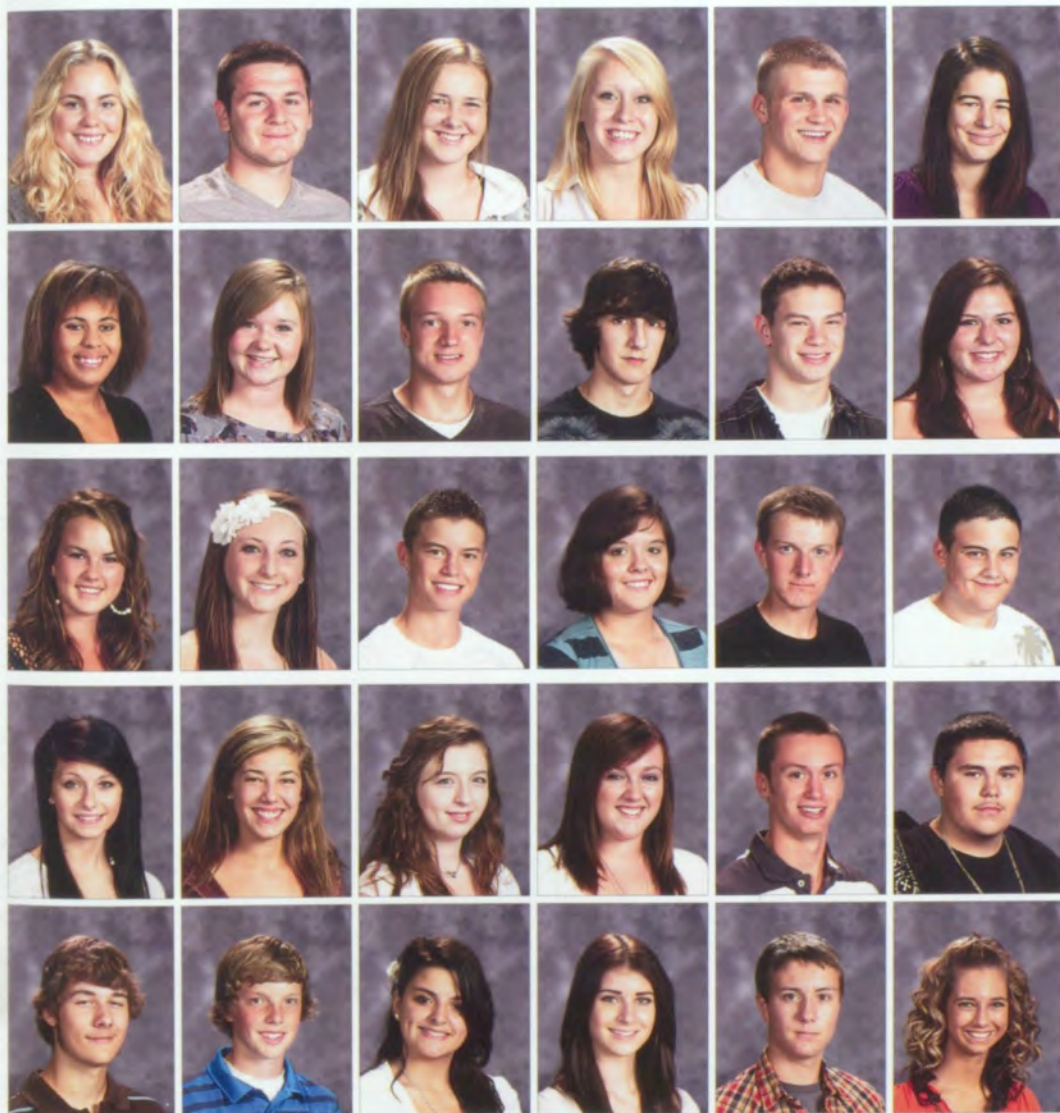
Trysten Zick
Nicholas Zugschwert
Sophie Zupon





Junior girls hang out and have fun chatting at lunch. "I like being a junior because we aren't the youngest in the school anymore!" states Kelsey Magnuson (11)

Juniors



Hannah Abress
Trent Abston
Kayla Adams
Jennifer Ambrose
Blake Ammann
Alicia Ammerman

Alisha Ammerman
Christine Anderson
Dale Anderson
Devin Anderson
Dylan Anderson
Miranda Anderson

Rachael Anderson
Samantha Anderson
Dylan Anderst
Angela Arndt
Nicholas Arnevik
Jacob Atwater

Ashley Aune
Ariana Babcock
Samantha Back
Megan Bain
Dalton Baker
Jake Ballot

Joshua Banta
Brock Baumgartner
Alexandra Bechner
Carly Beckstrom
Austin Beeson
Ashley Behan



Shay Behrends
 Lucas Bellows
 Ann Benner
 Dominick Benson
 Shelby Benson
 Zachary Bergan



Dylan Berglund
 Nickolas Bergum
 Danielle Bernier
 Joshua Bernier
 Robert Beynon
 Grant Bidney

Ariana Babcock

Blake Ammann

Abigail Meyer

"Can you
 please define
 tyrotoxicism?"



"When you're drunk or
 something...?"

"It's got to be some kind of
 poison!"

"Like, another word for
 flowers?"

(Tyrotoxicism
 is the
 poisoning of
 cheese)



Michael Bielke
 Kari Birkholz
 Brenna Blake
 Dominique Blanchard
 Malachai Bly
 Molly Boland



Nathan Bollin
 Trevor Bollinger
 Austin Boniface
 Allie Bothman
 Lyndsey Bouchard
 Chandler Boyd



Kristina Bramley
 Mitchell Brandel
 Nicholas Brenk
 Courtney Brihn
 Noah Brown
 Jordan Bryant





Zachary Burger
 Payton Burkhalter
 Aaron Calhoun
 Tyler Carlson
 Thomas Carney
 Alexis Carpenter



Richard Carr
 Jose Carrillo
 Christian Carson
 Ever Castillo
 Kelin Castillo
 Matthew Chalgren

Samantha Hanson

Matthew Tessier

Kelli Lukkonen



"What
 was your
 theme
 song
 for your
 junior
 year?"

"My President Is Black"
 by: Young Jeezy"

"Rock n' Roll Mountain Troll"
 by: The Miniature Tigers"

"You Make Me Feel"
 by: Cobra Starship"



Alexandra Charest
 Coda Chastain
 Amina Cheikh
 Matthew Chenery
 Zachary Christenson
 Isaac Christianson



Taylor Christianson
 Alyson Clepper
 Chace Coles
 Jefferson Coley
 Kendra Connelly
 Alexander Connolly



Tyler Corbin
 Nathan Corcoran
 Cailie Craig
 Corbin Culp
 Mary Cunningham
 Brianna Curtis



Samantha Dahlke
 Anthony Dahlstrom
 Noah Davis
 Olivia Decheine
 Autumn Del Vecchio
 Jessica Dhaene



Zachary Dilling
 Adam Domitz
 Michaela Dowell
 Dylan Dresel
 Clay Drobnick



Brandon Hilla

Jennifer Ambrose

Nicholas Norling

"Who do you
 think your
 celebrity
 look-a-like is?"



"Hands down, Eddie Murphy."

"Definitely Tyra Banks."

"Uhm, I've been told I look like
 Brad Pitt."



Laura Duerkop
 Miranda Dunn
 Jennifer Dylkowski
 Jack Ebel
 Matthew Eggers
 Devyn England



Amy Enrooth
 Andrew Erickson
 Kaitlin Erickson
 Caitlin Evgen
 Beau Fandel
 Robert Farmer



Zachery Fecteau
 Daniel Felland
 Skye Finley
 Tyler Fish
 Kezia Flaherty
 Sarah Fleming





Luke Flint
Zachary Freer
Angela Frericks
Valerie Friend
Alyssa Frovarp



Bailey Fuglie
Zachary Fuller
Stella Furlano
Shelby Gaebel
Ramiro Gallegos
Danielle Galvez

Alexis McKinney

Sammi Jo Simons

Jennifer Dylkowski



"Umm.. The Wild?"



"Go Twins!"



"I have to support my Lynx!"

"Who is
your favorite
professional
sports
team?"



Richard Garcia-Jaimes
Zoe Geisen
Keenen Germundson
Chad Gervais
Brooke Geston
Cassandra Giesner



Alexi Glenn
Emilie Goblich
Joseph Goossens
Logan Graham
Brittany Grant
Benjamin Green



Haleigh Gulden
Taylor Gullikson
Evan Haas
Jacob Hafiz
Taylor Hafner
Andrew Haider

Brooke Halbert
 Emily Hall
 Leighann Hall
 Maxwell Hall
 Austin Hallberg
 Kyle Hallin



Hunter Hallstrom
 Benjamin Hamann
 Kasey Hansen
 Matthew Hansen
 Abbie Hanson
 Adele Hanson

"Do your
 best
 Justin
 Bieber
 hair flip."

Coda Chastin



"He's totally a pioneer of style and beauty, and haters are just jealous because they can't be like him."

Zachary Fuller



"I actually hate him because he a terrible singer and he looks feminine. But his girlfriend is pretty decee."

Austin Roth



"I just wish I could sing so I could go around the world and do what he does. I wish I was fresh."



Mickayle Hanson
 Samantha Hanson
 Weston Hanson
 Spencer Hanton
 Brandon Harshe
 Marissa Hart



Jade Haseltine
 Jacquelyn Hastings
 Miranda Haug
 Emily Haylock
 Madeline Haylock
 Austin Hechtel



Zachary Hecimovich
 Ellen Heidel
 Derek Heilig
 Marisa Heiling
 Livingston Heilmer
 Jacob Heitman





Tiffany Henry
 Brianna Herbek
 Logan Herber
 Brandon Hess
 Jordan Hickle
 Brandon Hilla



Nicholas Hirsch
 Jon Hogan
 Nicholas House
 Eric Hovatter
 Alexandra Howard
 Nicole Huset

Rayden Ross



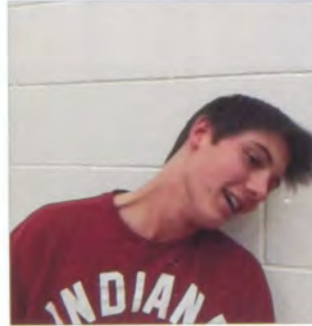
"He's a stud and I wish I had his style and sexy girlfriend."

Jason Skoglund



"He has a lot of money and he can rock that leather jacket like no other."

Mason Modjeski



"I admire his sexy hair and his gorgeous eyes."

"What do you think about Justin Bieber, and what do you admire about him?"



Dannielle Ihfe
 Maxwell Ingalls
 Samantha Ingalls
 Alyssa Isaacson
 Raegan Jaeger
 Jacob Jankowski



Casey Jepsen-Abendroth
 Brittany Johanson
 Matthew Johnson
 Mikensie Johnson
 Zachary Johnson
 Brandon Jones



Collin Joselyn
 Natasha Justin
 Erica Kachinske
 Benjamin Karlsrud
 Mary Kasl
 Brandon Kehn

Matthew Keith
 Jessica Kelash
 Maxton Kelly
 Jade Kelm
 Alyssa King



Carli Kirchner
 James Koenig
 Charles Kohn
 Lucas Koppy
 Kayla Kotosky



Jacob Rue

Kaitlin Erickson

Coltin Paddock

**"If you could
 hashtag
 something
 right now,
 what would
 you hashtag?"**



#whatsahashtag

#englishrocks

#canyouwear?



Andrew Kounabout
 Scott Kramer
 Brianna Kriesel
 Sarah Kroska
 Katelin Kruger
 Deundra Kubiszewski



Michelle Lacasse
 Nicholas Ladwig
 David Lafferty
 Tanner Lane
 Afton Larson
 Cody Larson



Matthew Larson
 Reid Larson
 Kenneth Lartch
 Sean Lauderbaugh
 Chelsea Lautigar
 Wyatt Lawson





Dylan Leavell
Kimheng Lee
Andrew Lenz
Katie Lenz
Merina Lenz
Samuel Leppala

Joseph Lerum
Sara Lerum
Brian Levorson
Benjamin Lichtscheidl
Maxwell Lieder
Shannon Liljedahl

Raegan Jaeger

Jeremy Mobeck

Allison Charest



"I would ban cars and make everyone ride camels to school!"



"I would have school EVERYDAY!"



"I would free all the animals from the zoo and let them roam the streets."

"If you were president for a day what would you do first?"



Bradley Linnerooth
Cory Lipschultz
Jacob Lochen
Kelsea Lockwood
Aspen Lofgren
Kelli Lukkonen

Tyler Lundberg
Emilie Luscomb
Kaitlin Lutz-Lawlor
John Macallister
Melissa Mackey
Kelsey Magnuson

Maria Mahnke
Donavan Marx
Travis Matheson
Mackenzey Matteson
Eben Matti
Samantha Matuke

Luke Maxwell
 Amber McCarthy
 Dana McDowell
 Tyler McEachran
 Daniel McIntosh
 Alexis McKinney



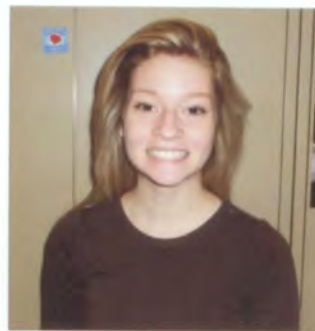
Rachel McKoskey
 Jeremiah McLaughlin
 Gabrielle Medina
 Ronnie Melchor
 Andrew Menne
 Joshua Mester

Austin Morris

Mariel Rosauer

Michael Rixe-Carlson

**“If you could
 invent anything
 in this world,
 what would it be
 and why?”**



“I would invent a hovercraft
 because I want a flying
 vehicle!”

“If I could invent anything
 I would make heated jackets
 and sweatpants because I’m
 always cold!”

“I’d invent a time traveling
 device to experience the past
 again.”



Abigail Meyer
 Emily Meyer
 Andrew Meyers
 Abbi Miller
 Jennifer Miller
 Jennifer Miller



Charles Mills
 Taylor Mills
 Glendon Miron
 Jeremy Mobeck
 Dalton Modjeski
 James Moeller



Dana Mogren
 Amanda Mohler
 Daniel Mollet
 Allison Mondry
 Lindsay Monson
 Andrew Montean





Kendall Moon
Joseph Moore
Samera Moore
Taylor Moore
David Moris
Austin Morley

Austin Morris
Hanna Morris
Heidi Morris
Kiyra Morris
Zachary Morris
Nicholas Moser

William Thom

Kelsey Magnuson

Nathan Bollin



**“What's the
biggest turnoff
and why?”**

“The biggest turnoff for a girl is being obnoxious because it's so immature.”

“The biggest turn off that a guy can have is rude manners.”

“Buff women turn me off, I want a lady not a man.”



Amanda Motz
Samantha Motz
Travis Mraz
Michelle Muellner
Alex Muntean
Sean Murray

Jade Mussehl
Dylan Narow
Joseph Nase
Nathan Nash
Margaret Neeck
Dana Nelson

Daniel Nelson
Cameron Niemczyk
Hannah Nolan
Allison Nolden
Nicholas Norling
Jessica Norman

Olivia Norman
Erica Nygaard
Mitchell O'Brien
Harrison Olsen
Kyle Olson
Travis Olson



Regan Oman
Kristyn Onasch
Jacob Oneill
Logan Opsahl
Nicolas Ortega-Trimble
Michael Oster

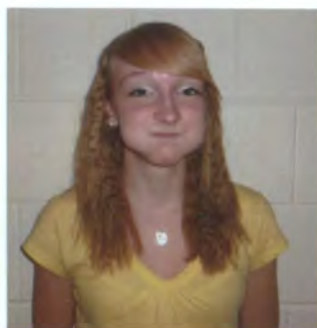


Brittany Johanson

Austin Rizzo

Kathryn Sullivan

**"Tell us your
favorite
midnight snack
and make the
fattest face you
can!"**



"My favorite midnight snack is chocolate because I just simply love my chocolate."



"At 1 o'clock in the morning I like to creep down stairs to retrieve a magnificent piece of chocolate cake."



"I always have a craving for a salami sandwich and kettle corn."



Cellea Osterbauer
Gabrielle Ostlund
Jacob Otto
Coltin Paddock
Andrew Palmer
Katelyn Palo



Kyle Parker
Amber Parness
Cheyenne Patterson
Cassandra Pedersen
Jonathan Pederson
Abigail Peltier



Alix Pennig
Megan Pepin
Celeste Pereira
Courtney Peters
Jesse Petersen
Adam Peterson





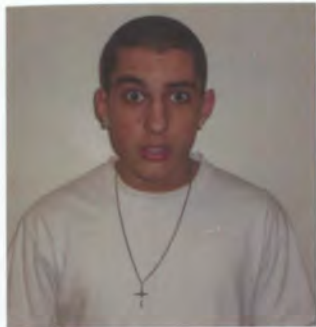
Cary Peterson
Colin Peterson
Emily Petrey
Samuel Pham
Gabriel Philippi
Beau Phinney

Samantha Piasecki
Rebecca Piersdorf
Zack Pierson
Charles Pierucki
Landon Pikala
Ariel Pitts

Jacob Hafiz

Emily Petrey

Jay Reller



"My biggest fear is death, I want to live forever!"



"My biggest fear is spiders because they are little and creepy."



"My biggest fear is having math again with Kendra Eggestein and Nicole Parsons."

"Tell us your biggest fear and make your eyes as wide as they can be."



Hanna Post
Natalie Pothén
David Poyerd
Emily Proulx
Kelsey Pulczynski
Daniel Raak

Trenten Rabel
Jessica Ramberg
Mirna Ramirez
Erica Rapheal
Tyler Rapson
Austin Reed

Tori Regino
Jackson Regnier
Heather Reily
Danielle Reinertson
McKenna Reis
Jay Reller

Jeremy Reller
Zackery Reyes
Cory Richardson
Austin Riedeman
Emily Riermann
Deric Riopel



Karlyn Ristrom
Anthony Rivard
Michael Rixe-Carlson
Austin Rizzo
Brittany Rod
Chevy Roff

Lucas Bellows

Kelin Castillo

Joseph Goossens

"What's the most interesting thing about Forest Lake High School?"



"We have people walking around doing Yearbook stuff."

"The people that go to this school are interesting individuals."

"We don't have a swingset."



Cody Rogala
Mariel Rosauer
Rayden Ross
Miranda Rossbach
Austin Roth
Jacob Rue



Emeril Rusinyak
Jessica Saenger
Philip Sauer
Nicholas Saxton
Kaitlyn Schlegel
Janessa Schleret



Katrina Schlumbohm
Jonathan Schmidt
Samuel Schminski
Paige Schmitt
Trevor Schneider
Leeah Schuhwerck



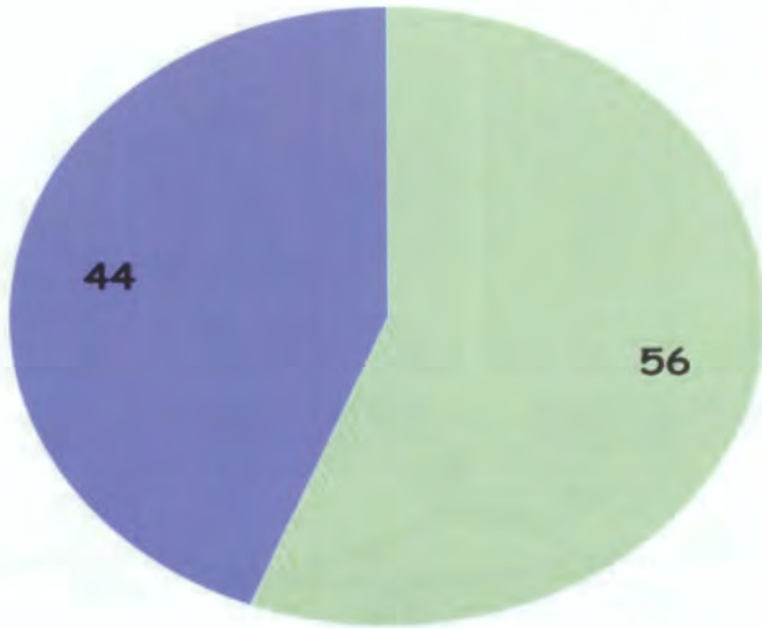


Jacob Schwanz
Zachary Searles
Logan Selby
Casandra Serres
Kylar Severson
Samantha Shanahan



Ryan Shaub
Jason Shevik
Rachel Shumaker
Amanda Sievers
Sammi Simons
Jason Skoglund

Jobless Juniors



■ Have a Job
■ Don't Have a Job



Brianne Smith
Heather Smith
Logan Smith
Brady Snyder-Smith
Kyle Sowers
Jeanette Spanjers



Hannah Spear
Chad Spencer
Emily Stachel
Maxim Stalker
Hannah Star
Aaron Stenberg



Nicole Sticha
Ryan Sudo
Kathryn Sullivan
Brandon Summer
Hailey Swanson
James Swanson

Mitchell Swanson
Tal Swenson
Danielle Taylor
Jacob Taylor
Matthew Tessier
Ashley Thiemert



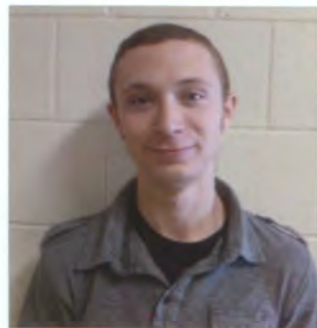
John Thill
Kayla Thole
Kyla Thomas
Cain Thompson
Samantha Thompson
Trevor Thompson

Cody Larson

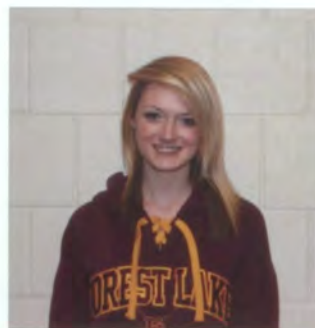
Samantha Shannahan

Mitchell O'Brien

"What was the last text that you got from your mom?"



"It's your dad's birthday, tell him happy birthday."



"Can you turn the heat on please?"



"Okay honey, I love you"



Elizabeth Thordson
Britnie Thornell
Christopher Thurnbeck
Angela Timm
Kathy Tomnitz
Alexander Torgerson



Adam Torkelson
Kyle Trapp
Alyshia Trost
Alexander Trujillo
Blake Tschida
Mark Turi



Anthony Tyler
Sara Urban
Collin Valento
Hanna Valento
Grant Vanelsberg
Andre Vang





Isaac Vang
 Shelley Vang
 Cory Vanneste
 Jorge Vargas
 Tanner Vass
 Matthew Vincent



Dominick Vittori
 Jonathan Voss
 Calvin Waddle
 Colin Waddle
 Austin Wagner
 Nick Wahlgren

Hannah Star

Donavan Marx

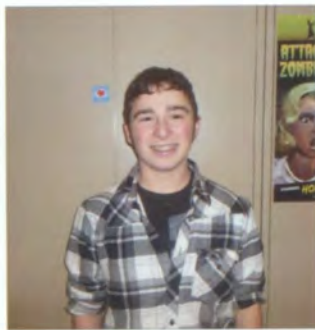
Anthony Revard



"Staying at home and watching movies."



"Going to the Spaghetti Factory, then going horse back riding on the beach."



"Going to a movie, or going to Bucca."

"What's your idea of a perfect date?"



Alexander Wahlin
 Hayley Waldoch
 Tyler Waldow
 Parker Walker
 Cody Walton
 Kellie Wambold



Teddy Washburn
 Shawna Watters
 Russell Wedger
 Brandon Weigel
 Erin Weiger
 Kellie Welch



Kallie Welk
 Michelle Whelan
 Abbigail White
 Amanda Williams
 Christopher Williams
 Amanda Williamson



Trevor Wilson
Evan Woehl
Madison Wohlberg
Andrea Wohlk
Jake Woinarowicz
Steven Wollan



Scott Wood
Andrew Wright
Muajtsim Xiong
Toulee Xiong
Yeng Yang Yang
Donovan Youness

Alyssa King

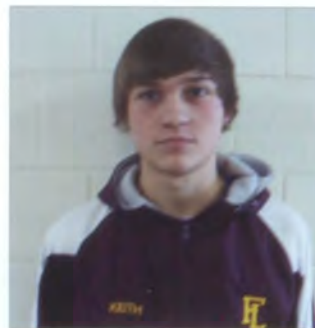
Matthew Keith

Alex Muntean

“What are you most excited about next year being a senior?”



“I’m most excited for next year’s varsity volleyball season. It’s going to be a good year, I can just feel it!”



“Varsity soccer, I’ll be a senior, so it will be fun!”



“I’m most excited for my senior Prom! It’s an important night and our last year to enjoy ourselves.”



Jack Zahn
Elise Zamzow
Jennifer Zidar
Hannah Zupon
Courtney Zusan





Seniors

A group of meteorology students take a break to pose for a picture. Matthew Hultgren (12) commented, "I was really excited for this year's basketball season, and playing as a senior."



Brenna Achttien



Austen Alm



Desiree' Ambourn



Halie Ament



Asbly Anderson



Emily Anderson



Jessica Anderson



Katherine Anderson



Michelle Anderson



Samantha Anderson



Etehvina Arevalo



Kayla Autz



Shaley Bagan



Aaron Baker



Miranda Baker





Reggie Banken



Zachary Baumtrog



Andrew Beauvais



Kassandra Beck



Bridget Becker



Autumn Beireis



Luke Benick



Nicholas Benoit



Erik Bergerson



Anastasia Bergquist



Brayanna Bergstrom



Adam Berndt



Alexandra Bey



Bennen Bierman

What is your most embarrassing high school memory?



"I called my teacher mom."
- Mitch Moravec



"When I wore the same argyle shirt as Mr. Forsythe."
- Ann Wilke



"I hugged someone because from behind they looked like a friend... it wasn't them so I ran away."
- Kathryn Miller



"I found out that my crush had a twin when I tripped the twin in the hallway and realized it wasn't her."
- Cody Megahan





Erika Bildeaux



Taylor Bisbee



Dennis Boldenow



Katie Boleen



Rachel Bostrom



Kristina Bothman



Martin Bottila



Jonathan Boyer



Annamarie Brennhofer



Teresa Brockman



Britney Brown



Zachary Buckley



Carter Burgoyne



Zachary Bye



Colten Cabanes



"When my sisters boyfriend tripped me in the hallway because he thought I was her."

-Cassandra Tyler



"In weight training I went to get on the treadmill and I fell."

-Mackenzie Galleberg



"In 10th grade I had the biggest crush on Josh Rosenberger and he was going down the gym stairs when I was going up and I tripped and fell in front of him."

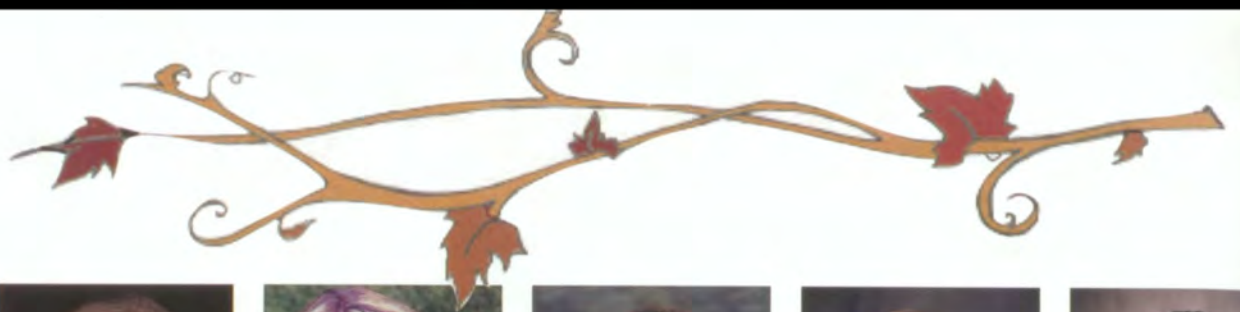
- Mackenzie Kroll



"In math class we were taking a test so it was really quiet and when I got up to turn my test in I tripped over my backpack."

- Joseph Nelson





Marah Campobasso



Madeline Carey



Zachary Carey



Kayleen Carlson



Chase Chamberlin



Yu-Won Chu



Jordan Clauson



Kelsie Close



Hailee Coboes



Kathrine Collier



Kayla Connelly



Lauren Cooley



Spencer Cowing



Dylan Czarnecki



Kaleigh Dallman-Stewart

If you could be any Disney character who would it be and why?



"Cinderella because I'm a princess."
- Brooke Johnson



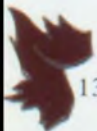
"Mickey Mouse because Mickey is awesome."
-Austin Rock

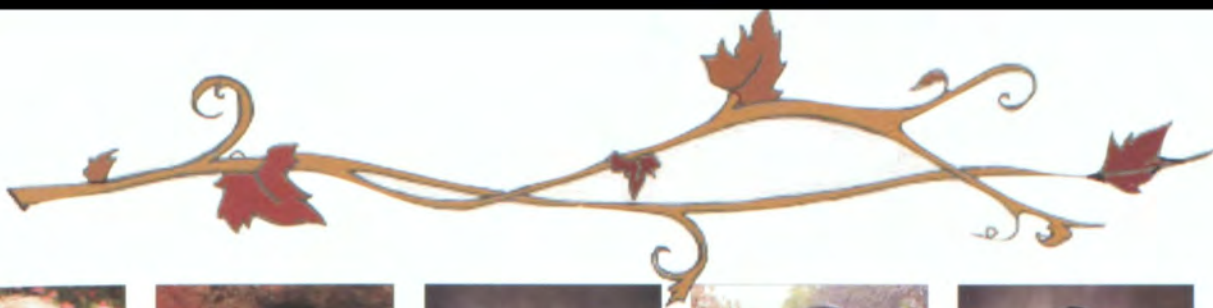


"I would be Simba because he gets to do whatever he wants for most of his life then he gets to go home and be King."
- Gabrielle O'Gorman



"Flynn Rider because he has a hot girlfriend."
- Titus Yang





Lauren Dandl



Nathan Daninger



LeeAnn Davis



Thomas Davison



Dennis Dean



Zachary Decker



Ashley Dempsey



Zachary Dickenson



Samantha Dimmerman



Peyton Distler



Samuel Doten



Joseph Downs



Rachel Drewlo



Kevan Dudley



Rachel Dupree



"Cinderella because I want to meet a prince and live happily ever after."
- Miranda Baker



"Tinkerbell because she doesn't say much but she gets her point across. And because she can fly."
- Jordan Clauson



"Cinderella cause then I could finally have my prince charming."
- Alaina Kunzer



"Russel from Up because he's a boy scout."
- Ryan Xiong





Vincent Eck



Seleah Eckdahl



Brian Eckholm



Amanda Edwards



Amanda Edwards



Aaron Egelkraut



Cody Eggers



Tasba Eggert



Kendra Eggstein



Andrew Egle



Derrick Eichinger



Taya Ellingworth



Lauren Erbul



Kenzie Erickson

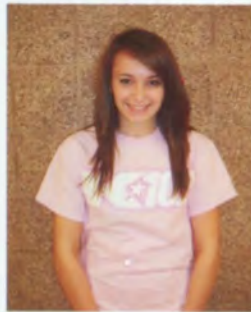


Kassandra Erkenbrack

If the whole world was listening what would you say?



"If people are different you shouldn't judge them on how they look on the outside, you should get to know them first."
- Megan Kaiser

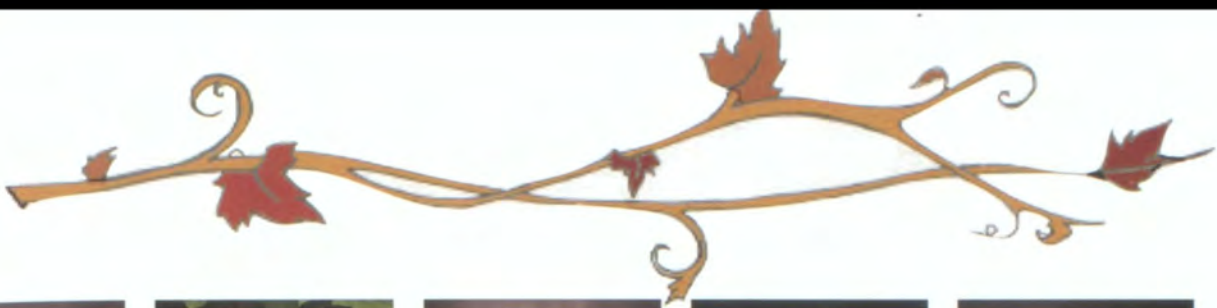


"Sometimes good things fall apart so better things can fall together."
- Amanda Hurtley



"Keep calm, stay strong, don't let the bad times get you down, take a breath and push forward. You have one life, live it right, live it well and aspire to accomplish your dreams."
- Andrew Beauvais





Nikolaus Ernst



Lindsay Estes



Aline Eugene



Brooke Ewert



Kesley Farmer



Avery Fenne



Evan Finley



Jenna Fischer



David Flaberty



David Fleming



Jordan Forbord



Kayla Forleti



Margaret Forsell



Clinston Franklin



Magdalen Gadbois



"In the end everything will be okay."
-Jack Juutilainen



"I love Megan Ann Walsh!"
- Jesse Thomas



"Treat others how you want to be treated."
- Avery Fenne





Cale Gaffy



David Gagliardi



Mackenzie Galleberg



Cameron Garber



Matthew Gasner



Brian Gausman



Joshua Gerlach



Jennifer Germain



Crystal Gering



Damiano Giannanti



Maria Giorgi



Jesse Gobel



Alyssa Goodpaster



Luke Granlund



Jacob Greeley

If you return to school years from now, what do you hope will never change?



"The men's locker room. I like that the stalls have no doors, it makes me feel free."
Kyle Tagg



"The spandex the volleyball team wears."
Eric Herbert



"That the walls are still made out of cardboard."
Marah Campobasso



Alanna Green



Emily Groeneweg



Ryan Groppoli



Kelly Grundbofer



Michael Grzemeski



Dylan Gunter



Alexander Gustafson



Jan Hackmann



Sarah Hagen



Curtis Haglin



Aleena Haley



Ashley Hallberg



Joshua Haluptzok



Chase Hamernick



Samantha Hamlin



"The fun times with friends that you will never forget."
Jeremy Boldt



"How much school lunch costs."
Dylan Heiple

"The deans' fair judgment."
Scott Jordan



"That Dawn is still the parking guard."
Tessa Shackett





Andrew Hammon



Michael Hansen



Cole Hanton



Austin Harris



Rachel Hartsborn



Mikel Hastings



Jonathan Haus



Thomas Hedin



Dylan Heiple



Aaron Hensley



Eric Herbert



Constance Herman



David Herman



Brittany Hestekin



Timothy Hickerson

What is your favorite high school memory?



"School fights."
Michael Lesnar



"Hanging out with my friends in Auto Tech and my senior year in football."
Kevin Dudley



"Hanging out with Brenna and Ashley."
Justin Witzel



"The 'Fab Four' plus Eric, in Stats class."
Matthew Hultgren





Matthew Hill



Kimberly Hillberg



Jacob Hinrichs



Cory Hoeft



Alexander Holien



Benjamin Homyak



Jacob Hopkins-Ricci



Hunter Hoppe



Laura Hoppe



Tyler Hubbard



Haley Huberty



Blake Hudak



Jacob Huesmann



Karisbae Huffman



Robert Hulsebusch



"Parties at Weed's."
Stephanie Olson



"The streakers at the Homecoming game. Yeah buddy!"
Kristina Bothman

"Having the biggest - coolest - bomb diggity - legendary tailgating shin dig ever!"
Nichole Poeschl



"Winning Conference for hockey in 10th grade."
Taylor Bisbee



"My favorite high school memory is going to all the football games."
Catherine Peterson





Matthew Hultgren



Madeline Hume



Mitchell Hunt



Amanda Hurtley



Karissa Huynh



Tyler Isaacson



Alexander Iverson



Joe Jackson



Jordon Jeans



Matthew Jellum



Kayla Jensen



Adam Jenson



Alyssa Johnson



Anthony Johnson



Brooke Johnson

What is your biggest pet peeve?



"Women."
Hunter Hoppe



"Men, no wait...boys!"
Katelyn Wick



"Obnoxious boys."
Emily Meyer



"Underclassmen."
Benjamin Homyak





Collin Johnson



Colt Johnson



Daniel Johnson



Thomas Johnson



Kevin Jolicoeur



Sarah Jones



Scott Jordan



Joseph Jurasin



Jack Juutilainen



Megan Kaiser



Kari Kalhagen



Shaunna Keast



Alexander Kelley



Erin Kerrigan



"Frankie Munez."
Jordan Lesewski



"When people drive
under the speed limit,
then get mad when you
drive to close to them!"
Olivia Olesiak



"When my parents
talk to me about
college."
Rachel Swedin



"I hate when my friend
Joe comes up and acts
like a huge tough guy."
Ryan Groppoli





Joseph Ketchel



Daniel Kezar



Carly Kiesow



Bryce Kinder



Amanda King



Krista Kirchner



Erik Klien



Michael Knyphausen



Mitchell Kobler



Lucas Kohls



Kendra Kohen



Kellie Krause



Jessica Krois



Mackenzie Kroll



Kyle Krynski

What is a fad that you are embarrassed to admit you were a part of?



*Micah McQuinness:
"Daddy's teeshirts."*



*Nicole O'Bryan:
"Chokers!"*



*Jessica Rivard:
"Wearing Crocs. I love
my Crocs."*



*Michael Rivard:
"Skinny Jeans and long
hair."*





Ryan Kuefler



Amanda Kubnert



Alaina Kunzer



Alyssa Kurrelmeyer



Samantha Kutz



Morgan LaBelle



Justin LaMeyer



Jacob LaNasa



Mistaki LaPlante



Clarissa Larson



Kiersten Larson



Aaron Laun



Andrew Leatherman



Ryan Lecy



Bao Lee



Hannah Quiggle:
"I was embarrassed of
wearing ponchos."



Alex Holien: "I use to be
really into hegos."

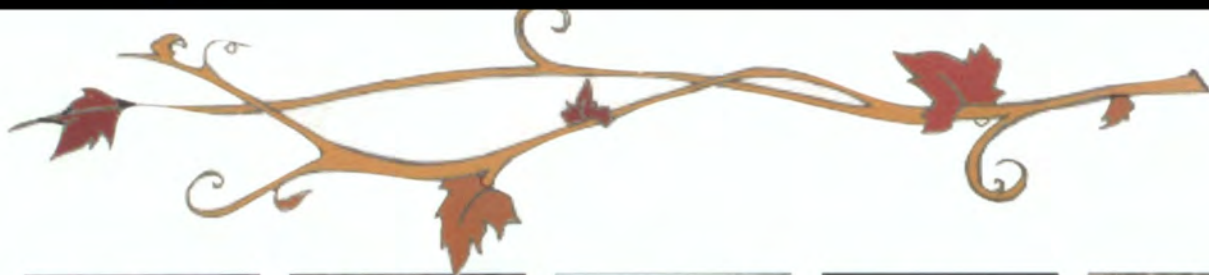


Emily Groeneweg: "Snap
bracelets, they were a
guilty pleasure/collectors
item."



Kevan Dudley:
"Frosted tips with the
short spiked hair."





Jacob Lee



Quinmill Lei



Luke Lennon



Sarah Lenz



Calvin Leonard



Amber Lepisto



Jordan Lesewski



Michael Lesnar



Virginia Lida



Jessica Lindemyer



Taylor Lindquist



Elsa Litecky



Jiajia Liu



Zhenbang Liu



Shane Lo

Who is/was your favorite teacher throughout school?



Megan Thompson:
"Mrs. Hunt! She needed another first!"



Wesley Marsh:
"Mr. Wilson because he gave me bass fishing lures and he is very nice."



Marissa Moravec:
"Mrs. Link. I had her in 8th grade and junior year. I love her energy and personality."

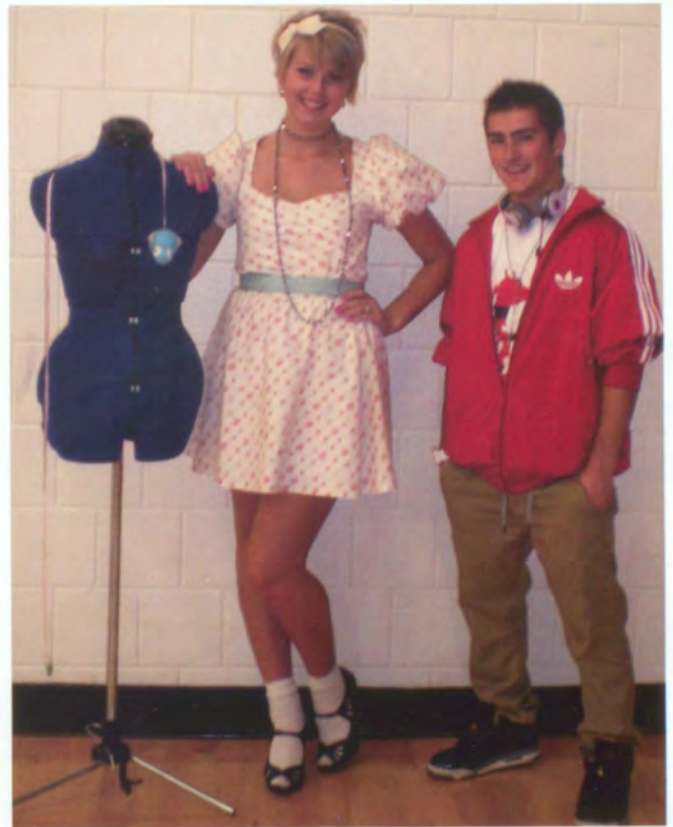


Brian Paulson:
"Mr. Harris-Just Don't Talk."



Cutest Couple

Neil Peterson & Amy Mihelich
Mackenzie Schultztz & Madeline Carey



Best Dressed

Ashlee Peterson Frank Novotney



Lauren Dandl & Ann Wilke



Best Friends

Kyle Tagg & Tyler Nelson



Marian Spiess



Anthony Peterson

Most Distictive Laugh

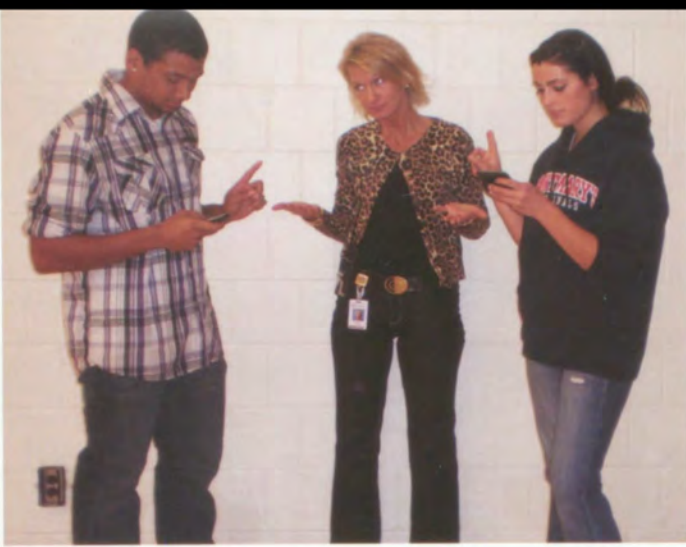


Joseph Jurasin



Kendra Eggstein

Biggest Flirt



TEXTAHOLIC

Tyler Rosenberger

Alexandria White

RANGERS



Most School Spirit

Bernard Morgan

Hailee Cohoes



Class Clown

John Yankovec

Kayla Jensen



Most Athletic

Shannon Nelson

Thomas Tyson



FORES



FOREST LAKE HIGH SCHOOL



SCHOOL CLASS



OF 2012





Best Car

Alex Macie

Jaclyn Unger



Worst Car

Nicholas Peterson

Samantha Dimmerman



Most Likely to Succeed

Neil Peterson

Annamarie Brennhofer



Most Likely to be Caught Looking in a Mirror

Michael Rivard

Brittany Hestekin



Thomas Loch



Benjamin Long



Thomas Longfellow



Alexis Luckow



Kyle Lund



Ryder Lundahl



Jacob Lynch



Alex Maciej



Isaac Maier



Noel Mains



Kayla Marchese



Wesley Marsh



Lauren Martinson



Nicole Marusich



Shane Mattheisen



Margaret Forsell:
"Mr. Forsythe because he taught me that in order to make history you have to know it!"



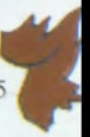
Lance Pariseau:
"Mr. Beukema that's what she said."



Christian Neumann:
"Mr. Anderson's sub, I thought I heard Dylan"



Morgan Sperry:
"Mrs. Cameron, she is always happy and smiling."





Jackson McDowell



Collin McGrath



Micab McGuinness



Samantha McIntosh



Andrea McMillen



Cody Megaban



Thane Meier



Ricardo Mercado



Lucille Merila



Nathan Merrier



Alexandra Mester



Cynthia Meyer



Spencer Michel



Amy Mibelich



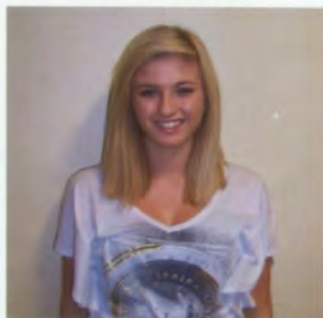
Brandon Mike

If you could know the date of your



Kayla Marchese:
"No, because I would want it to be a surprise and have a fun life!"

Ashley Dempsey:
"No, because I would be sitting there all day wondering 'when am I going to die?'"



David Rybak:
"I'd much rather it be a surprise."

Dorothea Olson:
"No, because then I'd be dreading it."





Alexandra Miller



Anthony Miller



Breanna Miller



Christopher Miller



John Miller



Kathryn Miller



Michael Miller



Ronny Miller



Michael Mills



Austin Milne



Andrea Mogren



Lauren Moody



Ashley Moore

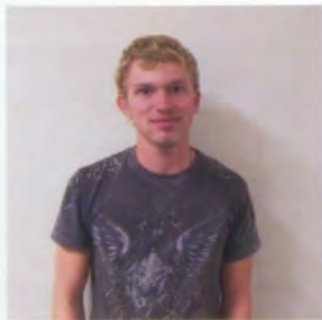


Patrick Moran



Marissa Moravec

death, would you and why?



Jacob Schally:
"Yes, because then I could do things I want to before I die."

Lexie Luckow:
"No, because that'd suck!"



Samantha Anderson:
"No, because I would just want it to be a surprise."

Emily Anderson:
"Yes, 'cause then I would live my last days to the fullest and plan out my time before I die."





Mitchell Moravec



Bernard Morgan



Chris Morgan



Lucas Morgan



Adison Morinville



Amy Mouacheupao



Justine Moulton



David Moyer



Mason Murdock



Mikenzie Murphy



Collin Murray



Cody Muscha



Emily Myers



Bailey Nelson



Britta Nelson

What is your biggest obsession?



"Robotics"
-Phillip Shusta



"Food"
-Ryan Renard



"Rayden Ross"
-Taylor Lindquist



"Writing and speaking in Arabic"
-Kelli Sovo





Dallas Nelson



Joseph Nelson



Maxwell Nelson



Sadie Nelson



Shannon Nelson



Tyler Nelson



Angela Nesler



Christian Neumann



Lauren Newbauer



Korynn Newville



Adam Nielsen



Shania Nienow



Anna-Marie Norman



Timothy Novak



Frank Novotny



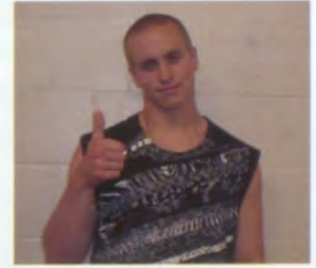
"Fantasy football and Kim Kardashian"
-Adam Berndt



"Winning"
-Nathan Merrier



"Reality TV"
-Lauren Martinson



"Cleaning my room"
-Michael Hansen





Jeremy Oakvik



Nicole O'Bryan



Jacqueline Ohman



Olivia Olesiak



Dorothea Olson

What did you last laugh at?



Colin Schlaeger: "Bridget Becker's brilliance."



Jacob Lynch: "We were making stir fry in Food Choices and Ben Morgan says, 'You know it's bad when it smells like my house! God I'm such an Asian!'"



Christian Swenson: "Giving super high fives!"



Lisa Olson



Stephanie Olson



Tiffany Owens



Kyle Pagel



Cody Paggen



Ryder Paggen



Erica Palmer



Mackenzie Parenteau



Lance Parisean



Nicole Parsons





Brian Paulson



Katelynn Pearson



Eric Peirson



Patricia Pemrick



Ryan Perreault



Kayla Connelly: "The boys streaking at the Homecoming game."



Hunter Smith: "When Mr. Harris nubed me with his nub."



Joshua Gerlach: "I was talking to Dawn last hour and she kept going on about how we park so bad in the winter."



Magdalen Gadbois: "When the substitute teacher sang me Happy Birthday and it wasn't my birthday."



Anthony Perrin



Anthony Peterson



Ashlee Peterson



Catherine Peterson



Chase Peterson



Neil Peterson



Nicholas Peterson



Laura Pierce



Victoria Plaisance



Brittney Pierre





Michael Pleski



Cora Plombon



Nichole Poeschl



Andrew Pollard



David Prachar



Shelby Preston



Hannab Quiggle



Dakota Quimby



Alissa Ralph



Jessica Ramberg



Shelby Preston:
Jacob Lynch



Nicholas Ramsden



Mariana Rasmussen



Jesse Reeder



Anisah Regino



Timothy Hickerson:
Morgan LaBelle



Kayla Jensen:
Joshua Rosenberger



Kathryn Schwister:
Christian Zellner



Cassie Reinhardt



Ryan Renard

Who was your elementary
school crush?





Blake Richert



Nathan Riedeman



Jessica Rivard



Michael Rivard



Austin Rock



Bradley Rod



Jessica Rolbiecki



Samantha Rondo



Joshua Rosenberger



Tyler Rosenberger



Cory Rossini



Aaron Rossman



David Rybak



Eric Sager



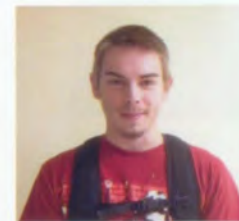
Spencer Salokar



*Megan Walsh:
Trevor Oleson*



*Morgan LaBelle:
Tim Hickerson*



*Austin Harris:
Alexandria White*





Ashley Sample



Alex Sbaab



Jennifer Schaeffer



Paige Schaffan



Jacob Schally



Tanner Schauer



Michael Schebr



Samantha Schilling



Colin Schlaeger



Jan Schlenker



Austin Schollen



Joyanna Schreffler



Mackenzie Schultz



Jamie Schuna



Kathryn Schwister

Tell us about your first kiss



"I was at a friends house in 8th grade, we were watching a movie and he leaned in and kissed me."
Lauren Moody



"I wish my dog's tongue wasn't so big."
Jacob Huesmann



"It was unexpected, confusing, and I wasn't ready for it at the time."
Austin Schollen



"I was in Kindergarten and the teacher found me in the boys bathroom kissing a guy in the stall... Lets just say I got in HUGE TROUBLE."
Kassandra Beck





Cydnie Scott



Dana Scott



Shelby Seekon



Kirsten Sewall



Tessa Shackett



Renee Shaw



Garrison Sbea



Michaela Sheldrick



Naleisha-Malia Shook



Phillip Shusta



Michael Siems



Kyle Skar



Angela Skradde



Davanna Smith



Hunter Smith

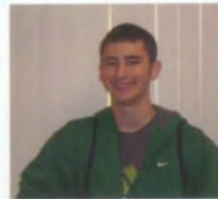
What would you do for a Klondike bar?



"I would milk Isaac's cow."
Renee Shaw



"Nothing."
Collin Murray



"Climb Mount Everest, and shave Jesus's beard."
Joseph Wolff



"Uhh... What wouldn't I do for a Klondike bar?"
Preston Stevens





Jared Snidarich



Emma Snyder



Kelli Sova



Morgan Sperry



Marian Spiess



Sydney Staley-Parks



Kayla Steger



Kascha Stern



Preston Stevens



Kody Stewart



Kaley Stiles



Samuel Stokes



Kenneth Stoutenburg



Tia Stranins



Whitney Strouse

What would you title your life story?



"Nichole Wyandt,
Elephant Whisper!"
Nichole Wyandt



"You're Short."
Dana Scott



"Story of a Misfit."
Aaron Hensley



"Soccer tan lines...
Embedded in my
skin."
Lauren Newbauer





Miguel Suero



Kayla Suess



Rachel Swedin



Samuel Swenson



Kyle Tagg



Johnathon Tautant



Shelby Taylor



Benjamin Tenney



Nathan Tetrault



Hannab Theisen



Cassandra Thobe



Jesse Thomas



Megan Thompson



Lucas Thorson



Tasha Towle



"One Jazzy Guy."
Daniel Kezar



"On Break."
Cory Rossini



"Country Boy."
Nicholas Ramsden



"One Crazy Journey."
Jaclyn Unger





Chase Trosnick-Brant



Austin Tschida



Amber Tuomala



Cassandra Tyler



Felicia Tyler



Thomas Tyson



Jaclyn Unger



Michael Urban



Katherine Urmann



Devin Vacba



Cody Valley



Kyle Van Tassel



Amanda Vanneste



Justin Vilgos



Jesse Villafuerte

What is the best advice you got from your parents that proved to be correct?



*"Boys are stupid."
Quinmill Lei*



*"Don't follow people who stand still."
Aleena Haley*



*"Stay away from boys until you're married."
Shannon Nelson*



*"Don't trust your brother because he's a boy."
Amanda Edwards*





Kaonokate V'ue



Julia Wallner



Megan Walsh



Jessica Walton



John Watkins



Joshua Weed



Holly Weimer



Mitch Weiss



Magdalena Welty



Alexandria White



Zachary White



Katelyn Wick



Ann Wilke



Lenae Wilson



Holly Winberg



"The girl is always right."
Justin LaMyer



"Girls are complicated."
Lucas Thorson



"Go to school."
Mike Schehr



"Guys like girls who know about cars."
Shelby Seekon





Justin Witzel



Cole Wolff



Joseph Wolff



Rian Wurzer



Nichole Wyandt



Ryan Xiong



Lucas Yang



Rachel Yang



Titus Yang



John Yankovec



Jordan Zanich



Samantha Zandtke



Alek Zentzjs



Mitchell Zugschwert

What were you most excited about when coming into highschool?



"Meeting new kids from southwest."
Alissa Ralph



"To get to know more people and selecting from a wider variety of electives."
Lisa Olson



"I was most excited to spend more time with Mac Schultz."
Mason Murdock



"Meeting new people and learning fun new things."
Mistaki LaPlante





Ads for Grads

Jaime Schana

You have grown up to be such an amazing strong young lady. We are very proud of you.
Love,
Mom and Dad



Miranda Baker

Miranda,

What can I say... I am so proud of the person you have become. You are a confident, beautiful, smart young lady. I have no doubt that you will accomplish whatever you set out to do. I love you so very much.

Mom



Emily Groeneweg

Follow your dreams, Em. Find your true north. Work hard, and love deeply. In 30 years you will regret the things you didn't do more than things you did. Ride like the wind, baby. Remember not to squat with your spurs on and to call your mother once in a while. I'm so proud of you.

Love,
Mom

Katie Wick

You can achieve whatever you want in life. All you have to do is believe that you can. We believe in you.

Love,
Mom and Dad





Erika Bildeaux

To our Boo-
It has truly been a joy to watch you grow from that bright-eyed little girl into the wonderful, smart, young woman you have become. Remember we will always be here for you, no matter where life's amazing journey may lead you.
All our love,
Mom, Dad and Ryan



Andrew Pollard

Andrew, we are very proud of you and all the goals you have accomplished in school and on the field. You have many more to go and we have all the faith in you. The sky is the limit Po. Believe in yourself like we always have and will.
Love ya Buddy!
Mom, Dad and Jenni



Annamarie Brennhofer

WOW! You are incredible, continuing to amaze us through your abilities, determination, and accomplishments. We are so proud of the beautiful young lady you have become. We wish you happiness and success throughout the years ahead. The future is yours! No *dream* is too big to *live* when you *love* what you are doing. Be true to your heart. You know we are all behind you with lots of love and support. Congratulations!
We love ya,
Mom, Dad, Kevin, Tim and Peter



Kirsten Sewall

Kirsten,
Our own sleeping beauty. We are so proud of the person you have become. You have made our lives so much more blessed. Congratulations! Your hard work has paid off.
We love you,
Mom, Dad, Doug and Kelsey



Korynn Newville

Congratulations! We are very proud. You are going to do great things.
We love you.



Zachary Decker

We are so proud of you and all that you have accomplished. Your sense of humor, your determination, and your many talents will carry you into your next big adventure. Always be yourself, and keep smiling!
Love,
Mom and Dad

Matthew Hill

Matthew-
We are so proud of the great person you have become. Congratulations on everything you have accomplished thus far, and looking forward to seeing just what your future holds!
Love you always,
Dad, Mom and Amanda



Shelby Preston

Our dearest Shelby,
We are so very proud of you. You are an amazing person who can accomplish anything you want. We love you and look forward to what the future brings for you.
Mom and Dad





Katie Pearson

Being your parents is one of our greatest joys. We would love to do your entire life all over again. You were a great child to have then, and you have grown into an amazing woman. We know that God has a great plan for your life and we are so excited to see it unfold. Live within your values, trust in your faith, and always know that we love you!

Mom and Dad



Kellie Krause

Live strong, live wise, live with love and compassion, serve others and they will serve you. Dreams may change but remain faithful and true, and you will find happiness.

Love,
Mom and Dad

Adam Nielsen

We are so proud of you! You are an amazing and confident person. We know you will go far in life. Always believe in yourself and God, and you can accomplish anything!
We love you.



Madeline Hume

Born in ninety-four,
K through 12 is now complete-
Adventure starts now.

Set your sails and course;
Remain confident and dream.
Proud parents always!

Love,
Mom and Dad



Haley Huberty

Haley-
Thanks for being such a blessing. Remember to live simply, laugh often, love with all your heart. Best wishes and lots of love.
Mom and Dad

Justine Moulton

Congratulations Justine! We are so proud of you and what you have accomplished.

We are excited to see what the next chapter in your life will bring. We love you!

Love,
Mom, Dad, Tristan and Taryn





Blake Richard

Blake,
We are so lucky to have been blessed with such a bright, wonderful son. You have grown into an extraordinary, brave young man and we are so very proud of you! As you go on to protect and serve our country, become the greatest person you can be, spread peace around the world and make God and our country proud. May God love you and always keep you safe.
We love you with all our heart.
Mom and Dad
LUKE 10:27



Aaron Rossman

Aaron,
We are so proud of you! We hope the future brings you happiness and joy.
We love you!
Love,
Dad, Mom, Anthony, and Alischa



Amanda Vanneste

Amanda,
Congratulations on all that you have accomplished. Your hard work and dedication will help you succeed in anything and everything you set your mind to. We are very proud of the incredible young woman you have grown to be.
We love you very much.
Mom, Dad, and Chris



Lauren Moody

Congratulations to our P.D. Dolly. Aim high, reach for the stars, never look back. We are excited for you and what you will accomplish in the future.
We are so proud of you and always will be. Just wished you hadn't grown up so fast.
Love you,
Mom and Dad



Bailey Nelson

We have enjoyed watching you grow into a beautiful young lady. You can accomplish anything with your talents and qualities. Reach for the stars because the sky is the limit! Best wishes to you and your future! We are always here for you.
We love you Bucky.
Mom, Dad, Spencer, and Sophia



Thomas Longfellow

Congratulations Tom! We are so proud of you and very excited for your future!
Love,
Dad, Mom, and Annie

Katie Schwister

Congratulations Katie! We love you and are so proud of you. We can't wait for your next chapter.
Love,
Mom, Dad, and Erin



Collin McGrath

We are very proud of you! Watching you grow up has been an adventure, and you have become a wonderful young man. Your determination, perseverance, and love of life will take you far.
We love you! May God bless your journey.
Mom, Dad, and Ryan





Alex Maciej

Alex (Putz),

In the blink of our eyes you've grown from the little boy fishin' off the dock for hours on end into an amazing young man. You've never looked back and have paved the best possible path for Zach, Abby and Hanna. Keep the sparkle in your eyes, your contagious smile and your passion for life alive. It has been an honor to have you as our son. Ride life like you have stolen it!

Love always,
Dad, Mom, Zach, Abby, and Hanna



Hunter Smith

Hunter,
You are an amazing kid- full of spirit and perseverance. Your smile has brightened each day of our 18 years with you-
Dream big!

Love,
Mom, Dad, and Lo.

Kassandra Beck

Sunshine, you are absolutely beautiful inside and out. I am so proud of you! Throughout life's challenges you continue to persevere. You continue to amaze me.

Love you,
Mom



Matthew Hultgren

Congratulations Matthew! What an intelligent, handsome, young man you have become. We are so proud of you. Enjoy the journey to come and remember that anything is achievable as long as you are determined and work hard. Dream big and enjoy your successes along the way!

Our love and support,
Dad, Mom, and Megan



Emma H. Snyder

Emma, you are the sunshine in our lives. May your heart always be joyful, may your song always be sung. May you stay forever young.

Love,
Mom, Dad, and Nathan
(special thanks to Bob)

Kendra Kohuen

Kendra,
Congratulations! You did it! We are very proud of you!

Love,
Mom, Dad, and Bailey





Jenna Fischer

Jenna,
We are very proud of your accomplishments these past school years. You are such a joy and blessing to our family! We pray for God's hand to continue to lead you in his path and purpose for your life.

We love you,
Mom, Dad, and Erika

"Make everyday your masterpiece."
John Wooden



Erica Palmer

Erica,
You have worked so hard and we are very proud of you. Now it's time to follow your dreams! Always remember to take time out to walk in the water and play in the sand.

Love,
Dad and Vicki



Clarissa Lanson

Clare,
You are so precious to us. You are a blessed gift to our family. We and all of our family love you. We are so proud of you!

Love,
Mom and Dad



Brooke Ewert

Congratulations Brooke! We're so proud of our little mermaid!

Love,
Dad, Mom, Gunnar, and Paige



AJ, Jennie (Avery)

AJ. What a fine young man you have grown up to be. Your a strong, smart, genuine person. It doesn't get any better than you. A mother couldn't be any prouder than to have a son like you. Follow your dreams and shoot for the stars. I love you with all my heart!

Love,
Mom

-Make me proud Bud Boy!
Love,
your lil/big sis Whitney



Jacob Lynch

Jacob- We have never been more proud of you and your accomplishments. Go after your goals with pride and determination and you will become everything you want to be!! We love you to the moon and back again.

Love,
Mom, Jason, Austin and Grace

Morgan Sperry

Congratulations Morgan!
Job well done- You are our favorite girl!
Keep on smiling...
Love,
Mom and Dad



Derrick Eichinger

Congratulations Derrick, we are very proud of you. Keep your eyes on your goals and keep casting for your dreams. You can accomplish anything!

We love you.
Mom and Dad





Ashley Hallberg

Ashley Marie-
Go confidently in the direction of your dreams. Keep on reaching for the stars! We love you to the moon and back forever,
Mom xoxo



John Yankovec

Congratulations,
JB. We are so proud of you and can't wait to see what your future holds. Always keep the laughter in your eyes, your amazing smile on your face and your incredible sense of humor.
Love you-
Mom and Dad

Felicia Tyler

We love you so much and are so proud of you. Follow your dreams and we know you will achieve it.
Love you,
Mom and Dad



Alex Hollen

Alex,
Our little Pooh Bear is all grown up and graduating. As you move onto the next step in your life remember to always give 100% and good things will come your way. Dad and I will always be there for you.
We love you!
Mom and Dad



Dana Scott

Dana your hard work and determination makes us very proud and we are truly blessed to have an amazing daughter like you.
We love you,
Mom, Dad, and Amanda

Shane Mattheisen

There is a saying:
The most powerful weapon on earth is the human soul on fire.
Be that fire, Shane.
We love you,
Mom and Dad





Frank Novotny

To our spirited son Frank,
We wish nothing less than
success in your next journey in
life. Always remember to laugh.
Love,
Dad and Mom



Alaina Kuzner

Dear Alaina,
We have been blessed to have
you as a daughter. You have a
wonderful personality and a big
heart. Congratulations on all that
you have accomplished. We love
you are very proud of you.
Enjoy the next journey in your
life-work hard and have fun.
Love,
Mom and Dad



LeeAnn Davis

Dear LeeLee,
We are so proud of you. You
have grown to be a caring and
giving person. We know you
will be successful in whatever
you do. We love you so much.
Love always,
Mom, Dad, Geena, and Erin



Shaley Bagan

Congratulations on all of your
accomplishments! You have chosen the
difficult and narrow path. Words cannot
express how proud of you we are. You
have been an amazing blessing to our lives.
Since the day you were born you filled
the room with light and energy. What a
beautiful young lady you are, inside and
out. Follow your dreams and never forget
how special you are. Continue on your
journey in life with God as your guide.
"Be confident of this, that He who began
a good work in you will be faithful to
complete in you." Philippians 1:6 You are
our beautiful butterfly with wings that are
ready to fly. Now Fly!
We love you very much!



Rachel Bostrom

It's hard to believe our little
girl will be going off to college
soon. We couldn't be more
proud of you and all that you
accomplished. It's just the
beginning! We love you very
much.
Mom and Dad



DJ Boldenow

DJ,
You have been such a joy in
our lives these last 18 years and
we couldn't be more proud of
the young man you've grown
into. With your talent, wit, and
wisdom, we know you will go
far and can't wait to see what the
next chapter in your life holds
in store for you. Pursue your
dreams with all your heart, DJ,
and never forget we will always
be there for you. We love you
so much!
God Bless,
Mom, Dad, and Danielle

Lauren Martinson

Congratulations Lauren Gene... May
all your tomorrows be filled with God's
brightest blessings. We are so proud of
you. Love you sweetheart,
Mom and Dad



Cassandra Tyler

We are so proud of you! Your future is bright!
Congratulations!
Love,
Mom and Dad





Carly Kiesow

Carly-

Our sweet little blue eyed girl...You've always been so busy, determined and fiercely independent about everything you do. You're a beautiful gymnast who has so many talents and we can't wait to see what the future has in store for you! We are so proud of you and the beautiful person you have become. Congratulations on all your hard work. Never give up on your dreams!

Lotza love,
Mom, Dad, Nick, and Taylor



Ashlee Peterson

With a little Faith, Trust,
and Pixie Dust you can do
anything you set your heart to!
Love you,
Mom and Dad

Britney Brown

Britney-
Congratulations! You have done a
fabulous job! You are a hard worker and
we are proud of you!
Love,
Mom, Brooke, and Riley



Kendra Eggstein

Not everyone is as happy as you when saying good-bye... You have touched
so many hearts, but there are so many more hearts waiting to be touched!
Enjoy your journey-
We love you!



**Kayleen Ann
Carlson**

Sweet Kz,
You are such a blessing to
each of us! We are so proud
of the beautiful woman you've
become! May God richly bless
you in this next chapter in your
life!

Loves a bunch,
Dad, Mom, Tomm, Dann, and
Nina

Christian Neumann

C-Man:
It's like they're staring right into your
soul.. Stare at life with those same eyes.
Love,
Jake, Drew, Becca, and Bridgett





Kenzie Knoll

Kenzie,
You have accomplished a lot and touched so many hearts along the way. Keep up the great work and always follow your dreams.
Love,
Your Family



Andrew Egle

Adrew,
Best of luck in the future.
All our love,
Mom, Dad, Alex, and Abby
Dream big



Colt Johnson

What a joy it is to watch you live your life. You are a wonderful, fun-loving, young man. Keep dreaming big dreams. Dad would be so proud-as we are.
Love,
Mom and Amanda



Kayla Suess

We are so proud of all your accomplishments and the beautiful person you have become. We know you will achieve your dreams in life. We treasure all the memories of your school years. We love you!
Mom, Dad, Ryan, and John



Jan Hackmann

Jan,
We have had fun watching you experience life this year: wakeboarding on a plank, BBQ on everything, "squirrel", playing football for the first time, finding the perfect snowboard, and getting to know MN ways. You fit right in and are part of us now.
Love always,
Scott, Kari, Kalli, and Rachel



Tyler Isaacson

Tyler,
There are 3 little words that make us so very proud...
"That's my son!"
Love you always!
Mom, Dad, and Emily

Bradley Rod

Bradley,
You are a hard working, dedicated, and very committed young man. You will accomplish many great things in your life.
Keep up the great work.
Love,
Mom, Dad, Blake, Brandon, and Brittany



Maria Giorgi

Maria,
We are so very proud of you and the young woman you've become. Congratulations on all that you have accomplished. Be confident in who you are, and always know that we love you.
Love,
Mom, Dad, Sarah, and Cubby





Nichole Wyandt

Nichole Elyssa,

A daughter is the happy memories of the past, the joyful moments of the present, and the hope and promise of the future. Everything about you makes us so very proud that you are our daughter. Our lives have truly been blessed having you in them. Go confidently in the direction of your dreams, live the life you have imagined and most of all we wish you a life of hapiness and success. We are so very proud of you and we love you so very, very much!!!

Love,
Mom, Dad, and Bryce



Michael Hansen 99 "Spike"

Spike,
We are all so proud of you!
Wish you the best the world has
to offer. Go forth and conquer!
Remember to take time to "live,
love and laugh" often.

We love you!
Mom and Tom, Dad, Ericka,
Chelby, and Dracko

Samantha McIntosh

Sam,
You are the best kid a parent could
wish for. You made everyday special.
Congratulations on your achievements
and good luck with all your future goals.

Love,
Mom



Laura Hoppe

Laura,
We are so proud of you and
all your accomplishments.
You have so much drive and
determination, we know you are
destined for great things. Good
luck on your next journey in life
and enjoy your college years
with all it brings. We love you
and will always be there for you.

Love,
Mom, Dad, Renee, and Maggie



Maggie Forsell

Maggie Mae-
You are a true beauty inside and out. We are so proud of who you are and
what you have accomplished. Always remember.. "My wish for you is that
this life becomes all that you want it to, that your dreams stay big and your
worries stay small.."

With love,
Mom, Dad and Jack

Sammy Dimmerman

Sammy,
I am so proud of the young lady that you
have become. You make us laugh with
your wonderful sense of humor and you
have such a kind heart. Whatever life
brings your way, you will do well.

Love you always,
Mom, Jimmy, and Molly





**Lucas Mason
Morgan**

Luke,
We are so proud of the young man you have become. The things you have done were not for us, but for yourself. We know you can accomplish anything you set your mind to. Put your future in good hands, your own.
We love you very much!
Dad and Mom



Kevan Dudley

You have grown into an amazing man that we are very proud to call our son!
Love,
Mom and Dad

Jessica Krots

Jessie Rose,
WOW! Not even sure how to explain how I feel about your achievement. It's been a long road from your first day of Kindergarten until now! You were my first in life as a father and my first child to reach graduation. You have grown so much over the last years and have become a very respectable and strong young lady. You are wise beyond your years. I hope you will be able to use your learnings in your future.
I am so proud of you! You should be proud knowing you are the first grandchild to graduate and go to college.
Way to go Beans! Me and Rach love you so much!
CONGRATS!!



Rachel Swedin

Rach,
We have so many fond memories: learning to drive on frozen Big Marine, solo lines at Scandia concerts, "box out and run faster", your Zoey dog and the hard sell to mom, sophomore NHS, your smiles, hugs, and generosity; just to name a few. You have given us so much and we can't wait for more.
Love always,
Mom, Dad, and Kalli



**Brayanna
Bergstrom**

Brayanna,
Congratulations! We are so proud of you. Go for all your dreams and never stop believing in yourself.
Love,
Mom, Dad, and Glenn



Sam Stokes

We are so honored to be the parents of such a great young man. We know you will do well in the Air Force and everything else you decide to do in life. Congratulations! We love you.
Mom and Dad

Cody Valley

Congratulations Cody! We are so proud of you.
Love,
Mom, Dad, Jen, and Biz



Tyler Rosenberger

T, we are so very proud of you. It seems like only yesterday that I was changing your diapers. Now you are a bright young man with the world at your fingertips. Go and conquer it and make us more proud. We love you very much.
Love always,
Mom, Dad, and Tatum





David Rybak

When you were small we thought of this day how soon it came. David we are so proud of all that you have accomplished. Stay in the driver seat in your life. Mistakes you will make. Don't let that stop you. We get our best learning from them. We wish you the best and can't wait to see you accomplish your goals. Love,
Mom, Dad, and Danielle



Carter Burgoyne

Dear Carter,
Congratulations! We are so proud of the great person you have become. Always remember to follow your heart and do the right thing! We love you!
Mom and Dad

Bennen Bierman

Bennen-
Thanks for starting out the pack with such greatness! Your perseverance has paid off in so many areas. We love you!! Eph. 3:20
Love,
Mom, Dad, Leighton, and Mandy



Aaron Baker

Aaron, I could not be more proud of you! Things that have changed since this picture: You have grown up, you hate the Vikings! You no longer sit on my lap. Things that are the same: Your bright smile, your humor, your caring personality, your great "Baker" hair!
I love you,
Mom



Ben Long

Ben,
You run, you fly, now and in the future.
With love and respect,
Mom and Dad

Kathryn Miller

Kate, for many reasons I am very proud of you.
Love you most.





Nicole Mae Parsons

Nicole,
We are so very proud of you and everything you have accomplished. We know you will succeed at whatever you set your mind to. Follow your dreams and enjoy the next chapter of your life.
Love you tons,
Mom and Dad



Luke Lennon

Luke,
Congratulations on your graduation! We will miss you as you leave for a new adventure. Always do your best and trust in God.
Love,
Mom, Dad, Matt, and Jimmy



Morgan LaBelle

Congratulations Morgan, Now get out there and show this world what we already know. You are not only beautiful, but smart, strong and capable of achieving anything you dream of.
Love,
Dad, Emily, and Tommy



Rachel Hartsorn

We never thought we could love someone the way that we love you. It's impossible to put into words, but we love you that much, it's true. We loved you before we saw your face and before we knew your charm. But when we looked in your eyes, you found your place. Deep in our hearts and safe in our arms.
We love you!
Dad, Mom, and Chaz



Micah McGuinness

M is for Memorable- you leave an impression
I is for Independent- you'll find your own way
C is for Clever- you're witty, fun and sometimes mischievous
A is for Attitude- your strength is sometimes your weakness
H is for Hot-Blooded- you're excitable and full of passion
We love you for who you are and can't wait to see you courageously take on the world!
Mom, Dad, and Riley

Lexie Luckow

Where have the years gone? They have went by so fast, seems like you were just born and now your graduating from high school. Now the journey you have dreamed of for so long is just beginning. Congratulations and best of luck in everything you do!
Love,
Mom, Dad, and Ryan



Joey Nelson

Congratulations Jo Jo!! You have grown into a strong and thoughtful young man with a heart of gold. Thank you for the joy, love, and laughter you have brought to those around you. Be happy, keep smiling, and enjoy the ride. We are so proud of you!
Love,
Mom, Dad, and Scotty



Zach Dickenson

Zach,
We are so proud of the person you've become. Enjoy the journey ahead of you. We're excited to see where it takes you. We love you!
Mom, Dad, and Shannon





Nichole Poerschl

My Sunshine,

Since the day you were born, I've been proud of you. Your caring nature, beauty, and sense of humor create your trademark sunny disposition that radiates off you and reflects off of everyone around you. I know becoming an adult is scary, but you are going to be awesome at it. I promise. I am and always will be the President of your fan club. Remember that on your Graduation Day when I'm holding up my lighter! To you, and all of my "Surrogate Daughters" who I am so very proud of.

This ones for you and me
Living out our dreams
We are right where we should be
With my arms out wide
I open my eyes
And now
All I wanna see
Is a sky full of lighters



Kyle Pagel

Kyle,
We support you 100 percent in anything and everything you do. Thanks for always making us smile.

Love,
Mom, Dad, and Kim

Shannon Nelson

Shannon,
You are such a blessing to us! It feels like it was yesterday you and "Baby" were the inseperable duo. You have grown into a beautiful, kind, strong, and loving young woman. We are proud of you and all that you have achieved. Congratulations!

Love,
Mom, Dad, Sean, and Kevin



Alex Kelley

Alex,
We love you and are so proud of you. Congratulations on your graduation!
Love,
Mom and Dad



Angela Nestler

Words cannot even express how proud we are of you and the wonderful young lady you have become!! Continue to believe in yourself as much as we do, and you will accomplish anything you wish.

We love you so much!!
Love,
Mom and Dad

Eric Herbert

Eric,
These years have flown by. We are proud of the person you have become. You are just beginning your journey. Congratulations!

Love,
Mom and Dad





Mistaki LaPlante

Embrace your journey, my son. For you are loved-unconditionally, "No matter what," always.. mama. The world is all yours-especially if you believe in solipcism..

Love,
Dad!

Jack McDowell

Jack,
Your family is so very proud of the man you have become. We are excited about what lies in your future, the path you take, the goals you accomplish, and the life you build. We have enjoyed your successes both academic and athletic and of course your hunting and fishing adventures. Continue to be the strong, loving, creative person that we love very much.

Love,
Mom, Dad, and Johanna



Jaelyn Huger

Congratulations Jaelyn, We can't wait to see what you do next!

Love,
Mom and Dad



Kascha Stern

Congratulations Kascha, you have come a long way from our little girl. Keep up the great work. You can do and be anything you want.

Love,
Dad, Mom, and DJ



Alissa Ralph

Once a princess, always a princess! We love you, your majesty,
Mom and Dad



Christian Neumann

Chris-We are so very happy to have had you for the past 18 years (almost 19) years! You are an amazing young man and have made us very proud.

We eagerly anticipate seeing where all your journeys take you in life. Remember: "Excellence is not a skill. It is an attitude." Ralph Marston

Love,
Dad and Mom



Patrick Moran

Patrick,
 You have brains in your head.
 You have feet in your shoes.
 You can steer yourself in any direction you choose.
 You're on your own.
 And you know what you know.
 You are the guy who'll decide where to go.
 —Dr. Seuss

You have made us so proud to be your parents and family. You make our life a bit lighter with your smiles, wit and humor. Continue to live the life you have imagined. Enjoy the journey.

Love,
 Mom, Dad, Jennifer and Joseph

Renee Shaw

Renee,
 So full of "Jibber-Jabber" when you were small. Now a beautiful, young woman, you're full of words to encourage, teach, and enjoy because of your kind heart and loving spirit. We love you.
 Mom and Dad



Julia Wallner

Congratulations! We are proud of you and all you have accomplished. Enjoy exploring your gifts and talents in deciding what path you will take in your life. Remember we love you always!
 Mom and Dad



Thane Meier

Hey Blue eyes,
 We are so proud of all your accomplishments and we know you will succeed in whatever you choose to do.
 Love,
 Mom, Dad, and Savanna



Nicole O'Bryan

Nicole,
 You are my most memorable Christmas gift, ever. Congratulations for all you have accomplished. Wishing you a bright and successful future.
 Love,
 Mom



Ryan Leary

Ryan,
 We are very proud of you and the man you've become. God bless your future. Press on to run the race of life! Congratulations and we love you!!
 Dad and Mom

Katie Boleen

Katie,
Congratulations! We are so proud of you. With your incredible drive and determination to succeed, you will have accomplished so much. May your positive attitude and strong inner drive guide you to reach all your goals and dreams for your future. You go "girlfriend!"

Love,
Mom and Dad



Collin K. Johnson

Collin, you make us proud, smile, and shake our heads at the gleam in your eyes. We love you and can't wait to see where your path leads you.

Love,
Mom, Dean, Corey, Cody and McKenna



Jackie Ohman

To Jackie, our Christmas Angel,
We are so proud of the beautiful young woman you are inside and out. Congratulations on a very involved and successful high school career. The world needs caring, intelligent, and creative positive leaders like you so keep it up. You'll soon be off to college and we know you will do great things and continue to "be a blessing" wherever life takes you. God has a marvelous plan for your life so let your light shine and let your faith guide you. Know that we will always love you and be here for you.

Forever your loving family,
Mom, Dad, Jonathan, Joel, and Grandma
(We just want to say this one more time in honor of our amazing all conference dancer- We love FLDT!)



Stephanie Olson

You have looked at life through "fun-spirited" eyes of a very wise child. You have worked very hard and you will excel in all you put your heart into. Remember Jesus and your family will always be by your side forever. We are proud of you!

Love always,
Mom and Dad, Grandpa and Grandma, Tomek's and Hagedorn's



Austin Milne

Austin, we are so very proud of the young man you've become. Follow your dreams!

Love,
Dad, Mom, and Krista



Chase Chamberlin

Chase,
I can't believe you're already graduating. It seems like yesterday you were attached to my leg begging me to do something. I am very proud of you and have no doubt that you will be a successful adult.

Love,
Dad

Chasey,
Hey, as a young boy, you always had to be on the move, always planning every second of the day, not to mention, annoying everyone in the house. Now as a young man, you have turned out to be the best son a mom could ever ask for. I know you, and I know you will be very successful in your future. I am very proud of you and love you very much.

Love,
Mom





Aaron Baker

Aaron, Understanding, kind, and generous. Simple yet admirable qualities that perfectly describe you. An incredible love for the outdoors, try to enjoy it everyday! A word of advice from someone that loves you very much and knows you very well... DON'T CHANGE!

All my love,
Dad



Sadie Nelson

Sadie,
What can we say! You have made us so proud! You're an amazingly beautiful person from the inside out, and your goofy sense of humor, which we love so much, brightens anyone's day! You passion for life is awesome! Keep going after your dreams and always remember we are here for you and love you very much!

Love,
Mom, Dad, Alexa, and Miranda

Erik Klein

Erik,
Mom and Dad are so proud of you. Working as hard as you do to get the things you want in life. Stay on this right track towards a very bright future!



Sarah Long

Sarah, You have brought such joy to all our lives. We are so proud of you and all that you've accomplished. Most importantly we are in awe of the amazing young woman you have become. Your endless wit and steadfast determination will serve you well.

We love you Sarbear!
Mom, Dad, Katie and Lucas



Madeline Carey

Maddie,
You are a beautiful, confident young woman. You are a leader and always positive. You have a great spirit and a soft, caring heart. You are someone who cares about the important things in life and for that, your mom and dad will always be proud of you. You will always be our favorite daughter (and sister).

Love,
Mom, Dad, Ian, and Nick



Chase Hamernick

We always knew you were born to do great things. From Batman, Lion King, to Cliffy Clavin! Your future is limitless. We love you to the moon and back, and couldn't be prouder!
Mom and Dad



Ashley Anderson

Ashley,
"For I know the plans I have for you," declares the Lord, "plans to prosper you and not to harm you, plans to give you hope and a future."
Jeremiah 29:11
We are so proud of you and love you very much.
Love,
Mom and Mike, Reece and Nevaeh, Dad and Becky, Payton, Tom, Erik and Daniel

Kiersten Larson

Congratulations Kiersten! You have worked so hard to get to this point in your life. You have all the right tools for success! I am so proud of you! Now get out there and make the best of life!
Zoot, Zoot,
Mom





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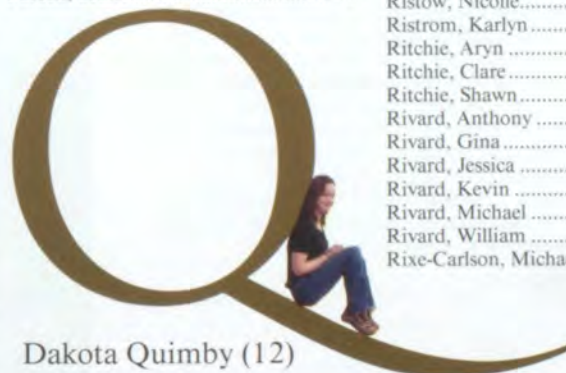
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 Row 3: C. Kaiser, L. Beirman, C. Dahly, D. Giesher, C. Drompp, J. Phillips-Westrum, J. Vacinek, D. Wassman, D. Srenden
 Row 4: J. Scharenbrock, L. Childers, S. Moody, P. Huddleston, P. Litecky, Z. Voss, W. Rivard, Z. Resenthal, M. Clemens, K. Winberg



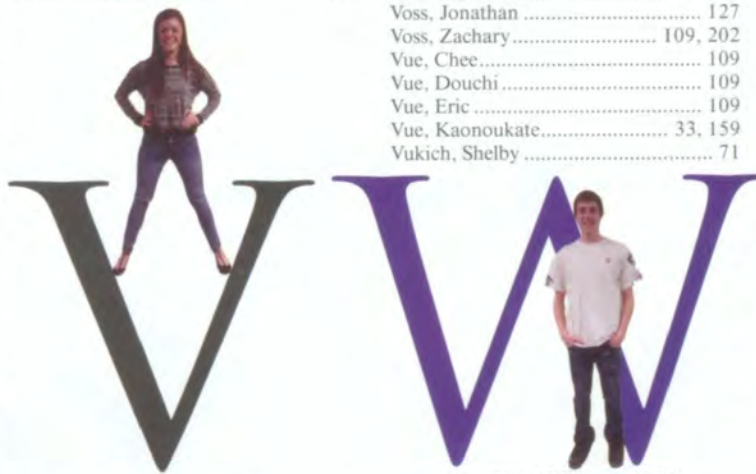
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 Front Row: S. Weiger, J. Kieoh, R. Shaw,
 C. Palomino, J. Pothen, A. Williamson, M.
 Mattheisen, S. Vukich, B. Vogel, A. Olesiak, J.
 Degennaro
 Row 2: K. Boleen, A. Swanson, J. Thill, E.
 Schmidt, M. Storkan, S. Jaeb, S. Swanson, A.
 Tyler, E. Mattheisen

Wilson, Sharon.....	93	Yang, Rachel.....	22, 160
Wilson, Trevor.....	128	Yang, Titus.....	11, 18, 33, 132, 160
Winberg, Holly....	6, 56, 57, 80, 81, 159	Yang, Yeng.....	128
Winberg, Kyle.....	69, 110, 202	Yang, Yoko.....	110
Wing, Kelly.....	93	Yankovec, John.....	160, 167
Winning, Skyler.....	110	Yaritz, Timothy.....	110
Witzel, Christina.....	22, 94, 110	Yates, Barbara.....	110
Witzel, Justin.....	51, 138, 160	Youness, Donovan.....	128
Woehl, Evan.....	66, 128		
Wohlberg, George.....	72, 110		
Wohlberg, Madison.....	128		
Wohlk, Andrea.....	75, 128, 204		
Woinarowicz, Arne.....	110		
Woinarowicz, Jake.....	128		
Wolff, Cole.....	160		
Wolff, Joseph.....	155, 160		
Wolla, Steven.....	128		
Wood, Scott.....	128		
Wright, Andrew.....	76, 128		
Wright, Natalie.....	42, 63, 110		
Wurzer, Rian.....	160		
Wyandt, Bryce.....	110		
Wyandt, Nichole.....	44, 156, 160, 171		



Z

Alek Zentzis (12)

Zahn, Jack.....	128
Zamzow, Elise.....	128
Zanich, Jordan.....	160
Zaudtke, Samantha.....	160
Zentzis, Alek.....	160
Zick, Trysten.....	110
Zidar, Jennifer.....	28, 128
Zugschwert, Mitchell.....	160
Zugschwert, Nicholas.....	110
Zumwalde, Barry.....	93
Zupon, Hannah.....	128
Zupon, Sophie.....	110
Zusan, Courtney.....	64, 128



Rhodia Xiong (10)

Xiong, Linda.....	110
Xiong, Muajtsim.....	128
Xiong, Rhodia.....	22, 110
Xiong, Ryan.....	22, 51, 133, 160
Xiong, Toulee.....	60, 128



Donovan Youness (11)

Yang, Geeshia.....	110
Yang, Lucas.....	160
Yang, Peter.....	110

Junior Varsity Girls Tennis

Front row: N. Mains, M. Heiling, B. Rubio, G. O'Gorman, A. Nolden, K. Lagen, M. Lens, C. Baker, N. Pothen.
 Row 2: A. Felix, M. Robinson, R. Baniecek, A. Frericks, A. Wohlk, J. Anderson, R. Huset, R. Neumann, A. Bremmen.



Autour d'elles





apply Ever After... Almost. As the year drew to a close, everyone looked back at the year differently.

The Ranger champions experienced a wonderful year, with wins and loses, but undeniable teamwork. Students involved in clubs were certain that they had made a difference, knowing they left something positive for the students of the future. Seniors saw their last high school year, some with excitement and nostalgia, others with relief and anticipation. The final pages of the chapter of required education had been written, and graduation was no longer "just around the corner;" it was in the past, and the memories of the day were still fresh in the minds of Forest Lake seniors. This was not the end of their stories, however; it was just the end of the chapter. A new one was beginning, one that shifted the world of the seniors. It had been a year filled with excellence.



The juniors could not wait for

their turn at the



bal4.tv/3pyyp6zm



top; knowing three short summer months stood between them and their final year of school was overwhelming. Dedication and attention had been paid to their studies, ensuring a *future* worthy of fairy tales.



and their had been

Sophomores had survived their first year of the high school, and were now second year *champions*. It hadn't been as scary as it had seemed, and new friends and teachers were waiting at the end of a welcome summer. They had finally become part of the Ranger *spirit*, and were going to help welcome the new Rangers into it.



When the 2012-2013 school year started, they would all be ready for the next chapter; they would all be ready to start writing the next lines of *their story.*





Colophon

Yearbook Staff

Brenna Achittien
 Desiree Ambourn
 Shaley Bagan
 Anastasia Bergquist
 Marab Campobasso
 Madeline Carey
 Samantha Dimmerman
 Rachel Drewlo
 Kendra Eggstein
 Lauren Erchul
 Nikolaus Ernst
 Ashley Hallberg
 Rachel Hartsborn
 Brittany Hestekin
 Amanda Hurtley
 Asbley Moore
 Bailey Nelson
 Angela Nesler
 Korynn Newville
 Shania Nienow
 Jacqueline Ohman
 Nicole Parsons
 Katelynn Pearson
 Celeste Pereira
 Emma Snyder

The Forester volume 74 was produced by the yearbook staff at Forest Lake High School in Forest Lake, Minnesota. It was printed by Balfour Publishing in Dallas Texas. The account was serviced by representative Jessica Youngpeter and sales representative Reida Lazer.

The cover was designed by Maria Kaiser and is a 9x12 Smyth bound, Matte Litboote finish with an applied UV clear varnish and a die cut. 208 pages printed on 100# Enamel paper. An eight page gate fold was added after page 144.

Division pages used 60pt. Monotype Corsiva and 12pt. Garamond. Section type included 60 Old English, headlines 48pt. Vijaya, body copy 10pt. Times New Roman, captions 8pt. Garamond Italic, drop capital 24pt. Rustic Capitals. Layouts were created using CS3 Adobe InDesign, Photoshop and Balfour plug-ins. All pages were submitted online as PDFs.

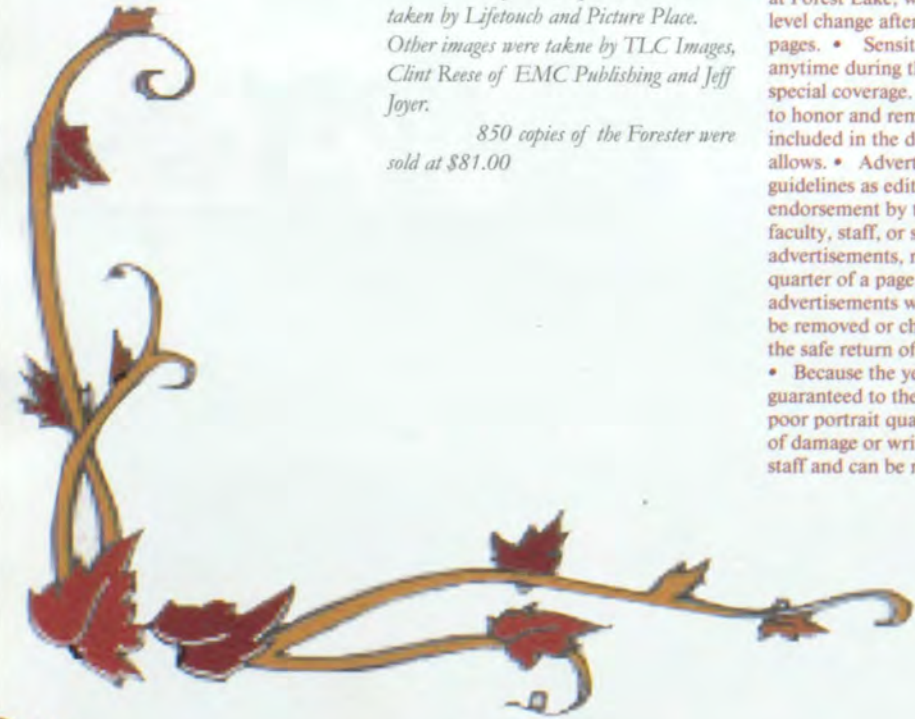
Professional portraits were taken by Lifetouch and Picture Place. Other images were taken by TLC Images, Clint Reese of EMC Publishing and Jeff Joyer.

850 copies of the Forester were sold at \$81.00

Editorial Policy

By virtue of the fact that the yearbook is a student conceived, planned and produced publication, as well as a product of an academic program, there are certain legal and ethical guidelines which Forest Lake yearbook staff members practice. The 2012 Forester and its staff are protected by, and bound to, the principles of the First Amendment and other protections and limitations as afforded by the Constitution and the various court decisions implementing those principles. By not interfering with publication content, school officials are therefore not liable for or responsible for content.

- Journalistic in nature, the yearbook informs and entertains its audience in a broad, fair and accurate manner on all subject that affect readers in the areas of academics, community, groups, sports and student life. The entire student body of 1600+ prospective readers constitutes the book's target audience. Secondary audiences include school personnel, community members and scholastic journalism groups.
- Coverage • Content focuses on coverage which will meet the wants and needs of the majority of these students, so long as those wants and needs are not contradictory to the principles of scholastic journalism.
- The staff encourages constructive criticism of any part of the book, both before and after publication. However, final authority for the content of the yearbook rests solely in the hands of the yearbook students under the guidance of their advisors.
- No material which is libelous, irresponsible and/or an advocate of illegal activity will be published. No material which the advisors deem in poor taste will be printed.
- The content coverage period lasts from the summer before school starts to March, when the yearbook is completed. Events occurring past this date are impossible to include in the yearbook, and are subsequently covered in the spring supplement.
- The subjects for class features are selected by the staff in trying to represent a diverse group of students who have made significant contributions through academics or organizations.
- While the yearbook staff strives to include all official school sports and organizations as equitably as possible, the ultimate decision for page allocation is decided by the advisors.
- Group photographs for clubs and organizations are taken by official school photographers. All faculty and staff are notified at least two weeks prior to this date. Any groups not photographed at this time are not the responsibility of the yearbook staff.
- Portrait Photography • All underclass students and school personnel must have their portraits taken by official school photographers to be included in the yearbook. All underclass students and school personnel will be afforded at least two opportunities to have their portraits taken or retaken, if the need presents itself. Seniors must submit (or have one submitted) an appropriate traditional photograph from to the yearbook staff no later than the stipulated deadline. Seniors are given the opportunity to have a photograph taken by Picture Place a number of times both at the studio and at the school. Life Touch pictures are used for IDs only. Any student who does not have a photograph taken by the stipulated deadline, may not have a chronological, or other portrait included in the yearbook. It is not the responsibility of the yearbook staff to ensure that seniors get a photograph taken.
- Each student's official grade classification on the first day of the school year, or the first day the student enrolls at Forest Lake, will be used to determine portrait placement by grade level. A grade level change after the start of school cannot be reflected in the yearbook portrait pages.
- Sensitive Issues • Should a student or school personnel pass away anytime during the current coverage period, the yearbook staff will not allow for special coverage. Family and friends are welcome to purchase an advertisement to honor and remember the life of the person lost, and the advertisement will be included in the designated section of the yearbook as the production schedule allows.
- Advertising • All advertising accepted by the staff must meet the same guidelines as editorial content. Acceptance of advertising does not constitute an endorsement by the Forester staff, Forest Lake High School's administration, faculty, staff, or students, or the Forest Lake Area School District.
- Senior advertisements, ranging in price from \$25 for a twelfth of a page to \$50 for a quarter of a page, are sold from August to December. The Forester staff discourages advertisements which include boyfriends/girlfriends because advertisements cannot be removed or changed after submission. The yearbook staff does not guarantee the safe return of any photos submitted for advertisements.
- Client Satisfaction • Because the yearbook is a student production, complete satisfaction is not guaranteed to the purchaser. Refunds will not be given for minor errors such as poor portrait quality, misspelled names, etc. Books returned for refund must be free of damage or writing. Once returned, the book becomes the property of the Forester staff and can be resold at the current sales price.





Yearzine

2013

balfour.

TRENDS



In with the Bold, Out with the Blue
Blue jeans take a backseat to brightly colored denim, with many celebrities sporting hip-hugging hues of green, purple, red, or in the case of Vivica A. Fox (left), pink.

Feather Phenomenon

Made popular by Steven Tyler and Ke\$ha, feathered hair clips briefly become a fashion trend and boost sales of fly-fishing lures.

Also Popular:

- Words with Friends
- Augmented Reality
- Zumba



TOP GROSSING MOVIES

- Harry Potter and the Deathly Hallows - Part 2 \$381 million
- Transformers: Dark of the Moon \$352 million
- The Twilight Saga: Breaking Dawn - Part 1 \$281 million
- Pirates of the Caribbean: On Stranger Tides \$241 million
- Mission Impossible: Ghost Protocol \$205 million

2011 YEAR IN review



Ford F150

Top Selling Vehicles

- | | |
|------------------------|--------------------|
| 1. Ford F150 Series | 6. Ford Fusion |
| 2. Chevrolet Silverado | 7. Honda Accord |
| 3. Toyota Camry | 8. Toyota Corolla |
| 4. Nissan Altima | 9. Chevrolet Cruze |
| 5. Ford Escape | 10. Dodge Ram |



Mortgage Rates at All-Time Low

30-year fixed-rate mortgages average 3.91 percent, setting a record low and sending our parents clamoring to re-finance.

POPULAR CELEBRITIES FOLLOWED ON TWITTER

- | | | |
|-----------------|-------------------|---------------------|
| Justin Bieber • | Barack Obama • | Oprah Winfrey • |
| Katy Perry • | Britney Spears • | Cristiano Ronaldo • |
| Rihanna • | Taylor Swift • | Justin Timberlake • |
| Shakira • | Selena Gomez • | P!nk • |
| Bruno Mars • | Ashton Kutcher • | Alicia Keys • |
| Nicki Minaj • | Ellen DeGeneres • | Jim Carrey • |



Justin Bieber



POPULAR INTERNET SEARCHES

- | | | |
|------------------|--------------------|----------------|
| • iPhone | • American Idol | • Google+ |
| • Adele | • Jennifer Aniston | • Pinterest |
| • Justin Bieber | • Japan earthquake | • Ryan Dunn |
| • Kim Kardashian | • Osama bin Laden | • Steve Jobs |
| • Katy Perry | • Hurricane Irene | • Herman Cain |
| • Jennifer Lopez | • Rebecca Black | • Harry Potter |

iPhone 4s

Feels More Like 2011°

A summer heat wave scorches the South, resulting in record-setting temperatures and debilitating droughts for states such as Oklahoma, Texas, Louisiana and New Mexico.

Record-Setting Highs:

- Tallahassee, FL - 105° (June 15)
- Austin, TX - 112° (June 26)
- Gage, OK - 113° (June 26)
- Fort Smith, AR - 115° (August 3)

Record-Setting Consecutive Days Over 100°:

- Wichita, KS - 53 Days
- Roswell, NM - 60 Days
- Oklahoma City, OK - 63 Days
- Dallas, TX - 70 Days
- San Angelo, TX - 98 Days

POPULAR MALE ATHLETES

- Derek Jeter
- Peyton Manning
- Kobe Bryant
- Michael Jordan
- Tom Brady
- Albert Pujols
- Hines Ward
- Derrick Rose
- Aaron Rodgers
- Tim Tebow

Derek Jeter

POPULAR SONGS

- "Rolling in the Deep," *Adele*
- "We Found Love," *Rihanna (Featuring Calvin Harris)*
- "It Will Rain," *Bruno Mars*
- "Stronger," *Kelly Clarkson*
- "The One That Got Away," *Katy Perry*
- "Moves Like Jagger," *Maroon 5 (Featuring Christina Aguilera)*
- "Super Bass," *Nicki Minaj*
- "Not Over You," *Gavin DeGraw*
- "Stereo Hearts," *Gym Class Heroes (Featuring Adam Levine)*

Average Price of Gas

The average price of a gallon of gasoline in 2011 is \$3.52, up 27% from 2010.



POPULAR FEMALE ATHLETES

- Serena Williams
- Venus Williams
- Danica Patrick
- Maria Sharapova
- Mia Hamm
- Anna Kournikova
- Martina Navratilova
- Sue Bird
- Kerri Walsh
- Michelle Wie

Serena Williams

Five Richest People

1. Carlos Slim Helu (Telecom), Net Worth: \$74 bil
2. William Gates III (Microsoft), Net Worth: \$56 bil
3. Warren Buffett (Berkshire Hathaway), Net Worth: \$50 bil
4. Bernard Arnault (LVMH), Net Worth: \$41.5 bil
5. Lawrence Ellison (Oracle), Net Worth: \$39.5 bil

Rebecca Black

POPULAR INTERNET VIDEOS

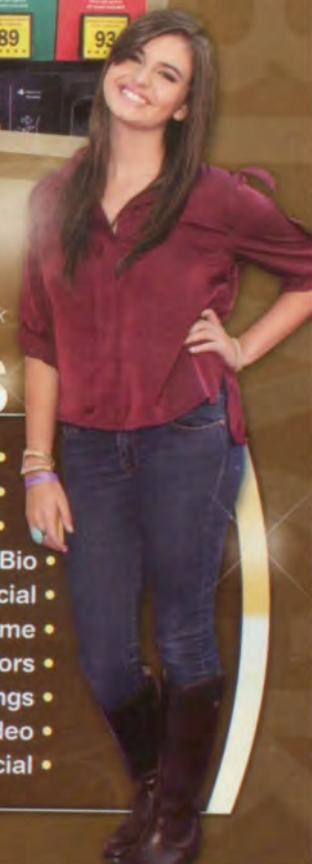
- Rebecca Black - Friday
- The Trendy Videos - Hunchback Cat
- Ultimate Dog Tease
- Cara Hartmann eHarmony Video Bio
- Party Rock Anthem - Kia Soul Hamster Commercial
- OK GO and the Muppets - Muppet Show Theme
- Webcam 101 for Seniors
- Kitten Vs. Two Scary Things
- Talking Twin Babies - PART 2 - Official Video
- The Force: Volkswagen Commercial



Carlos Slim Helu

POPULAR SOCIAL NETWORKING SITES

- Facebook
- Twitter
- LinkedIn
- Google+
- Pinterest
- Bebo
- Tagged
- MySpace
- Reddit
- StumbleUpon
- Digg
- Friendster
- Classmates
- myYearbook





« Irene Gets Angry

On August 27, 2011, Hurricane Irene travels up the east coast leaving homes destroyed and at least 44 lives lost.

THE ROYAL WEDDING

The Wedding The Whole World Watched

After six months of media hype, the highly anticipated Royal Wedding of Prince William, Duke of Cambridge, to Catherine Middleton takes place on April 29, 2011 at Westminster Abbey. The couple invites 1,900 people, one million people line the streets of London while an estimated 122 million people watch the event on TV.



European Vacation Extended »

While studying abroad in Perugia, Italy, 20-year-old Seattle native Amanda Knox is accused of the murder of her roommate, Meredith Kercher. Knox serves 4 years of a 26-year sentence in a Perugian prison before the murder conviction is overturned on October 3, 2011.



“Close” Is A Relative Term

On November 8, 2011, Asteroid 2005 YU55 comes within 200,000 miles of Earth, which is the closest an asteroid has been to our planet in 200 years, according to NASA.



ATLANTIS

A Sentimental Journey

After three decades of delivering people, supplies and equipment into space, NASA's Space Shuttle Program comes to an end with the July 8, 2011 launch of Atlantis. Moving forward, NASA astronauts will “hitch rides” on board Russia's Soyuz system until commercial spaceflight companies emerge.



ONE WORLD TRADE CENTER

America Remembers

The 10th anniversary of the September 11, 2001 attacks on the World Trade Center is observed, with the opening of the 9/11 Memorial and Museum, and a glimpse of the new tower being constructed, One World Trade Center.



« What's Next, Volcanoes?

Droughts, heat-waves, floods, earthquakes and tornadoes - Mother Nature is a force to be reckoned with in 2011. Wildfires burn through Texas, tornadoes devastate Alabama and Missouri, and earthquakes rattle Oklahoma and the east coast.

THE PSN HACK



The Games People Play

On April 20, 2011, the Sony PlayStation Network goes offline as a result of an "external intrusion" in which personal details from approximately 77 million accounts were stolen. The outage lasts for approximately 23 days and costs Sony over \$170 million.



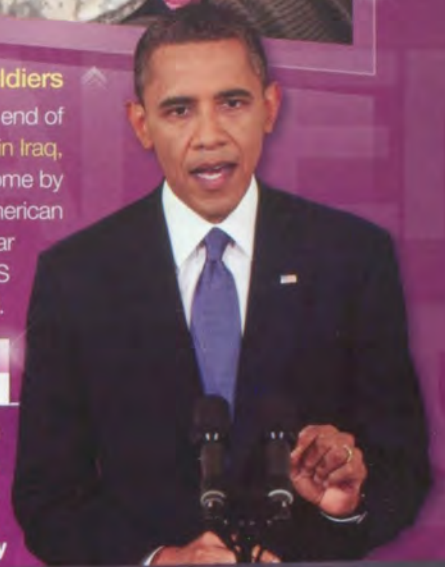
"We Got Him"

On May 1, 2011, under the cover of night in Abbottabad, Pakistan, US Navy Seals and CIA operatives execute a meticulously planned attack to take out terrorist mastermind Osama bin Laden.



Welcome Home, Soldiers

Barack Obama announces the end of US military involvement in Iraq, promising to have the troops home by Christmas 2011. This ends American participation in an eight-year war in which more than a million US troops have served.



JOBS PLAN

Obama Makes Change for Large Bills

President Barack Obama proposes the American Jobs Act of 2011 to a joint session of Congress on September 8. In the Senate, the bill fails to garner the necessary sixty votes to proceed, so Obama breaks the bill into several smaller derivative bills in hopes that some aspects of his proposal will pass into law.



The 99% vs. the 1%

The disenfranchised 99 percent of Americans feeling the crunch of economic distress find their voice. Their crusade starts on Wall Street and soon goes nationwide. Over 70 US cities host protests that are identified with the Occupy Wall Street movement.

news



GABRIELLE GIFFORDS

It Was a Tough Year for the Arizona Congresswoman

Surviving an assassination attempt in January 2011, Gabrielle Giffords struggles for months to reclaim the pieces of who she was before the shooting. She returns to Congress in August, and in January 2012 announces that she intends to resign her seat so that she can continue to focus on her recovery.



The Trial of Conrad Murray

Dr. Conrad Murray, Michael Jackson's personal physician, is convicted of involuntary manslaughter and sentenced to serve 4 years in prison for the death of the pop star.

STEVE JOBS

Apple Loses its Core

Less than two months after stepping down as CEO of Apple, Steve Jobs loses his eight-year battle with cancer at the age of 56. Jobs is the cofounder of Apple, and the visionary behind iTunes, the iPod, iPhone and iPad, which have all had a huge influence on music, mobile phones and computers.



SELENA GOMEZ

We Keep Hitting Repeat-peat-peat-peat-peat

Selena Gomez and the Scene release their third album, "When the Sun Goes Down," featuring the singles "Who Says," "Hit the Lights" and "Love You Like a Love Song."



Rumour Has It Someone Likes You

Adele's second album, "21," becomes one of the longest-running number one albums in history, spending over 18 weeks at the top spot and spawning three hit singles.



Do You Guys Have a Sister Named Katy?

The 2011 CMA award for New Artist of the Year goes to siblings Kimberly, Reid and Neil, otherwise known as The Band Perry.

The Boom Heard 'Round the World

Nicki Minaj dominates the airwaves with her infectious single "Super Bass," which peaks at no. 3 on the Billboard Hot 100. Minaj also picks up a 2012 Grammy nomination for Best New Artist.



music

MAROON 5

Move Like Jagger for Instant Swagger

Pop juggernauts Maroon 5 release "Moves Like Jagger," an irresistibly funky homage to the dance moves of Rolling Stones frontman Mick Jagger. Featuring fiery cameo vocals from Christina Aguilera, who co-stars with Maroon 5's Adam Levine on NBC's "The Voice," the song tops the Billboard Hot 100 chart and is downloaded over 7 million times.

She Just Wants to Make the World Dance

After a successful career writing hit songs for recording artists such as Chris Brown and Miley Cyrus, singer/songwriter Jesse J makes a name for herself with her hit single "Price Tag."



BRUNO MARS

Ambitious Results From the Guy Who Wrote "The Lazy Song"

Bruno Mars dominates digital downloads in 2011. His singles "Just the Way You Are," "Grenade" and "The Lazy Song" are among the top 10 downloaded tracks for the year, with a combined 29.2 million downloads.



Men Make Houses, Women Make Hits

Miranda Lambert's "The House That Built Me" wins awards in three categories from the Academy of Country Music, and Lambert is named Top Female Vocalist of the Year.

FOO FIGHTERS

Dave Grohl Continues Fighting For A Foo Free America

The Foo Fighters release their seventh studio album, "Wasting Light," which is their seventh album to get a Grammy nomination for Best Rock Album. We're starting to notice a pattern here...

Coming Soon to a Commercial Near You

Akron, Ohio duo The Black Keys drop "El Camino," an album full of their signature stripped-down, gritty guitar riffs that will ultimately be exploited by advertising executives everywhere.



TAYLOR SWIFT

Swiftly Becoming Nashville's Golden Girl

Taylor Swift adds more hardware to her pile of almost 100 trophies. In 2011, she brings home three Billboard Music Awards - Top Country Artist, Top Billboard 200 Artist and Top Country Album for "Speak Now."



KIRK FRANKLIN

The Gospel According to Kirk Franklin

Gospel artist, author and choir director Kirk Franklin releases his eleventh studio album, "Hello Fear." A crossover success, the album peaks at No. 3 on the Billboard R&B/Hip Hop chart and is named iTunes Christian & Gospel Album of 2011.



Drake Takes Care of Critics

Drake's second studio album, "Take Care," debuts at No. 1 on the Billboard 200 chart and is often recognized by critics as one of the best albums of 2011.



Torches Lights Up the Charts

Indie pop band Foster the People's debut release, "Torches," catches fire quickly, sparking three hit singles and burning up the Billboard 200 chart.



RIHANNA

Rihanna Walks the Walk and Talks That Talk

Rhythm and blues beauty Rihanna releases her sixth album in as many years, "Talk That Talk." The album hits stores while her previous album "Loud" is still going strong on the charts, and produces three hit singles, "You Da One," "We Found Love" and the album's title track, "Talk That Talk."



It's a Glee For All

What other artist gives you this much variety? With a total of 39 singles from six albums released in only one calendar year, the cast of Fox's Glee gives you a cornucopia of piping-hot pop covers to choose from.



Evolution Becomes Revolution

Rise of the Planet of the Apes reboots the Planet of the Apes film franchise, in which a genetically-enhanced chimpanzee uses its greater intelligence to lead other captive apes to freedom.



PUSS IN BOOTS

The Cat, the Myth, the Legend

Long before he meets Shrek and Donkey, Puss in Boots goes on an adventure with Kitty Softpaws and Humpty Dumpty to get to the Giant's castle and clear his name of criminal charges.



THOR

Someone Stole His Thunder

The powerful but arrogant warrior Thor is cast out of the fantastic realm of Asgard and sent to live amongst humans on Earth. There, he soon becomes one of their finest defenders and most chiseled pieces of eye candy.



Yo, Ho, Ho and a Bottle of Fun

In Pirates of the Caribbean: On Stranger Tides, Captains Jack Sparrow and Hector Barbossa embark on a quest to drink from the fountain of youth, only to discover that the infamous pirate Blackbeard is after it too.

Before YouTube, There Was 8-Millimeter Film

An homage to summer blockbusters of the '70s and '80s, Super 8 follows a group of young filmmakers who witness a train crash and investigate subsequent unexplained events in their small town.



Three is a Prime Number

Michael Bay's Transformers: Dark of the Moon gives us a reason to sit in the theatre and mindlessly munch popcorn. The third in an action-packed trilogy about gigantic toys from outer space, the Autobots and Decepticons race to obtain Cybertronian technology from Earth's moon.



SOUL SURFER

She Doesn't Need it to be Easy, She Just Needs it to be Possible

Soul Surfer is the inspiring true story of teen surfer Bethany Hamilton, who loses her arm in a shark attack and overcomes all odds to become a champion again, through the love of her family, her sheer determination and unwavering faith.



James Bond and Indiana Jones Fight Space Monsters

In Cowboys and Aliens, a stranger with amnesia stumbles into the town of Absolution just in time to witness an alien invasion. As the gunslinger regains his memory, he realizes he holds a secret that could save the town from the space invaders.

◀ Hungry For More? Have Seconds!

Kung Fu Panda 2 finds Po and The Furious Five protecting the Valley of Peace. But Po's new life of awesomeness is threatened by a villain who plans to use a secret weapon to destroy Kung Fu.



It's The Beginning of the End ▶

In The Twilight Saga: Breaking Dawn - Part 1, Bella and Edward must deal with the chain of consequences brought on by a marriage, honeymoon, and the tumultuous birth of a child - which brings an unforeseen and shocking development for Jacob.



◀ I Spy With My Headlight...

In Pixar's Cars 2, Lightning McQueen and Mater travel overseas to race in the World Grand Prix. But the road to the championship becomes rocky when Mater gets mistaken for an international spy.

◀ It's Time to Play the Music...

...it's time to light the lights! After 12 years without a movie, the Muppets must reunite to save their historic theatre from being torn down by greedy oil tycoon Tex Richman in Disney's The Muppets.

MISSION: IMPOSSIBLE

This Caption Will Self-Destruct in Five Seconds

The fourth installment of the Mission: Impossible series, Ghost Protocol finds the IMF shut down when it's implicated in the bombing of the Kremlin. Ethan Hunt and his new team must go rogue with no help or backup in any form to clear their organization's name.



CAPTAIN AMERICA

From Scrawny to Brawny

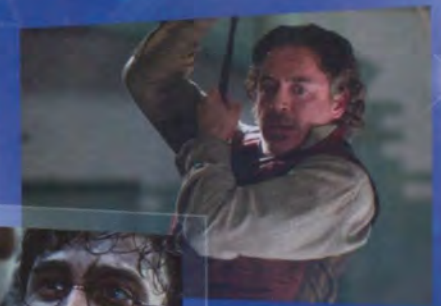
Long before super heroes were cross-bred with spiders, bats, and green lanterns, a weak but determined Steve Rogers participates in an experimental military program that adds muscle mass and turns him into the super soldier known as **Captain America: The First Avenger**.



movies

▶ The Lights Are On, But Nobody's Holmes ▶

Sherlock Holmes: A Game of Shadows finds Holmes pitted against his intellectual equal - a new criminal mastermind with a capacity for evil and a lack of conscience that may give him an advantage over the renowned detective.



▶ We'll Miss You, Harry ▶

We've followed the story from the beginning, and Harry Potter and the Deathly Hallows - Part 2 brings the series to a spectacular close, bringing Harry's epic showdown with Lord Voldemort to the big screen.





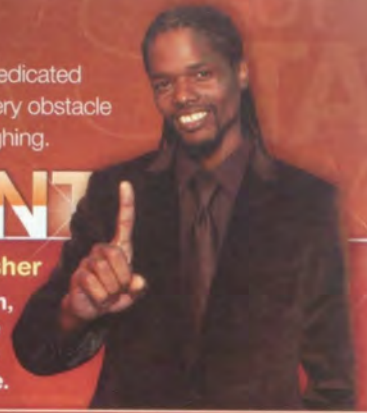
Builds Strong Funnybones

Run, jump, duck, dive! Wipeout puts dedicated competitors into a foamy, bouncy, watery obstacle course and everyone comes away laughing.

AMERICA'S GOT TALENT

Crooning Car Washer

In America's Got Talent's sixth season, Sinatra-style singer Landau Eugene Murphy Jr. edges out dance team Silhouettes for the million dollar prize.



It's All About the Voice

Javier Colon becomes the first contestant to win NBC's breakout hit *The Voice*, where contestants participate in blind auditions and try to win over coaches, not judges, for a chance to compete for the \$100,000 prize.



Solving Crimes in La-La Land

LL Cool J and Chris O'Donnell continue to thrill audiences and dominate ratings on CBS's *NCIS: Los Angeles*.



MAN vs. FOOD NATION

Adam Gives His Belly a Break

Unlike the previous seasons of *Man vs. Food*, Travel Channel's *Man vs. Food Nation* finds host Adam Richman recruiting locals to take on food challenges, while he steps out of the spotlight and acts as their coach.



Hut-Two-Three-Four

Actor and Army veteran J.R. Martinez wins the 13th season of *Dancing with the Stars* with dancer Karina Smirnoff, beating Rob Kardashian and Ricki Lake who took 2nd and 3rd place, respectively.

VICTORIOUS

She Puts The "Tori" In "Victorious"

In Nickelodeon's *Victorious*, Victoria Justice plays Tori Vega, a teenaged singer who struggles to find her place in an elite Hollywood performing arts high school.



Watch Your Back, Idol

Melanie Amaro, a 19-year-old singer from Sunrise, Florida wins a \$5 million record deal, a starring role in a Pepsi commercial and the first *X Factor* title on Fox's newest talent search reality show.



Sunday Night Dynamite

Eight years after the hit indie film, Fox adds a cartoon adaptation of *Napoleon Dynamite* to its Sunday night Animation Domination block.

AMERICAN IDOL

Americans Love Their Country

At 17 years old country singer Scotty "The Body" McCreery becomes the youngest male to win **American Idol**, beating Lauren Alaina in the show's tenth season.



Bazinga!

Jim Parsons wins his second consecutive Emmy for his portrayal of Sheldon Cooper in CBS's galactically popular **Big Bang Theory**.



Our Dad Tells Long Stories, Too

The hilarious story of **How I Met Your Mother** has been going on for over seven years now. We're starting to think that dad is making it up as he goes along.



Victimless Crimes

Person of Interest is a pro-active crime drama. Billionaire Finch and Ex-CIA agent Reese use pattern recognition software to identify people about to commit violent crimes and stop them in their tracks.



iCARLY

Good Things Come In Threes

iCarly brings home their third Kid's Choice Award for Favorite TV Show, and their third nomination for Outstanding Children's Program in the 2011 Primetime Emmy Awards.



FALLING SKIES

It's Humans vs. Skitters, Mechs and an Army of the Enslaved

From executive producer Steven Spielberg, TNT's sci-fi thriller **Falling Skies** takes place after an alien race has wiped out the majority of the human population. A makeshift militia bands together to stand against the aliens and rebuild humanity.



We All Know The Real Star is Chumlee

The History Channel's **Pawn Stars** chronicles the day-to-day at the World Famous Gold & Silver Pawn Shop in Las Vegas, Nevada.



CHUCK

Back to 40-Hour Weeks at the Nerd Herd, eh Chuck?

Accidental spy **Chuck Bartowski** is used to cheating death, and has encountered some pretty close calls. But the one bullet he can't dodge is NBC's decision to make the fifth season of **Chuck** the final season.



Storage Wars on A&E

Who could have predicted America would become fascinated by watching people pay top dollar to sift through abandoned storage units?



Giants Are Living Large

In what seems to be a repeat of their 2008 Super Bowl victory, Eli Manning and the New York Giants upset the New England Patriots 21-17 in a nail-biting fourth-quarter comeback to win Super Bowl XLVI.



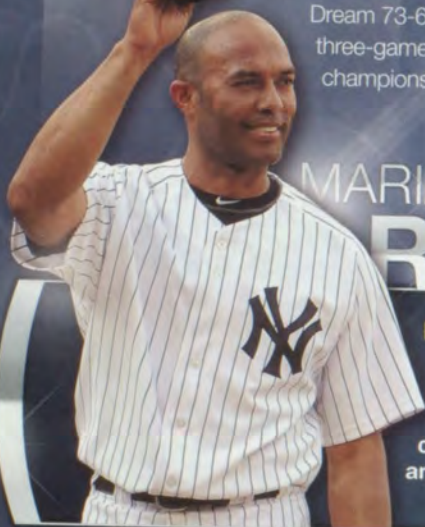
Dallas Mavericks Break the Heat

The Dallas Mavericks defeat the Miami Heat, four games to two, winning their first NBA title. Dirk Nowitzki is named the Finals Most Valuable Player.



Minnesota Lynx Crush Atlanta's Dream

After a near-perfect postseason, the Minnesota Lynx defeat the Atlanta Dream 73-67 to complete a three-game sweep of the WNBA championship series.



MARIANO RIVERA

Record-Setting Reliever

In a 6-4 victory over the Minnesota Twins, Yankees relief pitcher Mariano Rivera passes Trevor Hoffman's record of 601 career saves, and cements his standing among baseball's greatest relief pitchers.

On the Driving Range Before She Could Drive a Car

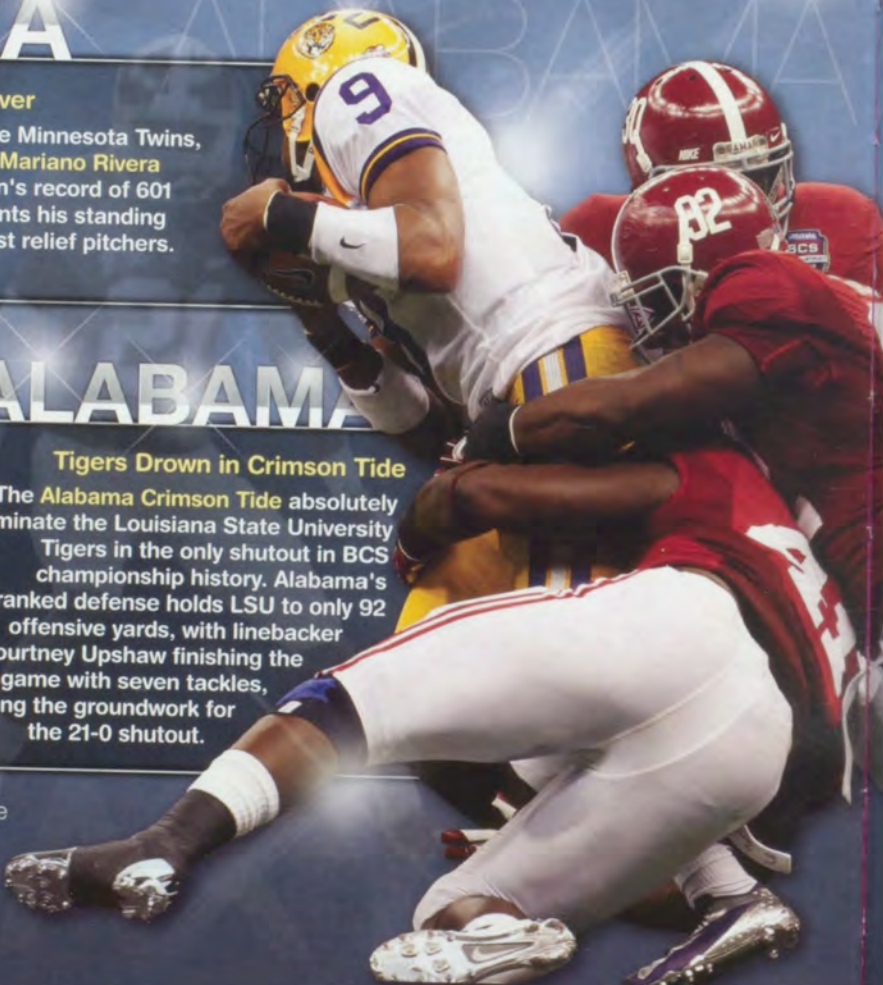
At age 12, Lexi Thompson was the youngest golfer ever to qualify to play in the U.S. Women's Open. She turned professional at age 15, and on September 18, 2011, at age 16, Thompson set a new record as the youngest-ever winner of an LPGA tournament.



ALABAMA

Tigers Drown in Crimson Tide

The Alabama Crimson Tide absolutely dominate the Louisiana State University Tigers in the only shutout in BCS championship history. Alabama's top-ranked defense holds LSU to only 92 offensive yards, with linebacker Courtney Upshaw finishing the game with seven tackles, laying the groundwork for the 21-0 shutout.



Galaxy Defeats Dynamo

The Los Angeles Galaxy successfully defend the Supporters' Shield, winning it for the second consecutive season, and defeat the Houston Dynamo 1-0 off Landon Donovan's 72nd minute goal to win their third MLS Cup championship.



BOSTON BRUINS

And Now Their Cup Runneth Over
After a 39-year Stanley Cup drought, the **Boston Bruins** defeat the Vancouver Canucks four games to three to win the NHL championship and bring The Stanley Cup back to Beantown.



Texas Rangers Watch Birds Win World Series

The St. Louis Cardinals battle a thrilling seven-game series against the Texas Rangers to win the 2011 World Series. In the cliff-hanging Game 6, the Cards twice erase two-run deficits when the Rangers are only one strike away from their first championship.



Wait, Where's the Photo of Jimmy?

Tony Stewart takes home the 2011 Sprint Cup, bringing an end to Jimmy Johnson's streak of 5 consecutive wins.

Record-Setting Runner

Kenyan runner **Geoffrey Mutai** wins the New York City Marathon in a course record time of 2:05:06, smashing the decade-old record of 2:07:43 set by Tesfaye Jifar of Ethiopia.



sports



"Pac"Man Power

In his 14th consecutive win, **Manny Pacquiao** easily defeats Shane Mosley, retaining his WBO welterweight title

by unanimous decision and enhancing his status as the world's best pound-for-pound boxer.

ANTHONY ROBLES

But He's Heavily Armed

Born with only one leg, 125-pound wrestler **Anthony Robles** defeats two-legged defending champion **Matt McDonough** 7-1 to claim the 2011 NCAA title, ending his Arizona State wrestling career as a three-time Pac-10 wrestling champion and a three-time All-American with an overall record of 122-23.



Most Teenage Girls Give Dad the Cold Shoulder

On an expedition with her father, 16-year-old schoolgirl **Amelia Hempleman-Adams** braves 17 nights on the ice to become the youngest person to ski to the South Pole.

"Success With Honor"

On January 22, 2012 **Joe Paterno**, the winningest coach in college football and a beloved figure in the Penn State community, succumbs to lung cancer at the age of 85. "JoePa" won 409 games and took the Nittany Lions to 37 bowl games and two national championships.





NINTENDO 3DS

Nintendo's Game Changer

Nintendo's latest dual-screen handheld offers eye-popping graphics without the need for special 3D glasses. The **Nintendo 3DS** also incorporates two outer cameras that see the world in 3D, allowing for the creation of 3D photos, 3D video, and 3D animations.



"Interesting" or "Addictive?"

If you went online at all this year, you probably lost at least a couple of hours to **Pinterest**, the social sharing website where users manage images and inspiration by "pinning" items to boards.

BMW i8 CONCEPT CAR

Go Green for your Sweet Sixteen

If you care about the environment, then you owe it to yourself to convince mom and dad to put you into a **BMW i8** as soon as they go into production. The plug-in hybrid gets excellent gas mileage, and its primary safety feature is being so gorgeous that nobody would dare crash into it.



gadgets



eReaders Evolve

The Amazon Kindle Fire adopts tablet computing features that allow games, apps, social networks and multimedia content in addition to being a fantastic eReader.

If You Can't Escape It, Augment It.

The high-tech features of modern smartphones and other devices propel the popularity of **augmented reality** – where computers, cameras and motion sensors alter the view of our physical real-world environment.



Newest Star in the Galaxy

The best parts of Samsung Galaxy phones and Google Nexus phones come together in the **Galaxy Nexus** Android smartphone. Developed by a partnership between Samsung and Google, the Galaxy Nexus is the most anticipated Android device of 2011.



SONY PLAYSTATION 3D DISPLAY

Add a Third Dimension to Your PlayStation

Sony knows that serious gamers are serious about 3D, so they've given us the **Sony PlayStation 3D Display** - a 24-inch 3D display that makes the action come alive, and lets two players enjoy full screen action using SimulView technology.

APPLE PRODUCTS

A Significant Year for Apple Innovations

Apple's mobile devices get a new operating system with **iOS 5**, which includes over 200 new features. The iPhone's newest version is **iPhone 4S**, which adds not only the features of iOS 5, but also Siri, a voice-activated personal assistant. Apple also partners with leading textbook publishers Pearson, McGraw Hill and Houghton Mifflin Harcourt to create the new Textbooks category in the iBookstore.



Streaming TV Without the PC

The tiny Roku 2 Wi-Fi streaming media box brings over 350 entertainment channels – including Netflix, Amazon, Hulu Plus, and Pandora – directly to your TV without a connected computer.



POPULAR APPS

These Mobile Apps Kept Our Thumbs Numb

- Angry Birds Seasons
- Fruit Ninja
- Infinity Blade 2
- Flick Homerun
- Jetpack
- Flipboard
- Scramble With Friends
- Words With Friends
- Plants Vs. Zombies
- Temple Run
- Instagram
- Cut the Rope



Shown: Fast Five the Movie: Official Game

LYTRO

Using Mind-Bending Science to Bend Light

The Lytro Light Field Camera is truly the first of its kind. Unlike a conventional camera that captures a single plane of light, the Lytro captures the entire light field, which allows you to completely refocus your photos after you've taken them.



Finally, a Little Online Privacy

Google+ is Google's attempt to rival social networking giant Facebook. Google+ incorporates many of the same features of Facebook, but the feature it's lacking could be its most attractive - the lack of our parents' accounts.



Google Chrome Takes The Silver

As of January 2012, the Google Chrome web browser becomes the second most widely used browser, overtaking Mozilla's Firefox.

POPULAR VIDEO GAMES

What the Major Players Play

- Skyrim: The Elder Scrolls V
- COD: Modern Warfare 3
- Legend of Zelda: Skyward Sword
- Battlefield 3
- Portal 2
- Star Wars: The Old Republic
- Batman: Arkham City



◀ All We Are Saying is Give Peace a Chance

The Returning is Christine Hinwood's exquisite story about what happens after the twelve-year battle between the Uplanders and Downlanders is over - when sisters, sons, friends and parents are left to deal with the aftermaths and unimagined repercussions of war.

DEAR BULLY

You Are Not Alone

Dear Bully: 70 Authors Tell Their Stories brings together today's top authors for teens to share their stories about bullying—as silent observers on the sidelines of high school, as victims, and as perpetrators—in a deeply personal and inspiring collection of essays.

◀ The Devil's in the Details

Author Daniel Handler imagines a teenage breakup that goes beyond simply changing your relationship status on Facebook. In *Why We Broke Up*, sixteen-year-old Min Green gives Ed Slater a box of nostalgia and a letter documenting their relationship item-by-item, describing how everything from bottle caps to a matchbook foretells the end.

WHERE
THINGS
COME
BACK

It's More Than a Book About Woodpeckers

In John Corey Whaley's *Where Things Come Back*, seventeen-year-old Cullen Witter navigates his way through a summer of finding and losing love, holding his fragile family together, and muddling his way into adulthood when he discovers that his brother Gabriel has suddenly and inexplicably disappeared.

Our Favorite Book to Star Emma Stone

The critically-acclaimed film adaptation of *The Help* re-invigorates interest in Kathryn Stockett's 2009 novel about African American maids working in white households in Jackson, Mississippi during the early 1960s.

books



the
Returning

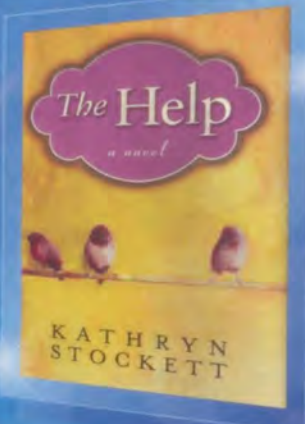
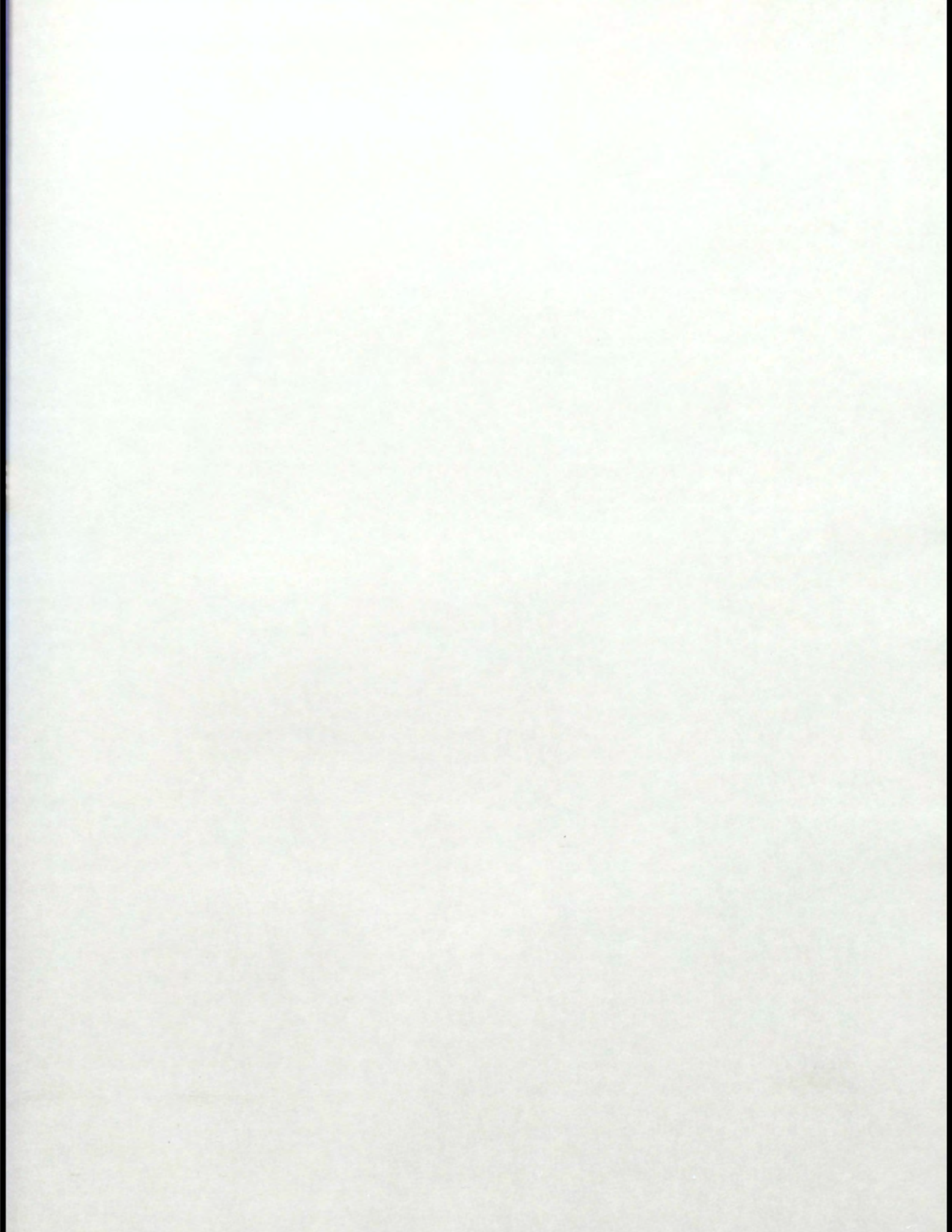


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ROBERTS/Newscom, Mother Nature - Alabama Tornado: NICHOLAS KAMM/AFP/Getty Images/Newscom, Mother Nature - Texas Fire: Tom Pennington/MCT/Newscom, Steve Jobs: Josie Lepe/MCT/Newscom, Amanda Knox: Jim Bryant/UPI/Newscom, PlayStation Network Hack: FRANCES M. ROBERTS/Newscom, Troops Come Home: Bob Daemrich/Polaris/Newscom, Osama bin Laden: AFP/Getty Images/Newscom, Occupy Wall Street: KAREN BLEIER/AFP/Getty Images/Newscom, Barak Obama: Chuck Kennedy/PSG/Newscom, Gabrielle Giffords: Saul Loeb/Pool/CNP/AdMedia/Newscom, Conrad Murray: Newscom, **MUSIC:** Adele: Chris Lopez/Photoshot/Newscom, Selena Gomez: KB4 WENN Photos/Newscom, Taylor Swift: JIM RUYMEN/UPI/Newscom, Glee: JIM RUYMEN/UPI/Newscom, The Band Perry: Bill Greenblatt/Polaris/Newscom, Nicki Minaj: BFA/SIPA/Newscom, Bruno Mars: ZUMA Press/Newscom, Jessie J: Andy Sturme/Photoshot/Newscom, Maroon 5: SB/PersonaStars/starmaxinc.com/Newscom, Foo Fighters: dpai/picture-alliance/Newscom, Miranda Lambert: Everett Collection/Newscom, The Black Keys: ZUMA Press/Newscom, Kirk Franklin: KG1 WENN Photos/Newscom, Drake: Everett Collection/Newscom, Foster the People: ZUMA Press/Newscom, Rihanna: Dan Herrick/ZUMA Press/Newscom, **MOVIES:** Rise of the Planet of the Apes: 20TH CENTURY FOX/Album/Newscom, Kung Fu Panda 2: Paramount Pictures/Unimedia Images, Inc./Paramount Pictures/Newscom, Puss in Boots: Agencia el Universal/EI Universal de Mexico/Newscom, Pirates of the Caribbean: WALT DISNEY PICTURES/Album/Newscom, Thor: Paramount Pictures/Unimedia Images, Inc./Paramount Pictures/Newscom, Super 8: PARAMOUNT PICTURES/Album/Newscom, Transformers 3: Paramount Pictures/Photofest, Soul Surfer: TriStar Pictures/Photofest, Cowboys & Aliens: Universal Pictures/Unimedia Images, Inc./Universal Pictures/Newscom, Cars 2: PIXAR ANIMATION STUDIOS/WALT DISNEY PICTURES/Album/Newscom, Muppets Movie: Agencia el Universal/EI Universal de Mexico/Newscom, Mission Impossible: PARAMOUNT PICTURES/Album/Newscom, Captain America: MARVEL ENTERPRISES/Album/Newscom, Sherlock Holmes: WARNER BROS. PICTURES/Album/Newscom, Harry Potter: Warner Bros. P/EI Nuevo Dia de Puerto Rico/Newscom, **TV:** WipeOut: ABC/Photofest, America's Got Talent: NBC/Photofest, The Voice: JE1 WENN Photos/Newscom, Victorious: PETER WEST - ACE PICTURES/Newscom, iCarly: WILLIAMS + HIRAKAWA/PR NEWSWIRE/Newscom, Dancing with the Stars: HANDOUT/REUTERS/Newscom, Man Vs. Food Nation: BFA/SIPA/Newscom, X Factor: Jen Lower /Splash News/Newscom, Napoleon Dynamite: Fox Broadcasting/Photofest, NCIS: Kaminski/Splash News/Newscom, Big Bang Theory: CBS/Photofest, American Idol: SARAH CONARD/REUTERS/Newscom, Person of Interest: CBS/Photofest, Falling Skies: Turner Broadcasting, Pawn Stars: Splash News/Newscom, Storage Wars: David Edwards Image Collect/Newscom, Chuck: James Diddick/ZUMAPRESS/Newscom, How I Met Your Mother: CBS/Photofest **SPORTS:** SuperBowl: Lionel Hahn/MCT/Newscom, Dallas Mavericks: Albert Pena/Icon SMI AAS/Albert Pena/Icon SMI/Newscom, WNBA: TAMI CHAPPELL/REUTERS/Newscom, Lexi Thompson: PHELAN EBENHACK/REUTERS/Newscom, Mariano Rivera: JUSTIN LANE/EPA/Newscom, LA Galaxy: Tony Leon/ZUMA Press/Newscom, Alabama Crimson Tide: MATT SULLIVAN/REUTERS/Newscom, Boston Bruins: Bob Frid/Icon SMI 109/Bob Frid/Icon SMI/Newscom, World Series: LARRY W. SMITH/EPA/Newscom, Geoffroy Mutai: MIKE SEGAR/REUTERS/Newscom, Tony Stewart: Doug Murray/Icon SMI 796/Doug Murray/Icon SMI/Newscom, Manny Pacquiao: STEVE MARCUS/REUTERS/Newscom, Joe Paterno: JEFF HAYNES/REUTERS/Newscom, Amelia Hempelman-Adams: Johnny Green/Photoshot/Newscom, Anthony Robles: CB2/ZOB/WENN.com/Newscom **GADGETS:** Nintendo 3DS: HANDOUT/MCT/Newscom, BMW i8: PETER ENDIG/EPA/Newscom, Samsung Galaxy: Yonhap News/YNA/Newscom, Augmented Reality: Kyodo/Newscom, Sony PlayStation 3D Display: Sony Computer Entertainment America LLC/BIBF, Kindle Fire: Handout/MCT/Newscom, Apple Products: Apple Inc., Roku 2: Handout/MCT/Newscom, Lytro Camera: Grupo La Nacion, Costa Rica/La Nacion de Costa Rica/Newscom, Popular Video Games: BIBF, Google Chrome Logo: Google, Google+ illustration: Simon Chavez/picture alliance/dpa/Newscom, **BOOKS:** The Returning: Tanglewood Press/BIBF, Dear Bully: 70 Authors Tell Their Stories: HarperCollins Publishers/BIBF, Why We Broke Up: Little, Brown and Company/BIBF, Where Things Come Back: Atheneum/BIBF, The Help: Penguin Books/BIBF



Kayla Marchese*Madison Marier*Daniel Marosok*Cele Marsh*Wesley Marsh*Lauren Martinson*Nicole Maru
Mattheisen*Shane Mattheisen*Eben Matti*Jack Mattson*Thomas Mattson*Alexis Matuke*Samantha Matuk
Mceachran*Collin Mcgrath*Brooke Mcgraw*Micah Mcguiness*Angelica Mcintosh*Daniel Mcintosh*Samantha N
Medina*Cody Megahan*Cody Mehsikomer*Savanna Meier*Thane Meier*Ronnie Melchor*Erin Mendoza*Andrew
Meyer*Cynthia Meyer*Emily Meyer*Matthew Meyer*Andrew Meyers*Jessica Meyers*Matthew Meyers*Christo
Mike*Abbi Miller*Alexandra Miller*Anthony Miller*Breanna Miller*Christopher Miller*Jennifer Miller*Jennifer
Milne*Glendon Miron*Marley Miron*Jeremy Mobeck*Anna Mockenhaupt*Dalton Modjeski*Nicholas Moe*James
Montean*Lauren Moody*Shane Moody*Kendall Moon*Ashley Moore*Joseph Moore*Samera Moore*Shane M
Morgan*Bernard Morgan*Chris Morgan*Lucas Morgan*Colin Moriarty*Adison Morinville*David Moris*Aust
Morris*Jacob Moryn*Nicholas Moser*Amanda Motz*Samantha Motz*La Moua*Amy Mouacheupao*Justine N
Muntean*Mason Murdock*Brandon Murphy*Dylan Murphy*Mikenzie Murphy*Patrick Murphy*Andrew Murra
Narow*Joseph Nase*Nathan Nash*Margaret Neeck*Bailey Neeser*Bailey Nelson*Britta Nelson*Dallas Nelson*D
Nelson*Tyler Nelson*Angela Nesler*Christian Neumann*Rebecca Neumann*Haylie New*Lauren Newbauer
Niemczyk*Shania Nienow*Hannah Nolan*Allison Nolden*Bailey Norby*Rachel Nordenstrom*Derek Norling*
Nygaard*Kaylin Nypan*Jeremy Oakvik*Mitchell O'brien*Timothy O'brien*Nicole O'bryan*Gabrielle O'gorman*Ja
Olson*Kyle Olson*Lisa Olson*Mccayla Olson*Stephanie Olson*Travis Olson*Regan Oman*Mitchell Omo
Osterbauer*Gabrielle Ostlund*Sarah Ostlund*Tana Ostman*Jacob Otto*Tiffany Owens*Coltin Paddock*Kyle
Paradis*Mackenzie Parenteau*Megan Parenteau*Lance Pariseau*Quade Pariseau*Kyle Parker*Amber Parness*N
Pedersen*Cassandra Pederson*Jonathan Pederson*Eric Peirson*Abigail Peltier*Patricia Pemrick*Alix Pennig*Kay
Peters*Robert Peters*Garret Petersen*Jess Petersen*Jesse Petersen*Tami Petersen*Adam Peterson*Anthony Pet
Peterson*Nicholas Peterson*Emily Petrey*Erik Pham*Samuel Pham*Gabriel Philippi*Joshua Phillips-westr
Pierucki*Landon Pikala*Tyler Pittman*Ariel Pitts*Victoria Plaisance*Benjamin Plautz*Michael Pleski*Cora P
Poyerd*Jonah Poynter*David Prachar*Shelby Preston*Amy Proefrock*Rylee Prokosch*Emily Proulx*Kelsey
Rabel*Skylah Rachel*Joseph Rafferty*Alissa Ralph*Emily Ramberg*Jessica Ramberg*Jessica Ramberg*M
Rasmussen*Forrest Ravinski*Austin Reed*Jessica Reed*Jesse Reeder*Anisah Regino*Tori Regino*Jackson Regnie
Reis*Jay Reller*Jeremy Reller*Ryan Renard*Rebecca Renwick*Luke Resler*Zackery Reyes*Cameron Reynold
Riedeman*Emily Riermann*Deric Riopel*Karlyn Ristrom*Aryn Ritchie*Shawn Ritchie*Anthony Rivard*Jessica R
Robinson*Miranda Robinson*Austin Rock*Genevieve Rock*Bradley Rod*Brittany Rod*Nicole Rodriguez*C
Rosauer*Joshua Rosenberger*Tyler Rosenberger*Zachary Rosenthal*Rayden Ross*Miranda Rossbach*Cory R
Rudman*Quincy Rudman*Jacob Rue*Rachel Rue*Emeril Rusinyak*Danielle Rybak*David Rybak*Nathan Saari*Jo
Saxton*Jacob Sayre*Alex Schaab*Jennifer Schaeffer*Paige Schaffan*Jacob Schally*Joseph Scharenbroch*Ta
Schlaeger*Kaitlyn Schlegel*Jan Schlenker*Janessa Schleret*Katrina Schlumbohm*Jonathan Schmidt*Miranda Schm
Schreffler*Megan Schroeder*Leeah Schuhwerck*Charley Schultz*Mackenzie Schultz*Noah Schultz*Jaime Schu
Scott*Sarah Scott*Zachary Searles*Shelby Seekon*Tate Seeler*Logan Selby*Casondra Serres*Kyler Severson*Ki
Sheldrick*Tawni Shelton*Jason Shevik*Stephanie Shields*Naleisha-malia Shook*Taylor Shortly*Rachel Shu
Sivanich*Zackary Skalsky*Kyle Skar*Dominic Skipon*Jason Skoglund*Rachel Skoglund*Angela Skradde*Patric
Smith*Jared Snidarich*Emma Snyder*Brady Snyder-smith*Andrea Solheid*Ryan Sorrem*Kelli Sova*Kyle Sowers*J
Staley-parks*Maxim Stalker*Hayley Stanina*Hannah Star*Gabriel Starr*Lea Steele*Allison Steenblock*Chelsea Ste
Stenberg*Sebastian Stephenson*Kascha Stern*Preston Stevens*Kody Stewart*Nicole Sticha*Gina Stiles*Kaley
Stroeing*Whitney Strouse*Ryan Sudo*Miguel Suero*Kayla Suess*Austin Sullivan*Kathryn Sullivan*Brandon Sumr
Swanson*Rachel Swedin*Samuel Swenson*Tal Swenson*Carl Syverson*Kyle Tagg*Mary Taurick*Jonathon Ta
Tessier*Nichole Tessier*Taylor Tessier*Nathan Tetrault*Ashley Thaemert*Sheena Thao*Hannah Theisen*John Thil
Thomas*Angie Thompson*Cain Thompson*Dominick Thompson*Evangeline Thompson*Megan Thomps
Thorson*Christopher Thurnbeck*Daniel Tice*Lindsey Tilton*Angela Timm*Madison Tkachuck*Eva Tolmie*Abb
Tretsven*Karissa Tricas*Haley Tripp*Alyshia Trost*Chase Troswick-brant*Tucker Truax*Alexander Trujillo*Eliza
Tyler*Araianna Tyler*Cassandra Tyler*Felicia Tyler*Miciala Tyler*Thomas Tyson*Kaitlyn Uh*Mitchell Umland*
Valento*Cody Valley*Mariah Van heel*Kyle Van tassel*Mackenzie Vanbuskirk*Abigail Vance*Grant Vanelsh
Vangen*Amber Vanneste*Cory Vanneste*Kevin Vanneste*Jorge Vargas*Tanner Vass*Maddison Venberg*Justin V
Voss*Cullen Votruba*Chee Vue*Douchi Vue*Eric Vue*Kaonoukate Vue*Mickey Vue*Calvin Waddle*Colin Wa
Walker*Julia Wallner*Thomas Walmsley*Megan Walsh*Cody Walton*Jessica Walton*Julia Walton*Kellie Wambo
Watters*Matthew Weaver*Russell Wedger*Joshua Weed*Tyler Weed*Brandon Weigel*Erin Weiger*Holly Weimer*
Westphal*Sebastian Wetterling-belcher*Michelle Whelan*Abigail White*Alexandria White*Zachary White*Ka
Williams*Christopher Williams*Ty William**Amanda Williamson*Lenae Wilson*Trevor Wilson*Holly Winberg*Ky
Wohlberg*Andrea Wohlk*Arne Woinarowicz*Jake Woinarowicz*Cole Wolff*Joseph Wolff*Steven Wollan*Scott
Xiong*Muajtsim Xiong*Rhodia Xiong*Ryan Xiong*Toulee Xiong*Geeshia Yang*Lucas Yang*Peter Yang*Rachel
Youness*Jack Zahn*Elise Zamzow*Jordan Zarich*Samantha Zaudtke*Alek Zentzis*Kayla Zerwas*Trysten Zi

\$ Spring Supplement



This was the second year that Famous Dave's catered for the senior class picnic. The class picnic was a great way for seniors to say some final farewells, on the last day of school.

Laura Lutz enjoyed the FFA open house with her calf in tow. Many students bring their animals to help educate other students about farming animals and other aspects of rural life.

Seniors Tony Peterson and Erin Kerrigan participated in the annual Mock Car Crash. This was to make students aware of the consequences of drinking and driving.





Kaitlyn Kruger (11) focuses in while she putts. "Golf is a huge mind game. All of the girls have to really focus before they play," said Kruger.

TEAM STATS

- Blaine TPC
- Prestwick GC
- Stillwater CC
- Elk River-Elk River CC
- Highland National GC
- North Oaks GC
- WBL Yacht Club
- Willingers CC
- Forest Hills GC
- Mississippi National GC
- Prestwick GC
- Hastings Country Club
- River Oaks Golf Course
- Forest Hills GC
- Oak Glen
- Grand National Golf Club



Coach Andrea Brischke, Kate Shaaf, Madeline Messin, Emily Proulx, Katyln Wick, Madeline Carey, Maggie Jeans, Katelin Kruger, Madison Wohlberg, Coach Aaron Forsythe

Swinging to Victory

As soon as the snow melts the boys and girls golf teams rushed to Forest Hills to start working on their game. They started the season off good, keeping their scores low, and never losing focus. With one common goal, the boys and girls golf team strived to make it to State. Both teams spent everyday after school at practice together, helping each other out, and learning from each other's swings.

The girls golf team got a new coach this year, bringing in new experience and a fresh look on things. "There have been a lot of changes this season, a lot of things the team isn't used too, but they seem to be helping us improve!" said senior Madeline Carey. Carey also made it to State to represent the girls.

The girls golf team got a new coach this year, Andrea Brischke. Kaitlyn Kruger (11) said "I really improved my swing with the help from the new coach."



Madeline Carey (12) lines up her putt on the first green at Forest Hills. "Short game is what makes or breaks you in golf," said Carey.

The golf team spends hours working to reach perfection. "Golf team is all about holes in one," said Emily Proulx (11).



"I'm so glad I got the opportunity to be a captain of the team this year! Hanging out with the girls is always so much fun and I have grown to love each and every one of them," said captain Madeline Carey (12)



"Being a captain has been a blast! The team is really close and the girls personalities make it so fun. We work together to help perfect each others swings and keep our confidence levels high! I'm really going to miss being with these girls everyday." Said captain Kathryn Wick (12)



Back row: Coach Wilson, Corey Bahr, Nicholas Norling, Zach Dickenson, Taylor Bisbee, Samuel Schminski, Clay Drobnick, Andrew Kezar, Jacob Hoppe, Coach Buck. Middle Row: Sam Cartford, Daniel Massey, Brad Rod, Trevor Thompson, Maxton Kelly, Nick Moe, James Moeller, Zach Boesel
 Front Row: Sam Resler, Jake Moryn, Luke Resler, Easton Jacobson, Jack Kluge, Chase Mouch, Logan Starzinski, Derek Odland

TEAM STATS

- River Oaks GC
- Blain TPC
- North Oaks GC
- Bunker Hills Golf Course
- The Preserve
- Dellwood Hills Golf Club
- WBL Yacht Club
- Edinburgh USA Golf Course
- Edinburgh USA Golf Course
- Midland Hills Golf Club
- Prestwick GC
- Forest Hills GC
- Stillwater CC
- Detroit Lakes Country Club
- Northland Golf Course
- Keller Golf Course



Golf involves a lot of different skills. Maxton Kelly (11) said, "It's all in the hips." The boys continue to improve their skills everyday at practice.



Zachary Dickenson (12) focuses in on the hole. He said, "Read it, roll it, hole it." He ended up sinking the putt.



Jake Moryn (11) is chipping up to the green. He said, "I just couldn't put it in the hole." He went on to finish this meet strong.



Captain Zachary Dickenson said, "I enjoyed all 5 years I spent on the golf team and being captain was a great way to top it off."



Captain Taylor Bisbee said, "It feels good to be a positive role model for young golfers."



"I was thrilled to be named captain this year! I have grown up with this team and I was honored to lead them to victory. I'm going to miss every single one of them, but I know they will be successful for years to come," said Captain Bradley Rod

The girls have been placing well in their conference matches and hope to place better than last year when they got third place in the conference. They have a very young varsity team and it will only improve in years to come.

The Boys golf team started their season off with a lot of potential and high expectations. With the same coaches that have been there for years it was easy for them to get into the swing of the new season. Daniel Massey (10) said his golf motto is "beat the D," referring to his swing. With a lot of seniors and overwhelming potential from each varsity player the boys reached for their goal and made it to State!

- Shaley Bagan, Maddie Carey and Korynn Newville

The boys golf team are very confident this year. Trevor Thompson (11) said "No way they are doggin' us this year." Their hard work and confidence paid off.



Molly Boland (11) taking the ball forward. Boland stated, "This was my first year playing Varsity. Going in I was really nervous, but everyone on the team was very welcoming and helpful." She played a big role for the team.

TEAM STATS

- vs. Columbia Heights 14-9
- vs. Woodbury 15-9
- vs. East Ridge 7-13
- vs. Spring Lake Park 18-15
- vs. Cretin-Derham Hall 3-22
- vs. Hastings 19-4
- vs. Mahtomedi 5-16
- vs. Mounds View 9-16
- vs. Park 2-12
- vs. Roseville 5-13
- vs. Stillwater 2-22
- vs. White Bear Lake 9-17
- vs. Champlin Park 4-14



Row 1: H. Huberty, J. Haseltine, A. Enrooth Row 2: T. Siebert, R. Lenz, A. Fitch, M. Mattheisen, A. Benner, S. Giorgi, M. Boland, Q. Lei, O. Decheine, C. Burns Row 3: T. Lehr, J. Olson, J. Haseltine, A. Carpenter, C. Lund, E. Riermann, R. Neumann, E. Mattheisen, K. Seipel, H. Link

Classy Lax

Lacrosse is a fairly new sport to Forest Lake High school and is continuing to strive for the best. This season the girls' team worked very hard, win or lose. They had the best record this year than any other year, showing great improvement. Olivia Decheine (11) stated "It's a lot of hard work, but with the right attitude anyone can do it." It was unfortunate that one of the captains, Jade Haseltine (11), tore her ACL in the middle of the season which affected the team's momentum. A positive side was that they had a new assistant varsity coach, Tony Lehr, who was a great addition to the team because he brought new techniques, and a new coaching style which the girls enjoyed. The team ended up being seeded 13th in State which was their all-time best. The girls lacrosse team plans to continue improving their record and striving for the best.

-Rachel Hartshorn & Nicole Parsons

Emma Mattheisen (10) making a run up the field. "Our team has really improved over the last year, we are working on getting the fundamentals down and trying to have a successful season." She has been playing for two years, and is excited to continue playing her high school career.



Quinnmill Lei (12) getting ready to defend her team. "I was trying to transition the ball to defense from offense, it was a tough game but in the end we played well," stated Lei. They lost the game but put up a good fight.



Amy Enrooth (11) blocking a shot on the net. "I enjoy protecting the goalie, and working my hardest to help my team win," stated Enrooth. She will continue being captain next year.



Captain Jade Haseltine (12) stated, "I loved being with the team, I'm going to miss the seniors and all the memories and laughs we had together."



Captain, Haley Huberty (12) stated, "My favorite part about captain is being able to set an example for the younger girls, and to have a good time."



Captain, Amy Enrooth (11) stated, "Classy Lax, each year we continue to play better as a team and so far this year has been our best!"



Row 1: L. Carrillo, S. Anderson, Z. Searles, T. Brenhofer, W. Hunn, C. Hammernick, D. Mollet, C. Murray, R. Bildeaux, S. Stachel, H. Hamernick. Row 2: J. Hogan, B. Kartrud, Z. Thompson, T. Nelson, K. Tagg, M. Hackmann, A. Egle, J. Hackmann, M. Meyer, V. Eck, C. Eggers, L. Morgan, M. Murdock, C. Miller, A. Perrin, J. Boldt, W. Hanson, T. Kibbel. Row 3: A. Murray, C. Marsh, B. Summer, A. Beeson, J. Mester, J. McAllister, C. Mills, D. Berglund, K. Hunson, A. Roth, A. Koppy, C. Waddle, N. Ladwig, J. Dallhun, C. Wadle, D. Lafferty. Row 4: Coach J. Loo, M. Schwartz, L. Selby, C. Peterson, L. Bellows, J. Atwater, A. Haicher, J. Hagen.

TEAM STATS

- vs. St. Cloud Tech
2-15
- vs. Andover
2-15
- vs. Mahtomedi
1-19
- vs. East Ridge
1-11
- vs. Stillwater
0-16
- vs. Mounds View
4-16
- vs. Spring Lake Park
5-7
- vs. Woodbury
3-16
- vs. Irondale
9-10
- vs. White Bear Lake
2-11
- vs. Roseville
6-10
- vs. Owatonna
0-1



Josh Mester (11) runs with the ball towards the goal. "Taking the shot was such a rush, it was just a shame it was blocked".



The boys put their sticks together at the end of their closest match against Irondale 9-10. Matbew Meyer (12) stated that "The match against the Knights was our best yet".

Don't Lacrosse Us

The boys lacrosse team is fairly new to Forest Lake's sports teams, so it's no wonder that the boys had a rough year this year. But they kept their heads up high and never gave up, and through their effort they nearly won two games, and stayed strong during the season. With an intense offence and a strong defense, the boys battled on, and for their last game it, "seemed to have lasted forever" stated Cody Eggers (12). Although the boys had a lacrosse team before the girls, not many guys even think of lacrosse when signing up for sports. Hunter Hamernick (8) even said, "If my brother Chase wouldn't have been in it, I wouldn't have even known about the team". The boys of the lacrosse team are a strong knit family that play the game for the fun of the sport.

Nikolaus Ernst



Captains Daniel Mollet (11), Colin Murray (12), and Chase Hamernick (12) were all excited about the 2012 season of lacrosse, and when in was coming to an end the seniors had stated that "We are going to miss playing it on such a competitive level".

Don Mollet (11) sprints with the ball twirling his pole as he runs. "The trick to lacrosse isn't to catch and throw, but to be accurate and in control. You don't just run with the ball, you twirl your pole too".





Toby Boyer (11) states, *this year has been so fun. I am proud of my team for working so hard giving their best efforts.*

TEAM STATS

- vs. Park
53-36
- vs. East Ridge
10-28
- vs. White Bear
26-35
- vs. Stillwater
7-27
- vs. Roseville
43-42
- vs. Cretin Derham Hall
6-35
- vs. Mounds View
0-28
- vs. Woodbury
31-62



BOYS TENNIS

Row 1: H. Shwarty (8), Z. Decker (12), D. Boyer (12), T. Boyer, B. Bose (8),
Row 2: Z. Buckley (12), E. Matti (11), A. Riedeman (11), N. Rediedeman (12), A. Morris (11)

That's match!

Tennis is a sport you can play over a lifetime. It takes strength, endurance, and most of all, it takes focus. These are all traits the boys possess. When asked, many of them will tell you how dedicated they are to this sport. They practice everyday for long hours, and don't quit until they have perfected their swing. Even though the team is made up of both junior high and high school boys, everyone is close and gets along very well. "Most of us are pretty close and we all get along with eachother. Even the eighth graders are like a family to us" comments Dusty Boyer (12). While the boys lost section finals to Elk River, Zach Decker (12) and the Boyer brothers made it to individuals state. Overall, the team was satisfied with how they did this year, and they plan on working just as hard in years to come.

-Emma Snyder



Austin Morris (11) gives a friendly high five to his partner Zach Buckley (12). "I love playing doubles because it requires teamwork!" Morris exclaims.



Ryan Renard (12) races to prepare to receive the ball. "I like tennis because it's very challenging. It's a lifetime sport." Renard states.



Captain Zach Decker (12) states, "My favorite part of the season was winning doubles in sections."



Captain Nate Riedeman (12) states, "I tried my best at matches. It felt extremely rewarding when I would win."



Captain Dusty Boyer (12) states, "The whole team gets along with eachother. We're all pretty good friends and that's what makes tennis so fun."



Row 1: K. Anderson, B. Ewert, A. Ralph, M. Sperry, L. Cooley, T. Brockman, K. Sewall
 Row 2: R. Springman, A. Whitson, E. Stockinger, E. Blunt, C. Dewitt, A. Denman, D. Sarderson,
 Coach M. Checberg
 Row 3: R. Charwin, L. Ziegeiski, S. Kroska, C. Ziegeiski, K. Lawrence, D.
 Sarderson, M. Peterson, K. Munt, Coach W. Checberg, Coach A. Husfeldt
 Row 4: K. Sewall,
 J. Diston, L. Crohn, S. Brenk, J. Hudoba, K. Hawthorne, A. Faffler, A. Cogar, M. Peterson P.
 Ewert, Coach J. Davison
 Row 5: A. Dreher, H. Schoonover, J. Walker, A. Dunrud, S. Brenk,
 J. Templeton, K. Tomnitz, M. Rossbach, M. Anderson, M. Perkins, M. Peterson

TEAM STATS

- vs. Bloomington
J.V. 18-11
Varsity 26-4
- vs. Columbia Heights
J.V. 29-0
Varsity 29-0
- vs. Stillwater
J.V. 10-19
Varsity 10-19
- vs. Osseo Maple Grove
J.V. 9-20
Varsity 27-2

Sections
2nd Place

State
4th Place



Brooke Ewert (12) and Morgan Sperry (12) performs a routine in the water, with Sperry high in the air. Six other synchro girls are under water, the force behind her extreme jump in the air.



Sarah Kroska, (11) stated that "Our main goal is to grow individually and as a team, in athletics and in art." These girls performed a routine at the State competition.

The Synch' Story

Captain Brooke Ewert explains synchronized swimming as a sport that requires body control, flexibility, holding your breath for long periods of time, lots of strength and endurance. Synchro swimmers don't touch the bottom of the pool the whole time, often throwing teammates into the air. The girls swim anywhere between a 2:30 and 4 minute routine. They also have to swim the routines while giving the impression that they aren't hard; in reality, they are extremely hard. They put unflavored gelatin into their hair to keep it in a bun while they swim, and each team has specific costumes. Time and time again the synchro girls describe the team as a "family;" they are very close, do things together outside of the season, and form a close bond that lasts throughout their high school lives. The older girls mentor the younger, give advice, and form long lasting friendships.

-Anastasia Bergquist



Captain Alissa Ralph (12) said that "I loved leading these girls and inspiring them to reach for the top and do their best!"

Captain Brooke Ewert (12) stated, "I enjoy being a leader of the team and an inspiration to all of the younger girls who also love synchro."

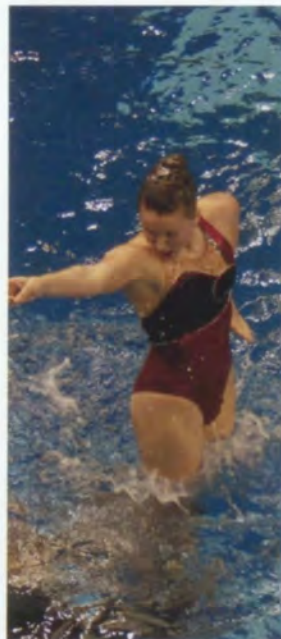


Lauren Cooley (12), being raised in the air by two teammates, said that she enjoys synchro because "it keeps pushing you to do better." The trio of girls performs routines while holding their breath and not touching the bottom.



Captain Morgan Sperry (12) stated, "Synchro is a lot of fun because there are always things that you can improve on. The team works their hardest to be the best that they can!"

Captain Teresa Brockman (12) said that, "this year was so fun for me and I just hope that the team will continue to grow because they will always be my family!"





During the game against Mounds View, Shannon Nelson (12) celebrates with her best friend and teammate Andrea Mogren (12). "We were having a tough game and we rallied back. It was really exciting!" said Nelson. The girls beat Mounds View in a nailbiting game.

TEAM STATS

vs. Woodbury 11-1	vs. East Ridge 8-6
vs. East Ridge 5-3	vs. Cretin - Derham Hall 4-0
vs. Cretin - Derham Hall 6-4	vs. Hastings 7-5
vs. Hastings 2-1	vs. Mounds View 4-2
vs. Mounds View 3-2	vs. Park 9-1
vs. Park 5-0	vs. Roseville 4-5
vs. Mounds View 0-28	vs. Stillwater 1-0
vs. Roseville 2-1	vs. Duluth East 13-0
vs. Stillwater 10-6	vs. Duluth Denfeld 1-0
vs. White Bear Lake 7-4	vs. White Bear Lake 5-4
vs. Woodbury 6-1	vs. Cambridge- Isanti 10-0



Row 1: M. McGuiness, M. Forsell, S. Nelson, A. Mogren, Row 2: J. Zidar, K. Birkholtz, N. Wright, T. Emly, M. Lacasse, Row 3: A. Ryan, E. Lindstrom, R. Harrington, K. Palo, D. Mogren, L. Riedeman, E. Casey

Season Champs

The girl's season started off with a BANG! "Making records like we have, will be a memory that will last a lifetime," said captain Micha McGuiness (12). The girls have achieved their goal of Conference Champs and are on their way to the ultimate goal of State Champions. Throughout the year, the girls worked on improving their skills and becoming closer as a team. "The girls are so close to one another, we consider ourselves one big family and I am going to miss the seniors next year." said Lauren Riedeman (10). The girls softball team have not achieved Conference Champions since 1994. Working together, having great chemistry, and hard practice has contributed to the team's success this year.

~Samantha Dimmerman

Jen Zidar (11) talks with the team as she strategizes how to win the game against East Ridge. Zidar stated, "We always come together as one during our games. We played awesome and worked together". The team worked hard to defeat East Ridge.



Dana Morgren (11) launches the ball at shortstop. "I'm going to miss our interesting bus rides together!" Morgren said. The team struggled but came through with another big "W".



Kaitly Palo (11) is up to bat at the game against Roseville. "That game was really intense but we kept on our winning streak and pulled through." The girls worked hard to keep a lead on the scoreboard.

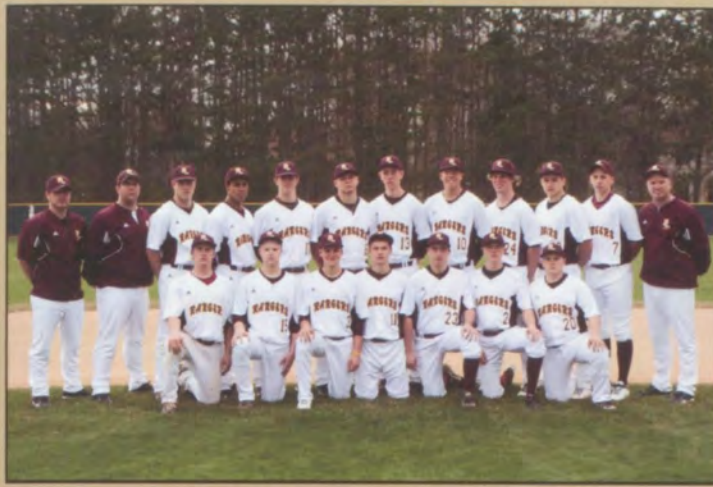


Captain Micha McGuiness (12) says, "This year was crazy, i will forever remember making it to state my senior year!"

Captain Shannon Nelson (12) states, "I love all of my teammates and all the inside jokes we have."

Captain Maggie Forsell (12) quotes, "I am going to miss my team next year, we are really close."

Captain Andrea Mogren (12) says, "I enjoyed being captain this year, it was an honor and i will never forget the great memories."



Row 1: M. Jellum, D. England, D. Dresel, K. Parker, P. Sauer, B. Kinder, Z. Bye, Row 2: Coach A. Johnson, Coach K. Henry, T. Rabel, C. Franklin, B. Fandel, M. Hultgren, N. Brown, L. Kohls, J. Schmidt, C. Burgoyne, A. Zentzis, Coach T. Gravelle.

TEAM STATS

vs. Park 0-1	vs. Cretin-Derham Hall 3-2
vs. East Ridge 1-0	vs. Concordia Academy 0-3
vs. Woodbury 1-0	vs. Park 6-5
vs. Hastings 3-1	vs. East Ridge 1-5
vs. White Bear Lake 6-4	vs. Woodbury 1-5
vs. East Ridge 4-1	vs. Hastings 5-1
vs. Mounds View 6-5	vs. White Bear Lake 1-2
vs. Stillwater 6-8	vs. East Ridge 6-4 6-5
vs. Cretin-Derham Hall 8-7	vs. Stillwater 1-3
vs. Roseville 3-4	vs. Chisage Lakes 8-5



Trenton Rebel (11) focuses on pitching against his competitors, "Throw it hard and down the middle, a strike is what I like to see" stated Rebel. He had a great season on and off the mound making many grand plays.



Beau Fandel (12) guards the plate as Forest Lakes catcher, "Just catch it," stated Beau. He finished the season off to the highest degree.

Hittin' Homers

Hopes were high for this season's spring baseball team. With 8 returning seniors and experienced varsity players, the teams chemistry was expected to be the best in years. The team started off rocky, having teammates out due to injuries, and also some first time starters. "We are improving each time we practice and each game that we play, so hopefully we will pull through as a team to make it to State." said Jonathan Schmidt (11).

The boys have been focusing on working together as a team and playing off each individual strengths and weaknesses. The team's attempt at success is being lead by head coach Brian Raabe. They finished off the season with an outstanding record of 16-9-0. This is definitely a year to be proud of.

- Samantha Dimmerman

Noah Brown (11) slides into home plate, "I love the dirt in my face, I just like it dirty", said Brown. He beat the throw and scored for the home team to rack up another run.



Captain Clinton Franklin (12) quotes, "It was an amazing season and I'll never forget the all the good memories."



Captain Beau Fandel (12) quotes, "Playing on a team of great guys makes my job as a captain easy."

Clinston Franklin (12) bustles to seize a fly ball, "Close your eyes and hope for the best," stated Clinston. He made many impressive catches for the team throughout all of his seasons at Forest Lake.





Amanda Sievers (11) passes the baton to Elizabeth Thordson (11). Thordson added, "My favorite memory from this year is winning True Team with over 100 points."

INVITES

River Fall Invitational
 Mounds View Invitational
 Woodbury Invitational
 Roseville Relays
 Mounds View JV Invitational
 White Bear Lake Invitational
 St. Francis Invitational
 Roseville Invitational
 Stillwater JV Invitational
 Cambridge Isanti JV Invitational
 Hamline University Invitational
 Chisago Lakes Invitational
 Stillwater Invitational
 White Bear Lake Invitational
 Roseville Invitational
 True Team State at Stillwater
 Conference Prelims at East Ridge
 Conference Finals at East Ridge
 Section Prelims at Princeton
 Section Finals at Princeton
 State Tournament at Hamline University



F. Allen, J. Anderson, L. Anderson, M. Anderson, S. Anderson, M. Anderson, A. Asperheim, C. Baker, G. Baklund, S. Barfield, A. Bartlett, S. Beja, E. Benner, C. Bethke, M. Bierman, R. Bloch, H. Briggs, A. Cheikh, M. Clepper, H. Cohoes, M. Daninger, J. DeGennaro, K. Dellwo, M. Devich, J. Dhaene, K. Dison, C. Freer, J. Frost, M. Galleberg, S. Garber, C. Giesner, K. Goodpaster, B. Grant, J. Greely, S. Hagen, S. Halley, M. Halley, E. Hanson, A. Hanson, J. Harris, J. Hickie, A. Howard, M. Hunt, N. Huset, E. Jacobson, M. Jacobson, E. Jorgenson, K. Julkowski, A. Jungwirth, K. Kirchner, B. Koenig, J. Kohs, K. Lagen, K. Larsen, D. Larson, R. Lasch, I. Leminger, M. Lenz, C. Letexier, K. Liston, E. Litecky, S. Loseher, M. Lopp, B. Lundstrom, M. Mackey, N. Massey, P. Mattson, M. Mead, M. Mesenbring, M. Miron, K. Moon, T. Moore, T. Moseatelli, S. Motz, A. Motz, E. Myers, B. Norby, O. Norman, E. Nygaard, A. Olestak, M. Overland, T. Owens, B. Parent, J. Petersen, E. Peterson, G. Philippi, V. Plaisance, J. Pollard, J. Pothan, M. Poyerd, M. Rasmussen, M. Reis, M. Rice, A. Richard, M. Riel, M. Schmidt, R. Shaw, R. Shumaker, A. Sievers, J. Spanjers, K. Spicer, L. Steinhoff, K. Suess, C. Thobe, E. Thordson, L. Tilton, Z. Torgerson, M. Tyler, M. Valentin, A. VanBergen, M. Wassman, K. Welk, A. Westerman, H. Winberg, R. Wholk, T. Zemke.

A True Team

Track and Field is an unusual sport. There are many options for its participants. "There are sprinters, distance, throwers, pole vaulters, and hurdlers. There are many different categories in each. I like all the different options," explained Mackenzie Galleberg (12). With all the options come all the team members.

This year the team excelled in many ways. Sarah Hagen (12) added, "We have been doing really well as a team this year. The team is really strong as a whole." One of the accomplishments the team made was qualifying as a team for State.

Along with these accomplishments the girls have made friends to last a lifetime and will always share the memories of this years team.

- Angela Nesler, Ashley Moore and Amanda Hurltley



Lara Steinboff (10) pictured top left, sprints to her teammate. Steinboff stated, "I'm going to miss the seniors a lot and I wish them the best in college."



Adele Hanson (11) pictured top right jumps the hurdle. Hanson added, "My favorite part about track is when your lined up for a race waiting for the gun shot."



Merina Lenz (11) pictured left, perfects her jumping. Lenz stated, "My favorite meet this year was True Team because we made it to state."



Senior Captains Kayla Suess, Samantha Anderson, Krista Kirchner, Hailee Coboos, Holly Windberg and Cassandra Thobe. Anderson adds "My favorite part about the team this year is going to all of the meets with all of the people."



M. Aho, L. Arnevik, B. Bierman, L. Bierman, J. Bryant, A. Calhoun, L. Calhoun, R. Carr, E. Castillo, L. Childers, M. Clayton, J. Colling, N. Danielson, Z. Dilling, A. Domitz, J. Ebel, A. Egelkraut, T. Egelkraut, P. Eiden, M. Eiden, G. Ewert, C. Farver, M. Favreau, S. Finch, C. Flemming, Z. Freer, D. Giesner, M. Henning, R. Herbert, E. Herbert, L. Hipp, P. Huddleston, J. Jackson, J. Jankowski, C. Kaiser, A. Kenny, M. Kryzer, J. Lanasa, E. Landsberg, T. Lane, K. Lee, P. Litecky, B. Long, Z. Maciej, A. Mansmith, C. McGrath, A. Milne, G. Miron, A. Mondry, A. Montean, P. Moran, D. Moris, P. Murphy, M. Palu, C. Parrucci, C. Pierucki, A. Pollard, D. Poyer, J. Reiling, Z. Reyes, M. Robidou, B. Robinson, J. Rosenberg, J. Scharenbroch, R. Schilling, R. Schwarz, L. Shaw, R. Taylor, J. Thomas, C. Thomsen, A. Tyler, T. Tyson, M. Urban, C. Wallner, C. Walton, R. Wedger, B. Weigel, T. Williams, K. Winberg,

INVITES

- Bethel University Invitational
- River Falls Invitational
- U of M Invitational
- Stillwater Invitational
- Woodbury Invitational
- Osceola Invitational
- White Bear Lake Invitational
- North Invitational
- Apple Valley Invitational
- Stillwater Invitational
- Mounds View Invitational
- Hamline University Invitational
- Park Invitational
- Park JV Invitational
- Rochester Mayo Invitational
- True Team Sections at White Bear Lake
- Stillwater Invitational
- True Team State
- Conference Prelims at East Ridge
- Conference Finals at East Ridge
- Sections Prelims at Princeton
- Section Finals at Princeton
- State Tournament at Hamline University



Patrick Moran (12) passes off the baton to his teammate Richard Carr (11). Moran added, "Some advice I would give to the younger athletes would be to work hard and stay out of trouble."



Cody Walton (11) pictured top left, hurdles his way to the finish line. Walton added "My favorite thing about the team this year is being able to hang out with the guys and having fun."

Paul Litecky (10) pictured top right, pole vaults with excellence. Litecky stated, "My favorite memory from this year is lettering."

Anthony Tyler (11) pictured right, perfects his throw. He stated, "I have been in track since seventh grade and joined because I wanted the extra exercise."



The senior boys group together for a picture, Patrick Moran, Jacob Lanasa, Collin McGrath, Anthony Pollard, Bennen Bierman, Eric Herbert, Joe Jackson, Micheal Urban, Benjamin Long, Thomas Tyson, Andrew Mansmith, and Aaron Egelkraut. Long added, "My favorite event in track is anything distance because it's awesome."



Little by Little, Great Gains are Made

Jn track there is a place for everyone to showcase their best abilities. Even though it is a large team, they all come together to represent Forest Lake.

The season this year went great for the boys. There were many personal achievements and team improvements as well. Aaron Egelkraut (12) added, "A lot of younger kids stepped up this year and gave a good showing during the season. I am excited to see them grow in the future."

Through the ups and downs, the team stuck together and was a success. Michael Urban (12) stated, "The season went well for me except for my injury. It was nice being a part of the team and seeing success. It was a great experience and it was fun being a part of Kendrick's program."

-Angela Nesler, Ashley Moore,
and Amanda Hurlley

12 Angry Men

The play, 12 Angry Men, was the first play that Forest Lake High School performed with the actors and audience on stage. It was a round performance which means the audience was directly around the actors.

The courtroom drama focused on a group of jurors who must work together to come up with a verdict. They had the audience on stage with

the actors so the audience could get a more intense and personal feeling.

The play takes place at some point in the 20th century and it was first performed with the set in the 1950's. Mr. Waldron states, "I felt that the themes of the play work just as well in a modern context, so I decided to dress the characters in a 2012 motif."

There were many conflicts in the play. One of

the most intense was when one of the jurors went on a tirade about "those people" and how "they" are ruining the city. The playwright intentionally does not choose a race or ethnicity as the target of this hatred. It allows the audience to confront their own prejudices and stereotypes.

Another main conflict is between juror 10 and juror 3. They are two sides of the same

coin. They both wanted justice, but one was calm, and collected, while the other was passionate and excitable. The sparks flared when their styles collided.

The play was a challenge for actors because they never leave the stage but it was a great experience for them. They will now go forward with more confidence in their acting careers.

-Jacqueline Ohman



E. Kerrigan, A. Mibelich, R. Sudo, G. Westphal, S. Gould, G. Shea, J. Schlenker, N. Peterson, A. Konecny, A. Ritchie, K. Grundmeier, J. Rudman



Graham Westphal (10) is one of the jury members in the play. Westphal was a quiet jury member who seemed very shy. "Sometimes I get worried that people think I'm really shy, but it's just my character. I am quiet sometimes, but not that quiet!" exclaimed Westphal.



Aryn Ritchie (10) plays a jury member as well. She plays Jury #5. "This was my first spring play and I really enjoyed it! I have been in plays in junior high, but I really like the plays at the high school!" Ritchie said.



Kari Grundmeier (12) is another jury member in 12 Angry Men. "I've done theater for a long time and have always really loved it. This play especially has stood out to me because this is our first serious play. We usually do more kid shows. Also, this play is different because we've never had audience on the stage surrounding us." proclaimed Grundmeier.



Erin Kerrigan (12) has an important role in the play. She is the first one to say "Not Guilty", when everyone else says "Guilty". "I really would like to continue theater in college and I'm happy to know that I'll continue being friends with a lot of the fellow actors." pronounced Kerrigan.



Gabriel O'Gorman (12) is one of the stage crew who put up the set for the play. "Waldron's idea of putting news articles on the outer boards was genius! It was super creative and yet very simple." exclaimed O'Gorman.



Allison Konecny (10) plays a quiet jury member. "I'd like to say that Mr. Waldron was great and it was really fun to get to know him. It was my first play ever and I'm glad I got involved with it!" shouted Konecny.

Jack Rudman (10) plays a very strong minded juror. He thinks a lot of the situations through and tries to make sure he has the right decisions made. "I really enjoyed doing this play especially since this is our last year with Mr. Waldron. He was such an awesome director and I respect him a lot. We'll miss him!" stated Rudman.



THE FOREST LAKE HIGH SCHOOL THEATRE DEPARTMENT

12 ANGRY MEN

BY REGINALD ROSE

MAY 4th, 5th, 10th, 11th & 12th
AT 7:30 PM
MAY 13th AT 1:00 PM

FLJIS AUDITORIUM

TICKET PRICES:
\$4.00 FOR STUDENTS &
SENIOR CITIZENS
\$6.00 FOR ADULTS

SEATING IS LIMITED

PLEASE CALL:
601.962.4670 TO
RESERVE YOUR TICKETS



Hannah Mack (10) plays a cop in the spring play. "Being a cop was something I thought I'd never be in a play, but wearing that uniform was really empowering!" shouted Mack.

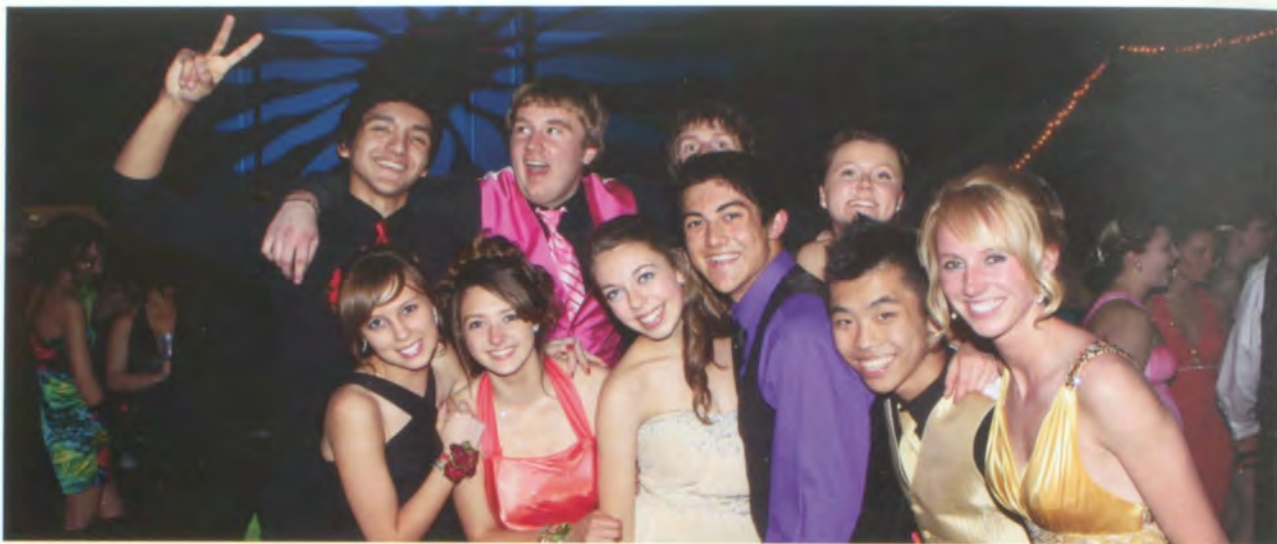
Amy Mibelich (12) plays an older jury member. "Being in the play was a really great opportunity! The twelve of us got really close and in the end we were all pretty good friends." said Mibelich.

Garrison Sbea (12) plays another jury member within the play. "It's been so much fun to work with such talented people these past three years. Performing 12 Angry Men in the round was a great experience!" stated Sbea.

Neil Peterson (12) shows his more aggressive side while playing a more stern character. "Getting to play the jerk for once was a big change! I usually play the funny guy or the nice guy, but this time getting to yell and be mean was quite different but fun." protested Peterson.

Aline Eugene (12) works behind the scenes as she helps with the play set. "The stage was a good size for the play, working back stage was fun and definitely a new experience." exclaimed Eugene.

A handful of seniors pose for their picture and celebrate the night of their senior prom. Mistaki LaPlante (12) commented, "Prom will be a night to remember forever!"



Prom

Prom is the one night where students can dress up and get out of the everyday school life. The planning begins months before, starting with picking out a special dress and a matching tux. The girls feel like princesses while the men are the princes, spoiling them for a special night. It is also another event to add to the story book of our high school years.

The 2012 prom theme was Legends to Stars, and it was a great event to top off the year. The prom committee did a wonderful job with the planning of the evening from the DJ to the decorations, to all the junk food provided for the students. Aspen Lofgren (11), a member of the prom committee added, "It was nice working in groups and actually getting stuff done. At the beginning we didn't think we could do the planning because we were all different. Hopefully

the juniors next year will plan a great prom for us."

For most juniors, this was their first year going to prom, and it was a great experience. Junior Zachary Freer said, "Prom was crazy awesome! It will definitely be a night I will not forget. They had pretty good pop there, and it was really hot on the dance floor!" A handful of juniors planned the prom for the seniors this year, but they get to look forward to students planning their prom for next year.

Senior prom is the second most important event, under graduation, for the seniors. The majority of the seniors go all out with every bit of their prom extravaganzas. Party buses, fancy restaurants, and expensive dresses make that night extra special. Prom is a great tradition at Forest Lake High School.

~Katelynn Pearson, Bailey Nelson, and Shania Nienow

Bao Lee (12) and her date dance in the middle of the dance floor. Lee commented, "It was really awkward to be on the spot, but my boyfriend and I enjoyed ourselves regardless. Though there was an audience, we were pretty focused on dancing with each other." Their dancing was an entertainment for all!



A group of juniors take a breather at the dance part of the evening. Nicole Sticha (11) added, "I absolutely hated my hair, and my dress tore open in the front! But I still had a blast!" These juniors will be returning for next year's prom.



Many teachers take the time out of their own evenings to chaperone the event. Mrs. Nelson commented, "It's fun to see students out of school and dressed up, having fun because even students who don't have school spirit do at prom."

Zachary Carey (12) and Ashlee Peterson (12) take a moment to catch their breath after dancing. Carey stated, "The party bus was the most fun because I was with a bunch of friends." They will never forget their senior prom together.





Teresa Brockman (12) and her date Mickey V'ne (12) make their appearance down the escalator. Brockman added, "I felt like a fairy princess coming down the escalator! It was really fun!"

Some juniors pose for their picture while taking a break from the dance floor. Ryan Sudo (11) laughed, "I was surprised by how much food was there because once I saw it I wanted to stay there and eat it!"



Neil Peterson (12) was happy. "I am the luckiest boy in the world to be able to go to prom with Amy Mibelich two years in a row!" They went together junior year both having crushes on each other and by the time senior year came around they were happily dating.



Taking a break from dancing Mariel Rosauer (11) and Zachary Hecimovich (11) enjoyed some of the beverages served. "It was an amazing night, every weekend I wish it was prom again! I'm so excited for next year," Mariel said.



Amanda Vaneste (12) posed for a picture with her three coworkers and friends Morgan LaBelle (12), Anastasia Bergquist (12), and Shania Nienow (12). She told us, "Senior prom was great because I got to spend it with friends and the girls I love working with!"



Couples; Megan Walsh (12) and Jesse Thomas (12) along with Tal Swenson and Courtney Peters (11), dance to the great music provided by the D.J. Megan tells us, "Prom was a great night that I will never forget. The Great Hall looked beautiful and it was so fun seeing everyone dressed up."



Some first time prom-goers show off their beauty. Karlyn Ristrom (11) stated, "This was my first year going to prom and I thought it was really fun, and nice to be with a big group, even though I had grease all over the front of my dress!"

Administrators and school board members were congratulating and handing out diplomas to the five hundred plus graduating seniors.



Forest Lake Area High School
Proudly announces the
One Hundred and First Annual
Commencement Exercises
Thursday, June 7, 2012
7:30 in the evening

Peyton Distler, Erica Palmer, Lucas Thomas,
Trisha Pemrick, Titus Yang, Isaac Maier, Laura
Hoppe, Rachel Bostrom,
Amy Mihelich, Renee Shaw and Amber Tuomala

"Pomp & Circumstance"
Elgar Ployar, arr.
Forest Lake Area High School Graduation Band
Barry Zumwalde, Conductor

"Star Spangled Banner"
Francis Scott Key
Forest Lake Area High School Cantorei
Directed by Travis Sletta

Dr. Steve Massey
Forest Lake Area High School Principal

"Life's A Dance"
Jacqueline Ohman

"Who's That Knockin'?"
Neil Peterson

"Stay Tuned"
Hannah Thiesen
Forest Lake Area High School Seniors

"Shenandoah"
James Erb, arr.
Forest Lake Area High School Cantorei
Directed by Travis Sletta

"Running with Scissors"
Andrew Waldron
Forest Lake Area High School English Teacher

The Final Story

Another graduating class leaves behind their mark as they say goodbye to their high school experience. Every year students vote for a faculty member to give the commencement speech. This year, students selected English teacher Andrew Waldron. With his background in theater evident, he wanted to send the message of taking risks. We were all told when we were young not to run with scissors, but unless we take chances we may not discover some very important learning experiences.

In addition to a faculty member bidding farewell, three seniors also delivered a message for their class. Jackie Ohman related her experiences at school to how they paralleled her dance experiences growing up. Neil Peterson focused on all the opportunities that will cross our paths and to take advantage of them to further our goals. And the third presenter, Hannah Thiesen, used song lyrics as how they relate to the memories created throughout high school. Songs are different and so are the memories created that will last forever, making up the individuality of this graduating class.

Andrew Waldron was selected by the student body to deliver the commencement speech. It was ironic that this will be his last year here as well. Taking risks and trying something new was part of his message.

Advisory students have been together for three years and for some, one last group photo will make it in their memory book. A bitter sweet goodbye.

Another year that the weather was questionable, so students and staff filled the gymnasium. Live streaming was also happening within the school to accommodate all the proud parents wanting to see their child walk up on stage.



Donavan Marx*Taylor Marx*Daniel Massey*Nicole Massey*Travis Matheson*Mackenzey Matteson*Emma
ke Maxwell*Cole Mayer*Amber Mccarthy*Kaylee Mccollough*Dana Mcdowell*Jackson Mcdowell*Tyler
osh*Diamond Mckay*Alexis Mckinney*Rachel Mckoskey*Jeremiah Mclaughlin*Andrea Mcmillen*Gabrielle
e*Ricardo Mercado*Lucille Merila*Maxwell Merila*Nathan Merrier*Alexandra Mester*Joshua Mester*Abigail
Michalek*Cody Michals*Ryker Michel*Spencer Michel*Tyler Mielke*Amy Mihelich*Brandon Mike*Travis
*John Miller*Kathryn Miller*Michael Miller*Ronny Miller*Charles Mills*Michael Mills*Taylor Mills*Austin
ller*Andrea Mogren*Dana Mogren*Amanda Mohler*Daniel Mollet*Allison Mondry*Lindsay Monson*Andrew
*Taylor Moore*Jennifer Moran*Patrick Moran*Marissa Moravec*Mitchell Moravec*Nicole Moreno*Anna
orley*Shelby Morley*Alexander Morris*Austin Morris*Hanna Morris*Heidi Morris*Kiyra Morris*Zachary
on*David Moyer*Ronald Moyer*Travis Mraz*Michelle Muellner*Triston Mulford-christianson*Alexandra
llin Murray*Sean Murray*Cody Muscha*Andre Muzzy*Emily Myers*Taylor Myers* Allen Nalipinski*Dylan
elson*Daniel Nelson*Jennifer Nelson*Joseph Nelson*Kayla Nelson*Maxwell Nelson*Sadie Nelson*Shannon
tt Newby*Grant Newkirk*Kristin Newland*Korynn Newville*Adam Nielsen*Cameron Niemczyk*Luke
olas Norling*Anna-marie Norman*Jessica Norman*Olivia Norman*Timothy Novak*Frank Novotny*Erica
ne Ohman*Olivia Olesiak*Harrison Olsen*Alexis Olson*Dorothea Olson*Gunnard Olson*Kayla Olson*Korey
styn Onasch*Jacob Oneill*Elijah Opsahl*Logan Opsahl*Nicolas Ortega-trimble*Michael Oster*Cellea
l*Cody Paggen*Ryder Paggen*Andrew Palmer*Erica Palmer*Katelyn Palo*Jonathan Palomino*Zachary
Parsons*Cheyenne Patterson*Keenan Patterson*Brian Paulson*Emily Paulson*Katelynn Pearson*Cassandra
pin*Megan Pepin*Celeste Pereira*Ryan Perreault*Anthony Perrin*Alexandra Perron*Courtney Peters*Emily
*Ashlee Peterson*Cary Peterson*Catherine Peterson*Chase Peterson*Colin Peterson*Hannah Peterson*Neil
eau Phinney*Samantha Piasecki*Laura Pierce*Brittney Pierre*Rebecca Piersdorf*Zack Pierson*Charles
on*Tyler Plummer*Nichole Poeschl*Andrew Pollard*Jennifer Pollard*Hanna Post*Natalie Pothen*David
nski*Sean Purcell*Hannah Quiggle*Dakota Quimby*Brianna Raabe*Daniel Raak*Kyle Raarup*Trenten
kamirez*Nicholas Ramsden*Brittney Rangitsch*Erica Rapheal*Joseph Rappa*Tyler Rapson*Mariana
dy Rehbein*Austin Reid*Heather Reily*Danielle Reinertson*Cassie Reinhardt*Cassandra Reinsch*Mckenna
anda Rice*Cory Richardson*Blake Richert*Anthony Richie*Austin Riedeman*Lauren Riedeman*Nathan
*Michael Rivard*William Rivard*Gerardo Rivas*Michael Rixe-carlson*Austin Rizzo*Matthew Robidou*Blake
Roff*Jacob Roff*Cody Rogala*Jessica Rolbiecki*Samantha Rondo*Rachel Rosa*Maribel Rosauer*Travis
i*Taylor Rossi-oman*Aaron Rossman*Alisha Rossman*Alexandra Roth*Austin Roth*Belen Rubio*Jack
Saenger*Eric Sager*Spencer Salokar*Ashley Sample*Shelby Sandstrom*Philip Sauer*Matthew Savage*Nicholas
Schauer*Nicholas Scheffer*Michael Schehr*Erika Scherrer*Alex Schiefelbein*Samantha Schilling*Colin
aylor Schmidt*Samuel Schminski*Paige Schmitt*Trevor Schneider*Austin Schollen*Kody Schommer*Joyanna
dy Schwalich*Jacob Schwanz*Riley Schwanz*Mackinley Schwartz*Kathryn Schwister*Cydnie Scott*Dana
ewall*Tessa Shackett*Samantha Shanahan*Ryan Shaub*Luke Shaw*Renee Shaw*Garrison Shea*Michaela
*Phillip Shusta*Timothy Siebert*Michael Siems*Amanda Sievers*Jaden Sigstad*Sammi Simons*Bailey
ery*Kiersten Sloneker*Brianne Smith*Davanna Smith*Heather Smith*Hunter Smith*Kalcie Smith*Logan
e Spanjers*Hannah Spear*Chad Spencer*Morgan Sperry*Marian Spiess*Lydia Springer*Emily Stachel*Sydney
n*Emilee Steffensen*Kayla Steger*Paul Stehr*Mackenzie Steinberg*Lara Steinhoff*Joseph Steinmann*Aaron
*Samuel Stokes*Grayson Stout*Jasmine Stout*Kenneth Stoutenburg*Tia Stranius*Daniel Stream*Angela
rew Svendsen*Emily Swanson*Garret Swanson*Hailey Swanson*James Swanson*Mitchell Swanson*Savannah
Alyssa Taylor*Danielle Taylor*Jacob Taylor*Shelby Taylor*Benjamin Tenney*Vanessa Tenney*Matthew
andra Thobe*Kayla Thole*William Thom*Jacob Thomas*Jesse Thomas*Kyla Thomas*Lucas Thomas*Samuel
mantha Thompson*Trevor Thompson*Jerred Thomson*Elizabeth Thordson*Britnie Thornell*Lucas
czak*Kathy Tomnitz*Alexander Torgerson*Erik Torgerson*Adam Torkelson*Tasha Towle*Kyle Trapp*Jake
Truken*Austin Tschida*Blake Tschida*Tucker Tschida*Amber Tuomala*Mark Turi*Jeffery Turner*Anthony
Unger*Michael Urban*Sara Urban*Katherine Urmann*Devin Vacha*Joseph Vacinek*Collin Valento*Hanna
ack Vanelsberg*Reid Vanelsberg*Andre Vang*Isaac Vang*Richard Vang*Shelley Vang*Tsawb Vang*Alex
esse Villafuerte*Matthew Vincent*Dominick Vittori*Austin*Vogland*Stephanie Vos*Jonathan Voss*Zachary
Austin Wagner*Nick Wahlgren*Alexander Wahlin*Hayley Waldoch*Tyler Waldow*Emily Waldron*Parker
ldy Washburn*Daniel Wassman*Michaela Wassman*Bette Wathen*John Watkins*Mikayla Watters*Shawna
Weiss*Nicole Weiss*Kellie Welch*Kallie Welk*Brandon Welte*Magdalena Welty*Ashly Westerman*Graham
Vick*Russell Wicklund*Andrew Wieland*Aaron Wiese*Ann Wilke*Katie Wilke*Samuel Willard*Amanda
berg*Savanha Winkel*Skyler Winning*Christina Witzel*Justin Witzel*Evan Woehl*George Wohlberg*Madison
Gabriella Woodson*Andrew Wright*Natalie Wright*Rian Wurzer*Bryce Wyandt*Nichole Wyandt*Linda
Titus Yang*Trinston Yang*Yeng Yang*Yoko Yang*John Yankovec*Timothy Yaritz*Barbara Yates*Donovan
nifer Zidar*Mitchell Zugschwert*Nicholas Zugschwert*Hannah Zupon*Sophie Zupon*Courtney Zusan

balfour.